

Relational Schema

Primary Key

Foreign Key

Account(ID, Name, Height)

Weight(Date_, Weight)

Records(ID, Date_)

Workout(Date_, Intensity, Type_, Duration, CaloriesBurnt)

Does_Workout(ID, Date_)

Eats(Fname, ID, Eat_Date, Serving)

Food_Bev(Fname, Serving_Size, Calories, Type)

Sig_Nutrient(Fname, Sname, Amount)

Nutrient(Sname, Rec_val)

Conversion(From_, To_, Rate)