

ADAM KAUFMAN

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EDUCATION

CUNY HUNTER COLLEGE

August 2022 – May 2025 – New York, NY

Mental Health Counseling - M.S.Ed
Overall GPA – 4.00

WESTERN WASHINGTON UNIVERSITY

March 2019 - June 2021 – Bellingham, WA

Psychology - B.S.
Overall GPA - 3.96, Graduated *magna cum laude*

ACTIVITIES

STUDENTS FOR ACTION

Founding Member

February 2018 - March 2019

- Founding member of Students for Action, a political activism group. We spoke at our city hall in Bellingham, WA for a crowd of over 2,500 people. Afterwards, we fundraised over \$35,000 to travel to Washington DC to meet with political aides. We met with Rep. Rick Larsen and the aides of Sen. Patty Murray, Sen. Maria Cantwell, and Rep. Suzan Delbene to discuss implementing required mental health curricula in K-12th grade and to enact tighter gun regulations.
- Granted the Whatcom Dispute Resolution Center's Peace Builder Award & the Whatcom Bar Association's Liberty Bell Award.

EXPERIENCE

TRAINING INSTITUTE FOR MENTAL HEALTH

Mental Health Counseling Internship

September 2023 – May 2024 – New York, New York

- Provided mental health counseling services guided by psychoanalytic thought and participated in weekly didactic and group clinical case seminars.

THE RENAISSANCE CHARTER SCHOOL

Mental Health Counseling Practicum

January 2023 - June 2023 – New York, New York

- Provided mental health counseling services to students from grades K-12 and conducted a dialectical behavioral therapy group guided by the Child Mind Institute.

AUTISM LEARNING PARTNERS

Behavioral Technician

April 2022 - July 2022 - Bellingham, Washington

- Provided ABA therapy to one client 5 days a week in their home. Treatment focused on improving functional communication skills and reducing maladaptive behaviors.

CRISIS TEXT LINE

Crisis Counselor

May 2021 - March 2022 - New York, New York

- Provided confidential emotional support to individuals in crisis.
- Collaborated with other counselors on positive and constructive coping skills in the event of future crises.
- Identified clients in imminent danger and assisted with supervisors on a proper active rescue operation.

RESEARCH ASSISTANT

Data Collection

January 2021 - March 2021 - Bellingham, Washington

- Ran experiments assessing the impact of acknowledging male privilege on a one-on-one interaction with an identified woman. Identified males took surveys regarding their knowledge on male privilege and then were tested on a myriad of factors while conducting a desert island task with an identified female.

COUNSELING GROUPS

Volunteer

January 2021 - March 2021 - Bellingham, Washington

- Facilitated the development of group counseling skills in graduate students of the clinical mental health counseling program at Western Washington University.

SKILLS

Crisis Intervention; Applied Behavioral Analysis; SPSS; Research Methods; Microsoft Word