Two basic computer architecture Which one is better

There are different types of computer architecture, but the two basic ones are

- CISC (Complex Instruction Set Computer)
- RISC (Reduced Instruction Set Computer)1

They differ in how they process instructions and how they use memory.

CISC:

processors have a single processing unit, external memory, and a small register set with hundreds of different instructions. They can execute complex tasks with fewer instructions, but they also need more cycles per instruction and more power consumption

RISC:

processors have multiple processing units, internal memory, and a large register set with fewer and simpler instructions. They can execute simple tasks with more instructions, but they also need fewer cycles per instruction and less power consumption

Which one is better depends ??

RISC is better than CISC

because it has a simpler and smaller set of instructions that can be executed faster and more efficiently than CISC instructions.

RISC also has a lower risk and cost of design and can use less chip space.

CISC has a more complex and larger set of instructions that can work directly from the RAM5, but this makes them harder to decode and execute