

MENU FOR AUGUST 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST # 2 pc fruit for Vegetarian # 1 pc fruit + 1 Egg for eggitarian	Plain Parantha, Aloo Sabzi, Pickle, [Egg Bhurji (2 eggs) / 2 pc Banana] Cornflakes, Bread, Butter, Jam, Milk / Tea / Coffee & Chocolate Powder	Pav Bhaji, (Pav upto 6 pcs) [2 pc Boiled Egg / Sprouts] Cornflakes, Bread, Butter, Jam, Milk / Tea / Coffee & Chocolate Powder	Ajwain Poori, Aloo, [2 pc Boiled Egg / Papaya] Cornflakes, Bread, Butter, Jam, Milk / Tea / Coffee & Chocolate Powder	Matar Kulcha, Pickle, [2 pc Boiled Egg / Sprouts] Cornflakes, Bread, Butter, Jam, Milk / Tea / Coffee & Chocolate Powder	Aloo Pyaaz Parantha, Chutney, [Egg Bhurji (2 eggs) / Seasonal Fruit] Cornflakes, Bread, Butter, Jam, Milk / Tea / Coffee & Chocolate Powder	Poha, Chutney, [Omelette (2 eggs) / 2 pc Banana] Cornflakes, Bread, Butter, Jam, Milk / Tea / Coffee & Chocolate Powder	Idli, Sambhar, Vada (2 pcs), Chutney, [Omelette (2 eggs) , 2 pc Papaya] Cornflakes, Bread, Butter, Jam, Milk / Tea / Coffee & Chocolate Powder
LUNCH	Dal Makhni, Mix Veg, Peas Pulao, Boondi Raita, Roti, Salad, Papad	Kala Chana, Bhindi, Plain Rice, Mix Veg Raita, Roti, Salad, Fryums	Rajma, Palak Soya, Kheera Raita, Plain Rice, Salad, Papad	Kadhi, Jeera Aloo, Plain Rice, Roti, Salad, Fryums	Arhar Dal, Katha Meetha Petha, Jeera Rice, Roti, Salad, Papad, Suji Halwa	Chole Bhature, Plain Rice, Salad, Plain Curd, Fryums, Jal Jeera	Mix Dal, Aloo Kasturi Methi, Plain Rice, Roti, Salad, Papad
EVENING SNACKS	Macroni, Tea	Bread Pakora with Chutney, Coffee	Corn Chaat, Tea	Samosa, Coffee	Masala Idli, Tea	Veg Noodles, Coffee	Bread Roll, Tea
DINNER	Arhar Dal, Veg Kofta, Plain Rice, Roti, Salad, Jalebi (2pcs)	Urad Chana Dal, Nutrella Peas, Plain Rice, Roti, Salad	Chicken Curry (2pc), Kadhai Paneer, Sabut Moong Dal, Jeera Rice, Roti, Salad, Gulab Jamun	Masoor Dal, Aloo Capsicum, Jeera Rice, Roti, Salad	Egg Curry, Matar Paneer, Yellow Moong Dal, Plain Rice, Roti, Salad	Arhar Dal, Karela, Plain Rice, Roti, Salad	Chicken Biryani, Malai Kofta, Veg Biryani, Mint Raita, Roti, Salad, Fruit Custard

Timings: Breakfast – 7:30 AM – 10:00 AM

Lunch – 12:30 PM – 2:30 PM

Snacks – 5:00 PM – 6:20 PM

Dinner – 8:00 PM – 9:30 PM

- Bread (White & Brown), Butter, Jam (Mixed fruit Jam/ Orange Marmalade), Cornflakes, Milk/Tea/Coffee and Chocolate Powder will be there every day in Breakfast.
- Salad, Lemon Slices, Pickle will be there every day in Lunch and Dinner.
- For breakfast, only two pieces of Vada will be served on Wednesday.

Few Important Points are mentioned below:

1. You will be given only 1 of the following for breakfast: 2 eggs or 2 fruits or 1 fruit + 1 egg (in case of Pear, 2 eggs or 1 fruit).
2. If you wish to purchase extra eggs, it will cost Rs. 10 / egg.
3. Similarly, for milk, you are allowed to have a glass of milk (200ml), if you wish to purchase extra, it can be done for Rs. 10 / glass.
4. Cost for Breakfast: Rs. 40
 Cost for Lunch: Rs.60
 Cost for Evening Snacks: Rs. 25
 Cost for Dinner: Rs. 50 (for Monday, Tuesday, Thursday, Saturday)
 Rs. 70 (for Wednesday, Friday, Sunday)
 Rs. 70 (for Wednesday, Sunday only non-veg)