

Based on the provided array, the user potentially has the following diseases: 1. Enlarged Cardiomeastinum: Symptoms may include chest pain, shortness of breath, and fatigue. Lifestyle changes may include quitting smoking, maintaining a healthy weight, and managing stress. Treatment options may include medication, surgery, or other interventions depending on the underlying cause. 2. Cardiomeagaly: Symptoms may include fatigue, shortness of breath, swelling in the legs, and irregular heartbeat. Lifestyle changes may include following a heart-healthy diet, exercising regularly, quitting smoking, and managing stress. Treatment options may include medication, lifestyle changes, or surgery depending on the severity and underlying cause. 3. Lung Lesion: Symptoms may vary depending on the specific type of lung lesion. It can be associated with coughing, chest pain, shortness of breath, and coughing up blood. Lifestyle changes may include quitting smoking, avoiding exposure to environmental toxins, and maintaining a healthy lifestyle. Treatment options may include medication, radiation therapy, or surgery depending on the nature of the lesion. 4. Edema: Symptoms may include swelling in the legs, ankles, or feet, weight gain, and shortness of breath. Lifestyle changes may include reducing salt intake, exercising regularly, and elevating the legs. Treatment options may include medication, diuretics, or other interventions depending on the underlying cause. 5. Pleural Effusion: Symptoms may include chest pain, shortness of breath, coughing, and fever. Lifestyle changes may include quitting smoking, maintaining a healthy weight, and managing underlying conditions such as heart failure or infections. Treatment options may include draining the fluid through a needle or tube, medication, or surgery depending on the cause and severity. It is important to note that this is a general overview and a proper diagnosis should be made by a healthcare professional based on a thorough evaluation of the individual's symptoms, medical history, and diagnostic tests.