Vocab-Builder

Idioms & Phrasal Verbs

eBook 01

Idioms & Phrasal Verbs

➢ Idioms

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A Bird In The Hand Is Worth Two In The Bush:	Having something that is certain is much better than taking a risk for more, because chances are you might lose everything.
A Blessing In Disguise:	Something good that isn't recognized at first.
A Chip On Your Shoulder:	Being upset for something that happened in the past.
A Dime A Dozen:	Anything that is common and easy to get.
A Drop in the Bucket:	A very small part of something big or whole.
A House Divided Against Itself Cannot Stand:	Everyone involved must unify and function together or it will not work out.
A Penny Saved Is A Penny Earned:	By not spending money, you are saving money (little by little).
A Picture Paints a Thousand Words:	A visual presentation is far more descriptive than words.
A Piece of Cake:	A task that can be accomplished very easily.
A Taste Of Your	When you are mistreated the same
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Own Medicine:	way you mistreat others.
A Toss-Up	A result that is still unclear and can go either way
Actions Speak Louder Than Words	It's better to actually do something than just talk about it
Add Fuel To The Fire	Whenever something is done to make a bad situation even worse than it is
All In The Same Boat	When everyone is facing the same challenges
An Axe To Grind	To have a dispute with someone
Apple of My Eye	Someone who is cherished above all others
As High As A Kite	Anything that is high up in the sky
At The Drop Of A Hat	Willing to do something immediately
Letter B	
Back Seat Driver	People who criticize from the sidelines, much like someone giving unwanted advice from the back seat of a vehicle to the driver
Back To Square One	Having to start all over again
Back To The Drawing Board	When an attempt fails and it's time to start all over

Barking Up The Wrong Tree	A mistake made in something you are trying to achieve
Beat A Dead Horse	To force an issue that has already ended
Beating Around The Bush	Avoiding the main topic. Not speaking directly about the issue
Bend Over Backwards	Do whatever it takes to help. Willing to do anything
Bite Off More Than You Can Chew	To take on a task that is way to big
Bite Your Tongue	To avoid talking
Blood Is Thicker Than Water	The family bond is closer than anything else
Letter C	
Can't Cut The Mustard	Someone who isn't adequate enough to compete or participate
Chip on his Shoulder	Angry today about something that occured in the past
Cock and Bull Story	An unbelievable tale
Come Hell Or High Water	Any difficult situation or obstacle

Cross Your Fingers	To hope that something happens the way you want it to
Cry Over Spilt Milk	When you complain about a loss from the past
Curiosity Killed The Cat	Being Inquisitive can lead you into a dangerous situation
Cut to the Chase	Leave out all the unnecessary details and just get to the point
Letter D	
Dark Horse	One who was previously unknown and is now prominent
Devil's Advocate	Someone who takes a position for the sake of argument without believing in that particular side of the arguement. It can also mean one who presents a counter argument for a position they do believe in, to another debater
Dog Days of Summer	The hottest days of the summer season
Don't count your chickens before they hatch	Don't rely on it until your sure of it
Don't Put All Your Eggs In One	Do not put all your resources in one possibility

mitbullseye.com **Basket** Drive someone To irritate and/or annoy very much up the wall Rehearsal Dry Run **Letter E Ethnic Cleansing** Killing of a certain ethnic or religious group on a massive scale **Every Cloud Has** Be optomistic, even difficult times will A Silver Lining lead to better days **Everything But** Almost everything and anything has The Kitchen Sink been included Letter F An enjoyable day or circumstance. Field Day To become more comfortable Finding Your Feet whatever you are doing. Fixed In Your Not willing or wanting to change from Ways your normal way of doing something. Flash In The Pan Something that shows potential or looks promising in the beginning but fails to deliver anything in the end. Flesh and Blood This idiom can mean living material

of which people are made of, or it can

To go from being very poor to being

refer to someone's family.

From Rags To

Riches	very wealthy
Full Monty	This idiom can mean either, "the whole thing" or "completely nude"
Letter G	
Get Over It	To move beyond something that is bothering you
Get Up On The Wrong Side Of The Bed	Someone who is having a horrible day.
Get Your Walking Papers	Get fired from a job
Give Him The Slip	To get away from. To escape.
Go For Broke	To gamble everything you have
Go The Extra Mile	Going above and beyond whatever is required for the task at hand
Good Samaritan	Someone who helps others when they are in need, with no discussion for compensation, and no thought of a reward
Letter H	
Haste Makes Waste	Quickly doing things results in a poor ending.

Hat Trick	When one player scores three goals in the same hockey game. This idiom can also mean three scores in any other sport, such as 3 homeruns, 3 touchdowns, 3 soccer goals, etc.
Have an Axe to Grind	To have a dispute with someone.
He Lost His Head	Angry and overcome by emotions.
Head Over Heels	Very excited and/or joyful, especially when in love.
Hit The Nail on the Head	Do something exactly right or say something exactly right.
Hocus Pocus	In general, a term used in magic or trickery
Hold Your Horses	Be patient
Letter I	
Icing On The Cake	When you already have it good and get something on top of what you already have
Idle Hands Are The Devil's Tools	You are more likely to get in trouble if you have nothing to do
In The Heat Of The Moment	Overwhelmed by what is happening in the moment
In Your Face	An aggressive and bold confrontation
It Takes Two To	A two person conflict where both
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Tango	people are at fault
It's A Small World	You frequently see the same people in different places
Letter J	
Jaywalk	Crossing the street (from the middle) without using the crosswalk
Letter K	
Keep An Eye On Him	You should carefully watch him
Keep body and soul together	To earn a sufficient amount of money in order to keep yourself alive
Keep your chin up	To remain joyful in a tough situation
Knee Jerk Reaction	A quick and automatic response
Know the Ropes	To understand the details
Letter L	
Last but not least	An introduction phrase to let the audience know that the last person mentioned is no less important than those introduced before him/her
Lend Me Your Ear	To politely ask for someone's full attention
Let Bygones Be Bygones	To forget about a disagreement or argument
Let Sleeping	To avoid restarting a conflict

Dogs Lie	
Let The Cat Out Of The Bag	To share a secret that wasn't supposed to be shared
Level playing field	A fair competition where no side has an advantage
Letter M	
Make No Bones About	To state a fact so there are no doubts or objections
Mumbo Jumbo	Nonsense or meaningless speech
Mum's the word	To keep quiet. To say nothing
Letter N	
Never Bite The Hand That Feeds You	Don't hurt anyone that helps you
New kid on the block	Someone new to the group or area
No Dice	To not agree. To not accept a proposition
Letter O	
Off On The Wrong Foot	Getting a bad start on a relationship or task
Off The Hook	No longer have to deal with a tough situation
Off the Record	Something said in confidence that the

	one speaking doesn't want attributed to him/her
On Pins And Needles	Anxious or nervous, especially in anticipation of something
On The Fence	Undecided
On The Same Page	When multiple people all agree on the same thing
Out Of The Blue	Something that suddenly and unexpectedly occurs
Over My Dead Body	When you absolutely will not allow something to happen
Letter P	
Pass The Buck	Avoid responsibility by giving it to someone else
Pick up your ears	To listen very carefully
Pig In A Poke	A deal that is made without first examining it
Practice Makes Perfect	By constantly practicing, you will become better
Pulling Your Leg	Tricking someone as a joke
Put a sock in it	To tell noisy person or a group to be quiet
Letter Q	
Queer the pitch	Destroy or ruin a plan

Letter R	
Raining Cats and Dogs	A very loud and noisy rain storm
Rise and Shine	Time to get out of bed and get ready for work/school
Rome Was Not Built In One Day	If you want something to be completely properly, then its going to take time
Rule Of Thumb	A rough estimate
Run out of steam	To be completely out of energy
Letter S	
Saved By The Bell	Saved at the last possible moment
Scapegoat	Someone else who takes the blame
Scot-free	To escape and not have to pay
Sixth Sense	A paranormal sense that allows you to communicate with the dead
Smell A Rat	To detect someone in the group is betraying the others
Smell Something Fishy	Detecting that something isn't right and there might be a reason for it
Southpaw	Someone who is left-handed
Start From Scratch	To do it all over again from the beginning
Letter T	

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The Ball Is In Your Court	It is your decision this time
The Best Of Both Worlds	There are two choices and you have them both
The Last Straw	When one small burden after another creates an unbearable situation, the last straw is the last small burden that one can take
The Whole Nine Yards	Everything. All of it
Tie the knot	To get married
Till the cows come home	A long time
To Make A Long Story Short	Something someone would say during a long and boring story in order to keep his/her audience from losing attention. Usually the story isn't shortened
To Steal Someone's Thunder	To take the credit for something someone else did
Tongue-in-cheek	humor, not to be taken serious
Turn A Blind Eye	Refuse to acknowledge something you know is real or legit
Letter U	

Under the weather	Feeling ill or sick
Up a blind alley	Going down a course of action that leads to a bad outcome
Letter V	
Variety Is The Spice Of Life	The more experiences you try the more exciting life can be
Letter W	
Wag the Dog	A diversion away from something of greater importance
Water Under The Bridge	Anything from the past that isn't significant or important anymore
Wear Your Heart On Your Sleeve	To openly and freely express your emotions
When It Rains, It Pours	Since it rarely rains, when it does it will be a huge storm
When Pigs Fly	Something that will never ever happen
Wine and Dine	When somebody is treated to an expensive meal
Without A Doubt	For certain
Letter X	
X marks the spot	A phrase that is said when someone
<u> </u>	<u> </u>

	finds something he/she has been looking for	
Letter Y		
You Are What You Eat	In order to stay healthy you must eat healthy foods	
You Can't Judge A Book By Its Cover	Decisions shouldn't be made primarily on appearance	
You Can't Take it With You	Enjoy what you have and not what you don't have, since when you die you cannot take things (such as money) with you	
Your Guess Is As Good As Mine	I have no idea	
Letter Z		
Zero Tolerance	No crime or law breaking big or small will be overlooked.	

> Phrasal Verbs

Phrasal Verb	Meaning	Example
Abide by	respect or obey. (the law, a decision, a rule)	If you want to stay at this school, you must abide by the rules.
Account for	explain, give a reason	I hope you can account for the money you spent!
Add up	make sense, seem reasonable	Her story just doesn't add up.
Advise against	recommend not doing something	The doctor advised him against carrying heavy loads.
Agree with	have the same opinion as somebody else.	
Aim at	point something in the direction of a target	The policeman aimed his gun at the hijacker.
Allow for	take into consideration, include in a	You'd better leave early to allow for traffic jams.

	calculation	
Appeal to	 plead or make an earnest request be attractive or interesting 	 The organizers appealed to the crowd to stay calm. A trekking holiday doesn't appeal to me.
Apply for	make a formal request for something, (job, permit, loan etc.)	job he saw advertised in the
Avail (oneself) of	take advantage of something (an opportunity)	
Back away	move backwards, in fear or dislike	When he saw the dog, he backed away.
Back down	withdraw, concede defeat	Local authorities backed down on their plans to demolish the

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		building.
Back up	 give support or encouragement make a copy of (file, program, etc.) 	 If I tell the boss we've got too much work, will you back me up? It is recommended to back up all files in a secure location.
Bail out	 pay money to secure someone's release rescue from financial difficulties 	refused to bail him
Bank on	base your hopes on someone/something	Don't forget the date. I'm banking on your help.
Beef up	improve, make more substantial	He beefed up his presentation with diagrams and statistics.
Black out	faint, lose consciousness	When he fell off the horse he blacked
		17

		out.
Block off	Separate using a barrier.	The area was blocked off during the demonstration.
Blow up	 explode; be destroyed by an explosion 	 The terrorists said the bomb would blow up at 9 o'clock. The car blew up but luckily there was nobody in it.
Boil down to	be summarized as	The problem boils down to a lack of money.
Boot up	start a computer by loading an operating system or program.	
Break away	escape from captivity	A few horses broke away from the paddock.
Break down	 go out of order, cease to function lose control of one's emotions 	 Nitish's car broke down so he had to take the bus. The parents

		broke down when they heard the bad news.
Break into	enter by force	Burglars broke into the house around midnight.
Break out	start suddenly	Rioting broke out as a result of the strike.
Break out of	escape from a place by force	Three prisoners broke out of jail.
Break up	come to an end (marriage, relationship)	After her marriage broke up, Seema went to live in London.
Bring up	raise (a child)	She stopped working in order to bring up her children.
Brush up on	improve, refresh one's knowledge of something	
Bump into	meet by accident or unexpectedly	Padma bumped into her English teacher

		at the supermarket.
Burn out	 stop (something) working become 	 The fuse has burnt out. Tom will burn
		himself out if he doesn't slow down.
Call back	return a phone call	I'll call you back as soon as possible.
Call off	cancel	The meeting was called off because of the strike.
Call on/upon	formally invite or request	I now call upon the President to address the assembly.
Calm down	become more relaxed, less angry or upset	He was angry at first but he eventually calmed down.
Carry on	continue	He carried on gardening in spite of the rain.
Carry out	1. do something as specified (a plan, an	1. The plan was carried out to
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	order, a threat) 2. perform or conduct (test, experiment)	perfection. 2. Tests are carried out to determine the efficiency of a new drug.
Carry over	postpone until later	As regards holidays, can you carry over any days from one year to the next?
Check in	register at a hotel or airport	For security reasons you have to check in two hours before your flight.
Check out	 pay one's bill and leave (a hotel) investigate 	 Is Mr. Kumar still at the hotel? No, he checked out this morning. I don't know if the address is still valid. I'll check it out.
Clam up	refuse to speak	When the teacher arrived she clammed up.
Clamp	act strictly to	The government

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down on	prevent something	has decided to clamp down on smoking in public places.
Close down	stop operating (company, restaurant, cinema).	
Come across	 find by chance appear, seem, make an impression 	 Veena came across some photographs of her grandparents in the store rooom. The candidate came across as a dynamic person during the interview.
Come forward	present oneself	The police have asked any witnesses to come forward.
Come up against	be faced with or opposed by	The project came up against a lot of criticism.
Count on	rely or depend on	I'm counting on the

	(for help)	taxi driver to find the theatre.
Cross out	remove by drawing a line through	In some exercises, you are asked to cross out the incorrect word.
Cut down on	reduce in number or size	The doctor told him to cut down on cigarettes.
Cut out	 remove using scissors stop doing something 	 She cut out a picture in a magazine. I'm going to cut out eating between meals.
Deal with	handle, take care of (problem, situation)	The manager is good at dealing with difficult customers.
Die down	calm down, become less strong	When the applause died down, she started to sing.
Do without	manage without	The shops are closed so we'll have to do without sugar.

fitbullseye.com last longer than We expected a short Drag on expected speech but it dragged on and on! write (contract, An agreement was agreement, drawn up and document) signed by the two parties. 1. Do people dress Dress up 1. wear elegant clothes up to go to the opera in your 2. disguise oneself country? 2. Children love to dress up at Halloween **Drop in** visit, usually on the I sometimes drop in way somewhere to see my grandparents on my wav home from school. **Drop off** 1. deliver someone 1. I'll drop you off at

or something

2. fall asleep

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the bus stop if you

2. Granddad often

like.

		drops off in front of the TV.
Drop out	leave school without finishing	She decided to go to art school then dropped out after the first term.
Ease off	reduce, become less severe or slow down (pain, traffic, work)	workload generally
End in	finish in a certain way; result in	Their marriage ended in divorce.
End up	finally reach a state, place or action	If he continues his misconduct he'll end up in prison.
Even out		 After a long discussion they managed to even out their differences. The road was evened out to make it safer.
Fall through	fail; doesn't happen	Our planned boat trip fell through

		because of the storm.
Figure out	understand, find the answer	I'm trying to figure out how to assemble the bookshelves.
Fill out	complete (a form/an application)	Please fill out the enclosed form and return it as soon as possible.
Find out	discover or obtain information	I'm going to call the cinema to find out what time the film starts.
Focus on	concentrate on something	The advertising campaign will focus on the quality of the product.
Figure out	understand; find a solution	We'll have to figure out a way to deliver the goods faster.
Get along (with)	be on good terms; work well with	I get along (well) with my mother-in- law.

Get at	imply	What exactly are you trying to get at?
Get away	escape	The robbers got away in a black car.
Get by	manage to cope or to survive	It's difficult to get by on a low salary.
Get in	enter	How did the thief get in?
Get into (+noun)	enter	How did the thief get into the house?
Get off	 leave (bus, train, plane) remove 	1. You should get off the bus at the main market of the town.
		2. She can't get the stain off her sweater.
Get on	board (bus, train, plane)	You can pay when you get on the bus.
Get on with (something)	continue to do; make progress	Be quiet and get on with your homework.

Get on (well) with (somebody)	have a good relationship with	I get on very well with my colleagues.
Get out	leave	How did he get out?
Get out of (+noun)	leave	How did he get out of the house?
Get out of	avoid doing something	Some husbands manage to get out of doing any housework.
Get over	recover from (illness, disappointment)	My grandmother had pneumonia but she got over it.
Get rid of	eliminate	It's difficult to get rid of old habits.
Get together	meet each other	Let's get together for lunch on day.
Get up	rise, leave bed	I usually get up at 7 o'clock.
Give up	stop doing something	Rajesh gave up smoking 5 years ago.
Go through	experience	Prashant went

		through a lot of pain after the accident.
Grow up	childhood; develop;	He grew up in a small village in the mountains.
Hand in	submit (report, homework)	All application forms must be handed in before the end of the month.
Hand out	distribute	Samples will be handed out at the end of the demonstration.
Hang out	•	Where does he hang out these days? Who does he hang out with?
Hang up	end a phone conversation	"Don't hang up. I haven't finished yet."
Hit at	aim a blow at	He hit at the wasp with the newspaper.

	attack	attacked by the others, the boy hit back.
Hit on/upon	find unexpectedly or by inspiration	She hit upon an idea for her new collection.
Hold on	 wait grip tightly 	 "Hold on please. I'll put you through to Mr. Khanna" She held on to the railing as she crossed the bridge.
Hurry up	be quick, act speedily	Hurry up! We'll miss the bus.
Iron out	resolve by discussion, eliminate differences	The meeting tomorrow will be an opportunity to iron out difficulties.
Join in	participate	She was too shy to join in the game.
Join up	1.engage in, become a member of2. meet and unite with	1. Deven was in the Army and Shekher joined up as soon as he left school.

2. The two groups of tourists joined up at the hotel. Jot down take quick notes I jotted down the address while watching the programme on TV. Keep on continue doing lt told him to be quiet but he kept on making noise. Keep up stay at the same level as someone or something up with him. Kick off begin, start The football match kicked off at 3 o'clock. Leave out omit, not mention The child's name was left out of the report. Let down disappoint You promised to			
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with level as someone or something it's difficult to keep up with him. Kick off begin, start The football match kicked off at 3 o'clock. Leave out omit, not mention The child's name was left out of the report.	Keep on	3	quiet but he kept on
kicked off at 3 o'clock. Leave out omit, not mention The child's name was left out of the report.		level as someone or	it's difficult to keep
was left out of the report.	Kick off	begin, start	kicked off at 3
Let down disappoint You promised to	Leave out	omit, not mention	was left out of the
come to the party, so don't let me down!	Let down	disappoint	so don't let me
Look after take care of A babysitter looks	Look after	take care of	A babysitter looks

		after the children when their parents go out.
Look ahead	think of the future	It's time to forget the past and look ahead.
Look down on	consider as inferior	He tends to look down on anyone who is not successful.
Look on	be a spectator at an event	Billu didn't take part in the fight. He just looked on.
Look for	try to find something	Seema went to the shops to look for a pair of shoes.
Look forward to	await or anticipate with pleasure	I look forward to seeing you soon.
Look up to	admire	He was a wonderful teacher and many students looked up to him.
Make fun of	laugh at/ make jokes about	The old lady dresses so

		strangely that the kids make fun of her.
Make up	invent (excuse, story)	Some employees make up excuses when they arrive late for work.
Mix up	mistake one thing or person for another	I don't know my neighbours' names yet. I keep mixing them up.
Move in	arrive in a new home or office	You've bought a new house? When are you moving in?
Move out	leave your home/office for another one.	My neighbour is leaving. He's moving out next Saturday.
Nod off	fall asleep	My grandfather often nods off in front of the television.
Note down	write something	I'll call the station and note down the

		departure times.
Opt out	leave a system or decide not to participate	I enjoy tennis but I'm so busy I had to opt out of the tournament.
Own up	admit or confess something	The boy owned up. He said he kicked the ball through the window.
Pass away	die	The old lady passed away peacefully.
Pass out	faint	She passed out when she heard the bad news.
Pay back	reimburse	I'll lend you Rs. 20 provided you pay me back before the end of the week.
Put off	postpone, arrange a later date	The meeting was put off because of the strike.
Put on	turn on, switch on	Could you put on the light please?
Put out	extinguish	It took a long time
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		to put out the fire.
Put up	accommodate, give somebody a bed	We can put you up if you'd like to come for a week-end.
Pick up	collect somebody	I'll pick you up at the station when you arrive.
Point out	indicate/direct attention to something	She pointed out the mistake.
Rely on	count on, depend on, trust	Don't worry. You can rely on me. I can keep a secret.
Rule out	eliminate	The police ruled out political motives.
Run away	escape from a place or suddenly leave	He ran away from home at the age of fourteen.
Run into	meet by accident or unexpectedly (also: bump into)	Sheetal ran into Meera at the shopping centre.
Run out of	have no more of something.	What a nuisance! We've run out of coffee.

Set off	start a journey	Early Saturday morning we set off for the ski slopes.
Set up	start a business	She set up her own company 10 years ago.
Shop around	compare prices	It's always wise to shop around before buying anything.
Show off	brag or want to be admired	There's Devesh showing off in his new sports car!
Show up	appear/arrive	We expected Deepak to come but he didn't show up.
Shut up (impolite)	be silent, stop talking	Oh shut up, you idiot!
Sit down	take a seat	Please come in and sit down.
Stand up	rise from a sitting position	The pupils stood up when the headmaster arrived.
Stick up for	defend	It's important to stick up for one's

		principles.
Take after	resemble, in appearance or character	5
Take care of	look after	I'll take care of your plants while you're away.
Take off	leave the ground	The plane took off at 6 a.m.
Take on	hire or engage staff	Business is good so the company is taking on extra staff.
Take out	remove; extract	She took out a pen to note the address.
Tell off	reprimand/criticize severely	The teacher told her off for not doing her homework.
Think over	consider	I'll have to think over the proposal before I decide.
Try on	wear something to see if it suits or fits	I'm not sure about the size. Can I try it on?

Turn down	refuse	I couldn't turn down an offer like that!
Use up	finish a product (so that there's none left)	The kids have used up all the toothpaste.
Vouch for	express confidence in, or guarantee something	You can give the keys to Aadi. I can vouch for him.
Watch out	be careful	Watch out! There's a car coming.
Wear out	 become unusable become very tired 	 Tina wore out her shoes visiting the city. At the end of the day Tina was worn out.
Work out	 do physical exercise find a solution or calculate something 	 I work out twice a week at the gym club. It's expensive but I haven't worked out the exact cost yet.
Wipe off	Clean (board, table).	The teacher asked Leena to wipe off

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	the board.