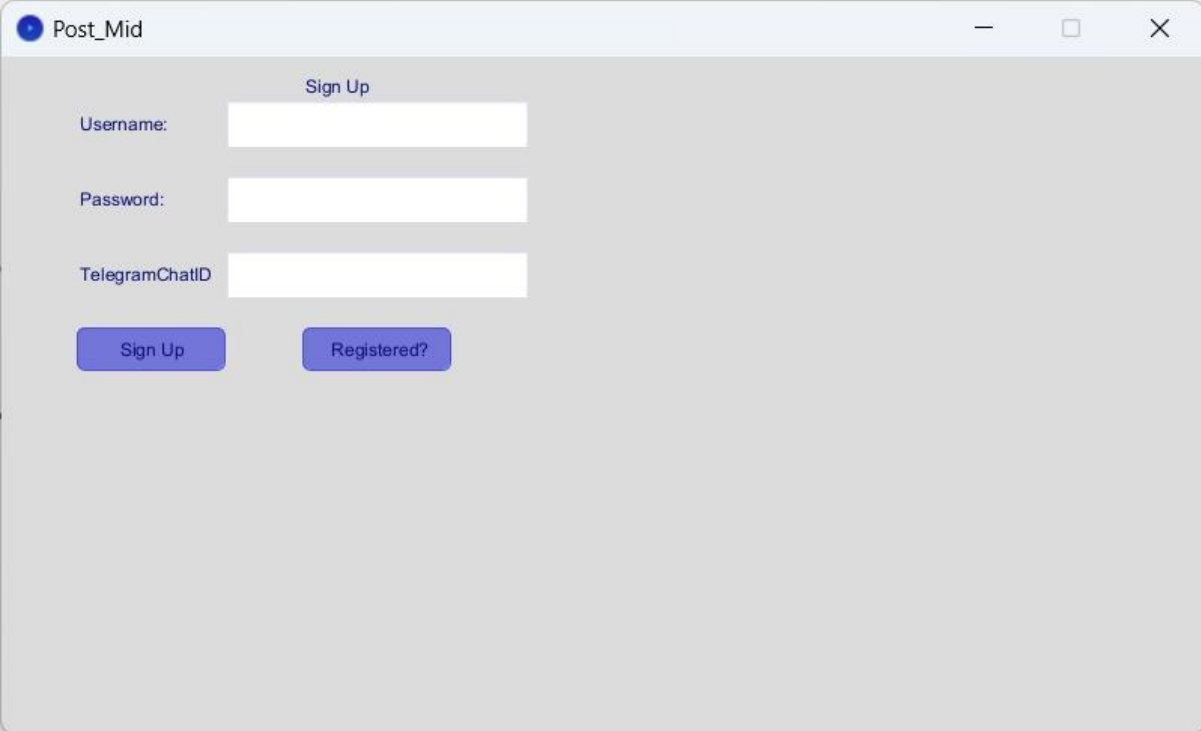



USER GUIDELINES

1) If You are not registered for the detecting pulse rate project then first sign up by clicking upon registered?(i.e., Sign-up form)



The screenshot shows a web browser window with the title 'Post_Mid'. Inside the window, there is a 'Sign Up' form. The form contains three input fields: 'Username:', 'Password:', and 'TelegramChatID'. Below these fields are two buttons: 'Sign Up' and 'Registered?'.

2)In Registering Process you find 3 columns (i.e username, password, Telegram chat id)



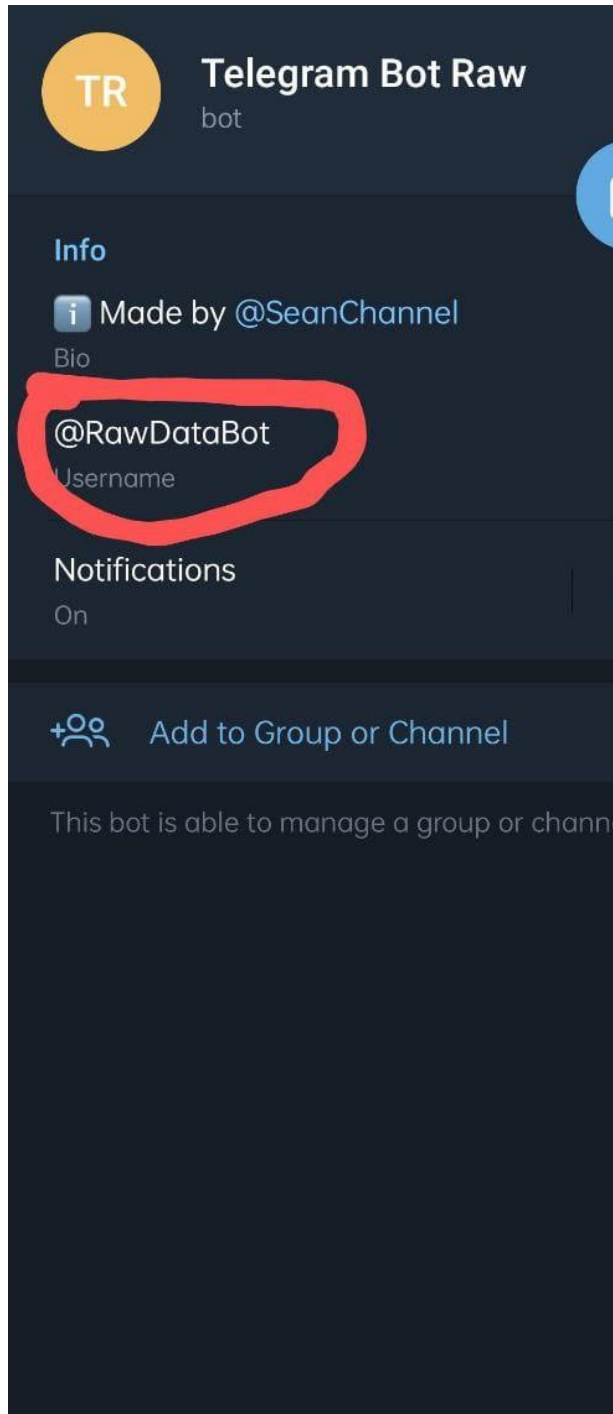
This is a close-up view of the 'Sign Up' form. It shows the 'Username:', 'Password:', and 'TelegramChatID' input fields. Below the fields are two buttons: 'Sign Up' and 'Registered?'.

3)The 3 Columns have constraints

- a)The username can be your choice
- b)For password the size can be 8 or more
- c)Use must enter your full telegram chat ID(10 numbers)

4) If you don't know how to find the chat ID. Here are some guidelines for knowing the chat ID

Go to telegram and Search for @RawDataBot and join the chat and message as /start to that chat you get a message and you can find the chat ID .



8:44

0.10 KB/S 4G 39%



Telegram Bot Raw
bot



You can ask friends to setup

11:37 AM

按我看教學

/start

11:38 AM ✓✓

```
{
  "update_id": 835090777,
  "message": {
    "message_id": 2613508,
    "from": {
      "id": 1902451581,
      "is_bot": false,
      "first_name": "Gowtham Kumar",
      "username": "Gowtham211",
      "language_code": "en"
    },
    "chat": {
      "id": 1902451581,
      "first_name": "Gowtham Kumar",
      "username": "Gowtham211",
      "type": "private"
    },
    "date": 1700978930,
    "text": "/start",
    "entities": [
      {
        "offset": 0,
        "length": 6,
        "type": "bot_command"
      }
    ]
  }
}
```

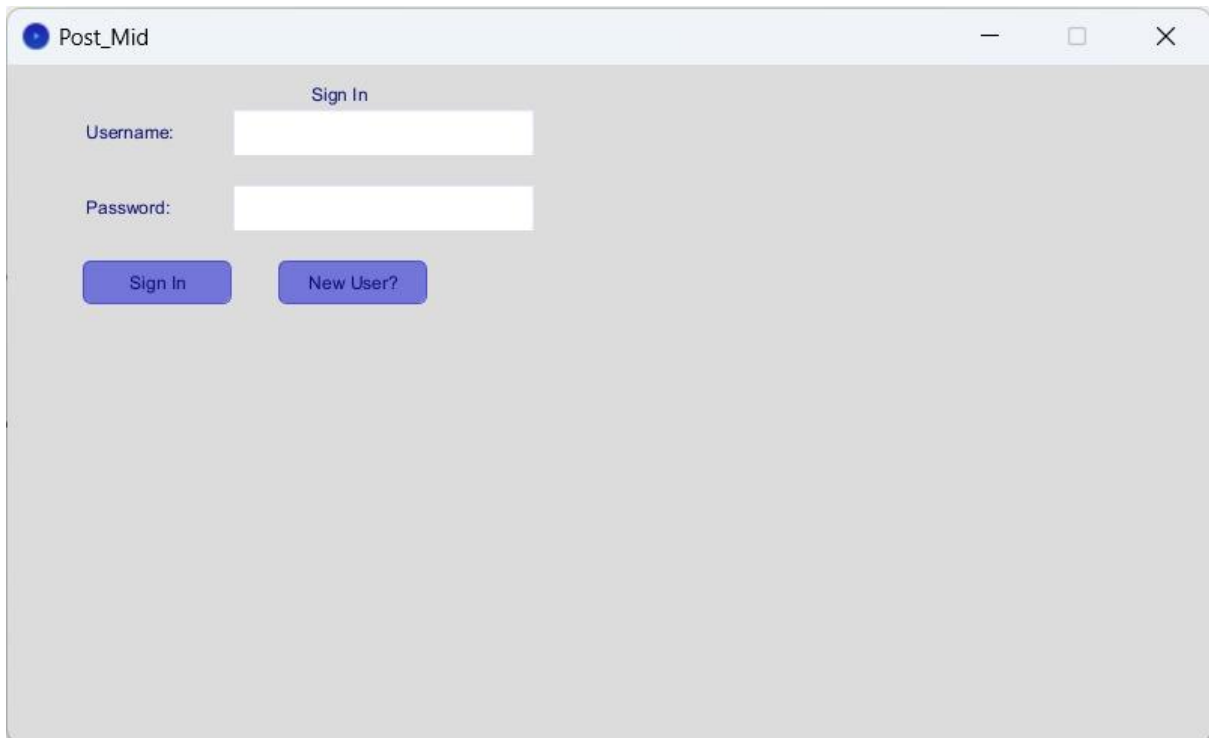
11:38 AM



Message



5) After filling all the columns then click on sign up button and then go for sign-in page



6) To get average values of your vata, pita, kapha readings to your telegram account join the chat of "@pulsedetector_bot".

