

A muscular man with short brown hair is shown from the waist up, shirtless, in a gym setting. He is leaning forward, holding two black dumbbells with both hands, and appears to be performing a bicep curl. He is wearing black fingerless gloves and black athletic pants. The background is a dimly lit gym with various pieces of equipment visible, including a rack of dumbbells and a mirror. The overall lighting is low, with a blueish tint, creating a focused and intense atmosphere.

GET-FIT

STAY HARD & KEEP GOING

Your Journey Starts Here

Unleash Your Potential

Start Journey

Discover Your Plan

Top Workout Sessions

Discover our top workout sessions designed to help you achieve your fitness goals. From high-intensity interval training to relaxing yoga sessions, we have something for everyone.



Featured Bootcamps

Join our featured bootcamps to push your limits and take your fitness to the next level. Our bootcamps are designed for all fitness levels and provide a variety of workouts to keep you engaged and motivated.

Strength Training

Focus on building muscle and increasing strength through targeted weightlifting and resistance exercises. Suitable for those looking to build muscle and increase endurance.

HIIT Bootcamp

High-Intensity Interval Training (HIIT) sessions that combine cardio and strength training for a full-body workout. Ideal for burning calories and building muscle quickly.

Yoga & Meditation

A comprehensive program combining yoga and meditation to enhance flexibility, reduce stress, and improve overall well-being. Perfect for all levels from beginners to advanced.

Bootcamp Fusion

A dynamic fusion of various workout styles including cardio, strength, and agility drills. Designed to provide a well-rounded fitness experience and keep workouts exciting.

BETTER BEATS BEST



Fitness Plans

Quarterly Package

Rs 4500

For 3 Months

- ✓ Equipment
- ✓ All Day Free Training
- ✓ Free Restroom Access
- ✓ 24/7 Skilled Support
- ✓ 20 Days Pause Option

[Join Now](#)

Half-Yearly Package

Rs 8000

For 6 Months

- ✓ Equipment
- ✓ All Day Free Training
- ✓ Free Restroom Access
- ✓ 24/7 Skilled Support
- ✓ 20 Days Pause Option

[Join Now](#)

Yearly Package

Rs 14000

For 12 Months

- ✓ Equipment
- ✓ All Day Free Training
- ✓ Free Restroom Access
- ✓ 24/7 Skilled Support
- ✓ 20 Days Pause Option

[Join Now](#)

BMI CALCULATOR

Height (cm)

Weight (kg)

Gender

Select Gender



Calculate BMI





CONTACT US

Name

Email

Message

Send Message

POST

http://localhost:4000/send/mail

Send

Query

Headers²

Auth

Body¹

Tests

Pre Run

JSON

XML

Text

Form

Form-encode

GraphQL

Binary

JSON Content

Format

1

{

2

"name": "Srikar",

3

"email": "srikar@gmail.com",

4

"message": "Hi I want to join"

5

}

Status: 200 OK Size: 55 Bytes Time: 2.52 s

Response

Headers⁸

Cookies

Results

Docs

1

{

2

"success": true,

3

"message": "Message Sent Successfully."

4

}

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⋮

GYM WEBSITE CONTACT

☆

Inbox



jupudiadi...

11:14 pm

😊

↩️

⋮

to me ▾

Hi I want to join

Email of User Who Sent The Message:
srikar@gmail.com

📎

← ▾

Reply

→

😊

📧

99+

📺

CONTACT US

Name

Saketh

Email

saketh@gmail.com

Message

I want to know more about your services and gym

Send Message

✓ Message Sent Successfully.

CONTACT US

Name

Email

Message

Send Message



jupudiadi... 11:19 pm



to me ▾

I want to know more about your services and gym

Email of User Who Sent The Message:
saketh@gmail.com