

# Forecasting Models in Machine Learning: Zero to Industry-Level Guide

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## 1. What is Forecasting?

Forecasting means predicting future values using past data—especially important when data is collected in a time sequence (time series). Unlike just “predicting,” forecasting focuses on trends, seasonality, and natural order in data.

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## 2. Why Use Forecasting?

**Planning:** Staffing (hospitals, call centers), inventory (retail/wholesale), cash flow (finance).

**Optimization:** Reduce waste or shortage by knowing what’s coming.

**Risk Reduction:** Make proactive decisions, anticipate risks.

**Automation & Data Product:** Real-time forecasting supports autonomous operations (smart grids, AI-powered trading).

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## 3. When Is Forecasting Used?

Any situation requiring future estimates based on past patterns:

- **Retail:** Demand, sales, supply chain
  - **Energy:** Consumption/load
  - **Healthcare:** Admissions, resource allocation
  - **Finance:** Stock/crypto prices, credit, insurance claims
  - **Web/Apps:** Traffic load, user activity
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## 4. Key Forecasting Concepts

- **Time Series:** Data points ordered by time (hourly, daily, monthly)
  - **Target Variable:** What you want to forecast (e.g., daily sales)
  - **Features/Exogenous Variables:** Context that influences the target (e.g., holidays, prices, temperature)
  - **Lag:** Past values used as features
  - **Trend:** Upward or downward tendency over time
  - **Seasonality:** Regular repeating patterns (e.g., weekends, holidays)
  - **Stationarity:** Properties don’t change over time (often required for classic models)
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## 5. Major Industry-Standard Forecasting Models

### A. Classic/Statistical Models

- **Naive:** Last observed value as forecast.
- **Moving Average:** Average of previous N steps.
- **ARMA/ARIMA:** Autoregressive (use past values), Moving Average, and Integrated (difference to remove trend).
- **SARIMA:** ARIMA with seasonality.
- **Exponential Smoothing/Holt-Winters:** Weight recent observations more; support trend and seasonality.

### B. Machine Learning Models

- **Linear Regression:** Use features (lag, calendar, exogenous) to predict future.
- **Tree Models (Random Forest, XGBoost, LightGBM):** Can use complex dependencies, more than just time info.
- **Prophet (by Facebook):** User-friendly—captures trend, seasonality, holidays.
- **Deep Learning:** LSTM, GRU, Transformer—handle long sequences, nonlinearities, many predictors.

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## 6. Mathematical Formulation

### General TS Model

$$y_{t+h} = f(y_t, y_{t-1}, \dots, y_{t-p}, X_t, X_{t-1}, \dots) + \epsilon$$

- $y_{t+h}$ : forecast at future time ( $h$  steps ahead)
- $f$ : the model (can be ARIMA, ML, neural net, etc)
- $X_t$ : extra variables ("exogenous")
- $\epsilon$ : error/noise

### Example: AR(1) Model

$$y_t = \phi y_{t-1} + \epsilon_t$$

### Prophet Model (Additive)

$$y(t) = g(t) + s(t) + h(t) + \epsilon_t$$

- $g(t)$ : trend
- $s(t)$ : seasonality
- $h(t)$ : holiday effect

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## 7. Complete Forecasting Pipeline

## Step 1: Data Understanding & Exploration

Load data, plot trends, detect missing, outliers.

### Example code:

```
import matplotlib.pyplot as plt
plt.plot(df['date'], df['value'])
```

## Step 2: Feature Engineering

Create lag features, rolling means, categorize dates, include external predictors.

### Example code:

```
df['lag_1'] = df['value'].shift(1)
df['rolling_7'] = df['value'].rolling(7).mean()
```

## Step 3: Data Splitting

Split by time order (train on past, test on future).

## Step 4: Model Selection & Fitting

### Classical: statsmodels (ARIMA, SARIMA)

```
from statsmodels.tsa.arima.model import ARIMA
model = ARIMA(df['value'], order=(1,1,1))
result = model.fit()
```

### Prophet:

```
from prophet import Prophet
df_prophet = df.rename(columns={'date':'ds','value':'y'})
m = Prophet()
m.fit(df_prophet)
```

### ML (Random Forest/XGBoost):

```
from xgboost import XGBRegressor
model = XGBRegressor()
model.fit(X_train, y_train)
```

## Step 5: Prediction

Generate forecasts on test set (or future horizon)

### Example code:

```
forecast = result.forecast(steps=10)
```

## Step 6: Evaluation (Key Metrics)

- **MAE:** Average absolute error
- **RMSE:** Penalizes large errors more
- **MAPE:** For percent errors (be careful with zeros)

### Example code:

```
from sklearn.metrics import mean_absolute_error
mae = mean_absolute_error(y_test, y_pred)
```

Step 7: Visualization

Plot predictions vs actual

Plot residuals (should look random, not show trend)

8. When to Use Which Model?

- **Data is short, linear, or well-behaved:** ARIMA/SARIMA
- **Clear, strong seasonality or holidays:** Holt-Winters, Prophet
- **Multiple predictors, complex relationships, nonlinearities:** Tree models, XGBoost
- **Long sequences, lots of training data:** LSTM, GRU, Transformer

9. Final Best Practices

- Always hold out some “future” data for testing
- Feature engineering (lags, rolling stats, calendar, and exogenous variables) is often more important than the model used
- Visualize everything: trends, predictions, errors
- Watch out for data leakage (using future info to predict the past)

Summary Table: Application Domains

Domain	What is Forecasted	Typical Models
Retail	Sales/Demand	SARIMA, Prophet, XGBoost
Energy	Load, Consumption	ARIMA, LSTM, XGBoost
Finance	Stock/Price/Risk	ARIMA, LSTM, Random Forest
Healthcare	Admissions, Disease Spread	Prophet, SARIMA, ML
Web Traffic	Visits, Server Load	Prophet, LSTM, Tree Models

Table 1: Application domains and typical forecasting models