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This is Adarsh Gyawali you can get top-notch training

About Us

Who am I? I am professionally trained fitness trainer which is certified by nutrition expert license I provide top-notch fitness training to any age group, either it would be child, elder, old people.

[Read more >>>](#)

Fitness Expert

80%

Nutrition Expert

92%

Yoga Expert

95%

Weight loss Expert

89%

Our Services



Personal Training

If you are hyped up or really enthused about losing weight you are in the right spot



Nutrition Guide

Are you thinking to make yourself fit? Yeah! this is the right place where you and your body is in need for. Get fit with AG



Yoga guide

The magic of fitness is in AG fitness. So what are you looking for being on bed? get up and join fit with AG.



Meditation Guide

Fitness in your hands swipe up for your health.

Our Team



Sandip Sharma

Participant

He is a fitness enthusiast like everyone



Ritu Adhikari

Founder

She is a fitness enthusiast like everyone



Adarsh Gyawali

CEO

He is a fitness enthusiast like everyone



Adri Gyawali

Founder

He is a good guy haha

Get free trial version of training

Contact Us

Price plans

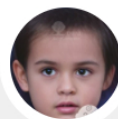
FREE	START UP	BUSINESS	ADVANCED
FREE 0\$month	START UP 10\$month	BUSINESS 25\$month	ADVANCED 100\$month
<ul style="list-style-type: none">✓ Personal Training✓ Yoga Training✓ Nutrition Training✗ Coaching only✗ Recovery diet only	<ul style="list-style-type: none">✓ Personal Training✓ Yoga Training✓ Nutrition Training✓ Coaching✗ Recovery diet	<ul style="list-style-type: none">✓ Personal Training✗ Yoga Training✓ Nutrition Training✓ Coaching✗ Recovery diet	<ul style="list-style-type: none">✓ Personal Training✓ Yoga Training✓ Nutrition Training✓ Coaching✓ Recovery diet with pdfs
Join Free	Buy Now	Proceed	Buy Now

Testimonials

Have a look what our users has to say.




The best platform with all facilities . I really enjoyed getting fit with AG.I was so much conscious about my body but when I




The best place to get fit with lots of facilities and loved the way they make us dedicated towards our goal to be fit . I really




I was so much conscious about my body but when I got into fit with AG my routine and self care towards my health drastically

got into fit with AG my routine and self care
towards my health.when I got into fit with AG
my routine and self care towards 

Neha Adhikari Student at XYZ

recommend fit with AG to get ur feet on the
success journey to become fit and
healthy. 

Hero Gyawali Founder in heaven

changed and it paved me towards being
healthy and nourished . I'm Soo happy n its all
because of fit with AG thank you so much. 

Kushal Adhikari Student at XYZ

Get in touch

Your Name

Your Country


Contact Number


Email ID

Your Address

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Send Message

Address:  Gulariya Bardiya

Phone:  9844120636

Email  gyawaliadarsh@gmail.com

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