CMAS 258N: L07 Risk and Protective Factors Worksheet

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Part 1: Neglect – Risk Factors

- 1. List information in the "Your Thoughts" column by identifying the potential risk factors for child neglect to occur based on the "System" column.
- 2. As you complete the required textbook reading, identify risk factors based on the system add this information to the "Risk Factors from Reading" column?
- 3. Once you have identified the risk factors based on your notes and from the reading, complete the "Identify Protective Factors" column that would assist in mitigating the risk or preventing maltreatment from occurring.

System	Your Thoughts	Risk Factors from Reading	Identify Protective Factors
Parents	Parents could have disabilities and bad mental health, and they could abuse drugs.	History of maltreatment, drug abuse, mental illness. Also the way the parent is raised has a large effect on how they raise their children.	Proper systems such as rehab to help with drug abuse, parenting education courses and other support services.
Child	The child may suffer from a disability, or other health issues.	Developmental issues, (this one hits home as I have a few developmental issues that definitely caused problems in the household).	Better mental health and disability accommodation services.
Family	There could be stress between certain family members, such as marital stress or (in my family) stress between step-parent and kids.	Domestic violence, low income, other stresses like work.	Counseling services, better access to education, financial services.
Community	Lower income communities have higher crime rates and are more prone to neglect and other forms of abuse.	Crime rate, violence, low income, lack of resources.	Increase and improve community resources, for example: more affordable housing, affordable daycare, drug prevention centers, etc.
Culture	Some cultures don't view abuse in the same light other's do.	Some cultures have different views and beliefs on abuse, some do not trust authorities.	Proper systems to educate these cultures to help prevent abuse.

Part 2: Physical Abuse – Risk Factors

- 1. List information in the "Your Thoughts" column by identifying the potential risk factors for physical abuse to occur based on the "System" column.
- 2. As you complete the required textbook reading, identify risk factors based on the system add this information to the "Risk Factors from Reading" column?
- 3. Once you have identified the risk factors based on your notes and from the reading, complete the "Identify Protective Factors" column that would assist in mitigating the risk or preventing maltreatment from occurring.

System	Your Thoughts	Risk Factors from Reading	Identify Protective Factors
Parents	Some parents lack compassion and empathy, and also may have been abused in their youth.	Parents with history of abuse, lack of experience, lack of attachment, abused in their youth.	Social support networks, mental health and drug abuse help services, parenting training courses.
Child	Children disobeying parents (never an excuse for physical abuse, just a risk factor)	Excessive child abuse, bad role models, improper disciplinary actions, etc.	Better mental health and disability accommodation services, better housing services, better access to things like food.
Family	Poor observation from non abusers, stress, etc.	Stress, low income, drug abuse, poor family structure (not all kids from same parents, divorces, etc)	Counseling services, better access to education, financial services, better housing services.
Community	High crime rates, low income, etc.	Low income, high unemployment rates, lack of social support services.	Increase and improve community resources, for example: more affordable housing, affordable daycare, drug prevention centers, etc.
Culture	Some cultures don't view abuse in the same light other's do.	Some cultures have different views and beliefs on abuse, some do not trust authorities.	Proper systems to educate these cultures to help prevent abuse.

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Part 3: Sexual Abuse – Risk Factors

- 1. List information in the "Your Thoughts" column by identifying the potential risk factors for sexual abuse to occur based on the "System" column.
- 2. As you complete the required textbook reading, identify risk factors based on the system add this information to the "Risk Factors from Reading" column?
- 3. Once you have identified the risk factors based on your notes and from the reading, complete the "Identify Protective Factors" column that would assist in mitigating the risk or preventing maltreatment from occurring.

System	Your Thoughts	Risk Factors from Reading	Identify Protective Factors
Parents	Lack of awareness or empathy towards a child's emotional/physical needs, drug abuse.	Lack of experience, emotional/physical needs, drug abuse.	Parenting courses,mental health and drug abuse help services
Child	Lack of emotional regulation strategies, mental illness / disability.	Younger children, developmental delays, disabilities, mental issues, etc.	Better mental health services, increased access to other services.
Family	Poor observation from non abusers, low income, marital and other family dynamic issues, drug abuse.	Domestic abuse, drug abuse, marital issues / poor family dynamic, housing issues.	Courses to help teach families how to better communicate, financial support / housing support, mental health and drug abuse help services.
Community	Lack of proper resources, high crime rate, low income, etc.	Lack of proper resources, lack of social networks, high crime rate, low income.	Increase and improve community resources, for example: more affordable housing, better neighborhood conditions.
Culture	Some cultures don't view abuse in the same light other's do.	Some cultures have different views and beliefs on abuse, some do not trust authorities.	Proper systems to educate these cultures to help prevent abuse.

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