

BILO

ASIAN STREET FOOD RESTAURANT

GLUTEN FREE MENU



ASIAN BITES

VIETNAMESE ROLLS – COLD €8.50

Mixture of prawn, fresh vegetables and ground peanuts wrapped in rice paper pastry with our homemade Vietnamese dressing **GF** **Cr** **F**

VEGETARIAN VIETNAMESE ROLLS – COLD €7.50

Mixture of fresh vegetables and ground peanuts wrapped in rice paper pastry with our homemade Vietnamese dressing **GF**

KOREAN CHICKEN WINGS €9.00

Deep fried fresh chicken wings, covered with Korean hot sauce **Eg** **F** **GF**

TOFU OR CHICKEN SALT AND CHILLI PEPPER TOFU €8.50 CHICKEN €8.00

Shredded chicken /crispy tofu in a light batter wok fried with salt and chilli pepper sauce **Eg** **GF**

SOUP

TOM YUM KONG (CLEAR) €8.00

Traditional Thai hot soup cooked with lemongrass, lime leaves, galangal, tiger prawns and fresh vegetables. **Cr** **GF** **Sy** **F**

HOT AND SOUR SOUP (THICK) €8.00

Traditional Chinese soup served with chicken, tiger prawns and fresh vegetables **Se** **Eg** **GF** **Cr** **F**

SALAD

THAI CHICKEN SALAD €11

THAI TOFU SALAD €12

A choice of steamed fresh chicken or crispy chicken served on a bed of mixed salad with a Thai styled salad sauce **F** **Se** **GF** **P**

VIETNAMESE DUCK SALAD €12.50

Roast duck served with fresh salad and Vietnamese dressing **F** **Se** **GF**



STRAIGHT FROM THE WOK

CRISPY ROAST DUCK €18

Our freshly roasted duck with choice of orange or plum sauce GF

CRISPY CHICKEN €16

Lightly battered chicken in our lemon sauce, sweet & sour sauce, orange sauce or plum sauce Eg GF

VIETNAMESE CRISPY CHICKEN €16

Light crispy chicken with a fresh mango salad and chilli plum sauce on top Eg GF

THAI MANGO CHICKEN €16

Fresh chicken fillet strips battered in a light crispy coating served with fresh mango sauce Eg GF

RICE

CHICKEN FRIED RICE €14.50

Fresh chicken wok fried with vegetables GF Eg

KOREAN FRIED RICE €14.50

Fresh chicken and prawn mixed vegetables wok fried with kimchi GF Eg

KAO PAD €16

Fresh chicken and prawn stir fried with vegetables in a spicy sour Thai sauce F Se Eg GF

NOODLES

PAD THAI €18

Flat rice noodles and tiger prawns wok fried with fresh vegetables in Pad Thai Sauce F Se Eg GF

NOODLE SOUP

IPOH KARI TOFU NOODLE SOUP €18.50

Malaysian curry noodle soup served with crispy roast duck, beansprout, scallions and crispy onions D GF

SIDE ORDERS

JASMINE RICE €3.00

JASMINE FRIED RICE €3.80

RICE NOODLES €5.50

CHIPS €4.00

SWEET POTATO FRIES €6.50

DRINKS

COKE, DIET COKE, COKE ZERO, €3.80

FANTA OR SPRITE BOTTLE €3.80

VIT HIT €3.80

BOTTLED WATER (SPARKLING OR STILL) €3.00

BEERS

GLUTEN FREE BEER €6.50

LA JI PRAWNS €18

Lightly coated crispy tiger prawns stir fried with vegetables and dry chilli Eg F GF Cr

TOFU SALT, CHILLI AND PEPPER €15.50

Deep fried crispy tofu wok fried with salt, chilli and pepper GF

CHICKEN SALT, CHILLI AND PEPPER €14.50

Shredded chicken in light batter wok fried with salt, chilli and pepper GF Eg

Boiled Rice /Chips Included

Fried Rice €2.50, Noodles €3.50

CURRIES

THAI MASSAMAN CURRY

Bangkok style Massaman curry paste with potato, onion, coconut milk and spices D GF Cr

INDONESIAN RENDANG CURRY

Slow cooked in Rendang curry with lemongrass, lime leaves and spicy coconut milk cream sauce D GF

MALAYSIAN KARI

Traditional Malaysian coconut potato curry D GF

VIETNAMESE GALANGA CURRY

Coconut milk, Galanga, mixed vegetables GF D Sy Cr

VEG €14 TOFU €15 CHICKEN €16

BEEF €17 PRAWN €18 DUCK €18

THAI GREEN CURRY €12.50

Choice of meat with coconut milk, basil, coriander and fresh vegetables in a Thai Green Curry paste

CHICKEN €13.50 BEEF €15.50 DUCK & PRAWNS €16.50

THAI RED CURRY €12.50

Choice of meat with coconut milk, basil, coriander and fresh vegetables in a Thai Red Curry paste

CHICKEN €13.50 BEEF €15.50 DUCK & PRAWNS €16.50

Boiled Rice /Chips Included

Fried Rice €2.50, Noodles €3.50

KIDS DISHES

JAPANESE KARAGE €8.50

Chicken goujons served with chips Sy Se GF Eg

KID FRIED RICE €8.50

Egg fried rice with chicken and carrot Se Eg F GF

KID NOODLES €8.50

Plain noodles and chicken Se F GF Eg

ALLERGENS

W Wheats

Sy Soya

Lu Lupin

Cr Crustaceans

D Milk

Ms Molluscs

Eg Eggs

Mu Mustard

GF Gluten Free

F Fish

Se Sesame Seeds

P Peanuts

SO₂ Sulphur Dioxide

If customer has any allergy please let a member of staff know before you place your order

We use 100% Irish beef in our dishes