



# October Mess Menu (Brahmaputra)



DAY	BREAKFAST (7.00 AM TO 9.30 AM)	LUNCH (12.00 PM TO 2.15 PM)	DINNER (7.30 PM TO 9.45 PM)
MONDAY	1. IDLI (BOILED + MASALA) + WADA + COCONUT CHUTNEY + SAMBHAR 2. POHA + SEV + CHOPPED ONION + TOMATO + LEMON 3. APPLE 🍏 4. MANDATORY ITEMS*	1. RAJMA 2. CABBAGE GREEN PEAS 3. MASOOR DAL 4. JEERA RICE 5. ROASTED PAPAD 6. GREEN CHUTNEY 7. ALOO PAKODE 8. CHAAS 🥛 9. CURD / BOONDI RAITA 🥄	1. GATTE KI SABZI 2. BAIGAN BHARTA 3. CHANA DAL 4. KASHMIRI PULAO 5. FRIED PAPAD 6. BANANA CHIPS 7. TOMATO CHUTNEY 8. VEG SOUP 🥣 9. LOBONGO LOTIKA 🍲
TUESDAY	1. VEG PASTA + KETCHUP 2. ALOO SANDWICH 3. BANANA 🍌 4. MANDATORY ITEMS*	1. KADHI PAKORA 2. CHANA MASALA (DRY) 3. DAL MAKHNI 4. LEMON RICE 5. ROASTED PAPAD 6. GREEN CHUTNEY 7. VEG PAKORE 8. NIMBU PANI 🥛 9. CURD 🥄	1. ALOO TAMATAR SABZI + PURI 2. ALOO PARVAL MASALA 3. DAL TRIVENI 4. JEERA RICE 5. FRIED PAPAD 6. IMLI CHUTNEY 7. FOFI CHIPS 8. SWEET LASSI 🥛 9. RICE KHEER 🍲
WEDNESDAY	1. MISAL PAV 2. UTTAPAM + COCONUT CHUTNEY + SAMBHAR 3. PEAR / SEASONAL FRUIT 🍏 4. MANDATORY ITEMS*	1. BLACK CHANA MASALA (GRAVY) 2. RAW BANANA SABZI 3. MASOOR DAL 4. TOMATO RICE 5. ROASTED PAPAD 6. GREEN CHUTNEY 7. FRYUMS / ALOO PYAZ PAKODE 8. BUTTERMILK 🥛 9. CURD / VEG RAITA 🥄	1. KADHAI PANEER / KADHAI CHICKEN 2. TANDOORI BUTTER NAAN 3. MOONG DAL 4. INDIAN STYLE FRIED RICE 5. FRIED PAPAD 6. TOMATO CHUTNEY 7. VEG MANCHOW SOUP 🥣 8. RASMALAI / BALUSHAHİ 🍲
THURSDAY	1. MAGGI (BOILED + FRIED) + KETCHUP 2. VADA PAV + GREEN CHUTNEY + FRIED CHILLI 3. PINEAPPLE / SEASONAL FRUIT 🍏 4. MANDATORY ITEMS*	1. KASHMIRI DUM ALOO 2. LAUKI CHANA DRY 3. DAL MAKHNI 4. KASHMIRI PULAO 5. PEANUT PAPAD FRY 6. GREEN CHUTNEY 7. PYAZ BHAJIYA 8. JALJEERA 🥛 9. CURD 🥄	1. CHHOLEY + BHATURE 2. JEERA ALOO 3. SPECIAL CHANA DAL 4. PEAS PULAO 5. FRIED PAPAD 6. IMLI CHUTNEY 7. FOFI CHIPS 8. SWEET LASSI 🥛 9. PINEAPPLE HALWA 🍲

\*See Table Below

## FRIDAY

1. KACHORI + GHUGHNI
2. UPMA
3. ORANGE 🍊
4. MANDATORY ITEMS\*

1. RAJMA
2. ALOO BAIGAN SABZI
3. MOONG MASOOR DAL
4. TOMATO RICE
5. ROASTED PAPAD
6. GREEN CHUTNEY
7. VEG PAKODA
8. NIMBU PANI 🍹
9. CURD / BOONDI RAITA 🥛

1. EGG CURRY / MALAI KOFTA
2. ALOO CHOKHA
3. DAL PANCHTANTRA
4. JEERA RICE
5. FRIED PAPAD
6. GARLIC CHUTNEY
7. FRENCH FRIES
8. TOMATO SOUP 🍲
9. RASGULLA 🍡

## SATURDAY

1. ALOO ONION PARATHA + GREEN CHUTNEY + SAUCE + CURD 🥛
2. SWEET DALIA
3. WATERMELON / SEASONAL FRUIT 🍉
4. MANDATORY ITEMS\*

1. KHICHDI
2. PUMPKIN CHICKPEAS SABZI
3. DAL MAKHNI
4. FRIED RICE
5. ROASTED PAPAD
6. TOMATO CHUTNEY
7. FRYUMS
8. BUTTERMILK 🥛
9. CURD 🥛

1. METHI MATAR MALAI CURRY
2. ALOO LONG BEANS
3. CHANA DAL
4. VEG PULAO
5. FRIED PAPAD
6. GREEN CHUTNEY
7. ALOO PYAZ PAKODE
8. ORANGE JUICE 🍹
9. GULAB JAMUN 🍡

## SUNDAY

1. MYSORE MASALA DOSA + COCONUT CHUTNEY + SAMBHAR
2. DAHI GUR CHIRA
3. PINEAPPLE / SEASONAL FRUIT 🍉
4. MANDATORY ITEMS\*

1. CORN MASALA
2. ALOO KUNDRU SABZI
3. TOOR DAL TADKA
4. LEMON RICE
5. ROASTED PAPAD
6. GREEN CHUTNEY
7. BAIGAN PAKODE
8. ROOHAFZA 🍹
9. CURD 🥛

1. PANEER MASALA / CHICKEN MASALA
2. TANDOORI BUTTER ROTI
3. MOONG MASOOR DAL
4. HYDERABADI BIRYANI+RAITA 🍲
5. FRIED PAPAD
6. GREEN CHUTNEY
7. WATERMELON JUICE 🍹
8. ICE - CREAM 🍦

**1. Breakfast:** Subscribers can choose one daily: Boiled Egg, Paneer bhurji, Omelet, or Egg Bhurji. Also served daily are Milk (Bournvita/Complan/Horlicks), Tea/Coffee (200 ml), toasted/normal white and brown bread with 20 gm Jam and 20 gm Butter, and extras like sprouts, boiled pulses, and corn.

**2. Lunch/Dinner:** Chapati (with and without ghee) and Plain Rice will be served daily. Non spicy jain and boiled food, Salad (Cucumber+Carrot+Tomato+Beetroot), Chili, Onion, Lemon and Pickle will be available daily.

3. Quantity for Drinks in Lunch/ Dinner will be 200 ml. Quantity for curd and raita will be 100 and 150 ml respectively.

**4. In special dinner (on Wednesday and Sunday):**

Main Dish (pieces limited in quantity, curry unlimited):

**a. Vegetarian:** Paneer curry [80 gm equivalent] / Dry Paneer dish [80 gm equivalent] / Mushroom [120 gm]

**b. Non-Vegetarian:** Chicken/Fish curry [150 gm equivalent] / Dry Chicken/Fish dish [150 gm equivalent]

5. Mouth freshener (Fennel Seeds and Sugar) will be provided with every meal.

6. Paper napkins will be provided with Fryums and Pakodas.

**7. Curd to be always served with Parathas.**

**Holiday Timings:** Breakfast (8.00-10.30 AM), Lunch (12.15-2.30 PM), Dinner (8.00-10.15 PM)

**MR. ANUPAM AJEY PRATAP SINGH**  
SERVICE SECRETARY

**MR. APPURBA DAS**  
MESS MANAGER

FOR ANY SERVICES RELATED COMPLAINTS IN HOSTEL

First contact Hostel Authorities:

1. Mr. Anupam Ajey Pratap Singh-Service Secretary: ss.brahmaputra@iitg.ac.in

2. Mr. Yasharth Singh-General Secretary: gs.brahmaputra@iitg.ac.in

If issue is not resolved then contact HAB Authorities:

1. Himanshu Sharma-Joint Secretary HAB (Services) : js\_hostel@iitg.ac.in

2. Vivek Dond-General Secretary HAB : gensec\_hostel@iitg.ac.in

3. Dr. Rajkumar P Thummer-Vice Chairperson HAB (Services): vchr\_hab1@iitg.ac.in



ONE STOP COMPLAINT REDRESSAL (SERVICES) BY HAB