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How to upload evidence online for your claim

Topics

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Veterans

You can upload evidence to support your VA claim through our claim tracking tool. Supporting documents can include medical test results, doctor’s reports, buddy statements, and other records. This tool also helps you check the status of your claims or appeals.

Note: You can’t use this tool to upload evidence for appeals.

Go to the claim status tool

Step-by-step

- 1

Sign in or create an [online account](#)

You’ll need to have one of these free accounts:

 - A Premium My HealtheVet account, **or**
 - A Premium DS Logon account (used for eBenefits and milConnect), **or**
 - A verified ID.me account that you can create here on VA.gov
- 2

After you’re signed in, go to your My VA dashboard.

You'll find the My VA link in the top right corner of the page after you're signed in.
- 3

Scroll down to the Track Claims section.

You'll see a summary of the latest status information for any open claims or appeals you may have.
- 4

Click on the View Status button for a specific claim.

You'll go to a page with more details about that claim's status.
- 5

Click the Upload Document button.

You can upload supporting documents like a doctor's report, medical test results, or military personnel records.

Go to the claim status tool

Need more help?

VA benefits hotline: [800-827-1000](tel:800-827-1000)

eBenefits technical support: [800-983-0937](tel:800-983-0937)

Chat with us: [VA chatbot](#)

Was this page helpful?

☐ Yes ☐ No

Related information

[Evidence needed for your disability claim >](#)

Learn about what documents we need as part of your claim application for disability benefits.

[Eligibility for VA disability benefits >](#)

Find out if you can get VA disability payments for an illness or injury that was caused by—or got worse because of—your active military service.

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