

ADEJUWON ABIOLA

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Skills Summary

Safety conscious, strictly adhering to policies and procedures, especially related to working in health care environments.

Self-Confident, with the ability to adapt to challenging situations in a dynamic and fast-paced environment, self-motivated.

Extensive knowledge in providing supportive care: experience in care facilities including Retirement Homes, Supportive Housing, Group Homes, and Hospitals.

Strong communication and excellent comprehension skills. Thriving in positions that require ideas and information to be presented in an effective, professional manner to colleagues or clients.

Proficient in Microsoft Word, Excel, PowerPoint, and other software programs.

Education

Personal Support Worker Diploma / 2024

IBT College, Toronto, ON

Secondary School Diploma / 2014

Great Anchor Secondary School, Agbede Ikorodu, Nigeria

Volunteer and Placement History

Schlegel Villages, Mississauga ON

May 2024 - July 2024, Placement 200 hours: Personal support worker

- ◆ Assist residents with activities of daily living (ADLs); bathing, toileting, personal care, laundry, etc.
- ◆ General daily tasks; garbage disposal, etc.

March of Dimes, Oakville ON

Nov 2023 - January 2024, Placement 120 hours: Personal support worker

- ◆ Assist residents with activities of daily living (ADLs); bathing, toileting, personal care, laundry, etc.
- ◆ Created initiatives to connect with residents to identify individual needs and analyze opportunities for improvement.
- ◆ Coordinate activities for residents based on their level of ability and aligned with their personal interests.

Employment History

Modupe Cole Blind Centre, Oshodi, Nigeria

Personal Care Worker / November 2020 – January 2023

- ◆ Providing support to seniors living in their homes with ADLs.
- ◆ Meal preparation, light housekeeping, social and emotional support activities.
- ◆ Assist with physical rehabilitation exercises.

Lagos State Teaching Hospital, Lagos, Nigeria

Nursing Assistant / March 2016 – October 2020

- ◆ Provide support to adults with various cognitive and physical disabilities.
- ◆ Perform assessments of programs and living spaces to ensure safety and comfort of each patient.
- ◆ Observe and record medical conditions and behaviors of patients to update charts/records.
- ◆ Anticipate and respond quickly to needs of patients, specifically those with dementia.
- ◆ Organized outings to ensure patient inclusivity.

Additional Certifications

- ◆ **First Aid & CPR / AED Level C** – Canadian Red Cross – February 2023
- ◆ **Behavioral Management** – Dominion Consult and Health Care Services Inc - 2023
- ◆ **SafeCheck® Advanced Food Safety** – May 2023
- ◆ **NonViolent Crisis Intervention** – CPI – May 2023

Languages: English, Yoruba

References Available Upon Request