## NCEA Scavenger Hunt

# Adam Stammer, Luke Kerstetter

### 1. Warning signs

- a. https://ncea.acl.gov/resources/docs/Red-Flags-Elder-Abuse-NCEA-2015.pdf
  - i. Physical damage (bruises, marks, broken bones, burns, etc.) (physical abuse)
    - 1. The location of the marks may indicate sexual abuse
  - ii. Sudden changes in alertness, or depression (emotional abuse)
  - iii. Sudden changes in financial situation (financial abuse)
  - iv. Bedsores, unattended medial needs, poor hygiene (neglect)
  - v. Power display behavior, threats, belittling (emotional, verbal)
  - vi. Strained relationships, arguments between caregiver and elder

#### 2. Institutionalized Women

- a. https://ncea.acl.gov/whatwedo/research/statistics.html#disabilities
  - i. 33% faced physical assault
- b. https://ncea.acl.gov/resources/docs/Abuse-Adults-Disabilities-2012.pdf
  - i. 53% sexual assault

## 3. <a href="https://ncea.acl.gov/whatwedo/practice/intervention-ltc.html">https://ncea.acl.gov/whatwedo/practice/intervention-ltc.html</a>

A long term care Ombudsman is an official assigned with bettering the lives of care patients by representing patients and investigating complaints and reports. These reports are very often involved with abuse. In addition, they provide the following:

- a. Educate patients and patient families of their rights
- b. Give patients a regular time to meet in person with them
- c. Other anti-abuse task forces
- d. Promoting further legal protections for patients
- e. Promotion of other organizations that benefit patients

### 4. https://ncea.acl.gov/resources/state.html#Minnesota

Minnesota has the following resources available to assist in elder abuse prevention

- a. The following state agencies
  - i. Minnesota Board on Aging
  - ii. Minnesota Department of Health
  - iii. Minnesota Department of Human Services Licensing
  - iv. Minnesota Office of Ombudsman for Long-Term Care
  - v. Minnesota Office of Attorney General
  - vi. Minnesota Adult Abuse Reporting Center
  - vii. Minnesota Office of Inspector General
- b. The following numbers
  - i. 844-880-1574 (Adult Abuse Reporting Center)
  - ii. 800-333-2433 (Senior Linkage Line)
    - 1. Informational line that can direct calls further
  - iii. 800-627-3529 (Minnesota Office of Ombudsman for Long-Term Care)

- 5. To help the community understand and potentially help the NCEA offers certain trainings
  - a. <a href="https://ncea.acl.gov/whatwedo/education/videos.html">https://ncea.acl.gov/whatwedo/education/videos.html</a>
    Training videos are available at the link above. The videos seem to focus on identifying elder abuse, and what to do about it when it is identified.
  - b. <a href="https://ncea.acl.gov/whatwedo/education/curricula.html">https://ncea.acl.gov/whatwedo/education/curricula.html</a>
     Many documents are available to assist in the training of others. Almost like a classroom setting type of worksheets.
  - c. <a href="https://ncea.acl.gov/resources/calendar.html">https://ncea.acl.gov/resources/calendar.html</a>
     They also have a calendar of events through which community members and organizations can help and show support.
  - d. We imagine that your state ombudsman of long term care would have even more resources and ideas in which people could show support, including more local events, and state specific trainings.