

Yes, views are immutable in SwiftUI. This means that once a view is created, it cannot be changed. This can make SwiftUI code more predictable and easier to reason about.

One way to deal with the immutability of views is to use state. State is mutable data that is associated with a view. When the state changes, the view is automatically updated.

For example, the following code creates a view that displays the current state of the `counter` variable:

```
Swift
struct CounterView: View {
    @State private var counter = 0

    var body: some View {
        Text("\(counter)")
    }
}
```

When the `counter` variable changes, the `CounterView` will automatically update to display the new value of the `counter` variable.

Another way to deal with the immutability of views is to create new views. For example, the following code creates a view that displays the current state of the `counter` variable and a button that can be used to increment the counter:

```
Swift
struct CounterView: View {
    @State private var counter = 0

    var body: some View {
        VStack {
            Text("\(counter)")
            Button(action: {
                counter += 1
            }) {
                Text("Increment")
            }
        }
    }
}
```

When the button is tapped, the `counter` variable will be incremented and a

new `CounterView` will be created to display the new value of the `counter` variable.

The immutability of views can be a bit challenging to get used to at first, but it can make your SwiftUI code more predictable and easier to reason about.

Here are some additional benefits of views being immutable in SwiftUI:

- It makes it easier to reason about your code, because you know that the state of a view cannot change unexpectedly.
- It makes it easier to write concurrent code, because you don't have to worry about multiple threads modifying the same view at the same time.
- It makes it easier to test your code, because you can mock or stub the state of a view without affecting the state of other views.

Overall, the immutability of views is a valuable feature of SwiftUI that can help you to write more reliable, predictable, and maintainable code.