```
java.lang.Runnable  <-------  TaskClass
```

```java
// Custom task class
public class TaskClass implements Runnable {
  ...
  public TaskClass(...) {
    ...
  }

  // Implement the run method in Runnable
  public void run() {
    // Tell system how to run custom thread
    ...
  }
  ...
}
```

```java
// Client class
public class Client {
  ...
  public void someMethod() {
    ...
    // Create an instance of TaskClass
    TaskClass task = new TaskClass(...);

    // Create a thread
    Thread thread = new Thread(task);

    // Start a thread
    thread.start();
    ...
  }
  ...
}
```