

PROJECT

CYBER SECURITY

Title: Password Cracking Lab

Subtitle: Using John the Ripper, Hashcat, and rockyou.txt

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1. Introduction

This lab explores password security by simulating attacks using real tools. Weak passwords are cracked using dictionary attacks, helping us understand how quickly poor password choices can be exploited.

2. Objective

- Understand password strength and weakness
- Create hashes using common algorithms
- Perform dictionary-based cracking using John the Ripper and Hashcat
- Analyze results and recommend best practices

3. Tools Used

- Kali Linux (2024.1)
- John the Ripper
- Hashcat
- rockyou.txt (dictionary)
- OpenSSL
- Terminal, nano, bash scripting

4. Understanding Passwords

Passwords are stored as hashes, not in plain text. These hashes are generated using algorithms like SHA-512, MD5, bcrypt, etc. If someone gets access to these hashes, they can try to reverse-engineer the original password.

5. Types of Password Attacks

- **Brute Force** – Tries every possible combination
- **Dictionary Attack** – Uses a list of common passwords
- **Hybrid** – Combines dictionary with rules
- **Rainbow Table** – Uses precomputed hash tables

6. Hashing Algorithms

- **MD5**: Fast but insecure
- **SHA-1**: Slightly better but broken
- **SHA-512**: Stronger, used in Linux shadow files

- **bcrypt / PBKDF2:** Slow and secure by design
-

7. Environment Setup

sudo apt update

sudo apt install john hashcat

8. Creating Sample Passwords

Create a file passwords.txt with common passwords like:

123456

password

admin

qwerty

hello123

iloveyou

abc123

test123

P@ssw0rd!

S3cuRe#2024

!LoveYou2024

My\$uper\$ecret

J@y_1234_K!

Zx7\$Bv9@Lp!

T!g3r#Roar99

R3d&Black_Cr!cket

9. Hashing with OpenSSL

Generate SHA-512 hashes with a salt:

```
while read password; do
```

```
    openssl passwd -6 -salt xyz123 "$password"
```

```
done < passwords.txt > hashes.txt
```

10. Cracking with John the Ripper

Decompress wordlist:

```
gunzip /usr/share/wordlists/rockyou.txt.gz
```

Run John:

```
john --wordlist=/usr/share/wordlists/rockyou.txt --  
format=sha512crypt hashes.txt
```

11. Verifying with --show

```
john --show hashes.txt
```

Output:

```
123456
```

```
password
```

```
admin
```

```
qwerty
```

```
iloveyou
```

12. Cracking with Hashcat

```
"hashcat -m 1800 -a 0 hashes.txt /usr/share/wordlists/rockyou.txt"
```

13. Wordlist: rockyou.txt

A famous password list from a 2009 breach with over 14 million passwords. Used by ethical hackers to simulate real-world attacks.

14. Dictionary vs Brute Force

Feature	Dictionary	Brute Force
Speed	Fast	Very slow
Realism	High (real data)	Low
Effectiveness	High for weak passwords	Guaranteed (but slow)

15. Results and Observations

- 50% of passwords cracked in under 10 seconds
 - Most cracked passwords were weak/common
 - Strong passwords (symbols + length) were safe
-

16. Weak vs Strong Passwords

Weak Password Strong Password

123456	X7!pT93\$hG1&
password	m4R@4vE2!sHf

17. Security Recommendations

- Enforce strong password policies
 - Educate users about password safety
 - Use MFA (Multi-Factor Authentication)
 - Monitor for login abuse or brute-force attempts
-

18. Real-World Use Cases

- Penetration Testing
 - Cybersecurity Audits
 - Digital Forensics
 - Education & Training
-

19. Ethical Considerations

- Use tools like John and Hashcat **only in lab environments**
 - Cracking passwords on real systems without consent is **illegal**
 - Always work under instructor or organizational supervision
-

20. Challenges Faced

- Identifying correct hash formats
 - Unzipping large wordlists
 - Long cracking time for complex passwords
 - CPU limitations during brute-force
-

21. Screenshots & Output

STEPS TO CRACK THE PASSWORDS USING THE REQUIRED TOOLS

```
jayanth@vbox: ~  
(jayanth@vbox)-[~]  
$ sudo apt update  
sudo apt install john hashcat  
[sudo] password for jayanth:  
Get:2 https://ngrok-agent.s3.amazonaws.com buster InRelease [20.3 kB]  
Get:1 http://mirror.ourhost.az/kali kali-rolling InRelease [41.5 kB]  
Get:3 https://ngrok-agent.s3.amazonaws.com buster/main amd64 Packages [8,380 B]  
Get:4 http://mirror.ourhost.az/kali kali-rolling/main amd64 Packages [21.0 MB]  
Get:5 http://mirror.ourhost.az/kali kali-rolling/main amd64 Contents (deb) [51.4 MB]  
Get:6 http://mirror.ourhost.az/kali kali-rolling/contrib amd64 Packages [120 kB]  
Get:7 http://mirror.ourhost.az/kali kali-rolling/contrib amd64 Contents (deb) [327 kB]  
Get:8 http://mirror.ourhost.az/kali kali-rolling/non-free amd64 Packages [198 kB]  
Get:9 http://mirror.ourhost.az/kali kali-rolling/non-free amd64 Contents (deb) [910 kB]  
Get:10 http://mirror.ourhost.az/kali kali-rolling/non-free-firmware amd64 Packages [10.6 kB]  
Get:11 http://mirror.ourhost.az/kali kali-rolling/non-free-firmware amd64 Contents (deb) [26.4 kB]  
]  
Fetched 74.0 MB in 1min 3s (1,176 kB/s)  
582 packages can be upgraded. Run 'apt list --upgradable' to see them.  
hashcat is already the newest version (6.2.6+ds2-1).  
hashcat set to manually installed.  
Upgrading:  
  john john-data  
Summary:  
  Upgrading: 2, Installing: 0, Removing: 0, Not Upgrading: 580  
  Download size: 37.4 MB  
  Space needed: 582 kB / 2,820 MB available
```

```
jayanth@vbox: ~  
(jayanth@vbox)-[~]  
$ nano passwords.txt  
  
(jayanth@vbox)-[~]  
$ touch hashes.txt  
  
(jayanth@vbox)-[~]  
$ while read password; do  
  openssl passwd -6 -salt xyz123 "$password"  
done < passwords.txt > hashes.txt  
  
(jayanth@vbox)-[~]  
$ cat hashes.txt  
$6$xyz123$NEt54QQSEaL6xoUyLjorqdIH0/BcII6gQFt4V3wVe7eEhENE7zaIdy6RyZ8dpqr57dWKEdnk.8Cz4.76oxKRA/  
$6$xyz123$/zssOQATjdDIFYawwaTGZCUkuZUyxVlLL1GS9hnIeM8cFwPi28gMmyb4PsQa3TXldaokRXZgl9Lp/1.LVQGkq1  
$6$xyz123$dyAAvcyDIJsDmv.stFX3Tj/whZPqaavQH0ZgR4S/RvjYS0oCvzlB378YrzILoCBDZxQlcMh8twYfQIkARC.wo1  
$6$xyz123$yolKcGNI8ilyJdp09os3SRu0hXxLnt0DduNL50/4LASjr0r5gPVQoGlmefLK.SUjhAikhp9zYlBE6VojnPof4/  
$6$xyz123$gUWux/ah5pgHX0vwC7u5FI5cpOrJmHgsIHbHMO9.zZ0jqfX2lwR6QJ5kdmljqYGK4svlV.h8UrTvPamlxQYN3.  
$6$xyz123$um9G1WRlDx8v0YBCbZ.Ub6oN39EXWgv3Hx3bAXNRtr7gNjoemKLcGtzCxil8hWg94eMX4zD0ji8kDg7A6rVXX.  
$6$xyz123$iYV6F/FzFcLI/1Qv.gHDns.Q.6JTEwKehVZUDYa1y0U3YUy5e0JUUYpJx/egp5.7/BqtNPaVW4.RDWW7Iio8P.  
$6$xyz123$dtI/VBCLl56HtEtH0CNJKFnmUwAYDqZDU9WpgWMxVaGA53do/PG09M4Sk6nxSA9HF4WvLnTuLP8dTQ1a9yAkf1  
$6$xyz123$hGEGQVkpCzVjxoGrv6NpXnsVB0v/gRwbYhHZBIRDJNjFUmIDeUJoixPffYQlPUnlJ6U.DfRcCFSj23/LPI0i1  
$6$xyz123$55StqYvA1a3PlV7KGCa5boSSs2pBN5ybeVGxhinLTQvc5Bu.XZjv0k3KLHdBZjipq43TH9ZCfRctslEiM//Rk/  
$6$xyz123$qmw/4xKfCCjKrYFUWff65c9RGmgACLHv9Ds2nLPR6hmohRJcqhLxy.92BRXJFSbrstKgYHINnto9HXTIJ731
```



```
jayanth@vbox: ~  
(jayanth@vbox)-[~]  
$ cat hashes.txt  
$6$xyz123$Net54QQSEaL6xoUyLjorIdqIH0/BcII6gQFt4V3wVe7eEhENE7zaIdy6RyZ8dpqr57dWKEdnk.8Cz4.76oxKRA/  
$6$xyz123$/zssOQATjdDIFYawwaTGZCUkuZUyxVLL16S9hnIeM8cFwPi28gMmyb4PsQa3TXldaokRXZgl9Lp/1.LVQGkq1  
$6$xyz123$dyAAvcyDIJsDmv.stFX3Tj/whZPqaavQH0ZgR4S/RvjYS0oCvzLB378YrzILOCBdZxQlcMh8twYfQIkARC.wo1  
$6$xyz123$yolKcGNI8ilYjdp09os3SRu0hXxLnt0DduNL50/4LASjr0r5gPVQoGlmefLK.SUjhAikhp9zYlBE6VojnPof4/  
$6$xyz123$gUWux/ah5pgHX0vwC7u5FI5cpOrJmHgsIHbHMO9.zZ0jqfX2lwR6QJ5kdmljqYGK4svlV.h8UrTvPamlxQYN3.  
$6$xyz123$um9G1WRlDx8v0YBCbZ.Ub6oN39EXWgv3Hx3bAXNRtr7gNjoemKLCgtzCxil8hWg94eMX4zD0jI8kDg7A6rVXx.  
$6$xyz123$iYV6F/FzFcLI/1Qv.gHDns.Q.6JTEwKehVZUDYa1y0U3YUy5e0JUUYpJx/egp5.7/BqtNPaVW4.RDWW7Iio8P.  
$6$xyz123$dtI/VBCL156HtEtH0CNJKFnmUwAYDqZDU9WpgWMxVaGA53do/PG09M4Sk6nxSA9HF4WvLnTuLP8dTQ1a9yAkf1  
$6$xyz123$hGEGQvKpczVjxoGrv6NpXnsVB0v/gRwbYhHBZIRDJNjFumiDEuJoiXPffYQqLPUnlJ6U.DfRcCFSj23/LPI0i1  
$6$xyz123$55StqYvA1a3PLV7KGCa5boSSs2pBN5ybeVGxhinLTQvc5Bu.XZjV0k3KLHdBZjipq43TH9ZCfRctslEiM/Rk/  
$6$xyz123$qmw/4xKfCCjKrYFUWff65c9RGmgACLHv9Ds2nLPR6hmohrJJcqhlxy.92BRXJFSbrstKgJYHINnto9HXTIJ731  
$6$xyz123$05kKA5UpfmdicGXrCcyIY0YsR9/gPPEwbD2m6NCKX.GEtUiBy8qCcBPSyb5oJt9v9ChVeVbr8Fmq9Jg0ejxLI.  
$6$xyz123$lkqCAX7HuXw852u6zMJj52Q4tCd1n0N2s9v4TFkI38mAn.9Rpd5RCh15EuLOWFQnediwWFT.KyNKpvuWJ5ZJ5/  
$6$xyz123$dWsw075k/nTs5fCqUgvc2LWspYa/0ZdExN1Bi.U00U4R2Nd.3c9EMmZTV8J200b9jCEFPX.jafnIkqBHSntDh1  
$6$xyz123$x6HMDfcL2EeC.rPfWgEc3zwt.DxETSSALzf/Y2jTJfZNoKE/UdS6ShXM4PVR2S58ctUqTk4QIjHk.IyMOWUj/  
$6$xyz123$Hg07PMhJy.OxXbgVMbbLJnQBQC.dFyL9qDy/jETsI84075rINlJwgs7/J2A.bhjnesjvtAc.1xYRLZ1ATK/7.1  
<NULL>  
  
(jayanth@vbox)-[~]  
$ echo "jayanth:$6$xyz123$Net54QQSEaL6....19000:0:99999:7:::" > shadow.txt  
  
(jayanth@vbox)-[~]  
$ john --wordlist=/usr/share/wordlists/rockyou.txt --format=sha512crypt hashes.txt  
Created directory: /home/jayanth/.john
```

```
jayanth@vbox: ~  
$6$xyz123$Hg07PMhJy.OxXbgVMbbLJnQBQC.dFyL9qDy/jETsI84075rINlJwgs7/J2A.bhjnesjvtAc.1xYRLZ1ATK/7.1  
<NULL>  
  
(jayanth@vbox)-[~]  
$ echo "jayanth:$6$xyz123$Net54QQSEaL6....19000:0:99999:7:::" > shadow.txt  
  
(jayanth@vbox)-[~]  
$ john --wordlist=/usr/share/wordlists/rockyou.txt --format=sha512crypt hashes.txt  
Created directory: /home/jayanth/.john  
Using default input encoding: UTF-8  
Loaded 16 password hashes with no different salts (sha512crypt, crypt(3) $6$ [SHA512 128/128 SSE2  
2x])  
Cost 1 (iteration count) is 5000 for all loaded hashes  
fopen: /usr/share/wordlists/rockyou.txt: No such file or directory  
  
(jayanth@vbox)-[~]  
$ ls /usr/share/wordlists/  
amass  dirbuster  fasttrack.txt  john.lst  metasploit  rockyou.txt.gz  wfuzz  
dirb   dnsmap.txt  fern-wifi     legion    nmap.lst    sqlmap.txt      wifite.txt  
  
(jayanth@vbox)-[~]  
$ sudo gunzip /usr/share/wordlists/rockyou.txt.gz  
  
(jayanth@vbox)-[~]  
$ ls /usr/share/wordlists/rockyou.txt
```

```
jayanth@vbox: ~  
/usr/share/wordlists/rockyou.txt  
  
(jayanth@vbox)-[~]  
$ john --wordlist=/usr/share/wordlists/rockyou.txt --format=sha512crypt hashes.txt  
  
Using default input encoding: UTF-8  
Loaded 16 password hashes with no different salts (sha512crypt, crypt(3) $6$ [SHA512 128/128 SSE2  
2x])  
Cost 1 (iteration count) is 5000 for all loaded hashes  
Press 'q' or Ctrl-C to abort, almost any other key for status  
123456 (?)  
password (?)  
iloveyou (?)  
abc123 (?)  
qwerty (?)  
hello123 (?)  
test123 (?)  
admin (?)  
8g 0:00:08:40 1.33% (ETA: 10:09:11) 0.01537g/s 430.6p/s 430.6c/s 3520C/s bryana1..brinker  
8g 0:00:08:44 1.33% (ETA: 10:10:39) 0.01526g/s 429.6p/s 429.6c/s 3511C/s aveda1..astone  
8g 0:00:08:47 1.34% (ETA: 10:10:48) 0.01517g/s 429.5p/s 429.5c/s 3510C/s PRETTYBOY..Mickey2  
8g 0:00:08:51 1.35% (ETA: 10:10:41) 0.01506g/s 429.8p/s 429.8c/s 3512C/s 26062007..25253  
8g 0:00:08:52 1.35% (ETA: 10:10:42) 0.01503g/s 429.8p/s 429.8c/s 3512C/s 21111..202121  
8g 0:00:08:53 1.36% (ETA: 10:10:41) 0.01500g/s 429.9p/s 429.9c/s 3512C/s 190832..181518  
8g 0:00:08:54 1.36% (ETA: 10:10:42) 0.01497g/s 429.9p/s 429.9c/s 3512C/s 140833..132412  
8g 0:00:08:55 1.36% (ETA: 10:10:44) 0.01495g/s 429.9p/s 429.9c/s 3512C/s 112469..111159  
8g 0:00:08:56 1.36% (ETA: 10:10:45) 0.01492g/s 430.0p/s 430.0c/s 3513C/s 08102006..071118  
8g 0:00:08:57 1.37% (ETA: 10:10:26) 0.01488g/s 430.0p/s 430.0c/s 3513C/s 011575..01032526  
Use the "--show" option to display all of the cracked passwords reliably
```

```
jayanth@vbox: ~  
  
(jayanth@vbox)-[~]  
$ john --wordlist=/usr/share/wordlists/rockyou.txt --format=sha512crypt hashes.txt  
  
Using default input encoding: UTF-8  
Loaded 16 password hashes with no different salts (sha512crypt, crypt(3) $6$ [SHA512 128/128 SSE2  
2x])  
Remaining 8 password hashes with no different salts  
Cost 1 (iteration count) is 5000 for all loaded hashes  
Press 'q' or Ctrl-C to abort, almost any other key for status  
0g 0:00:08:54 1.60% (ETA: 08:39:03) 0g/s 505.8p/s 505.8c/s 4046C/s jayson07..jatnna  
Session aborted  
  
(jayanth@vbox)-[~]  
$ john --show hashes.txt  
  
?:123456  
?:password  
?:admin  
?:qwerty  
?:hello123  
?:iloveyou  
?:abc123  
?:test123  
  
8 password hashes cracked, 8 left  
  
(jayanth@vbox)-[~]  
$
```



```
Apps Places Jul 10 11:51 PM 3% 59% ↑ 0.0 kB ↓ 0.0 kB
jayanth@vbox: ~
$6$xyz123$qmw/4xKfCCjKrYFUWff65c9RGmgAClHv9Ds2nLPR6hmohRJJCqhlxy.92BRXJFSbrstKgYHINnto9HXTIJ731
$6$xyz123$05kKA5uPfmdicGXrCcyIY0YsR9/gPPEwbD2m6NCKX. GetUiBy8qCcBPSyb5oJt9v9ChVeVbr8Fmq9Jg0ejxLI.
$6$xyz123$lkqCAX7HuXw852u6zMJj52Q4tCd1n0N2s9v4TFkI38mAn.9Rpd5RCh15EuLOWFQnediwWFT.KyNKpvuWJ5ZJ5/
$6$xyz123$dWsw075k/nTs5fCqUgvc2lWspYa/OZdExN1Bi.U00U4R2Nd.3c9EMmZTV8J200b9jCEFPX.jafnIkqBHSntDh1
$6$xyz123$x6HMDfcL2EeC.rFpfWgEc3zwt.DxETSsALzf/Y2jTJfZNoKE/UdS6ShXM4PVR2S58ctUqTk4QIJhK.IyMowUj/
$6$xyz123$Hg07PMhJy.0xXbgVMbbLJnQBQC.dFyL9qDy/jETsI84075rINlJwgs7/J2A.bhjnesjvtAc.1xYRLZ1ATK/7.1
<NULL>

(jayanth@vbox)-[~]
$ echo "jayanth:$6$xyz123$Net54QQSEaL6....:19000:0:99999:7::" > shadow.txt

(jayanth@vbox)-[~]
$ john --wordlist=/usr/share/wordlists/rockyou.txt --format=sha512crypt hashes.txt

Created directory: /home/jayanth/.john
Using default input encoding: UTF-8
Loaded 16 password hashes with no different salts (sha512crypt, crypt(3) $6$ [SHA512 128/128 SSE2
2x])
Cost 1 (iteration count) is 5000 for all loaded hashes
fopen: /usr/share/wordlists/rockyou.txt: No such file or directory

(jayanth@vbox)-[~]
$ ls /usr/share/wordlists/

amass  dirbuster  fasttrack.txt  john.lst  metasploit  rockyou.txt.gz  wfuzz
dirb   dnsmap.txt  fern-wifi     legion    nmap.lst    sqlmap.txt      wifite.txt

(jayanth@vbox)-[~]
```

22. Group Contributions

- **Dhanwi** – Documentation & testing
- **Jayanth** – Implementation & scripting
- **Hrushikesh** – Troubleshooting & setup
- **Aditya** – Research & formatting

23. Summary

This lab showed how common passwords can be easily cracked. It gave insight into real attack methods and the importance of password security.

24. Conclusion

Password security is critical in today's digital world. This lab proved that weak passwords are a serious vulnerability, and strong password practices are essential.

25. References

- <https://www.openwall.com/john/>
 - <https://hashcat.net/wiki/>
 - <https://en.wikipedia.org/wiki/RockYou>
 - Kali Linux Documentation
 - Cybersecurity books and training guides
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