

STAT 420: Methods of Applied Statistics

Logistic Regression

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Course website: <https://sites.google.com/site/teazrq/teaching/STAT420>

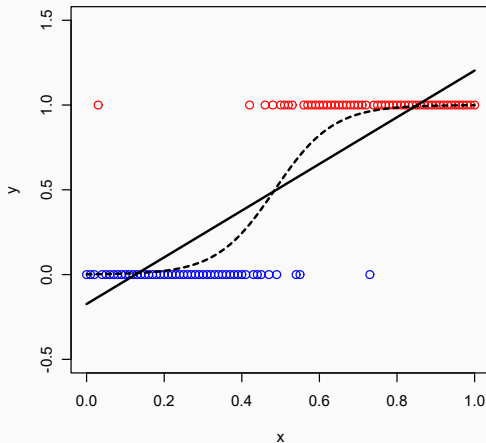
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April 18, 2017

Binary Outcome Variables

- In many applications, the outcome variable is not continuous, e.g.:
 - Whether the patient develops sepsis in hospital
 - Whether a student Receives “A” from STAT 420
- Usually the outcomes are coded as 0 and 1, however, linear regression (treating them as continuous) is not appropriate for this problem.
- Hence we will introduce the logistic regression to deal with this classification problem.

Use linear regression to fit classification problems?

If we treat the binary outcomes 0-1 as continuous and fit linear regression:



Binary Outcome Variables

- What would happen if we use linear regression to fit classification problems?
- In the linear regression, we are modeling the expectation of Y , $E(Y) = X^T \beta$.
- When Y is a binary outcome with 0 or 1, its expectation is just the **probably of $\{Y = 1\}$** , which will be within $[0, 1]$ regardless of the underlying true model.
- However, this becomes problematic if the fitted value exceeds 1 or falls below 0 (in the previous plot). There is no way to interpret.

- Instead of using linear regression, we need to find an appropriate way to describe the relationship between $E(Y)$ (the probability of being 1) and X such that we produce some predictions within $[0, 1]$. A natural target of modeling is

$$\eta(x) = \mathbf{P}(Y = 1|X = x),$$

the conditional probability of being 1.

- **Interpretation:** if we have $\eta(x) > 0.5$, then Y is more likely to be 1.
- Generalized linear model (GLM): use some specific form of $\eta(\cdot)$ such that it is a function of β and x , and we solve for β .
- What specific form to use for binary outcomes?

The logistic link function

- To properly model the probabilities, we need to choose a $\eta(x)$ that is bounded within $[0, 1]$.
- A natural choice is the logistic regression that models:

$$\eta(x) = \text{logit}^{-1}(x^T \beta) = \frac{\exp(x^T \beta)}{1 + \exp(x^T \beta)},$$

where the “logit” function is defined as

$$\text{logit}(\eta(x)) = \log \left(\frac{\eta(x)}{1 - \eta(x)} \right) = x^T \beta, \text{ with } \eta(x) \in [0, 1].$$

- The logit function is a way to transform a probability $\eta(x)$ into $(-\infty, +\infty)$, which is the range of $x^T \beta$.

- Now we have the logistic regression model by assuming that

$$\mathbb{E}(Y|X = x) = \mathbb{P}(Y = 1|X = x) = \eta(x) = \frac{\exp(x^T \beta)}{1 + \exp(x^T \beta)},$$

- As $x^T \beta$ becomes larger ($\rightarrow +\infty$), $\eta(x) \rightarrow 1$
- As $x^T \beta$ becomes smaller ($\rightarrow -\infty$), $\eta(x) \rightarrow 0$
- There is no “ ϵ ” term in the logistic regression. However, that randomness is absorbed into the **binomial distribution**.

Fitting Logistic Models

- To fit the logistic regression and solve for the parameters β , we need to use the **maximum likelihood** approach again.
- If Y following a binomial distribution with mean $\eta(x)$, the likelihood for each y_i (0 or 1) is

$$\eta(x_i)^{y_i} (1 - \eta(x_i))^{(1-y_i)}$$

- Then the joint likelihood for all y_i 's is

$$\prod_i^n \eta(x_i)^{y_i} (1 - \eta(x_i))^{(1-y_i)}$$

- And the **log-likelihood** is given by

$$\sum_i^n -\log (1 + \exp(x_i^T \beta)) + \sum_i^n y_i (x_i^T \beta)$$

- There is no close form solution to this objective function. We need to solve it through **numerical optimization** (we will come back to this topic later on).
- An example: the South Africa Heart Disease Data [SAheart](#) in the [ElemStatLearn](#) package.
- Lets start with modeling the event of coronary heart disease ([chd](#)) using [age](#) and [ldl](#).

South Africa Heart Disease Data

```
1 > library(ElemStatLearn)
2 > data(SAheart)
3 > heart.fit = glm(chd~ ldl + age, data=SAheart, family=binomial)
4 > summary(heart.fit)
```

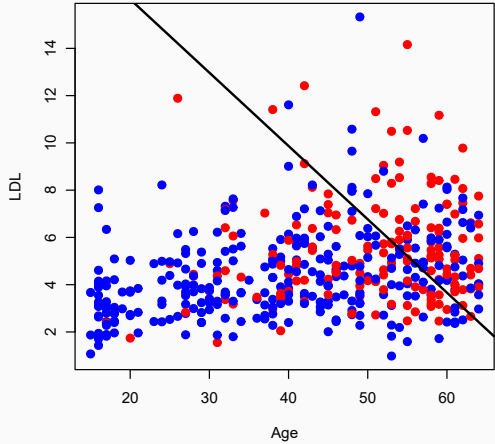
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6 Coefficients:

	Estimate	Std. Error	z value	Pr(> z)	
(Intercept)	-4.201040	0.477629	-8.796	< 2e-16	***
ldl	0.188541	0.053462	3.527	0.000421	***
age	0.058510	0.008831	6.626	3.46e-11	***

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South Africa Heart Disease Data



Interpreting the Logistic Model Fit

- We have two parameters **age** (0.058510) and **ldl** (0.188541), both are positive.
- **Interpreting**: higher age and cholesterol are associated with higher risk of developing heart disease.
- Recall the interpretation of linear regression parameters, each unit increase of X results in β increase of the mean value of Y .
- Logistic regression cannot be interpreted this way. β does not represent a “linear” increase of the probability.
- Instead, each unit increase of X results in β increase of the logit of the probability of $\{Y = 1\}$.
- Another commonly used interpretation is the **odds ratio**.

Example

- From the logistic regression model, calculate the fitted probability of developing heart disease at $\text{age} = 50$ and $\text{ldl} = 6$.
 - A). -0.1443034
 - B). 0.4639866
 - C). 0.9829890
 - D). 0.9962306

Odds ratio

- The **odds ratio** is nothing but a math trick to interpret the β parameters.
- If we have two persons, with the same **age** = 50, and the **ldl** measures are 6 and 7 respectively.
- Hence we can let $x_1 = c(1, 7, 50)$, $x_2 = c(1, 6, 50)$.
- Then we can calculate their predicted probabilities, say η_1 and η_2 .
- We know that $\text{logit}(\eta) = x^\top \beta$. If we define the **odds** as $\eta/(1 - \eta)$, then the log of odds ratio is

$$\log \left(\frac{\eta_1/(1 - \eta_1)}{\eta_2/(1 - \eta_2)} \right) = \log \left(\frac{\eta_1}{1 - \eta_1} \right) - \log \left(\frac{\eta_2}{1 - \eta_2} \right) = x_1^\top \beta - x_2^\top \beta,$$

which is just the parameter estimate of **ldl**.