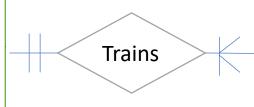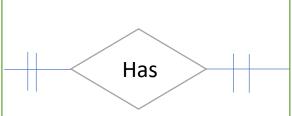# *Muscle Map*

Trainer

1. TrainerID
2. FirstName
3. LastName
4. HireDate
5. Specialization

Trains

A member can have one trainer, but a trainer can have multiple members

Member

1. MemberID
2. FirstName
3. LastName
4. Email
5. JoinDate
6. TrainerID

Has

One member can have one membership

Membership

1. MembershipID
2. MemberID
3. Type
4. StartDate
5. EndDate

Holds

A trainer can have multiple certifications, and a certification can be obtained by multiple trainers

Certification

1. CertificationID
2. CertName
3. IssuingAuthority
4. ValidityPeriod

Trainer_Certification

1. TrainerID
2. CertificationID
3. DateEarned