Our Team



Sandip Sharma

Participant He is a fitness enthusiast like everyone



Ritu Adhikari

Founder She is a fitness enthusiast like everyone



Adarsh Gyawali

CEOHe is a fitness enthusiast like everyone



Adri Gyawali

Founder He is a good guy haha

Price plans

	FREE O\$month
Personal Training	
Yoga Training	
Nutrition Training	
Coaching only	
Recovery diet only	
	Join Free

START UP 10\$month				
Personal Training Yoga Training				
Nutrition Training Coaching				
Recovery diet	Buy Now			

BUSINESS 25\$month				
Personal Training				
Yoga Training				
Nutrition Training				
Coaching				
Recovery diet				
	Proceed			

ADVANCED 100\$month				
Personal Training				
Yoga Training				
Nutrition Training				
Coaching				
Recovery diet with pdfs	Buy Now			