

05 NIGHT IN, NIGHT OUT

In this unit, you learn how to:

- talk about feelings
- comment on what you hear
- change the subject
- understand and comment on a guide
- describe books

Grammar

- Noun phrases

Vocabulary

- Feelings
- noun + *of*
- Describing books

Reading

- A *What's on* guide

Listening

- A night out
- Book clubs

VOCABULARY Feelings

A Use the extra information in 1–10 to guess the meaning of the words in bold. Translate them.

- 1 We were **in stitches**. It was hilarious.
- 2 I was bored to death. I just couldn't stop **yawning**.
- 3 She was **in bits** – just in floods of tears.
- 4 I was **stuffed** after the meal. I thought I'd burst.
- 5 I'm exhausted. I was **tossing and turning** all night.
- 6 He was **off his head**. He was shouting loudly and he couldn't walk straight.
- 7 The film didn't **live up to the hype**. I was really disappointed.
- 8 I was a bit **overwhelmed**. I couldn't take it all in.
- 9 I'm feeling a bit **rough**. I think I overdid it last night.
- 10 Honestly, I was **mortified**. I went bright red and just wanted to curl up and die.

B Work in pairs. Take turns giving a reason for the feelings in 1–10. Your partner should say the expression. For example:

A: I was really stressed and couldn't get to sleep.

B: I'm exhausted. I was tossing and turning all night.

LISTENING

You are going to hear two conversations where people talk about a night out and something else.

A 5.1 Listen and answer these questions.

- 1 What did they do on the night out?
- 2 What is the other thing they talk about?
- 3 What phrases from *Vocabulary* do you hear?

B Compare the phrases you heard and discuss why the speakers used them. Then listen again and check.

C Complete 1–12 with the correct preposition / adverb. Then read the audioscript on pages 164–5 to check.

- 1 She actually burst tears.
- 2 She's been a lot recently.
- 3 She got it pretty quickly.
- 4 He's so full himself.
- 5 Anyway, talking dancing, are you still going to those tango classes?
- 6 I'm still a bit prone treading on toes.
- 7 It's all hand.
- 8 I just couldn't switch
- 9 Tell me it.
- 10 Thanks for being so top of things.
- 11 the way, how was your meal?
- 12 He just burst shouting at a waiter.





SPEAKING

A Work in groups. Discuss these questions.

- Have you ever been to a surprise party? How was it?
- Explain a time when someone reacted unexpectedly.
- Do you know anyone who's a really good / bad dancer? In what way? Are you any good? What do you dance to?
- Do you ever take the mickey? Out of who? Why?
- How good are you at dealing with stress?

NATIVE SPEAKER ENGLISH

strut your stuff

We can say someone *struts their stuff* when they do something very well, but more commonly it is an ironic way to talk about dancing at a party or club.

You've never seen him strutting his stuff, then?
Are you ready to strut your stuff (on the dance floor)?
We were strutting our stuff all night.

DEVELOPING CONVERSATIONS

I bet / imagine

We often give our opinion about what someone says using *I bet / imagine* or *You must / must've*.

I bet she was pleased.

You must be getting quite good.

You must've been stuffed by the end.

A Rewrite 1–6 using *must be / must've been*.

- 1 I bet that was pretty dull.
- 2 I bet you're glad you didn't go now.
- 3 I imagine he was a bit disappointed.
- 4 I bet you're feeling a bit rough now.
- 5 I bet you were mortified.
- 6 I imagine she was quite upset.

B 5.2 Listen and check. Notice the responses.

We usually respond to opinions like those in 1–6 by agreeing or disagreeing. We often also add a comment.

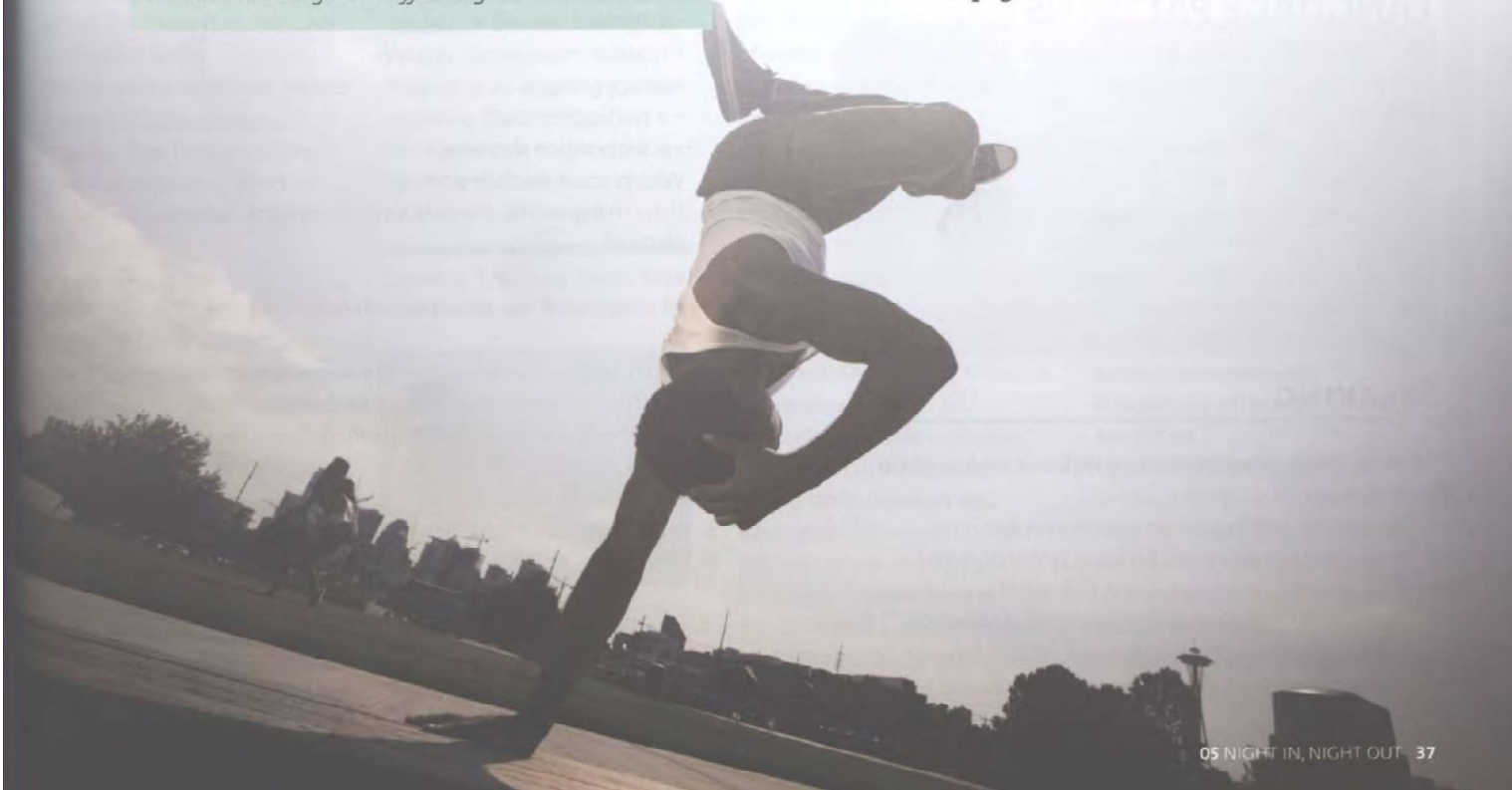
C Take turns saying 1–6 in exercise A. Your partner should agree / disagree and comment.

CONVERSATION PRACTICE

You are going to have similar conversations to the ones you heard in *Listening*.

A Think of a night which resulted in at least one of the feelings in *Vocabulary*. Think about what happened.

B Work in pairs. First discuss the night out and then change the subject to something else. Use language from these pages.



READING

You are going to read an online *What's on* guide for London on the opposite page.

A Before you read, discuss these questions in groups.

- Where do you get information about what's on?
- Do you ever read reviews of films, plays, etc.? How much attention do you pay to them?

B Work in pairs. Read the *What's on* guide and decide:

- 1 what you think of each event.
- 2 how much you'd be prepared to pay for each thing.

Use some of these expressions:

It sounds too weird / pretentious / gory, etc. for my liking.

It doesn't sound like my cup of tea / my kind of thing.

It sounds interesting / brilliant / dreadful, etc.

It sounds like a laugh / the kind of thing I'd like, etc.

C Work in groups. Choose the three things you would all most like to go to. Then compare with the rest of the class.

D Which event(s) / person:

- 1 aims to make you laugh? and
- 2 is an updated version of something old? and
- 3 is part of a public campaign?
- 4 has already been successful? and
- 5 helps you get a better figure? and
- 6 offers suggestions on how to improve? and
- 7 is a bit scary in parts?
- 8 is about space?
- 9 can help you get rid of something you own?
- 10 overcame something?

LANGUAGE PATTERNS

Write the sentences in your language. Translate them back into English. Compare your English to the original.

Each week you learn a routine that will have you in stitches!

The band had everyone up dancing.

That scene had me in floods of tears.

You had me worried for a moment.

I should have it ready for you by tomorrow.

SPEAKING

Work in pairs. Answer these questions and explain your choices.

- What's the best museum you've ever been to?
- If you could re-release a film, what would it be?
- If you could put any art in Art Bin, what would it be?
- If you could put on an exhibition about someone, who would it be of and what would you display?
- If you had time to do any course, what would you do?

VOCABULARY Noun + of

Many nouns often go with *of*, such as these from the guide:

the secrets of surgery; the format of the classes; a wealth of hints; the centenary of his birth; the loss of both his legs; the onset of war; the Battle of Britain; the existence of ice; a set of questions; the disposal of works of art

A Think of one more ending for each of the nouns in *italics* in the explanation box.

B Match the nouns + *of* to the possible endings.

- | | |
|--------------------|--------------------------------------|
| 1 a bundle of | slavery / the death penalty / VAT |
| 2 a fraction of | enquiries / complaints / people |
| 3 a risk of | life / weakness / things to come |
| 4 a flood of | my tongue / the island / the iceberg |
| 5 a sign of | the cost / an inch / a second |
| 6 the supply of | fun / measures / wood / clothes |
| 7 the abolition of | water / drugs / blood to the brain |
| 8 the tip of | accidents / cancer / failure |

GRAMMAR Noun phrases

A basic pattern in English is **subject–verb–object**.

Rory McCreadie reveals secrets.

We can add extra information to the basic subject / object in different ways, to make noun phrases.

Rory McCreadie, a barber surgeon from the 17th century, reveals the gory secrets of surgery in the past.

A Look at the underlined words in the guide and discuss these questions.

- 1 What are they?
 - adjective
 - noun
 - relative clause
 - a participle clause
 - a prepositional phrase
- 2 Which noun do they go with?
- 3 How many words are in the whole subject / object phrase?

► **Need help? Read the grammar reference on page 140.**

B Work in pairs. Choose one of the sentences in 1–4. Add information to the subject and object. Which pair can write the longest sentence?

- 1 Leona Hart won the award.
- 2 A policeman found a boy.
- 3 The exhibition presents sculptures.
- 4 Man seeks woman.



WHERE CAN WE GO?

Barber Surgeon: leeches, lancets and blood-letting

From trepanning (drilling a hole in the skull) to blood-letting with leeches, Rory McCreadie, a barber surgeon from the 17th century, reveals the gory secrets of surgery in the past. Audience participation encouraged!

Blues Brothers Banned Live at The 100 Club

Eleven young musicians deliver a twist on Blues Brothers' classics. The Banned packed London's legendary Hard Rock Cafe last year. A gig for everybody.

Can-Can Course

Polestars Can-Can course is a fun-filled, high-intensity dance class for legs, bums and tums. Each week you learn a routine that will have you in stitches!

Douglas Bader Centenary Exhibition

In this display, marking the centenary of his birth, we examine Bader's early career, the accident that led to the loss

of both his legs and his legacy to the disabled community. Despite his disability, with the onset of war in 1939 Bader rejoined the RAF becoming a crack pilot in the Battle of Britain and a national hero.

Ice Worlds

Discover the important role ice plays throughout the Solar System in the fascinating Ice Worlds planetarium show. Take an awe-inspiring journey exploring Earth's frozen extraterrestrial neighbours and see how the existence of ice shapes the landscape.

London Treasure Hunt: Ideal Quirky Winter Trip Out!



Spitalfields is one of London's most vibrant areas: our exciting Treasure Hunt takes in the

soaring 'Gherkin' building, passes Hawksmoor's stunning Christ Church, and then creeps down a creepy burial chamber before venturing along Brick Lane. Two sets of questions (easy/cryptic) for all ages.

Michael Landy: Art Bin

Michael Landy transforms the South London Gallery into Art Bin, a container for the disposal of works of art. Over the course of the six-week exhibition, the enormous 600m³ bin will gradually fill up as people discard their art works in it, ultimately creating, in Landy's words, 'a monument to creative failure'. Anyone can dispose of their art works.

Cupcake Decorating Classes

Learn how to make and decorate delicious cupcakes. The format of the classes will be demonstration and interactive participation. You will take home your own creations, recipes used during the class and a wealth of hints and tips relating to baking and decorating.

Odyssey UK Tour

Theatre Ad Infinitum reinvent Homer's timeless Greek myth with Odyssey. One actor. One hour. One man's epic quest to reunite with his family and seek his bloody revenge. This passionate retelling was an Edinburgh Fringe sell-out show, receiving four- and five-star reviews across the board.

Rainman

Re-release of the 80s film that follows the journey of Charlie Babbit and his autistic brother Raymond across America, to coincide with mental health awareness week. Funny and incredibly moving. Take a handkerchief.

Re/Landscape – Impossible Photographs

Re:Landscape presents illusory photographs of English rural scenes and coastlines. Using mirrors when photographing each landscape, Karen Grainger blurs the boundary between the reflected and the real, presenting an extraordinary take on the traditional landscape genre.

Richmond and Twickenham Jazz Club

This thriving weekly jazz club, featuring some of the finest names in jazz and hosted by saxophonist Kelvin Christiane and vocalist Lesley Christiane, has different guest artists each week and an outstanding rhythm section.

Weight Loss through Ayurveda

This two-day workshop looks at simple guidelines for quick and effective weight loss. It explores the cause of weight gain, and shows yoga and breathing exercises suitable for losing weight along with anti-aging therapies.

SPEAKING

A Work in groups. Discuss these questions.

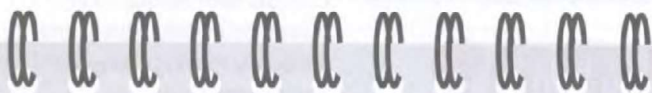
- Which of the things in the box below do you ever read?
- Which do you enjoy reading most / least? Why?
- How often do you read in English? What kind of things do you usually read?
- Do you know anyone who's ever belonged to a book club? Would you consider joining one? Why? / Why not?

newspaper articles	poems	instruction manuals
academic books	novels	Internet forums
comics	blogs	

LISTENING

You are going to hear a radio programme about book clubs.

A 5.3 Listen and complete the summary below with your own notes.



Support from Oprah can have a big effect on

1

Website features²

Britain now has around³

including specialist groups like

4

Two main reasons for popularity of book clubs:

1 ⁵

2 ⁶

However, there's been some criticism on the grounds that reading groups⁷

Fears also voiced about mass audience's taste for

8

One popular book, 'Reading Lolita in Tehran', is about⁹

Book Crossing also growing in popularity.

Main idea is to encourage people

10

One City, One Book idea - started in Seattle.

Basic idea is everyone¹¹

Can also involve¹²

B Work in pairs. Compare your notes.

C Match the verbs to the nouns they were used with in Listening.

- | | |
|--------------|---------------------------------|
| 1 endorse | a a number of different factors |
| 2 boast | b the spread |
| 3 share | c over two million members |
| 4 be down to | d the movement of items |
| 5 see | e the trend in a positive light |
| 6 halt | f a book |
| 7 track | g free copies |
| 8 fund | h their thoughts |

D Compare your answers with your partner.

Discuss who or what each of the verb-noun collocations in exercise C is connected to.

E Listen again and read the audioscript on page 165 to check your ideas.

F Work in groups. Discuss these questions.

- Who do you think are the most influential tastemakers in your country? Why?
- Do you think tastemakers have a positive or negative influence? In what way?
- Do you think any of Brian Sewer's criticisms of book clubs are fair? Why? / Why not?
- Do you like the idea of Book Crossing? Would you consider taking part in it?
- Do you think the One City, One Book idea would work in your town / city? What book would work best?



VOCABULARY Describing books

A Complete the reviews by choosing the correct words.

1

Tove Jansson

Fair Play

This slim novel contains seventeen loosely connected chapters and



¹centres / revolves on the lives and loves of two elderly female artists. There is very little ²plot / argument as Jansson is far more interested in the minutiae of everyday life and in the way the relationship between her two ³stars / protagonists is realised through the sparse, minimal ⁴dialogue / speech.

2

Anya Seaton

Katherine

This vivid portrayal of love and politics in medieval England is ¹rooted / based on a true story and manages to ²bring / carry its characters and era to life through its rich, vibrant language. If you believe that love conquers all and enjoy stories ³held / set in the past, then this uplifting ⁴history / tale may well be for you.



5

Kaylie Jones

Lies My Mother Never Told Me

In this moving ¹memoir / memory, Jones confronts her childhood and her troubled relationship with her abusive mother, whose ²conflict / struggle to overcome her alcoholism is explored in heart-wrenching detail. The book ³treats / deals with the themes of acceptance and transcendence and is a real page-turner from start to finish. I can't ⁴suggest / recommend it highly enough.

3

Megan McDonough

Step By Step

This gripping non-fiction work ¹traces / discovers the history of the feminist movement in twentieth-century America and ²explores / finds the impact it had on women. ³Basing / Revolving around the lives of ten women, the book ⁴sorts out / tackles such issues as marriage and divorce, domestic violence and the civil rights movement.

4

Mil Millington

Things My Girlfriend and I Have Argued About

This comic novel is so frequently laugh-out-loud funny that you might not want to read it in public! Told in the ¹main / first person, the book explores the many arguments between the ²narrator / commentator and his German girlfriend – to hysterical effect! By ³turns / episodes, absurd, dark and full of ⁴insight / judgement, it's a must-read for anyone who's ever been in a relationship!

B Underline any new adjective + noun collocations in the book reviews in exercise A. Compare and discuss what they mean.

C Work in pairs. Discuss these questions.

- Would you recommend any of the five books to people you know? Which ones? Who to? Why?
- Which of the books would you most / least like to read? Why?
- Have you ever read anything similar to any of the books described?

SPEAKING

Imagine you and some of your classmates have joined a book club and you are going to decide what to read first.

- A Think of the book you would most like other students to read. Who's it by and what's it called? Decide how to describe it. Use some of the language from *Vocabulary*.
- B Work in groups. Try to persuade your partners to read your choice first – and explain why it's so good.
- C Vote to decide which book to read first.