## DU WE NEED TO RESCUE Africa?

Africa Americas

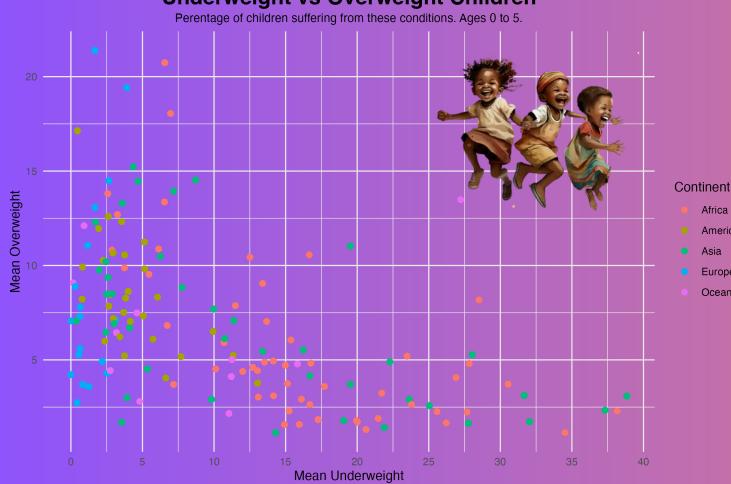
Asia

Oceania

Food is the main asset in the world, and everyone is entitled to have equal access to it. However, as we see, in many African regions, a significant portion of the population struggles to access a calorie-sufficient diet due to economic challenges and resource disparities.

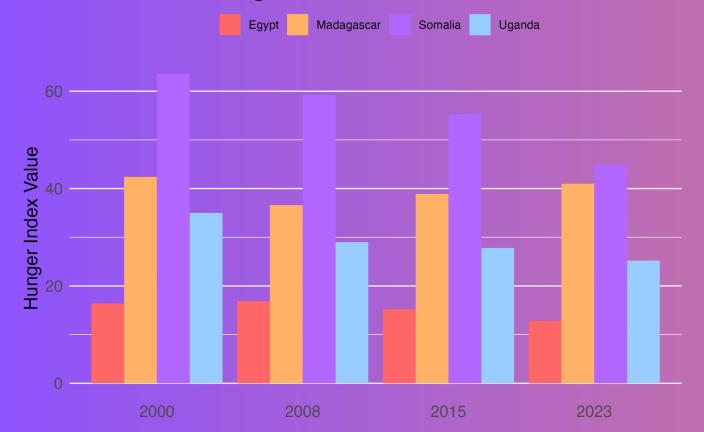
Unlike some more economically developed areas, where food accessibility is less of a concern, numerous African communities face obstacles that hinder their ability to afford and maintain a nutritionally balanced intake. Addressing these disparities is crucial for fostering global food security and promoting equitable access to nutritional resources across the globe.



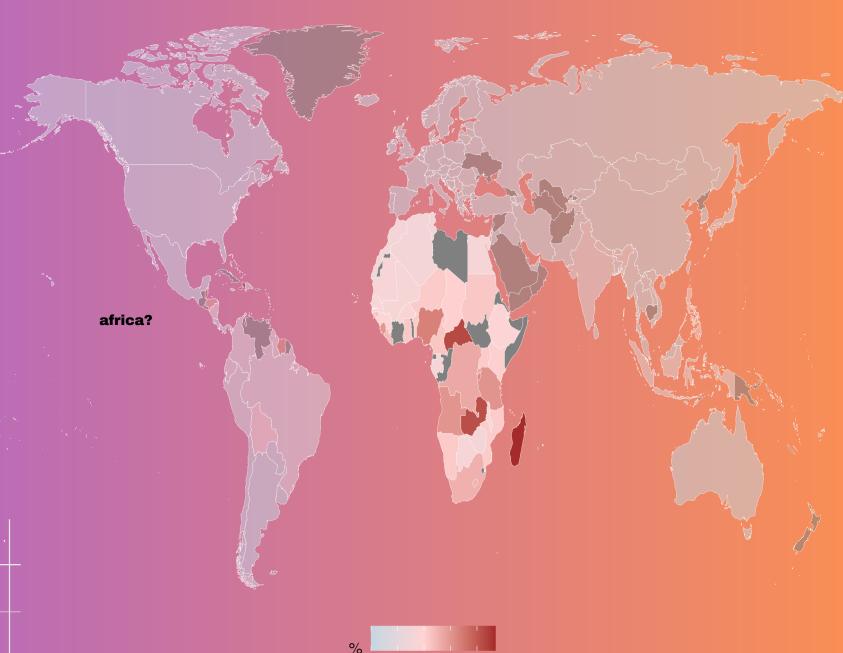


We decided to proceed with analysis and check what could be the reason, why African children are undernourished? We took Uganda as an example as it represents most African countries, and can be used as average. Usually, the problem is in money. Average monthly salary in Uganda is 178\$, and you can see that people cannot afford buying event the most needed goods to the extent that is enough.

## **Hunger Index Trends in Africa**

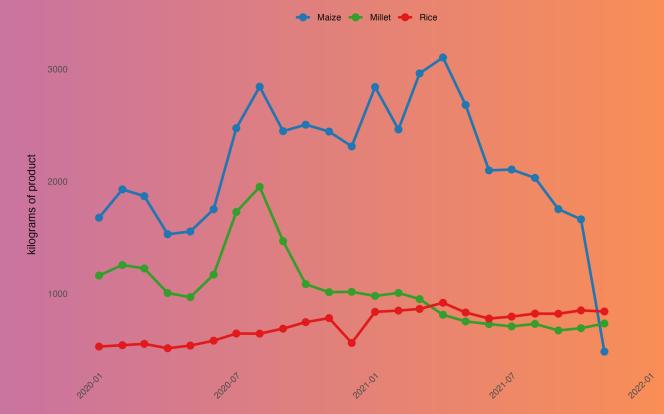


Share of population that cannot afford a calorie-sufficient diet Data from 2017



Everything starts in childhood. A stark dichotomy exists between African children battling underweight issues and their world counterparts grappling with obesity. In many African regions, factors such as poverty and limited resources contribute to malnutrition and undernourishment among children. Meanwhile, in wealthier nations, a prevalence of abundant food resources and sedentary lifestyles has led to a concerning rise in childhood obesity. Bridging these health disparities is essential for fostering a globally inclusive approach to nutrition and well-being.

## How much can you buy by average monthly salary in Uganda?



In general, we can see that Hunger Index Trend is generally going downwards. However, African countries are still struggling with getting enough food. The most crucial there are children that we were discussing beforehand. We need to focus on them, so that in the future we will have healthy and wealthy continent that would bring to the world plenty of benefits.

So do we have to rescue Africa? Perhaps, no, however, we need to help this continent become as great as it can.

