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Department of Computer Science & Engineering

Report on Mini Project

Gym Management System

Course Code: CS2102-1

Course Name: Database Management

System Semester: IV SEM Section: A

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Date of submission:

18/04/2024

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ABSTRACT

The Gym Management System Project is a comprehensive application developed using PHP language with MySQL database integration. This project efficiently manages various aspects of a gym, offering functionalities such as member registration, attendance tracking, and workout scheduling, and billing management. Users can register online, view available classes, and schedule sessions based on their preferences. The system tracks member attendance, enabling administrators to monitor participation levels and optimize resources accordingly. Billing management features facilitate seamless payment processing and membership renewals. Additionally, the system generates reports on attendance, revenue, and member demographics, aiding in strategic decision-making and business analysis. With a user-friendly interface and robust functionality, this project enhances the efficiency and organization of gym operations while providing a seamless experience for both administrators and members. Its integration of PHP and MySQL ensures reliability, scalability, and security, making it a valuable tool for gym owners and managers seeking to streamline their operations and enhance member satisfaction.

ACKNOWLEDGMENT

I extend my heartfelt appreciation to each individual who contributed to the successful culmination of our **Database Management System project**, specifically focused on the **Gym Management System**. The collaborative effort and unwavering dedication of every participant were instrumental in bringing this project to fruition.

I would like to extend a special note of gratitude to our esteemed principal, **Dr. Niranjan N. Chiplunkar**, for graciously granting us the opportunity to undertake this project within the premises of our college and for furnishing us with all the necessary resources and facilities essential for its execution.

Furthermore, I express profound gratitude to **Dr. Jyothi Shetty**, the Head of the Computer Science and Engineering Department at **NMAM Institute of Technology, Nitte**. **Dr. Shetty's** guidance and support were invaluable throughout the duration of our project, and her leadership provided us with a strong foundation upon which to build our efforts.

A debt of gratitude is also owed to **Ms. Jayapadmini Kanchan**, Assistant Professor GD II in the Department of Computer Science and Engineering. Her mentorship, encouragement, and constructive feedback were indispensable in navigating the complexities of our project, inspiring us to strive for excellence at every juncture.

Lastly, I extend my thanks to all individuals who supported us in various capacities, whether directly or indirectly, throughout the course of this project. It is through the collective support and encouragement of our peers, mentors, well-wishers that we were able to achieve such success.

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Chapter 1

INTRODUCTION

The Gym Management System Project in PHP streamlines gym operations by efficiently managing customer records and service activities. It features online registration with admin approval, ensuring secure membership access. Customers can explore service packages, manage their activities, and receive gym announcements. The system includes intuitive admin, customer, and staff panels for smooth operation management. Customers can track their progress and view personalized reports, while admins have visibility into all activities for proactive support. With its centralized platform and user-friendly interface, this project enhances communication, engagement, and overall gym administration.

1.1 Purpose

The Gym Management System serves as a comprehensive tool to streamline the operations of fitness facilities, aiming to optimize efficiency and enhance customer satisfaction. It automates administrative tasks like registration, scheduling, and payment processing, saving time and resources. With detailed customer records, including membership status and activity history, the system offers personalized services and support. It provides a centralized platform for customers to explore and select service packages tailored to their needs, improving their fitness journey. Financial tracking features ensure the financial health of the gym, facilitating informed decision-making. Through announcements, notifications, and personalized reports, the system fosters communication and engagement between management, staff, and customers.

1.2 Scope

The scope of the Gym Management System encompasses the automation and optimization of various administrative tasks within fitness facilities. It includes features for customer registration, membership management, service package selection, scheduling, payment processing, and financial tracking. Additionally, the system facilitates communication and engagement through announcements, notifications, and personalized reports. Security measures ensure data protection and membership control. The system is designed to cater to the needs of gym owners, staff, and customers by providing a user-friendly interface and centralized platform for efficient management and enhanced fitness experiences.

1.3 Overview

The Gym Management System is a comprehensive solution designed to streamline the operations of fitness facilities. It automates administrative tasks such as customer registration, membership management, scheduling, and payment processing. With a user-friendly interface, it offers customers the ability to explore and select service packages tailored to their needs. The system enhances communication and engagement through announcements, notifications, and personalized reports, fostering a positive customer experience. Security measures ensure data protection and membership control. Overall, the Gym Management System provides gym owners, staff, and customers with a centralized platform for efficient management, financial tracking, and enhanced fitness experiences.

Chapter 2

Requirements Specification

2.1 Hardware Specification

- Processor : Intel(R) Core(TM) i3-1005G1 CPU @ 1.20GHz 1.19 GHz
- RAM : 8GB
- Hard Disk : 1TB
- Input Device : Standard keyboard and Mouse
- Output Device : Monitor

2.2 Software Specification

- Database: MySQL 5.5
- Markup Language: HTML5
- Scripting Language: PHP 7.0.1
- IDE: Visual Studio Code
- Server: Apache
- Browser: Google Chrome, Microsoft Edge , Firefox

Chapter 3

System Design

3.1 ER Diagram

For the project we are taking 6 strong entities Admin, Reminder, Attendance, Rates, Members and Equipment.

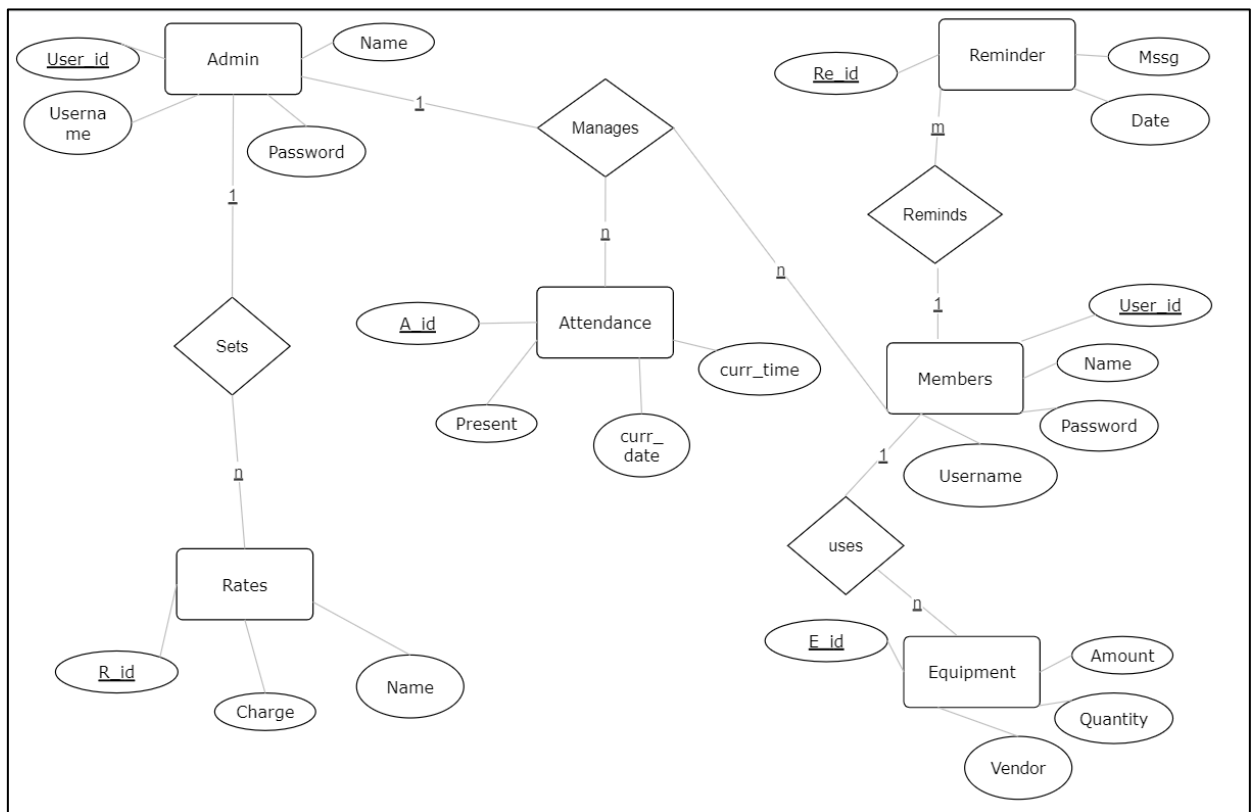


Fig 3.1: ER Diagram

3.2 Mapping From ER diagram to Schema

To convert ER to schema we follow 7 steps which are as follows:

1. **Mapping of Regular Entities:** This step involves mapping all the regular strong entities types to tabular format by identifying their primary keys.
2. **Mapping of 1:1 Relation:** In this step foreign keys are assigned using foreign key approach. The primary key of the participating relations are added as primary key to second entity types by looking at the participating constraints.
3. **Mapping of 1:N Relation:** Foreign key approach is used to add one sided primary key to the n sided entity at foreign key.
4. **Mapping of M:N Relation:** Here we use the cross-reference approach where the relationship is converted to a new relation within attributes on primary keys of both participating relations.
5. **Mapping of Weak Entity:** When mapping weak entity types along with other attributes the partial key and primary key of parent entity together will form their primary key of the new relation.
6. **Mapping of N-ary Relation:** For mapping N array relationship we create a new relation with a relationship name in its attribute and primary keys of all participating entity types.
7. **Mapping of Multivalued Relation:** For multivalued attributes a separate relation has to be created along with primary key of parent relation.

To get schema for database we will follow these steps:

1. **Mapping of Regular Entities:** Initially, we will identify all the strong entities (the entities which have primary key in them). In our database these are the entities with the attributes

Admin (User_id, name , username , password)

Reminder (Re_id, Message ,Date)

Attendance (A_id , Present , curr_date ,curr_time)

Members (User_id , Name , Password , Username)

Rates (R_id , Charge , Name)

Equipment (E_id, Amount, Quantity, Vendor

2. **Mapping of 1:1 Relation:** None of the entities are participating in the 1:1 relation type. In it each record in 1 table corresponds uniquely to a record in another table.
3. **Mapping of 1:N Relation:** In our database all the entities are participating in 1:n. In a one-to-many relationship, the "n" side entity includes a foreign key referencing the primary key of the "one" side entity.

The entities and attributes which are in 1:n are :

Reminder (Re_id, Message ,Date)

Attendance (A_id , Present , curr_date ,curr_time)

Members (User_id , Name , Password , Username)

Rates (R_id , Charge , Name)

Equipment (E_id, Amount, Quantity, Vendor)

4. **Mapping of M:N Relation:** None of the entities are participating in m:n relation. In a many-to-many relationship, a separate associative entity is created to link the participating entities.
5. **Mapping of Weak Entities:** We will identify all the weak entities (the entities which don't have primary key in them). In our database these are no entities with such attributes.
6. **Mapping of N-ary Relation:** None of the entities are participating in this relation. In it the relation is linked to and linked from same entity.
7. **Mapping of Multivalued relation:** A multivalued attribute allows an entity to have multiple values for a single attribute. This is typically represented as a separate table with a foreign key referencing the primary key of the original entity.

3.3 Assumptions

- 1. Assumption of Database Usage:** The assumption that the MySQL database is used for storing data related to the project.
- 2. Assumption of Table Structure:** The assumption that the database consists of several tables representing different entities such as admin, members, attendance, equipment, rates, and reminder.
- 3. Assumption of Primary Keys:** The assumption that each table has a primary key column to uniquely identify each record within that table.
- 4. Assumption of Indexes:** The assumption that indexes are created on certain columns (e.g., email, id) to improve query performance.
- 5. Assumption of Auto-increment:** The assumption that certain primary key columns are set to auto-increment to automatically generate unique values for new records.

3.4 Schema Diagram

A Schema is a pictorial representation of the relationship between the tables in the database that is created. The term “schema” refers to the representation of data as a blueprint of how the database is constructed (divided into database tables in the case of relational databases). The formal definition of a schema is a set of formulas (sentences) called integrity constraints imposed on a database. These integrity constraints ensure compatibility between parts of the schema. All constraints are expressible in the same language. The states of a created conceptual schema are transformed into an explicit mapping, the database schema. This describes how real-world entities are modelled in the database.

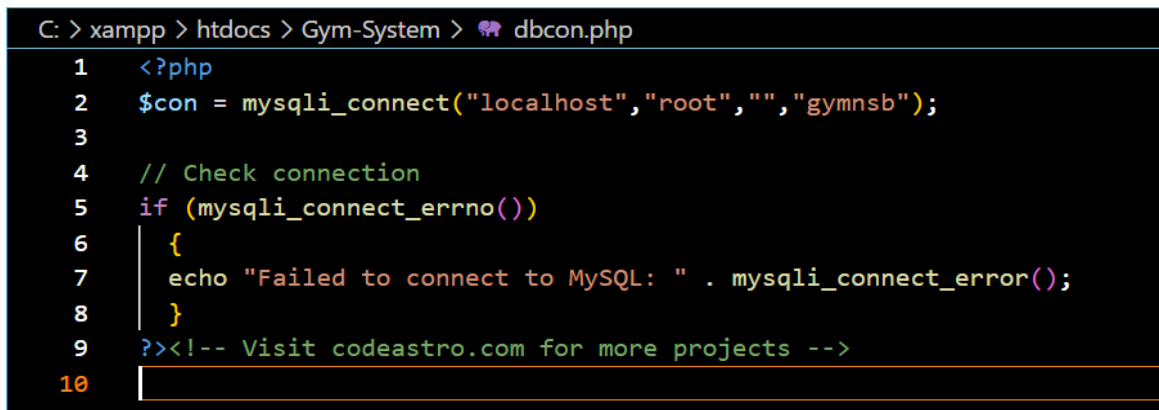
Chapter 4

Implementation

4.1 Pseudocodes used

Pseudocode to connect sql and php

In order to store or access the data inside a MySQL database, we first need to connect to the MySQL database server. In PHP we can do this using the `mysqli connect()` function. All communication between PHP and the MySQL database server takes place through this connection. The hostname parameter in the above syntax specifies the host name, whereas the username and password parameters specify the credentials to access MySQL server, and the database parameter, if provided, will specify the default MySQL database to be used when performing queries. The default username for MySQL database server is root and there is no password and hostname is localhost.



```
C: > xampp > htdocs > Gym-System > dbcon.php
1  <?php
2  $con = mysqli_connect("localhost","root","","gymnsb");
3
4  // Check connection
5  if (mysqli_connect_errno())
6  {
7      echo "Failed to connect to MySQL: " . mysqli_connect_error();
8  }
9  >><!-- Visit codeastro.com for more projects -->
10
```

Fig 4.1 Pseudocode to connect sql

Pseudocode for INSERT

Insert statement is a DML (Data modification language) statement which is used to insert data in the MySQL table. `PHP$ POST` is a PHP super global variable which is used to collect the form data from the user.

The Sign In, Sign Up Pages

```

5  <head>
18  <body>
20      <div id="loginbox">
22          <div class="control-group normal_text"> <h3></h3></div>
41      </div>
42  </form>
43  <?php
44      if (isset($_POST['login']))
45      {
46          $username = mysqli_real_escape_string($con, $_POST['user']);
47          $password = mysqli_real_escape_string($con, $_POST['pass']);
48
49          $password = md5($password);
50
51          $query = mysqli_query($con, "SELECT * FROM admin WHERE password='$password'");
52          $row = mysqli_fetch_array($query);
53          $num_row = mysqli_num_rows($query);
54
55          if ($num_row > 0)
56          {
57              $_SESSION['user_id']=$row['user_id'];
58              header('location:admin/index.php');
59          }
60      }
61      else
62      {
63          echo "<div class='alert alert-danger alert-dismissible' role='alert'>
64              Invalid Username and Password
65              <button type='button' class='close' data-dismiss='alert' aria-label='Close'
66              | <span aria-hidden='true'>&times;</span>
67              </div>";
68  }

```

Fig 4.2: Sign-up code

```

C:\xampp > htdocs > Gym-System > index.php
5  <head>
12  <link href="font-awesome/css/fontawesome.css" rel="stylesheet" />
13  <link href="font-awesome/css/all.css" rel="stylesheet" />
14  <link href='http://fonts.googleapis.com/css?family=Open+Sans:400,700,800' rel='stylesheet' type='t
15
16  </head>
17
18  <body>
19
20      <div id="loginbox">
21          <form id="loginform" method="POST" class="form-vertical" action="#">
22              <div class="control-group normal_text"> <h3></h3></div>
23              <div class="control-group">
24                  <div class="controls">
25                      <div class="main_input_box">
26                          <span class="add-on bg_lg"><i class="fas fa-user-circle"></i></span><input typ
27                      </div>
28                  </div>
29              </div>
30              <div class="control-group">
31                  <div class="controls">
32                      <div class="main_input_box">
33                          <span class="add-on bg_ly"><i class="fas fa-lock"></i></span><input type="pass
34                      </div>
35                  </div>
36              </div>
37              <div class="form-actions center">
38                  <button type="submit" class="btn btn-block btn-large btn-info" title="Log In" name="lo
39              </div>
40          </form>
41      <?php
42      if (isset($_POST['login']))

```

Fig 4.3 Sign-in code

Pseudocode for UPDATE

The UPDATE statement is used to modify the existing records in a table. The WHERE clause specifies which record(s) that should be updated.

```
42 <?php
43 include 'dbcon.php';
44 $id=$_GET['id'];
45 $qry= "select * from members where user_id='$id'";
46 $result=mysqli_query($conn,$qry);
47 while($row=mysqli_fetch_array($result)){
48 }
49
50 <div id="content">
51   <div id="content-header">
52     <div id="breadcrumb"> <a href="index.php" title="Go to Home" class="tip-bottom"><i class="fas fa-home"
53     <h1 class="text-center">Update Customer's Progress <i class="fas fa-signal"></i></h1>
54   </div>
55
56
57   <div class="container-fluid" style="margin-top:-38px;">
58     <div class="row-fluid">
59       <div class="span12">
60         <div class="widget-box">
61           <div class="widget-title"> <span class="icon"> <i class="fas fa-signal"></i> </span>
62           <h5>Progress </h5>
63         </div>
64         <div class="widget-content">
65           <div class="row-fluid">
66
67             <div class="span2"></div>
68
69             <div class="span8">
70               <table class="table table-bordered table-invoice">
71                 <tbody>
72
73                 <form action="userprogress-req.php" method="POST">
```

Fig 4.4 To Update values in table

4.2 Tables used

The 5 tables used are as following:

Admin (User_id, name, username , password)

Reminder (Re_id, Message, Date)

Attendance (A_id , Present , curr_date ,curr_time)

Members (User_id , Name , Password , Username)

Equipment (E_id, Amount, Quantity, Vendor)

Server: 127.0.0.1 » Database: gymnsb » Table: admin

Browse Structure SQL Search Insert Export Import Privileges Operations

Table structure Relation view

#	Name	Type	Collation	Attributes	Null	Default	Comments	Extra	Action
<input type="checkbox"/> 1	user_id	int(11)			No	None		AUTO_INCREMENT	Change Drop More
<input type="checkbox"/> 2	username	varchar(50)	latin1_swedish_ci		No	None			Change Drop More
<input type="checkbox"/> 3	password	varchar(50)	latin1_swedish_ci		No	None			Change Drop More
<input type="checkbox"/> 4	name	varchar(50)	latin1_swedish_ci		No	None			Change Drop More

Fig 4.5 Admin Table

Server: 127.0.0.1 » Database: gymnsb » Table: attendance

Browse Structure SQL Search Insert Export Import Privileges Operations

Table structure Relation view

#	Name	Type	Collation	Attributes	Null	Default	Comments	Extra	Action
<input type="checkbox"/> 1	id	int(11)			No	None		AUTO_INCREMENT	Change Drop More
<input type="checkbox"/> 2	user_id	varchar(100)	latin1_swedish_ci		No	None			Change Drop More
<input type="checkbox"/> 3	curr_date	text	latin1_swedish_ci		No	None			Change Drop More
<input type="checkbox"/> 4	curr_time	text	latin1_swedish_ci		No	None			Change Drop More
<input type="checkbox"/> 5	present	tinyint(4)			No	None			Change Drop More

Fig 4.6 Attendance Table

#	Name	Type	Collation	Attributes	Null	Default	Comments	Extra	Action
<input type="checkbox"/> 1	id	int(11)			No	None		AUTO_INCREMENT	Change Drop More
<input type="checkbox"/> 2	name	varchar(30)	latin1_swedish_ci		No	None			Change Drop More
<input type="checkbox"/> 3	amount	int(100)			No	None			Change Drop More
<input type="checkbox"/> 4	quantity	int(100)			No	None			Change Drop More
<input type="checkbox"/> 5	vendor	varchar(50)	latin1_swedish_ci		No	None			Change Drop More
<input type="checkbox"/> 6	description	varchar(50)	latin1_swedish_ci		No	None			Change Drop More
<input type="checkbox"/> 7	address	varchar(20)	latin1_swedish_ci		No	None			Change Drop More
<input type="checkbox"/> 8	contact	varchar(10)	latin1_swedish_ci		No	None			Change Drop More
<input type="checkbox"/> 9	date	date			No	None			Change Drop More

Fig 4.7 Equipment Table

#	Name	Type	Collation	Attributes	Null	Default	Comments	Extra	Action
<input type="checkbox"/>	1 user_id	int(11)			No	None		AUTO_INCREMENT	Change Drop More
<input type="checkbox"/>	2 fullname	varchar(20)	latin1_swedish_ci		No	None			Change Drop More
<input type="checkbox"/>	3 username	varchar(20)	latin1_swedish_ci		No	None			Change Drop More
<input type="checkbox"/>	4 password	varchar(100)	latin1_swedish_ci		No	None			Change Drop More
<input type="checkbox"/>	5 gender	varchar(20)	latin1_swedish_ci		No	None			Change Drop More
<input type="checkbox"/>	6 dor	date			No	None			Change Drop More
<input type="checkbox"/>	7 services	varchar(50)	latin1_swedish_ci		No	None			Change Drop More

Fig 4.8 Members Table

#	Name	Type	Collation	Attributes	Null	Default	Comments	Extra	Action
<input type="checkbox"/>	1 id	int(11)			No	None		AUTO_INCREMENT	Change Drop More
<input type="checkbox"/>	2 name	varchar(255)	latin1_swedish_ci		No	None			Change Drop More
<input type="checkbox"/>	3 charge	varchar(255)	latin1_swedish_ci		No	None			Change Drop More

Fig 4.9 Rates Table

Chapter 5

Results and Discussion

Sign-Up Page:

Through this page user, admin and staff can sign up to the gym management system

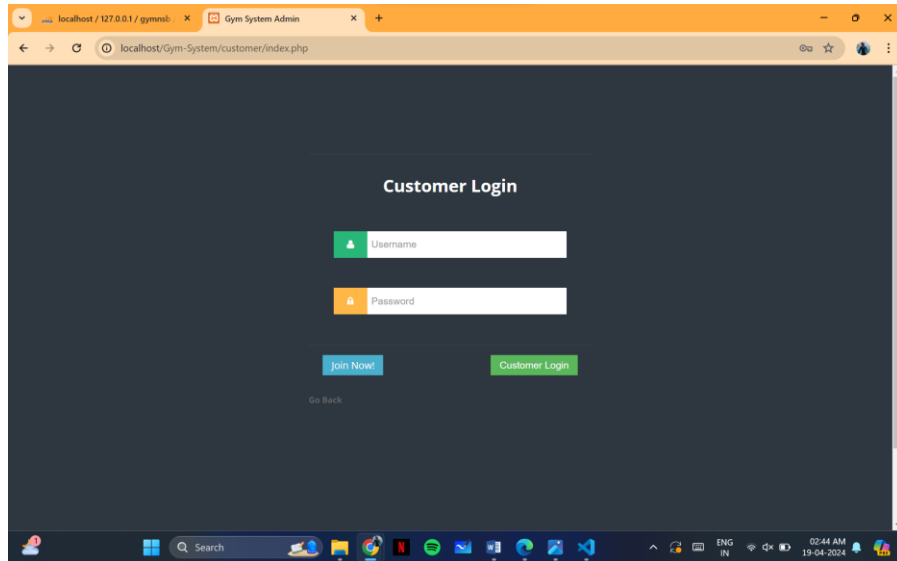


Fig 5.1: Home Page

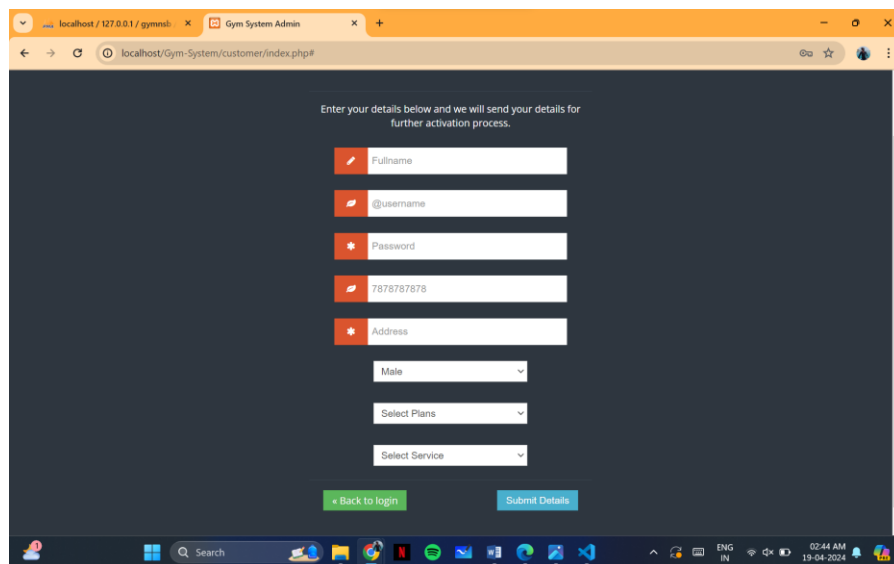


Fig 5.2: Customer Sign-up Page

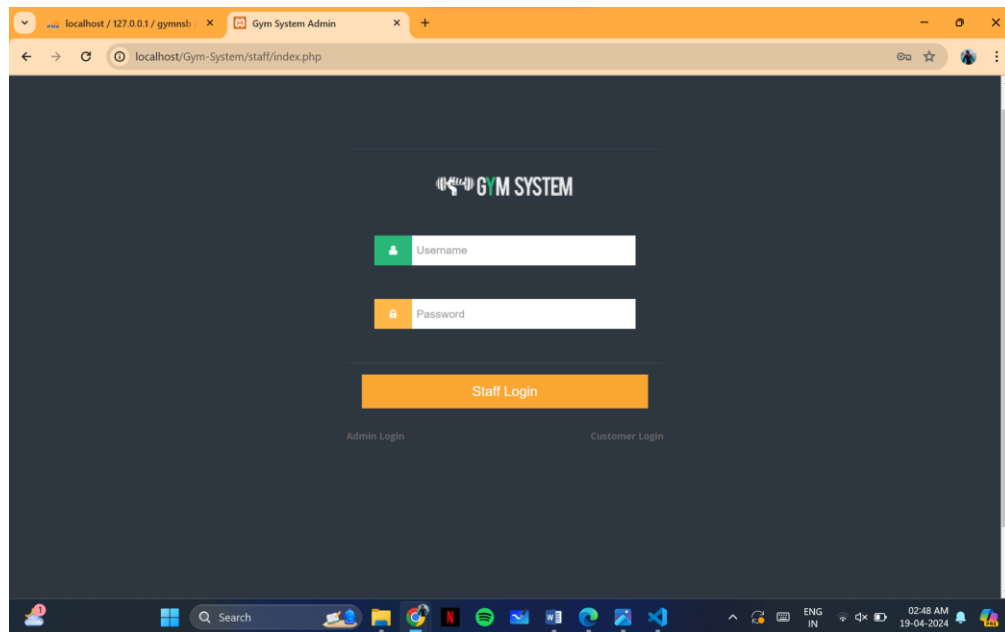


Fig 5.3: Staff Sign-Up Page

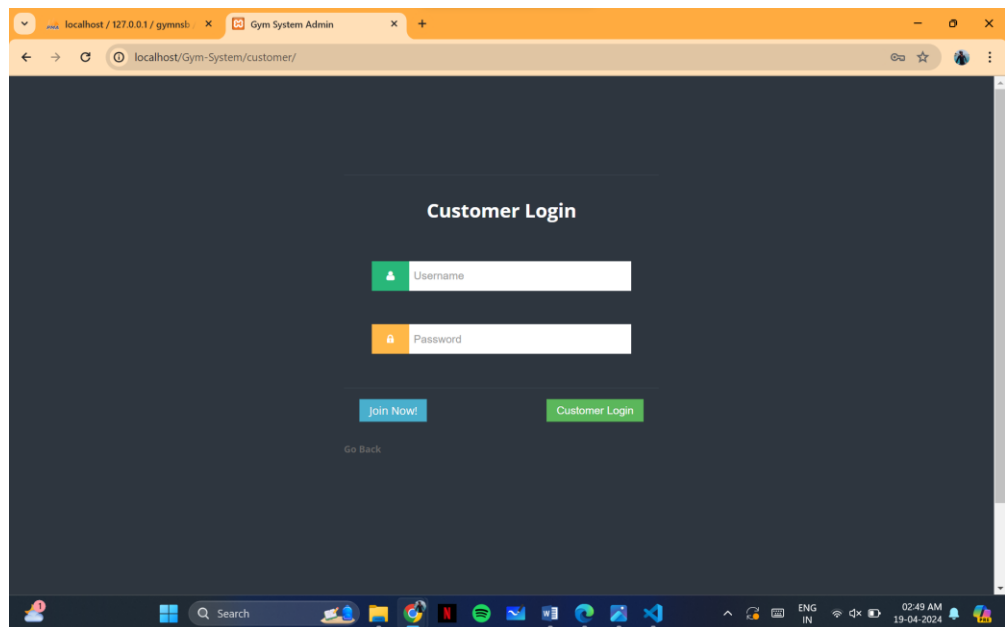


Fig 5.4: Customer Sign-Up Page

Sign-In Page:

Through this page user, admin and volunteer can sign in to the food donation website if they already have an account in it.

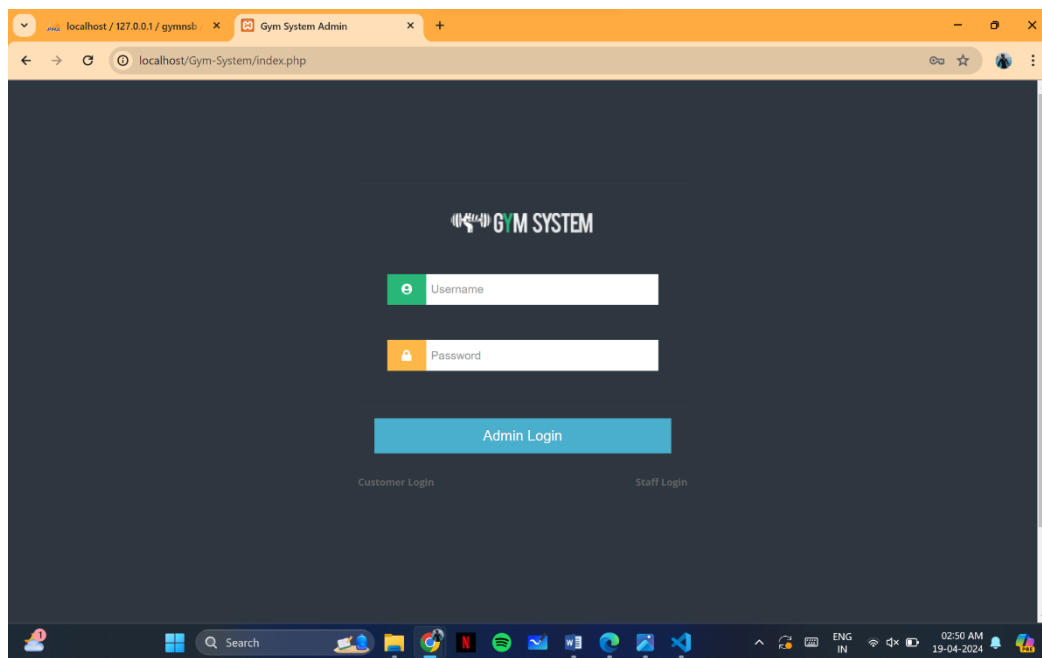


Fig: 5.5 Admin Sign-In Page

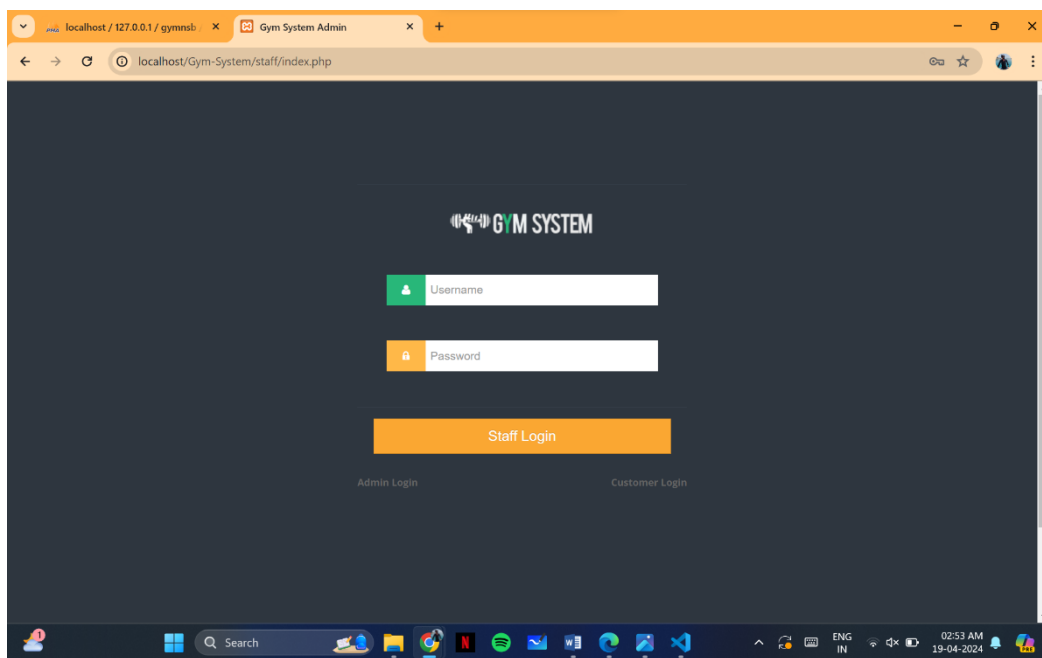


Fig: 5.6 Staff Sign-In Page

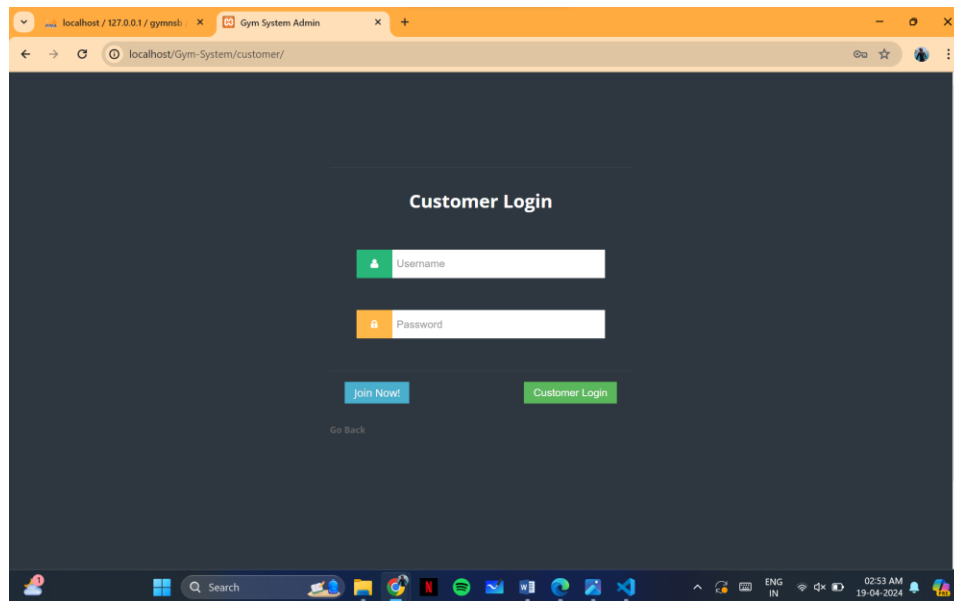


Fig 5.7: Customer Sign-In Page

User Homepage:

In it, admin can manage various things, he or she can give feedback to the admin and has catalogue of all the members and equipment in the gym.

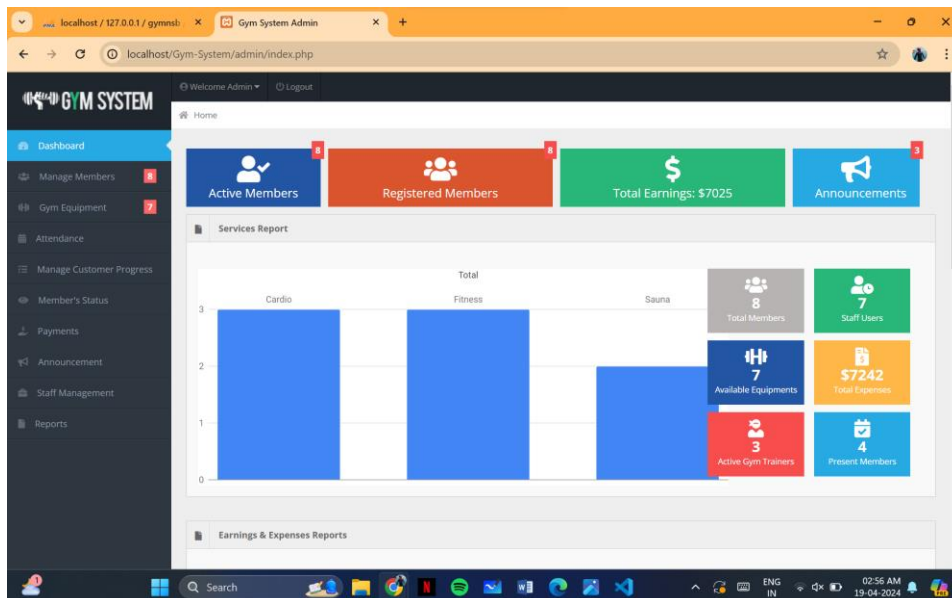


Fig 5.8: Admin Home Page

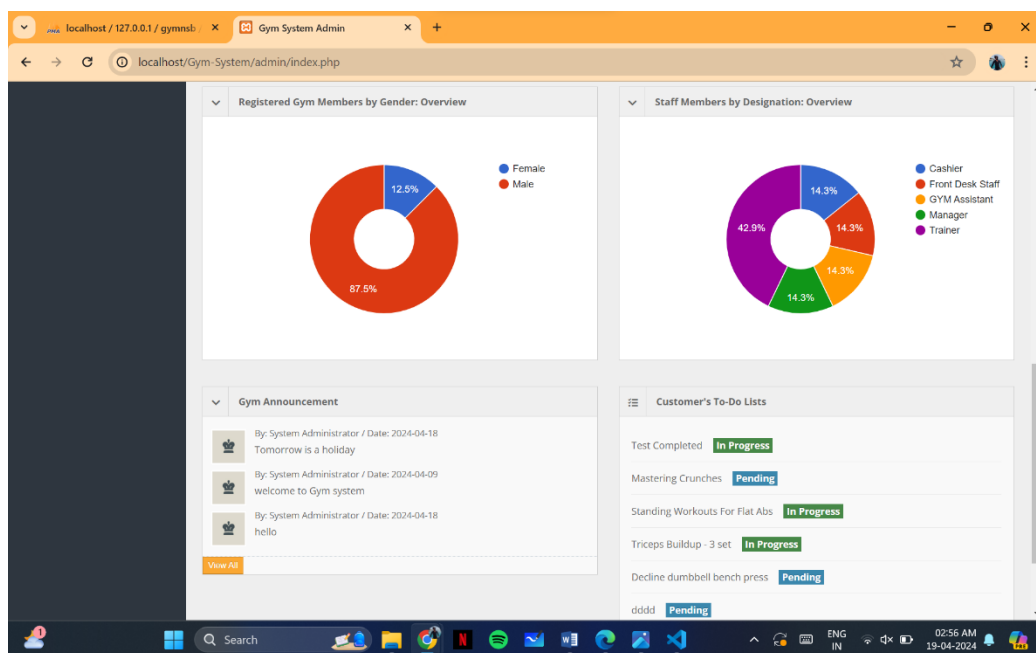
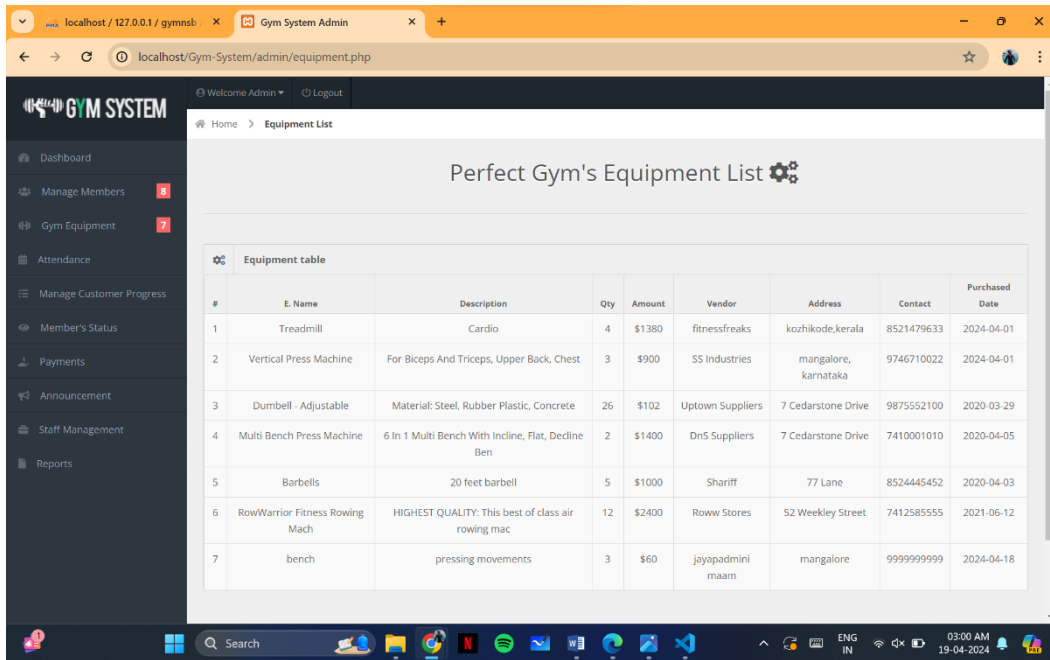


Fig 5.9: Graphs

The screenshot shows the 'Member Entry Form' in the 'Gym System Admin' dashboard. The form is divided into 'Personal-Info' and 'Contact Details' sections. The 'Personal-Info' section includes fields for Full Name, Username, Password, Gender (Male), D.O.B., and Plans (One Month). The 'Contact Details' section includes fields for Contact Number, Address, and Service Details (Fitness, Sauna, Cardio). A 'Submit Member Details' button is at the bottom.

Section	Field	Value
Personal-Info	Full Name	Fullname
	Username	Username
	Password	*****
	Gender	Male
	D.O.B.	dd-mm-yyyy
	Plans	One Month
Contact Details	Contact Number	9876543210
	Address	Address
	Service Details	<input type="radio"/> Fitness - \$55 per month <input type="radio"/> Sauna - \$35 per month <input type="radio"/> Cardio - \$40 per month
Total Amount		\$ 50

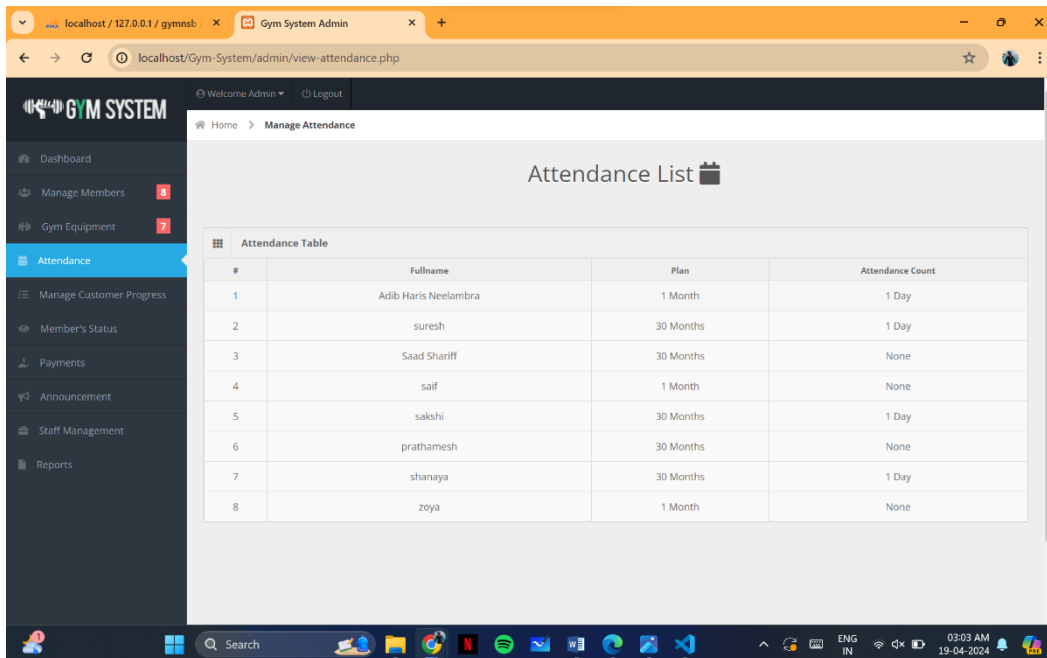
Fig 5.10: Member Entry Form



Perfect Gym's Equipment List

#	E. Name	Description	Qty	Amount	Vendor	Address	Contact	Purchased Date
1	Treadmill	Cardio	4	\$1380	fitnessfreaks	kozhikode,kerala	8521479633	2024-04-01
2	Vertical Press Machine	For Biceps And Triceps, Upper Back, Chest	3	\$900	SS Industries	mangalore, karnataka	9746710022	2024-04-01
3	Dumbbell - Adjustable	Material: Steel, Rubber Plastic, Concrete	26	\$102	Uptown Suppliers	7 Cedarstone Drive	9875552100	2020-03-29
4	Multi Bench Press Machine	6 In 1 Multi Bench With Incline, Flat, Decline Ben	2	\$1400	DnS Suppliers	7 Cedarstone Drive	7410001010	2020-04-05
5	Barbells	20 feet barbell	5	\$1000	Shariff	77 Lane	8524445452	2020-04-03
6	RowWarrior Fitness Rowing Mach	HIGHEST QUALITY: This best of class air rowing mac	12	\$2400	Roww Stores	52 Weekley Street	7412585555	2021-06-12
7	bench	pressing movements	3	\$60	jayapadmini maam	mangalore	9999999999	2024-04-18

Fig 5.11: Equipment List



Attendance List

#	Fullname	Plan	Attendance Count
1	Adib Haris Neelambra	1 Month	1 Day
2	suresh	30 Months	1 Day
3	Saad Shariff	30 Months	None
4	saif	1 Month	None
5	sakshi	30 Months	1 Day
6	prathamesh	30 Months	None
7	shanaya	30 Months	1 Day
8	zoya	1 Month	None

Fig 5.12: Attendance List

Chapter 6

Conclusion and Future work

The gym management system, as depicted by the ERD, offers a comprehensive solution for efficiently managing gym operations. By structuring data into separate entities and establishing relationships between them, the system facilitates user management, announcements, attendance tracking, equipment management, membership rates, reminders, and to-do lists. Through effective data organization and relationship establishment, the system aims to streamline administrative tasks, improve data integrity, and enhance overall operational efficiency within the gym environment.

To further enhance the system, future development efforts could focus on three key areas. Firstly, User Interface Development is crucial to designing user-friendly interfaces tailored for administrators, staff, and members. Secondly, investing in Enhanced Reporting functionalities would enable the generation of insightful reports on various aspects of gym operations. Thirdly, integrating Automation and Notifications could automate routine tasks and facilitate timely communication with stakeholders. Additionally, Payment Integration capabilities, Mobile Application Development, and other enhancements could be explored to extend system functionality and improve user experience.

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