CSS box model :

defines

how elements are displayed on a webpage

and also how they are sized.

So according to the box model,

each and every element on a webpage can be seen

as a rectangular box and each box can have a width,

a height, padding, margins and a border.

And we can specify all these using CSS properties,

but note that they are all optional.

<https://www.udemy.com/course/the-complete-javascript-course/learn/lecture/22648397#overview> : 41 sec

some elements get some margin automatically

if we don't define them

And so usually what we do is that

we reset all of the margins and all of the paddings

on all elements before doing anything else.

So this is called a global reset.

\*selector is used to select all the elements on the page

See individual box using inspector in browser : inspect element