

Q-IFO: Lab Notebook

1 Bandwidth Tuning via Thermal Expansion in an Effective Two-Mirror Filter Cavity

We model a three-mirror filter cavity as an effective two-mirror system under the assumption that $L_1 \ll L_2$. Mirrors R_1 and R_2 form a short subcavity of length L_1 , embedded within a larger cavity defined by length L_2 . Thermal expansion of this short segment modulates the effective reflectivity and tunes the total cavity bandwidth.

For the tabletop configurations, we are using Thorlabs BB1-E03Ps (backside polished plano mirrors) with identical reflectivities:

$$R_1 = R_2 = R_{12},$$

the approximate bandwidth of the effective cavity is given by:

$$\gamma = \frac{c}{8\pi L_2} \left(\frac{(1 - R_{12})^2}{1 - 2R_{12} \cos\left(\frac{4\pi L_1}{\lambda}\right) + R_{12}^2} + (1 - R_3) \right)$$

Thermal Tunability

The bandwidth tunability with respect to the subcavity length L_1 is:

$$\frac{d\gamma}{dL_1} = \frac{c}{8\pi L_2} \cdot \frac{dT_{\text{eff}}}{d\phi} \cdot \frac{d\phi}{dL_1}, \quad \text{where } \phi = \frac{4\pi L_1}{\lambda}$$

The sensitivity of the effective transmission term is:

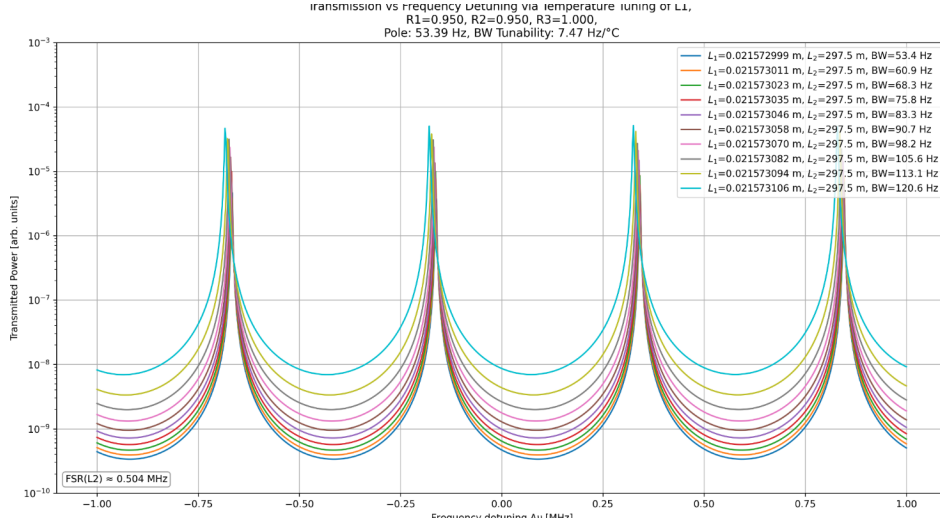
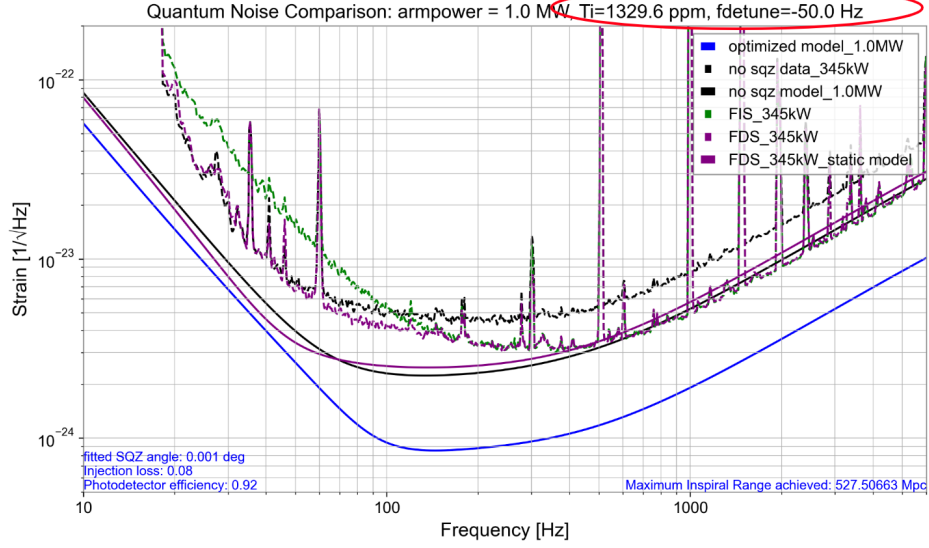
$$\frac{dT_{\text{eff}}}{d\phi} = -\frac{(1 - R_1) \cdot (1 - R_2) \cdot 2\sqrt{R_1 R_2} \sin\left(\frac{4\pi L_1}{\lambda}\right)}{\left[1 - 2\sqrt{R_1 R_2} \cos\left(\frac{4\pi L_1}{\lambda}\right) + R_1 R_2\right]^2}$$

Thermal tunability in Hz/°C is then:

$$\text{Tunability} = \frac{d\gamma}{dL_1} \cdot \frac{dL_1}{dT}, \quad \text{with } \frac{dL_1}{dT} = \alpha \cdot L_1$$

Design Goal

We target a tunability of several hundred Hz over a 10 °C swing, with baseline bandwidths between 10–500 kHz. This method scales favorably to long cavities. For instance, a 300 m cavity incorporating a thin tuning optic (with L_1 on the order of millimeters) can maintain high finesse while achieving controllable bandwidth variation.



Scaling to a 300 m Filter Cavity

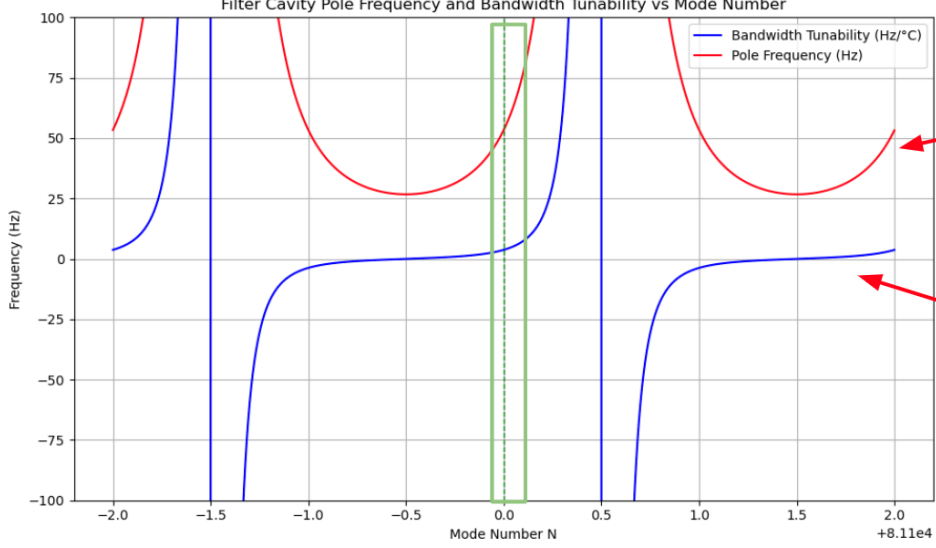
The short subcavity formed by mirrors R_1 and R_2 (with $L_1 \ll L_2$) acts as a compound mirror with an effective transmissivity:

$$T_{\text{eff}} = \frac{(1 - R_1)(1 - R_2)}{1 - 2\sqrt{R_1 R_2} \cos\left(\frac{4\pi L_1}{\lambda}\right) + R_1 R_2}$$

The total cavity bandwidth is then:

$$\gamma = \frac{c}{8\pi L_2} (T_{\text{eff}} + (1 - R_3))$$

This framework allows tunability via thermal expansion of L_1 , without compromising the high finesse or stability of the long cavity. The same thermal tuning principles demonstrated in the tabletop setup can thus be extended to a 300 m-scale system.



Quadrature Tuning for Thermal Control

To enable efficient thermal tuning, we park the subcavity length L_1 at a quadrature wavelength, such that the internal phase $\phi = 2kL_1$ satisfies:

$$\phi = 2kL_1 = \frac{4\pi L_1}{\lambda} = (2N + 3) \frac{\pi}{2}, \quad N \in \mathbb{Z}$$

This choice optimizes the slope of the effective transmission function $T_{\text{eff}}(\phi)$, yielding high sensitivity to changes in L_1 . For a full-scale cavity with $L_2 = 297.5$ m, we target cavity poles in the range of 40–70 Hz, with thermal tunability in the range of 2–10 Hz/°C.

2 Interactive SQZ

Injecting squeezed vacuum reduces quantum shot noise at high frequencies. At low frequencies, quantum radiation pressure noise (QRPN) dominates, which requires a frequency-dependent rotation of the squeezed quadrature. A filter cavity provides this rotation, and an interactive tool helps visualize how detuning, bandwidth, and efficiency affect the quantum noise curve.

Quadrature Variances

The frequency-dependent squeezed quadrature variances after the interferometer or filter cavity are:

$$R_{\pm}(\Omega) = 1 \pm \eta \frac{4x}{(1 \mp x)^2}$$

where

- R_+ : anti-squeezed quadrature variance,
- R_- : squeezed quadrature variance,

- $x = 1 - \frac{1}{\sqrt{\text{NLG}}}$, with $\text{NLG} \approx 17 \Rightarrow x \approx 0.76$,
- η : overall efficiency (includes propagation loss, mode-mismatch, and detection inefficiency).

Inclusion of Angular Fluctuations (Rotations)

To account for angular fluctuations in the squeezing ellipse, we average over a Gaussian distribution of angle jitter θ with width $\tilde{\theta}$:

$$R'_{\pm}(\tilde{\theta}) = \int \frac{1}{\sqrt{2\pi}\tilde{\theta}} \exp\left(-\frac{\theta^2}{2\tilde{\theta}^2}\right) (R_{\pm} \cos^2 \theta + R_{\mp} \sin^2 \theta) d\theta.$$

For small angular spreads $\tilde{\theta}$, this expression can be approximated as

$$R'_{\pm}(\tilde{\theta}) \approx R_{\pm} \cos^2 \tilde{\theta} + R_{\mp} \sin^2 \tilde{\theta}.$$

This shows that angular jitter mixes the squeezed and anti-squeezed quadratures, degrading the observed squeezing.

Model Parameters

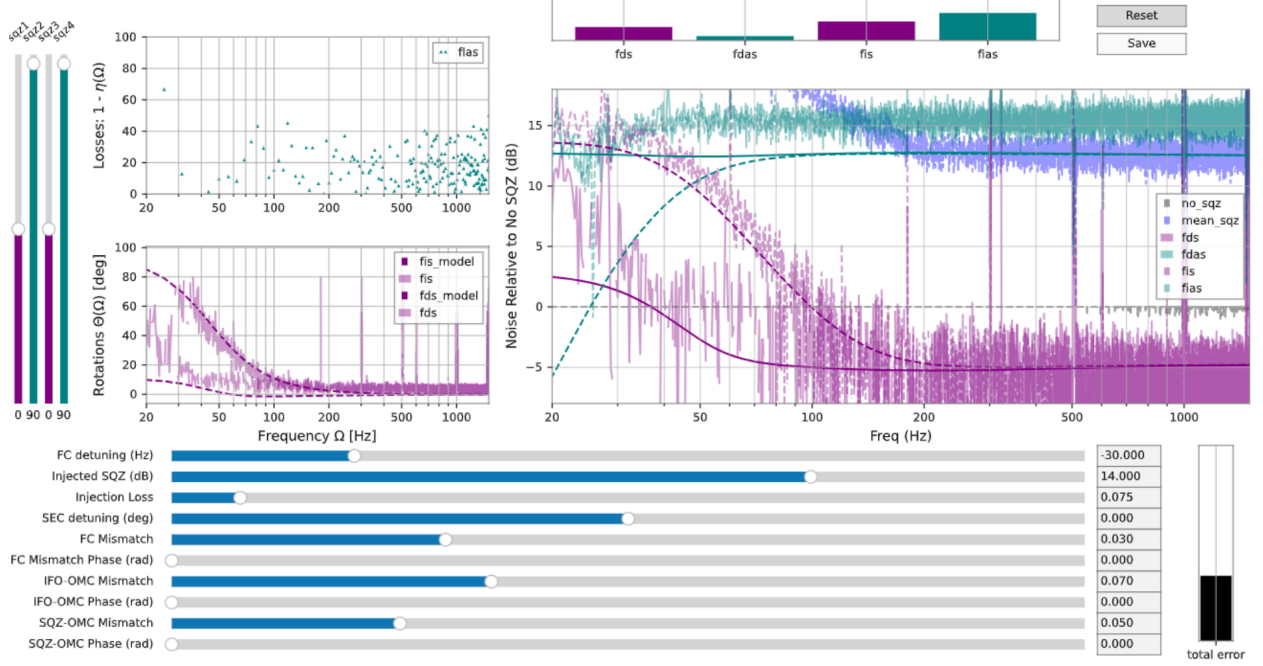
The interactive squeezing model is controlled by:

- **Detuning** (Δ): sets the frequency of quadrature rotation,
- **Bandwidth** (γ): determines how rapidly the rotation occurs,
- **Homodyne angle**: selects the readout quadrature,
- **Efficiency** (η): single parameter capturing all optical losses.

Interactive Visualization

The GUI implements sliders for Δ , γ , homodyne angle, and η . The output consists of dynamic plots of the strain spectrum showing:

- No squeezing (baseline),
- Frequency-independent squeezing (fixed ellipse),
- Frequency-dependent squeezing (rotation via filter cavity).



Insights

- Detuning shifts the rotation frequency, aligning the squeezing ellipse with the interferometer noise spectrum,
- Bandwidth sets the slope of quadrature rotation with frequency,
- Homodyne angle tunes the readout axis, balancing shot noise and QRPN suppression,
- Efficiency η directly reduces observable squeezing and enhances anti-squeezing leakage,
- Angular jitter $\tilde{\theta}$ couples anti-squeezing into the measurement, limiting achievable noise reduction.

Loss Extraction and Angle Jitter Fitting

In practice, the overall efficiency η can be directly solved by comparing the measured anti-squeezed quadrature variance R_+ with the frequency-independent anti-squeezing (FIAS) trace. Since the anti-squeezed quadrature dominates, we can isolate η as

$$R_+^{\text{meas}}(\Omega) \approx 1 + \eta \frac{4x}{(1-x)^2}.$$

This provides a direct calibration of the effective losses in the system.

Once η is fixed from the anti-squeezed quadrature, the residual differences between the measured squeezed quadrature and the model can be attributed to angular fluctuations of

the squeezing ellipse. These are described by the jitter-averaged variance formula

$$R'_{\pm}(\tilde{\theta}) = \int \frac{1}{\sqrt{2\pi}\tilde{\theta}} \exp\left(-\frac{\theta^2}{2\tilde{\theta}^2}\right) (R_{\pm} \cos^2 \theta + R_{\mp} \sin^2 \theta) d\theta \approx R_{\pm} \cos^2 \tilde{\theta} + R_{\mp} \sin^2 \tilde{\theta}.$$

Fitting this expression to the squeezed quadrature data allows extraction of the jitter width $\tilde{\theta}$, which quantifies the amount of quadrature mixing induced by angle noise. In this way, the anti-squeezed quadrature variance determines the loss η , while the squeezed quadrature variance constrains $\tilde{\theta}$.