Exercise 10 (a):

By energy conservation we have

$$E = T + V \tag{1}$$

where $T = \frac{1}{2}m(\frac{dx}{dt})^2$, i.e., the kinetic energy and V is the potential energy.

Since we start at x = a and we have zero initial velocity E = V(a). We also know that the oscillator can reach x = a to x = 0 in T/4 time, where T is the time period of oscillation. Thus:

$$\frac{2}{m}(E - V) = \frac{dx^2}{dt} \tag{2}$$

$$dt = -\frac{dx}{\sqrt{\frac{2}{m}(E - V)}}\tag{3}$$

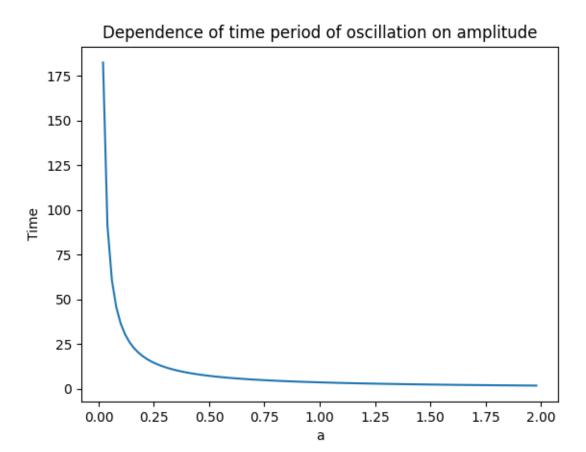
-ve sign is due to the fact that x goes from a to 0

$$\int_0^{\frac{T}{4}} dt = \int_a^0 -\frac{dx}{\sqrt{\frac{2}{m}(E - V)}} \tag{4}$$

$$\int_0^{\frac{T}{4}} dt = \int_0^a \frac{dx}{\sqrt{\frac{2}{m}(E - V)}}$$
 (5)

$$T = 4 \int_0^a \frac{dx}{\sqrt{\frac{2}{m}(E - V)}} \tag{6}$$

Exercise 10 (b):



Plot of the dependence of time period on amplitude for anharmonic oscillator

Exercise 10 (c):

The restorative force grows as x^3 with distance x but the distance travelled is just amplitude a, so the particle is pulled back to x = 0 faster for larger a. Thus time decreases with a.