

MIRROR REFLECTION & RESPONSE SESSIONS

Institutional Program Syllabus & Methodology

Provider: BlueJay Phenomenal Group, LLC | Axel Desarden, Principal Consultant

Target Population: Justice-Impacted Youth (Ages 14–24)

Alignment: JJSES (PA) Stage 3 & 4 | DCJS/RNR (NY) Narrative Responsivity

EXECUTIVE SUMMARY

A premium, multi-disciplinary intervention designed for secure facilities and alternative-to-incarceration (ATI) programs. This session utilizes the cinematic narrative of *Distorted Perception of Innocence* as a high-responsivity catalyst to bypass traditional trauma-resistance and facilitate cognitive behavioral change.

CORE METHODOLOGY

1. THE CATALYST (Cinematic Immersion) * Action: A screening of the film *Distorted Perception of Innocence*.

- **Objective:** Establish immediate cultural credibility and emotional safety by centering a "lived experience" narrative that mirrors the participants' own environments.

2. THE MIRROR SESSION (Cognitive Reflection) * Action: Facilitated "Deep-Dive" dialogue mapping cinematic themes to personal choices.

- **Objective:** Identify "distorted perceptions" and survival-based cognitive patterns that lead to recidivism or facility incidents.

3. THE RESPONSE (Actionable Transition) * Action: Strategic coaching and "Next Chapter" goal-mapping.

- **Objective:** Equip participants with emotional regulation and conflict-resolution tools to shift from a survival mindset to a transformation mindset.

INSTITUTIONAL OUTCOMES

- **System Alignment:** Methodology follows the Risk-Need-Responsivity (RNR) framework to ensure high-engagement rates.
- **Facility Safety:** Focus on de-escalation and emotional regulation directly supports facility incident reduction.
- **Compliance:** Full reporting and Certificates of Completion provided for participant case files and institutional tracking.

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