ADAM SPIEGEL

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Full Stack Web Developer with extensive experience in Program and Project Management. A proven team leader and collaborator with 9 years of managerial experience within the corporate health and wellness industry. Currently leveraging strong problem solving and analytical skills through the UConn Full Stack Web Development Coding Bootcamp program, slated to graduate on September 2nd, 2021.

TECHNICAL SKILLS

Languages: HTML5, CSS3, JavaScript ES6+, SQL, NoSQL

Applications: GitHub, MongoDB, MySQL
Tools: Node Package Manager, Express, React, Bootstrap, Heroku

PROFESSIONAL EXPERIENCE

Program Manager   November 2011- May 2020
EXOS   Simsbury, CT
Key Accomplishments:
- Complete management of corporate health and wellness center.
- Hire, train, supervise, educate, and grow qualified staff of health fitness specialists, group exercise instructors, interns, and substitute health fitness specialists.
- Complete site budget management & profit/loss analyzation for EXOS and clients.
- Successfully developed and implemented annual strategic plans covering short- and long-term goals for areas of membership acquisition, membership engagement, outreach/integration efforts, wellness campaigns, and fee for service programs.
- Reporting including monthly management reports, ROI, quarterly business reviews, program design guides, executive summaries, and equipment inventory assessments.
- Effectively created client cost saving opportunities including analysis, development, and implementation of these many programs.
- Establish and maintain a sound, proactive relationship with client liaison and on/off site management.

Program Coordinator   September 2010-October 2011
Health Fitness Corporation   Schenectady, NY
Key Accomplishments:
- Complete management, coordination, and implementation of health and wellness programs for all manufacturing employees.
- Developed educational programs and health/wellness incentive programs.
- Updated and maintained all participant metrics.
- Developed and presented budgetary information for Industrial Athlete program.

PROJECTS

Budget Tracker – Progressive Web Application | [GitHub Page](#) | [Deployed App](#)
- This app allows the user to enter labeled transactions (by adding or subtracting funds). Regardless of if the user is connected online or offline, the application allows the user's transactions to be saved and referenced back to later. The application allows for the user to maintain an ongoing account balance, without worry of an online connection.
- Role: Author
- Node, Express, Mongoose, Morgan, MongoDB Atlas, Heroku

Recipe & Cocktail Generator | [GitHub Page](#) | [Deployed App](#)
- A group project which focused on creating a web application that allows the user to select randomized cocktail and dinner recipes, based off a few selected ingredients. Full food/drink recipes are displayed for the user to pair together, and if not, a restaurant/brewery locator is also available for assisting the user their choice.
- Role: Contributing Author – HTML, CSS, JavaScript
- HTML, CSS, JavaScript, jQuery, Google Icons/Fonts, Materialize

Employee Tracker | [GitHub Page](#)
- A backend Content Management System which helps a manager control their employees in a structured database. Allows the user to view their entire staff, roles, salaries and make edits accordingly to supervise their staff.
- Role: Author
- Node, mySQL, Inquirer, Console.table, Git Bash/Terminal

EDUCATION

Full Stack Web Development Coding Bootcamp Certificate   2021
University of Connecticut, Storrs, CT
A 24-week intensive program focused on gaining technical programming skills in HTML5, CSS3, JavaScript, jQuery, Bootstrap, Firebase, Node Js, MySQL, MongoDB, Express, Handelbars.js & ReactJS.

Bachelor of Science - Applied Exercise Science   2002-2006
Springfield College, Springfield, MA
The major emphasized that physical activity is inextricably linked to good health and focuses on a preventing health problems. The curriculum included a strong science base, including courses in exercise physiology, exercise prescription for normal and special populations, measurement, nutrition, and management.