

Isolation note

Start date:
9 March 2020

End date:
23 March 2020

Reference number:
1234 5678 9012 3456

Name:
Angela Smith

Date of birth:
1 January 1924

This note confirms that:

The person named above has been told to stay off work by NHS 111, a medical professional or official advice. This is because:

- they have symptoms of coronavirus
- they need to care of someone affected by the virus
- they are at higher risk of getting coronavirus

What you need to do next

If you are an employee
Forward this note to your employer

If you are self-employed
You could claim benefits

If you would like information on claiming benefits
See [How to claim Universal Credit on gov.uk](#)

Coronavirus advice
Get [advice on staying at home](#)

If you need a new isolation note because you still need to stay off work after the end date on this note
Get [advice from the 111 coronavirus service \(England\)](#), [NHS Inform \(Scotland\)](#), [NHS Direct \(Wales\)](#), or by calling 111 (Northern Ireland)

Further information for employers

Find [coronavirus guidance for employers on GOV.UK](#)
If you want to check the information on this form, a verify isolation note service will soon be available.