



Peer grief support group meetings participant guidelines for zoom video meetings

- If you are not familiar with Zoom, you can learn about how to join a meeting and test your audio and video at **bit.ly/howzoom**.
- Zoom also has excellent support pages, beginning with **Frequently Asked Questions**.
- You should receive an email invitation that contains the following:
 - Click here to join the meeting (or the entire Internet address will be displayed:)
<https://zoom.us/j/902558403?pwd=enowdTVyNmJLZzFpZ0lvUW4rSFduUT09>
 - **Password: 048793**
 - Some methods of joining the meeting require a password, but with some the password is embedded in the link you click on. If you are asked for a password, enter the six-digit number
 - **+1 646 876 9923**
 - You can use the phone as a back-up when you video works but your computer audio does not work. To avoid electronic feedback, make sure to mute your computer audio if you use the telephone
 - You also can call in by phone only, just as with a telephone conference call
 - **Meeting ID: 902 558 403**
 - The Meeting ID is required if you phone in to a meeting
 - It is also required if you join the meeting through **zoom.us** or by using “Join Meeting” via a Zoom app on a phone or tablet
- Once you are signed in to the meeting, you will be placed in the Waiting Room. The meeting host will admit you when the meeting begins.
- When you first enter the meeting, your microphone will be muted, so you need to unmute it (unless the host takes care of that for you).
- During the meeting:
 - The host will use a structure and facilitation practices similar to what is used in face-to-face meetings.
 - Please be aware that video meetings have their own challenges and rewards — and that there are rules of etiquette that you should follow, such as those outlined **here** and **here**.
- Participant controls: While in the meeting, you can control your camera and microphone and choose several other options, which are **illustrated here**.