

MENU FOR JUNE 2023													
	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY
BREAKFAST # 2 pc fruit for Vegetarian # 1 pc fruit + 1 Egg for eggetarian	Plain Parantha, Aloo Sabzi, Pickle, [Egg Bhurji (2 eggs) / 2 pc Banana]		Pav Bhaji, (Pav upto 6 pcs) [2 pc Boiled Egg / Sprouts]		Ajwain Poori, Aloo, [2 pc Boiled Egg / Papaya]		Matar Kulcha, Pickle, [2 pc Boiled Egg / Sprouts]		Aloo Pyaaz Parantha, Chutney, [Egg Bhurji (2 eggs) / Watermelon]		Poha, Chutney, [Omelette (2 eggs) / 2 pc Banana]		Idli, Sambhar, Vada (2 pcs), Chutney, [Omelette (2 eggs) , 2 pc Papaya]
	Cornflakes, Bread, Butter, Jam, Milk / Tea / Coffee & Chocolate Powder		Cornflakes, Bread, Butter, Jam, Milk / Tea / Coffee & Chocolate Powder		Cornflakes, Bread, Butter, Jam, Milk / Tea / Coffee & Chocolate Powder		Cornflakes, Bread, Butter, Jam, Milk / Tea / Coffee & Chocolate Powder		Cornflakes, Bread, Butter, Jam, Milk / Tea / Coffee & Chocolate Powder		Cornflakes, Bread, Butter, Jam, Milk / Tea / Coffee & Chocolate Powder		Cornflakes, Bread, Butter, Jam, Milk / Tea / Coffee & Chocolate Powder
LUNCH	Dal Makhni, Mix Veg, Peas Pulao, Boondi Raita, Roti, Salad, Papad		Rajma, Cabbage Aloo Matar, Plain Rice, Veg Mix Raita, Roti, Salad, Fryums		Lobhiya Dal, Gobhi Aloo, Kheera Raita, Plain Rice, Salad, Papad		Kadhi, Jeera Aloo, Plain Rice, Roti, Salad, Fryums		Arhar Dal, Katha Meetha Petha, Jeera Rice, Roti, Salad, Papad, Suji Halwa		Chole Bhature, Plain Rice, Salad, Plain Curd, Fryums, Jal Jeera		Mix Dal, Dum Aloo Kashmiri, Tomato Rice, Roti, Salad, Papad
EVENING SNACKS	Macroni, Tea		Bread Pakora with Chutney, Coffee		Corn Chaat, Tea		Samosa, Coffee		Masala Idli, Tea		Veg Noodles, Coffee		Bread Roll, Tea
DINNER	Dal Mix, Soyabean Matar, Plain Rice, Roti, Salad, Jalebi (2pcs)		Urad Chana Dal, Lauki ki Subzi, Plain Rice, Roti, Salad		Chicken Curry (2pc), Kadhai Paneer, Sabut Moong Dal, Jeera Rice, Roti, Salad, Gulab Jamun		Masoor Dal, Mix Veg Kofta, Jeera Rice, Roti, Salad		Egg Curry, Soya Chaap, Yellow Moong Dal, Plain Rice, Roti, Salad		Arhar Dal, Besan Gatta Curry, Plain Rice, Roti, Salad		Chicken Biryani, Malai Kofta, Veg Biryani, Mint Raita, Roti, Salad, Fruit Custard

Timings:

Breakfast – 7:30 AM – 9:30 AM

Lunch – 1:00 PM – 2:30 PM

Snacks – 5:00 PM – 6:00 PM

Dinner – 8:00 PM – 9:30 PM

- Bread (White & Brown), Butter, Jam (Mixed fruit Jam/ Orange Marmalade), Cornflakes, Milk/Tea/Coffee and Chocolate Powder will be there every day in Breakfast.
- Salad, Lemon Slices, Pickle will be there every day at Lunch and Dinner.
- For breakfast, only two pieces of Vada will be served on Wednesday.

Few Important Points are mentioned below:

1. You will be given only 1 of the following for breakfast: 2 eggs or 2 fruits or 1 fruit + 1 egg (in case of Pear, 2 eggs or 1 fruit).
2. If you wish to purchase extra eggs, it will cost Rs. 10 / egg.
3. Similarly, for milk, you are allowed to have a glass of milk (200ml), if you wish to purchase extra, it can be done for Rs. 10 / glass.
4. Cost for Breakfast: Rs. 40
Cost for Lunch: Rs.60
Cost for Evening Snacks: Rs. 25
Cost for Dinner: Rs. 50 (for Monday, Tuesday, Thursday, Saturday)
Rs. 70 (for Wednesday, Friday, Sunday)
Rs. 70 (for Wednesday, Sunday only non-veg)