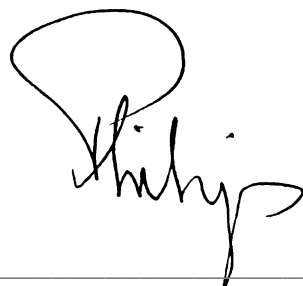


Adam Woodruff

11 October 2019

A handwritten signature in black ink, appearing to read 'Philip', written in a cursive style. The signature is positioned above a horizontal line.

HRH The Duke of Edinburgh KG KT

1660773

The Silver Duke of Edinburgh's Award

Adam Woodruff

undertook the following activities in order to achieve this Award:

Volunteering section

From: 09/11/2018 To: 09/05/2019

Activity undertaken: Coaching teaching and leadership

The Volunteering section is designed to inspire young people to make a difference within their communities or to an individual's life and develop compassion by giving service to others.

Physical section

From: 09/11/2018 To: 09/05/2019

Activity undertaken: Individual sports

The Physical section is designed to inspire young people to achieve greater physical fitness and a healthy lifestyle through participation and improvement in physical activity.

Skills section

From: 03/04/2019 To: 03/07/2019

Activity undertaken: Games and recreation

The Skills section is designed to inspire young people to develop practical and social skills and personal interests.

Expedition section

From: 24/07/2019 To: 26/07/2019

Mode of travel: Walking

The Expedition section is designed to inspire young people to develop initiative and a spirit of adventure and discovery, by planning, training for and completing an adventurous self-sufficient journey as part of a team.

The Duke of Edinburgh's Award is a flexible programme of activities that helps to develop young people for life and work. Open to anyone aged 14 to 24, the DofE encourages teamwork and social interaction and helps young people to stand out from the crowd when applying for university and jobs. There are three levels of programme which, when successfully completed, lead to a Bronze, Silver or Gold Duke of Edinburgh's Award. The main differences between them are the minimum length of time they take to complete, how challenging they are and the minimum age at which they can be started.