



# Food Menu



## ESCAPE LOUNGE MENU

Savor in our culinary delights crafted with love and care. We are committed to giving you an elegancy experience in Art of fine dinnig.

## BREAKFAST

**30K**

### ESCAPE HEALTHY BREAKFAST

A perfect cocktail of tropical fruits, avocado slice, Boiled eggs, sauteed spinach, mixed steamed veg served with a seasonal juice or a hot beverage.

**25K**

### KITIKO SPECIAL BREAKFAST

Freshly steamed cassava, gonja, scrambled eggs,& guacamole sauce.- served with a signature juice or tea.

**32K**

### ENGLISH BREAKFAST

A combination of beef sausages,becon, eggs of choice, mushroom, toasted with bread, home fries, baked beans with hot beverage or sweetened juice.

## BREAKFAST EXTRAS AND QUICK BITES

**3K**

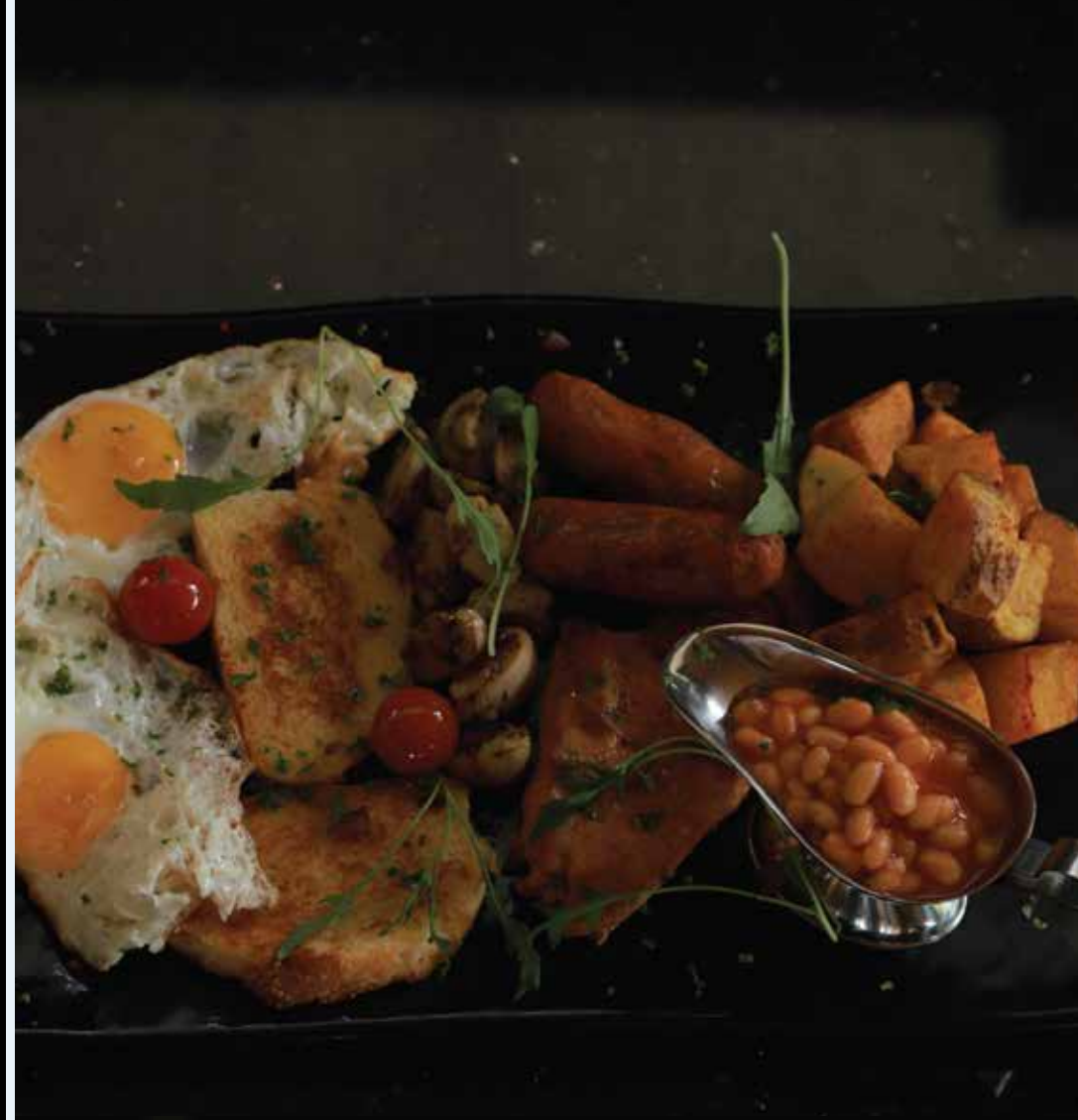
Chapatti

**10K**

A pair of beef sausages

**10K**

Spanish omellet comes with toasted bread.





# STARTERS

## COLD STARTERS

**30K**

### CALIFORNIA COBB SALAD

Leafy your diet worries with our classic mixed lettuce, Sausages, grilled chicken, hard boiled eggs, avocado, sweet corn, fresh tomato with 1000 island dressing.

**25K**

### TRADITIONAL GREEK SALAD

Indulge in the flavours of midtternear classic sweet peppers, crunchy cucumbers, red onions, tomatoes and olives topped with feta cheese and a hint of venaigrate dressing.

**25K**

### POTATO SALAD.

Slightly sweet creamy mayo smooth and chunky potatoes typically served chilled with a simple garnish of paprika.





# SOUPS

**20K** **BROCOLLI & PUMPKIN SOUP.**  
Classic and thickened puree of fresh pumpkin & Brocolli flavored with a dairy touch of perfection served with croutons.

**18K** **CLEAR CHICKEN & VEG BROTH**  
Warm up your comforting blend of flavor in a chicken and vegetable soup packed with nutrius goodness in a hot bowel.





# MEGA MEALS

## BEEF

**45K**

### SIZZLING BEEF

Juliene beef with seasonal vegetable on hot cast iron pan with a bed of chinese cabbage.

**30K**

### OX-LIVER

Pan seared cutlets of liver steak with mixed vegetables and vegetable rice.

## CHICKEN

**90K**

### WHOLE BAKED CHICKEN.

Slowly Baked whole portion of chicken served with a choice of accompanied & house salad.

**45K**

### HALF BAKED CHICKEN.

Well marinated half portion of roasted chicken served with fries and house salads.

**30K**

### QUARTER ROASTED CHICKEN.

Flavorful moist chicken piece marinated and roasted to the perfect choice with chips and salads.





### **45K** SIZZLING CHICKEN

Savor the flavors of Mexico with our sizzling chicken mixed in colorful marinated vegetables and served on a hot sizzling pan with a choice of accompaniment.

### **40K** ESCAPE CHICKEN MILANESE

Crumbled chicken breast served with French fries and a side dip sauce.

### **40K** GRILLED CHICKEN FILLET.

Tender grilled breast of chicken braised in creamy sage sauce to perfection served with a bed of selected sautéed vegetables.



## **FISH**

### **45K** WHOLE FISH

Deep fried or baked lake Victoria tilapia seasoned with light marinade and served either wet or crispy with fries or ugali.

### **40K** SWEAT AND SOUR FISH

Boneless Cubed fish tilapia with mixed sweat peppers in Chinese savory sauce and a simple garnish of bok choy with veg rice.



# GOAT

**40K**

## GOAT RIBS

Eastern styled slow cooked goat smothered in house sauce savory served with potato wedges or plantain and house salads.

**38K**

## GOAT CUBES

Tender seasoned boneless cubes of goat thigh sautee in vegetables & served with steamed rice.

**40K**

## CHICKEN SATAY

Grilled boneless of chicken on skewers served with parsely potatoes and house sauce.



# PORK

**40K**

## PORK CHOPS

Thick cut pork chops smothered in a savory garlic and herb crust with roasted vegetables and a choice of starch.

**40K**

## PORK RIBS

Fall off the bone pork ribs slathered in sweet and tangy bbq savory served with fries or potato wedges.

**35K**

## PORK SKEWERS

Tender marinated muchomo styled pork in two skewers served with roasted potatoes and home made kachumbali.

# PLATTERS TO SHARE

**100K**

## MIXED GRILL PLATTER [2People]

An assortment of grilled chicken, beef skewers, sausages and goat ribs in platter served with grilled gonja, wedges, avocado, tomato salsa and house sauce.

**150K**

## FAMILY PLATTER[4people]

Large assortment of selected meats,grilled chicken,goat-cubes,pork ribs,beef sausages,gonja and wedges to satisfy 4people.





**28K FISH FINGERS.**

Seasoned and breaded fish fingers deep fried to golden brown and served with a tartar sauce.

**28K CARIBEAN WINGS**

Spicy chicken wings in caribbean sauce served with house salad & adip sauce.

**28K GOAT BROCHETTES (2skewers).**

Double tender marinated cubes of beef skewered and cooked to perfection serves with a simple touch of paprika oil.

**28K CHICKEN TENDERS**

Mexican styled crunchy chicken fried to crispness & served with own house sauce.







## PIZZA GALORE

### HOME SIGNATURE PIZZAS

Delicately baked with a special chef's Pomodoro base, a fusion of custom choice of protein/vegetable / less or more toppings to amplify a better preference of the customer's taste

**40K** HAWAIIAN CHICKEN

**35K** MARGHARITA LOVERS

**35K** PLANT BASED PIZZA[VEG]

**45K** **ESCAPE SPECIAL PIZZA**  
Beef, chicken, sausages,mushrooms & veg.

**40K** GRILLED CHICKEN

**40K** CHICKEN PESTO PIZZA

**40K** TEXMEX BEEF PIZZA



## THE BURGER

Salty burger buns filled with either beef/chicken/vegetable patty with a base of cocktail dressing.

**32K** Chicken cruncy burger

**32K** Grilled beef burger

**35K** Escape big is big cheese burger

## FRUIT POT

**25K** An assortment of all the four or less available seasonal fruits in one bowl or platter subjected to complimenting a dinners experience.



## MAIN EXTRA

<b>10K</b>	Fries
<b>10K</b>	Vegetable rice
<b>15K</b>	Steamed vegetables
<b>10K</b>	Steamed banana fingers
<b>10K</b>	Potato wedges
<b>12K</b>	Brown rice
<b>40K</b>	Chicken fried rice on pineapple plate
<b>40K</b>	Chicken/ beef /mutton biryani
<b>40K</b>	Chicken pilau
<b>10K</b>	Coleslaw

## Extra sauces

<b>8K</b>	Pepper corn sauce
<b>8K</b>	Pasto sauce
<b>8K</b>	Mushroom suace
<b>5K</b>	Gravy
<b>5K</b>	1000island sauce
<b>5K</b>	Mayonnaise

## GENERAL NOTE

Kindly ask for any information regarding our menu and please communicate any food or ingredient related issues if any.

Indulge in our hospitality and return soon for another delightful experience, don't forget to inquire about our specials and upcoming events.

Follow us on social media platforms for the latest updates and promotions





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