

1ST YEAR MILESTONES



PHYSICAL MILESTONES

- Sitting Independently
- Crawling
- Pincer Grasp
- Clapping and Waving



COGNITIVE MILESTONES

- Object Permanence
- Exploration and Curiosity
- Cause-and-Effect Understanding
- Basic Problem-Solving



SOCIAL MILESTONES

- Recognizing Familiar Faces
- Social Interaction
- Attachment
- Imitating Social Behavior



EMOTIONAL MILESTONES

- Emotional Expression
- Stranger Anxiety
- Separation Anxiety
- Emotional Attachment

