

Welcome to Predictive Pulse

Let us walk beside you on your health journey. From early detection to accurate prediction, we make BP tracking easy, insightful, and focused on *you*.

[Check Your Blood Pressure Stage](#)

Understanding Blood Pressure Stages

- **Normal:** Systolic 90–120, Diastolic 60–80
- **Elevated:** Systolic 120–129, Diastolic less than 80
- **Stage 1 Hypertension:** Systolic 130–139, Diastolic 80–89
- **Stage 2 Hypertension:** Systolic ≥ 140 , Diastolic ≥ 90
- **Hypertensive Crisis:** Systolic >180 and/or Diastolic >120 (Seek emergency care)

Regular monitoring, a healthy lifestyle, and medical consultation are essential for blood pressure management.

Contact to Amrut Katkar

Have questions or feedback? We'd love to hear from you!

Email: predictivepulseai@gmail.com

Phone: +91-9767101628

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PREDICT YOUR BLOOD PRESSURE STAGE

What is your gender? ▼

What is your age group? ▼

Do you have a history of high blood pressure? ▼

Are you the patient? ▼

Are you currently taking any medication for blood pressure? ▼

How would you rate the severity of your blood pressure symptoms? ▼

Have you experienced shortness of breath recently? ▼

Have you noticed any changes in your vision? ▼

Have you experienced shortness of breath recently? ▾

Have you noticed any changes in your vision? ▾

Have you had any nosebleeds recently? ▾

When were you diagnosed with high blood pressure? ▾

Most recent systolic reading? ▾

Most recent diastolic reading? ▾

Are you on a controlled/low-sodium diet? ▾

Predict

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PREDICT YOUR BLOOD PRESSURE STAGE

Male ▼

51-64 ▼

Yes ▼

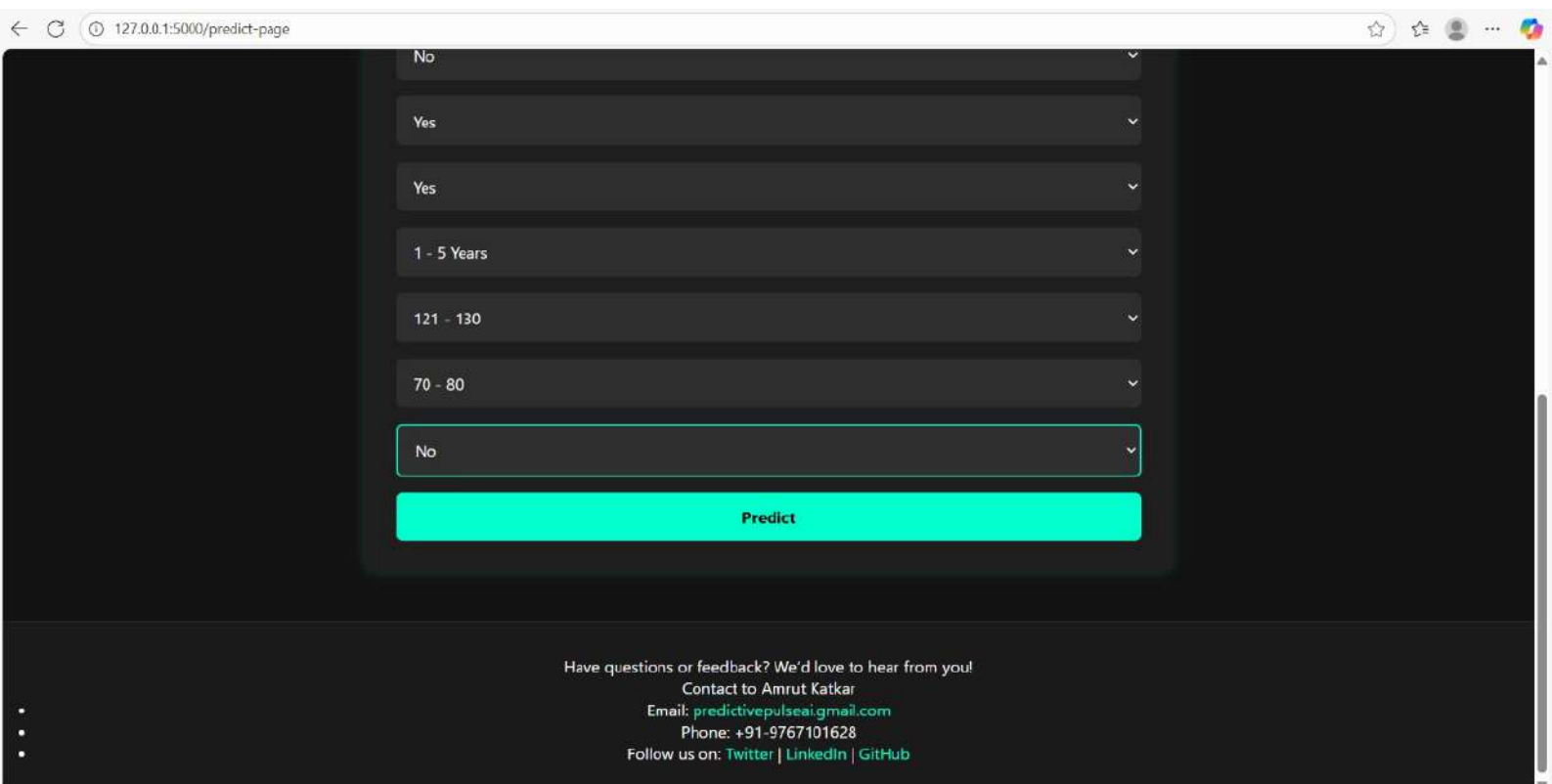
No ▼

Yes ▼



Moderate ▼

No ▼

Yes ▼



Your Predicted Result

  Predicted Stage: HYPERTENSION (Stage-1)

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Your Predicted Result

 Predicted Stage: HYPERTENSIVE CRISIS

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