

**<<class>>**  
**Thread**

```
Thread(Runnable runnable);  
void start();  
static void sleep(long ms);
```

**<<interface>>**  
**Runnable**

```
void run();
```



**<<class>>**  
**Worker**

```
void run();
```

```
Worker worker = new Worker();  
Thread t1 = new Thread(worker);  
t1.start();
```

```
// at this point, Worker.run()  
// will execute on thread t1.
```