

Ask A Doctor Health and Wellness Campaign

Welcome

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About Us

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Coronavirus Preventions

- Wash your hands
- Use an alcohol-based hand sanitizer
- Cover your cough
- Avoid contact with sick people
- Avoid touching your eyes, nose and mouth
- Disinfect frequently touched objects

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Health Care Advice Anytime

If the patient suffered a major negative health event, are you responsible if you were unable to respond at that time? Subscribe.



Ask A Doctor

Technology such as email and text can be an incredibly powerful tool in medicine. I communicate with colleagues and with consultants.



Health Resources

Allowing access during time at home with family and during weekends and holidays may also reduce even further a physician’s “downtime”.