

Reading Assignment

Project Overview

In addition to acquiring programming skills, there's another tool that's critical to your success in this training: growth mindset. Today, you'll start to better understand what it is and what it isn't—and you'll start to practice using it. First stop is a TED talk by Stanford University professor, Carol Dweck.

Resources

Read/watch

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- [Angela Duckworth](#)
- [carol Dweck: Growth Mindset](#)
- [The power of yet](#)

Step 1

Create a short write-up that includes the following

1. What is growth mindset? What is fixed mindset?
2. What evidence is there that growth mindset is important? (Describe at least one study: what group was studied, what was the treatment, and what was the result?)
3. What is the most common misunderstanding about growth mindset?
4. Why is the word “yet” so powerful for growth mindset? Each of you should give your own example of how you can use “yet.”
5. Is intelligence fixed? Explain.
6. What is grit?
7. Give an example of grit from your own life.
8. What evidence is there that grit is important? (Describe at least one study: what group was studied, what was the treatment, and what was the result?)
9. Give your own personal “yet” sentence.
10. What is one way you personally plan to practice growth mindset?

Step 2

paste a link to your google doc or a pdf in your google drive below.

Important:

- Please make sure you have set the permissions of your Google document to “**Anyone with the link**” before you share it with your Instructor (demol4real@gmail.com)

