

# MIRROR REFLECTION & RESPONSE SESSIONS

## Institutional Program Syllabus & Methodology

**Provider:** BlueJay Phenomenal Group, LLC | Axel Desarden, Principal Consultant

**Target Population:** Justice-Impacted Youth (Ages 14–24)

**Alignment:** JJSES (PA) Stage 3 & 4 | DCJS/RNR (NY) Narrative Responsivity

## EXECUTIVE SUMMARY

A premium, multi-disciplinary intervention designed for secure facilities and alternative-to-incarceration (ATI) programs. This session utilizes the cinematic narrative of *Distorted Perception of Innocence* as a high-responsivity catalyst to bypass traditional trauma-resistance and facilitate cognitive behavioral change.

## CORE METHODOLOGY

**1. THE CATALYST (Cinematic Immersion)** \* **Action:** A screening of the film *Distorted Perception of Innocence*.

- **Objective:** Establish immediate cultural credibility and emotional safety by centering a "lived experience" narrative that mirrors the participants' own environments.

**2. THE MIRROR SESSION (Cognitive Reflection)** \* **Action:** Facilitated "Deep-Dive" dialogue mapping cinematic themes to personal choices.

- **Objective:** Identify "distorted perceptions" and survival-based cognitive patterns that lead to recidivism or facility incidents.

**3. THE RESPONSE (Actionable Transition)** \* **Action:** Strategic coaching and "Next Chapter" goal-mapping.

- **Objective:** Equip participants with emotional regulation and conflict-resolution tools to shift from a survival mindset to a transformation mindset.

## INSTITUTIONAL OUTCOMES

- **System Alignment:** Methodology follows the Risk-Need-Responsivity (RNR) framework to ensure high-engagement rates.
- **Facility Safety:** Focus on de-escalation and emotional regulation directly supports facility incident reduction.
- **Compliance:** Full reporting and Certificates of Completion provided for participant case files and institutional tracking.

**Axel Desarden | Principal Consultant**

**Web:** [www.distortedperceptionthemovie.com](http://www.distortedperceptionthemovie.com)

**Office:** (347) 765-5676

**Email:** [axel.desarden@outlook.com](mailto:axel.desarden@outlook.com)