

Insights Club Newsletter

Surrounded by Data, Starved for Insights!

WORLD ENVIRONMENT DAY



On **5th June 2023**, The **Nature and Trekking Club** of VIT Bhopal, under the guidance of Club Coordinator **Dr. Saurav Prasad**, organized the **World Environment Day** event. The event proved to be a significant initiative to advocate for more **tree plantations** and raise **environmental awareness** among the students, faculty members and staff alike.

The event kickstarted with a **tree-plantation drive** where club participants assembled near the **pond area**, equipped with young plants and gardening tools. **Skilled horticulturists** provided their **expertise** to the members, offering **valuable insights** on proper **planting methods** and maintenance techniques.

Furthermore, club members organized an **awareness exhibition** in **AB 011**, showcasing thought-provoking posters created by students **encouraging environmental consciousness**. They portrayed the many aspects of **nature preservation**, such as the **protection of endangered species**, the **significance of biodiversity** and the efforts to address **ecological deterioration**. A **sincere letter** penned by the students of the **22nd batch**, highlighting the **pressing climate crisis** and **proposing practical solutions**, was a significant moment of the exhibition. The audience gained a **broader understanding** and **local perspective** of the severity of the issue through this presentation, encouraging empathy and action among them.

As a token of appreciation, the club **gifted saplings** to the supportive **faculty members**, who provided their **assistance** and **mentorship** in **advancing environmental consciousness** within the campus community.

In doing so, the club expressed their **endless gratitude** and cultivated a **common goal** of **shared responsibility** towards nature. They also presented **postcards** showcasing scenic **nature photographs** and **meaningful messages** highlighting the significance of being a responsible steward of nature to all the attendees.

The event was a **success** and left a mark on the memories of all those who attended. The event **inspired** individuals to care for the environment, reminding them that even small actions make a big impact, fostering a **sense of responsibility** for a **positive world**.



BREAKING THE CHAINS

On **26th July 2023**, the **Meraki Club**, in collaboration with the **Health-o-Tech Club**, successfully organized the '**Breaking The Chains**' event at the **auditorium** on the occasion of '**International Day Against Drug Abuse and Illicit Trafficking**'.

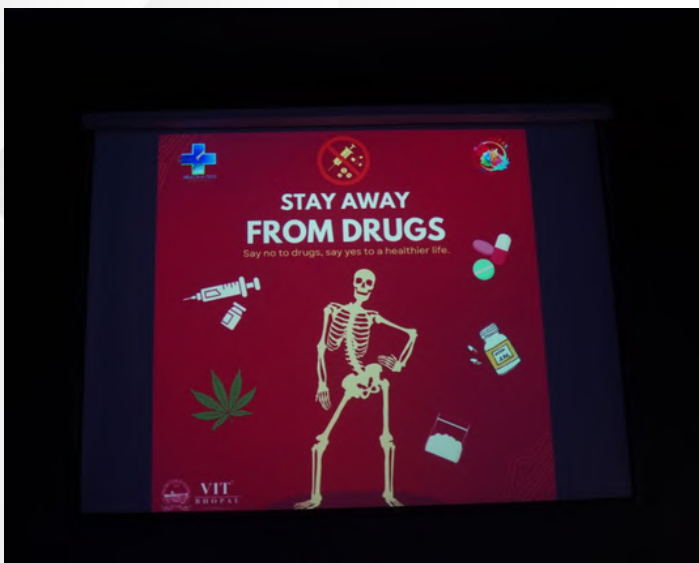
The venue was decorated with **handmade lanterns** and **fairy lights**, providing a **mesmerizing atmosphere**.

Additionally, there was a **student-made art exhibit** at the end of the hall.

The event's chief guest, **Dr. Rupal Dubey**, spoke **against drug usage** and its **pervasive presence** in the **adolescent community**.

The event offered students a variety of **enjoyable activities**, such as a **compelling drama**, captivating **dance performances**, and a **fun quiz** that assessed audience comprehension of drug use. The **Alive band** also delivered a **captivating performance** that featured thrilling mixes and beatboxing.

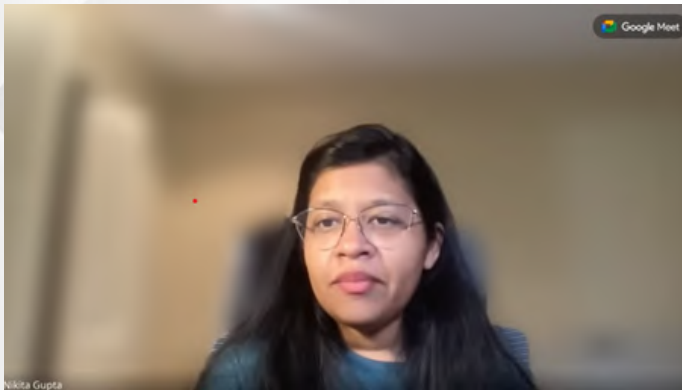
The event concluded with the **prize distribution** of the **quiz** and **art exhibition winners**. The program received a ton of **positive feedback** from the audience and was a tremendous hit with the student body.



PAT WEBINARS

VIT Bhopal Placement Cell arranged a series of insightful **master classes**, hosting **industry experts**, **recruiters**, and **professionals** from various domains. These sessions aimed to equip students with **valuable insights** and **skills** to **excel** in the **competitive job market**.

On **June 20, 2023**, **Ms. Nikita Gupta**, a **senior recruiter** at **Uber**, enlightened the audience on the significance of maintaining an **impressive LinkedIn profile**. She emphasized that **recruiters** often **scout the platform** to learn more about **potential candidates** and their **achievements, projects, and skills**. Furthermore, she addressed the common concern about **CGPA's significance**. While academic performance matters, Ms. Nikita highlighted that **practical projects** and **relevant experiences** carry immense weight. Demonstrating the ability to **apply knowledge** through **internships** and **projects** can make a significant difference in the hiring process.



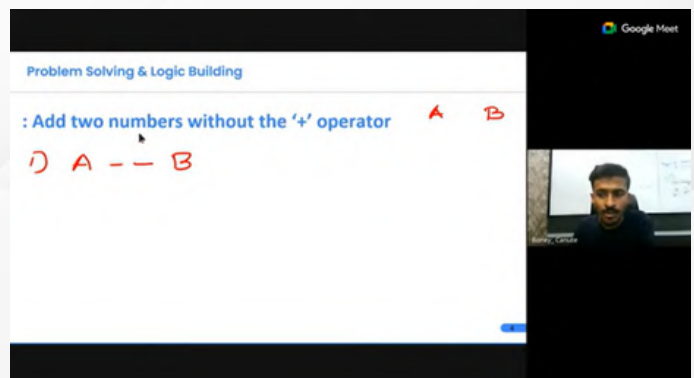
On **22nd June**, the **master class** featuring **AI experts Mr. George Roth** and **Mr. Nisarg Kadam** provided insights into **handling failures** and **embracing** them as **opportunities for growth**. They encouraged students to **learn from setbacks**, emphasizing that **resilience** and **determination** are essential for **success**. For freshers, the session offered **valuable tips** on starting their careers on the right foot. It included guidance on creating **impressive resumes**, **practising effective communication**, and **understanding healthy competition**.

Another master class, led by **Mr. Ganesh Ramakrishnan** on the **28th of June**, emphasized the importance of preparation for **technical interviews**. Participants learned about **crucial Data Structures and Algorithms (DSA) concepts** for interviews. Mr. Ramakrishnan shared **tips and tricks** for **mastering technical questions**, stressing the value of a **strong DSA foundation**.



A **Masterclass** by **Mr. Boney Canute** took place on the **30th of June**, where he shared **essential tips** and the significance of **basic DSA in interviews**.

On **25th June 2023**, **Mr. Aditya Zutshi** conducted a **comprehensive interview master class**, offering **essential insights** to succeed in **job interviews**. He emphasized the significance of **confidently articulating one's skills** and **personality traits**. Mr. Zutshi highlighted the **STAR method**, which involves framing answers using **Situation, Task, Action, and Result**, to demonstrate **problem-solving abilities**. He encouraged students to **actively listen** to interviewers, be honest about their knowledge, and seek clarity when needed. Mr. Aditya stressed the **importance** of making a **positive first impression** and **maintaining engaging conversations** to leave a lasting impact on interviewers.



TECHNICAL

ASTRONOT

The **TechnoMech Club** of VIT Bhopal hosted a **fun space-themed event, AstroNot**, on **June 08, 2023**. The event included a variety of exercises designed to **test participants' cognitive and physical talents** to imitate the experience of **becoming an astronaut**.

Competitors had to embark on a **treasure quest** in the first round to **find their teammates** with the **same codes**. The second phase included a **response time exam** to assess the **contestants' reflexes**, which qualified them as astronauts.

Further, a **quiz** focused on **astronomical and space questions** took place to **assess the participants' expertise** in this field. The candidates' precision and **talents** were evaluated in the **final round** when they had to use the **SpaceX virtual simulator** to land a space shuttle on its dock. Final scores were added from all the rounds to determine the winner.



Yash Wani (21BCE11687) bagged the **first prize**, while **Tanish Bhandwalker** (21BCY10076) received the **second**. The **third prize** was a tie between **Charul Srinivas** (21BCE11077) and **Swati** (21BCY10210). All the winners received **gift vouchers**. The event was **enjoyable and educational** for the attendees.

BEYOND THE BOUNDARIES

The **Insights Club** of VIT Bhopal conducted the **online event - "Beyond Boundaries-Unleash your Potential"** on **18th June 2023**. It aimed to enhance attendees' **knowledge of hackathons, competitions, treasures, and Professional Networking** by providing valuable insights and expertise.

The event started with **introductions**, as the attendees met the esteemed guest and expert speaker for the event - **Mr. Praveen Kumar Purushothaman**. He shared his **12+ years of experience in Web Development** based on which he prioritized **analyzing strengths, overcoming challenges, and accessing resources** to excel in competitions.



The program was **highly engaging** and power-packed with **winning strategies**, alternative competition formats like treasure hunts, and Q&A sessions. Furthermore, it proved to be a very insightful session, as the participants gained **valuable knowledge on problem-solving skills**, utilizing strengths, and accessing resources effectively.

The event was a **grand success**, and the audience was left with a **fresh new perspective** to face future challenges while equipping them with problem-solving and networking skills, making them feel **empowered** and confident regarding their **abilities and competencies**.

TECHNICAL

GEEK RUMBLE



The **GeeksForGeeks Student Chapter** of VIT Bhopal successfully organised a **three-round event, Geek Rumble**, on **June 16, 2023**, at **AB-205**. The event aimed to **test the Aptitude and coding skills** of the participants, with the **winners** receiving **attractive rewards** in the form of **GfG merchandise** and **Coupons**. The event encompassed **three rounds**, starting with the **First round**, an **Aptitude Test** that challenged participants with **20 logical thinking and reasoning questions**. The **40-minute test** acted as a **brain warm-up**, setting the tone for the subsequent rounds.

The **Second Round**, named The **Coding Test**, was a **90-minute round** and comprised **five coding questions** ranging in difficulty from **Easy to medium**. A **game session** was organized after the **lunch break** to lighten the **competitive atmosphere**, featuring entertaining

challenges like **translating movie names** between Hindi and English. **Udit Tyagi** emerged as the **game-winner**, receiving **GfG merchandise** as a reward. Before the commencement of the **final round**, the **results** were announced for the **Second Round**. Teams were **screened** based on their **performance**, and the **top 10 Teams** made it to the **next round**. The participants moved to **advanced-level questions**, with the longest duration of **120 minutes** in the third round. Participants solved **five coding questions** ranging in complexity from **medium to advanced**.

The final results of the event were declared the following day after meticulous analysis and evaluation. **Team Matrix Escape**, comprising **Aman Kumar, Sairaj Kulkarni, and Vinayak Mishra**, secured the prestigious **first place**. **Team Elite Achievers**, consisting of **Aryan Rai and Ankush**, achieved the **second position**, while **Team Ghosted**, represented by **Mohit Sharma, Kunal Saini, and Ujjawal Goyal**, claimed the third spot. The winners received **GfG merchandise** and coupons. It was an enriching experience for everyone.

The **Geek Rumble** proved to be a **successful and exhilarating** event, challenging participants' abilities in **Aptitude and Coding** while instilling a sense of achievement. Furthermore, it allowed the participants to evaluate how well they could perform in time-bound programming situations and handle pressure.

TECH dAlgest MAGAZINE

The **AI Club** of VIT Bhopal University recently founded the **Tech dAlgest** magazine to cover the **latest breakthrough** and **innovative ideas** in the **AI industry**. Under the leadership of **Argish Abhangi**, the **Editorial Team** of the AI Club created a **remarkable publication** with the **aid of talented designers, content writers, and proofreaders**. Their unwavering dedication to providing **top-notch content** upheld the esteemed standards of the university, making The Tech dAlgest a **valuable resource** for AI enthusiasts, professionals, and curious minds alike.

It also covers the subjects of **emerging figures, novel technologies, and future trends** in the **AI landscape**. In addition, the magazine suggests **movies** that **explore the essence of AI themes** and offers **intriguing facts**. This magazine provides readers with a glimpse into a world governed by artificial intelligence, and they can stay **up to date** with the **latest breakthroughs** and immerse themselves in the ever-evolving landscape of AI. With its blend of formality and fun, The Tech dAlgest leaves an **indelible impression** on its readers, keeping them informed and entertained.

TECHNICAL

VIVA LA BIOENGINEERING

Viva La BioEngineering emerged as an enlightening guide, crafted by **The BioEngineering Club** at VIT Bhopal, showcasing the **captivating realm** of the **multidisciplinary field of Bioengineering**.

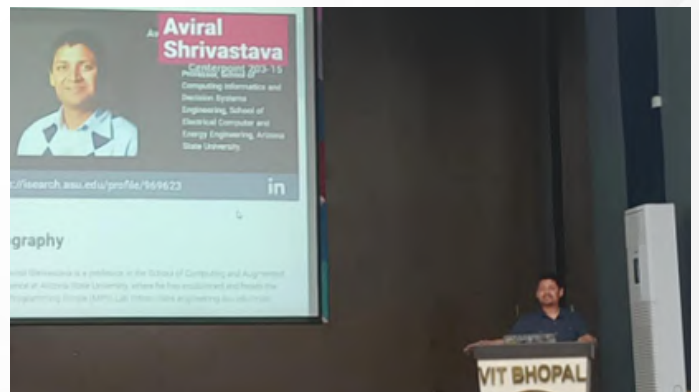
Within its artfully depicted pages, readers embark on a transformative journey, where the **intricate fusion of biology and engineering** ignites a **profound revolution**, influencing **healthcare, agriculture, environmental sustainability**, and various other domains. The magazine showcases the **latest advancements, cutting-edge research**, and **innovative applications** in this burgeoning field. Moreover, **Viva La BioEngineering** seeks to **dispel the prevalent misconception** that **Bioengineering** is merely synonymous with **Biotechnology**. Through a comprehensive exploration of distinct branches, including biomedical engineering, biomaterials, synthetic biology, and bioinformatics, the publication provides a **holistic understanding** of this **dynamic and multifaceted discipline**. Under the discerning guidance of **Chief Editor Soujatya Mondal**, the devoted team of Viva La BioEngineering **skillfully curates a captivating array of articles, features, and insights**. From thought-provoking pieces like **"The Rings of Power"** to intriguing explorations of **"The Zombie Fungus: Myth or Reality?"**, the magazine invites readers on an **enthraling expedition** into the **boundless potential and possibilities** of Bioengineering.

As an **illuminating publication**, Viva La BioEngineering sheds light on the endless possibilities and transformative impact of Bioengineering, inspiring both **enthusiasts and novices** alike to **delve deeper** into this cutting-edge field.



DLAS USING BOTTLENECK ANALYSIS- GUEST LECTURE

The guest lecture on **'An Agile and Explainable Exploration of Efficient HW/SW Codesigns of Deep Learning Accelerators Using Bottleneck Analysis'** was held on **23rd June 2023** in the auditorium. The speaker for the session was **Professor Aviral Shrivastava**, a **full-time professor** at the **School of Computing and Augmented Intelligence** at **Arizona State University**, who founded the **Make Programming Simple Lab** and now leads it. Professor Aviral received his Bachelor's in Computer Science and Engineering from the Indian Institute of Technology, Delhi, while also having done his doctorate in Information and Computer Science and Technology from the University of California, Irvine. Currently, he is **conducting his research work** on **making programming simple** for embedded and cyber-physical systems.



Esteemed faculties, Dean of the School of Computer Science and Engineering - **Dr. S. Poonkuntran**, Assistant Director of International Relations - **Dr. Sugavaneshwar R P**, and Head of IoT Club - **Dr. Ankur Jain** attended the lecture.

The lecture started enthusiastically with **Dr. Sugavaneshwar** introducing Professor Aviral to the session. Professor Aviral discussed his **ongoing research work** and its prospects. Notable topics covered included - **accelerated computing, machine learning accelerators, delay automation in AI car models, bottleneck model, black box and grey box**, and the methodology for an **efficient codesign**.

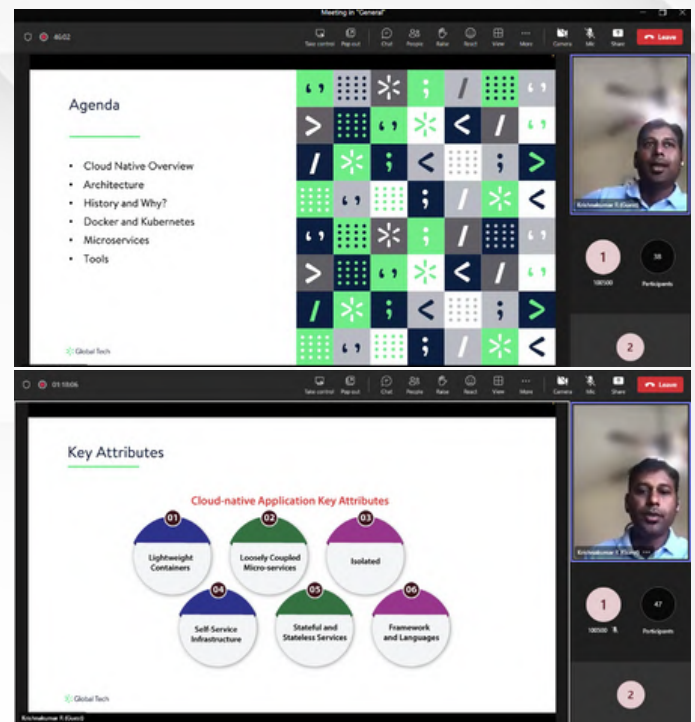
TECHNICAL

CLOUD NATIVE DEVELOPMENT

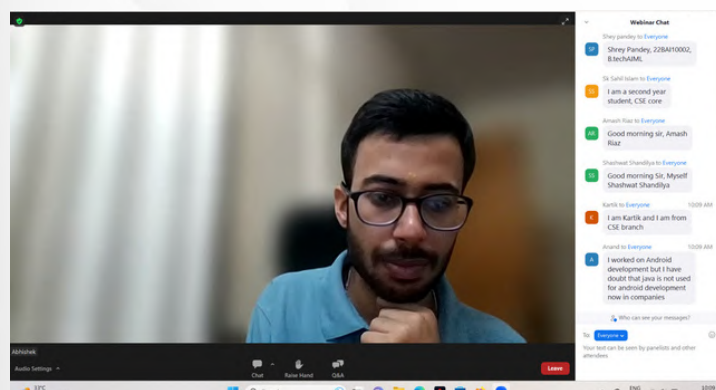
On **May 29, 2023**, VIT Bhopal hosted a session on **Cloud Native Development** featuring guest speaker **Mr. Krishnakumar Ramankutty**, a **Senior Software Engineer** at **Walmart Global Tech, Arkansas, USA**.

Dr. A. Sirajudeen, **Dr. R. Sukumar**, **Dr. Vinesh Kumar**, and **Dr. Ali Asgar**, assistant professors in the **School of computer science and Engineering**, were also present for the webinar.

Mr. Krishnakumar talked about **Cloud Native** and its importance, **Cloud Native platforms, CNCF, DevOps**, and **Kubernetes**, among others. The talk concluded with a brief comment on **how Cloud Native functions** and its deployment in applications.



ANDRO-SERIES 2.0



The **Android Club** organized an **exclusive webinar** on **Android architecture - Android Series 2.0** on **26th June 2023** in collaboration with **Coding Ninjas**. **Mr. Abhishek Raj**, a **Jaguar software engineer**, and former **Samsung employee**, spoke at the webinar as a **guest speaker**. This event aimed at giving participants a better grasp of **Android architecture** and why they should use it.

Mr. Abhishek began the session with a brief introduction to **Android architecture**, including its **significance**, followed by its **best use cases**. In addition, he provided information about **Model-View-Controller (MVC)**, **Model-View-Presenter (MVP)**, and **Model-View-ViewModel (MVM)** project structures.

The speaker defined each structure, explained its components, highlighted its benefits, and presented various applications respectively. He discussed the things to consider when choosing an architecture, such as **project requirements** and **team competence**. The participants saw **real-world examples** of **Android applications** and could see how each architecture pattern addressed unique necessities.

Mr. Abhishek concluded the discussion by **summarising** the major lessons and **sharing further resources**, such as books, articles, and online courses. A **follow-up question-and-answer session** allowed attendees to obtain additional insights. The event provided the attendees with the knowledge and resources necessary for creating and implementing robust **Android applications**.

TECHNICAL

STEM 2023

VIT Bhopal University recently conducted its first **Science Technology Engineering and Management conference**, or the **STEM Conference 2023**. This **two-day event**, held on **30th June** and **1st July 2023**, explored the **latest developments** in various fields, including **computer science, electrical & electronics engineering, mechanical engineering, bioengineering, natural science, architecture, and management applications**. The conference provided a platform for engineering students to **present** their **research and findings** to the scientific community.

The STEM Conference **encouraged** students to **showcase** their **unpublished research** on a diverse range of topics relevant to the conference. It featured **keynote addresses, regular paper presentation sessions, and talks by experts** from renowned institutes. Notably, all accepted and presented papers

be included in the SCOPUS-indexed STEM Proceedings, adding credibility and recognition to the student's work.

Distinguished dignitaries were present at the conference to inspire the students with their words. **Director of MANIT Bhopal, Dr. Karunesh Kumar Shukla**, with other keynote speakers, **Dr. Ram Kumar Mishra, Associate Professor at IISER Bhopal**, and **Dean of Research Affairs from the Medicaps University Indore** and **Former Centre Director of UGC DAE CSR Indore Centre, Dr. V Ganeshan** shared their expertise on both days of the event.

The enthusiasm from the VIT University administration was evident in the addresses delivered by **Vice-Chancellor -Dr. Senthil Kumar Arumugam(I/C)**, and **Registrar - Dr. Pradyumna Yadav**. Their presence added prestige to the conference and motivated the participants to excel in their research. The event's success would not have been possible without the efforts of esteemed faculties, **Dean of the School of Electrical and Electronics Engineering - Dr. Debashis Adhikari** and **Dr. Siddhartha Maiti**.



NON-TECHNICAL

WORLD FOOD SAFETY DAY

On Wednesday, **7th June 2023**, the **Bioengineering club** organized an **online event** on **World Food Safety Day** Celebrations, celebrating “**Food standards save lives**”. The guest speaker for the event was **Dr. Aneesh Raizada**, a **research and development leader** at **Mars Inc**, with twenty-two years of cumulative experience in the food safety industry.



Raizada discussed the importance of **hazardous analysis critical control**, and **prerequisite programs** in food safety management. These categories are imperative for constantly **improving food standards** and performance. The main challenge presented at the event was **micro contamination** and **mycotoxin contamination** of food.

There was an **interactive question-and-answer session** following Dr. Raizada's presentation. The club also conducted a **health quiz** before concluding the event.



TOUR DE FUSION

The **Fusion Club** organized the **Tour de Fusion** on **World Cycling Day, 2nd June 2023**. The **Cyclathon** and the **Snail Trail Tour** were two parts of the event.

The event started with the **Cyclathon**, attended by Vice Chancellor - **Dr. Senthil Kumar Arumugam(I/C)**, Registrar - **Dr. Praduymna Yadav**, Director of Student Welfare - **Dr. George C. Chandran**, Sports Officer - **Dr. Prashant Tiwari**, and several other faculties. Dr. Senthil Kumar Arumugam emphasized the importance of using **eco-friendly vehicles** like bicycles for short distances and the impact it would have on the environment. The club also rented cycles for the day.



The second event, the **Snail Trail Tour**, was a **slow cycling race**, with the participating students and faculties cycling as slowly as possible without pedaling backward. First place went to **Ishita Ahuja**, **Mayank Handa** in second, **Abhit Yadav** in third, and **Muhammad Atiullah Sheikh** in runner-up. The winners received **medals** and **certificates**.

The event was a **huge success**, raising awareness regarding clean transportation and how it reduces pollution and maintains fitness.

NON-TECHNICAL

THE DAINIK BHASKAR INTERVIEW WITH AVP MA'AM

वीआईटी भोपाल के छात्रों को 59 लाख रु. तक का पैकेज मिल रहा

भोपाल। इंजीनियरिंग शिक्षा में देशभर के उत्कृष्ट संस्थानों में वीआईटी भोपाल यूनिवर्सिटी का नाम भी शामिल है। यहां इंजीनियरिंग की पारंपरिक स्ट्रीम्स के साथ-साथ आज के दौर के कोर्सेस भी पढ़ाए जा रहे हैं। स्टूडेंट्स को जॉब रेडी बनाने के लिए यूनिवर्सिटी उत्कृष्ट पाठ्यक्रम के साथ साथ सॉफ्ट स्किल्स की ट्रेनिंग भी देती है। संस्थान की इन्हीं खासियतों पर असिस्टेंट वाइस प्रेसिडेंट कादंबरी एस. विश्वनाथन से खास बातचीत...

■ वीआईटी भोपाल फ्यूचर रेडी इंस्टीट्यूट कैसे है?

- 2016 में शुरुआत के बाद हमारा फोकस भविष्य के ट्रेंड्स पर है। करिकुलम भी इसी के अनुसार रखा है। भविष्य की स्किल्स पर हम जोर दे रहे हैं। इस लिहाज से वीआईटी भोपाल फ्यूचर रेडी इंस्टीट्यूट है।

■ यूनिवर्सिटी का करिकुलम कैसा है?

- एआई पर कोर्स शुरू करने वाले चुनिंदा इंस्टीट्यूट में हम भी हैं। इससे हमारे स्टूडेंट्स स्किल्ड मैनपावर के रूप में तैयार होंगे। ज्यादातर स्टूडेंट्स अब अपनी पसंद को लेकर क्लियर हैं कि वे किस विषय की पढ़ाई करना चाहते हैं। उदाहरण के तौर पर अगर कोई स्टूडेंट सीएस में जाना चाहता है तो वह जानता है कि कम्प्यूटर साइंस में कौन से स्पेशलाइजेशन किए जा सकते हैं, साथ ही कौन सी स्किल्स जरूरी हैं। ऐसे में हम उनकी जरूरतों को समझते हैं इसलिए हमने उसी हिसाब से कोर्सेज अपने करिकुलम में शामिल किए हैं।

■ साइबर सिक्योरिटी कोर्स व कवच ऑपरेटिंग



सिस्टम के बारे में बताइए?

- हम इस साइबर सिक्योरिटी पर ऑनलाइन सर्टिफिकेट कोर्स शुरू करने जा रहे हैं। टेक्नोलॉजी को सही ढंग से इस्तेमाल करना जरूरी है। डिजिटल स्पेस के खतरे पता नहीं होते हैं, इन्हें समझना जरूरी है। स्टूडेंट्स सोशल मीडिया से ओवर एक्सपोज्ड रहते हैं, इसलिए हमने साइबर सिक्योरिटी पर आधारित कवच सॉफ्टवेयर सिस्टम बनाया जो है।

■ वीआईटी वेल्लोर को एजुकेशन के इंटरनेशनल स्टैंडर्ड के लिए जानते हैं, क्या भोपाल में भी ऐसा ही सिस्टम है?

- हम वीआईटी वेल्लोर की 40 साल की विरासत को आगे ले जा रहे हैं। हम स्टैंडर्ड के साथ समझौता नहीं करते हैं। अब हमारे पास कई ऐसे रिसोर्सेज हैं जो वीआईटी वेल्लोर के पास शुरुआती दिनों में नहीं थे।

■ इंस्टीट्यूट के नए प्रोग्राम्स के बारे में बताइए?

- यहां क्लाउड कम्प्यूटिंग, हेल्थ इंफोर्मेटिक्स के अलावा ई-कॉमर्स और एजुकेशन टेक्नोलॉजी से जुड़े कोर्स भी शुरू किए हैं। यहां के छात्रों को 59 लाख रुपए तक का पैकेज मिला है।

VIT Bhopal University has emerged as one of the **premier engineering education institutes** in the country. Alongside offering traditional engineering streams, the University has also **embraced modern-day courses**, ensuring the students are **well-equipped to face future challenges**. A hallmark of the institute lies in its **excellent curriculum**, supplemented by **soft skill training** that molds students into job-ready professionals.

In the interview, **Assistant Vice President - Ms. Kadhambari S. Viswanathan** shed light on the **Institution's commitment** to being **future-ready**. Since its establishment in 2016, VIT Bhopal has focused on **training students** for the technologies of tomorrow. By adapting the curriculum to cater to these emerging trends, **emphasize skills** that are in high demand, making VIT Bhopal a **future-ready institution**.

Notably, the Institution was among the first few to offer programs on **artificial intelligence**, recognizing its potential to prepare the **skilled workforce** necessary for the digital era.

Ms. Viswanathan proudly highlighted that students now have **better clarity** on their **desired subject**, allowing the Institution to **design specialized courses** catering to specific needs, such as **Cybersecurity** and **Artificial Intelligence**.

To address the growing **importance of cybersecurity** in the **digital age**, VIT Bhopal is introducing an **online certificate program** in **Cybersecurity**, she added. Recognizing the **potential dangers** of **digital spaces** and the overexposure of students to social media, the Institution has launched a **software** called **KAVACH** to monitor the same.

Inheriting the **legacy** of **40 years** from VIT Vellore, VIT Bhopal incessantly **perseveres the commitment** to uphold **international education standards**. AVP ma'am reiterated that the University does not compromise on the quality of education and has developed abundant resources that rival even those available in Vellore during its early days. Notably, VIT Bhopal has expanded its offerings to include new programs such as **Cloud computing**, **Health Courses related to Ecommerce**, and **Education Technology**. With such excellent curriculums and guidance, students are **bagging placements** as high as **59 LPA**.

NON-TECHNICAL

YOGA AND MEDITATION

Under the guidance of the **Sports Officer - Dr. Prashant Tiwari**, on **21st June 2023**, VIT Bhopal's **Sports Club** successfully organized the **International Day of Yoga-2023** at the **Sports Hall** in the **Multi-purpose Hall**.

Several students came together to participate in the event with enthusiasm. Participants had an opportunity to practice several **yoga asanas** while learning about its utility.

Students **Aditi, Jatin, Abhisha, and Manish** led the class while demonstrating and engaging in **group yoga asanas**. Dr. Prashant Tiwari concluded the program by emphasizing the importance of maintaining a sound mind and a healthy body.

The event was a **resounding success** that showcased the benefits of **practicing yoga regularly**.



SPORTS

ATHLETIC MEET

The **Sports Club** of VIT Bhopal organized the **Aahavan'23 Summer Athletic Meet** (Men & Women) from **19th to 23rd June 2023**. The event was held in honor of **International Olympic Day 2023** and took place at the **Football ground**. Under the guidance of **Sports Officer - Dr. Prashant Tiwari**, the **Aavahaan'23 Summer Athletic Meet** conducted a range of sports testing the competency and ability of the students in the various categories of stamina, strength, power and teamwork.

The events included a **100-meter race, 200-meter race, 400-meter race, 800-meter race, 4*100 relay race, short put throw, discus throw, long jump, and high jump**.

Through this Athletic Meet, the participants could showcase their **sportsmanship** and **skills**, encouraging others to participate in sports. Overall, the meet served as a moment to reflect on **one's physical capabilities** and improve them.



SPORTS

BADMINTON

The **Sports Club** of VIT Bhopal organised **Aavahan'23 Summer Badminton Team Championship**. **Aavahan'23** was a **four-day event** conducted at the **Multi-purpose Hall**. Commencing on **26th June 2023** and culminating on **30th June 2023**, the tournament provided an **ideal platform** for students to **exhibit** their **badminton prowess** while fostering the values of sportsmanship.

After weeks of preparation and planning, the event began with around **150 students**, divided among **29 teams**, who enthusiastically participated to have a **highly competitive** and **respectful game**. The atmosphere was charged with excitement and camaraderie as participants engaged in spirited yet respectful competitions. Throughout the game, the players showcased **exceptional skill** and **determination**, leaving spectators in awe of their talent on the court.



In a thrilling finale, **The Hex Squad**, led by **Alok Khansali**, emerged victorious, triumphing over **The Aces**, captained by **Ashish Sharma**, with an impressive score of **3-(-1)**. The seamless execution of the event was made possible under the expert guidance of **Sports Officer- Dr. Prashant Tiwari**. The collaboration and support from all participants, officials, and university staff ensured the championships **resounding success**.

The **Aavahan'23 Summer Badminton Team Championship** was an **enriching experience** for all individuals involved, fostering a strong sense of teamwork and sportsmanship among the participants. This event served as a testament to VIT Bhopal's commitment to nurturing sporting talent and promoting a healthy competitive spirit within the student community.



SPORTS

VOLLEYBALL



The **Aavahan'23 Volleyball Tournament** was an initiative by the **VIT Bhopal Sports Department** to promote sports among the student body. It was organized from **12th June to 23rd June, 2023** in the Volleyball Court at the Multi-purpose Hall which received extreme liveliness and contagious enthusiasm.

The event brought together **nine teams** with **talented players** to compete against each other which showcased their skills, teamwork, and sportsmanship.

The **Knight Flares**, led by **Piyush Shewale**, emerged victorious, defeating **the Punishers** with a grand score of **3-1** in the Finals. The event was a **grand success**, and the students thoroughly enjoyed themselves.





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