Relational Schema

Primary Key

Foreign Key

Account(<u>ID</u>, Name, Height)

Weight(<u>Date</u>, Weight)

Records(*ID*, *Date*)

Workout(<u>Date</u>, Intensity, Type, Duration, Calories Burnt)

Does_Workout(*ID*, *Date*)

Eats(Fname, ID, Date)

Food_Bev(<u>Fname</u>, Serving Size, Calories)

Sig_Nutrient(*Fname*, *Sname*, Amount)

Nutrient(<u>Sname</u>, Rec_val)