



FOREST SPA

AFRICAN MASSAGE

FOOT RITUAL

20MIN MASSAGE USING DRAINING MOVEMENTS TO HELP STIMULATE BLOOD FLOW AND CIRCULATION.

\$10

BACK & NECK

30MIN BACK & NECK MASSAGE USING TROKES AND KNEADING TECHNIQUES TO HELP RELAX THE MUSCLES AND RELEASE TENSION IN THE BODY

\$30

NATURAL ESSENCE

15MIN FOOT RITUAL + **45MIN** FULL BODY MASSAGE IN CONTACT WITH NATURE + POST RELAXATION TEA

\$65



MAALUM RITUAL

15MIN FOOT RITUAL + **45MIN** FULL BODY MASSAGE IN CONTACT WITH NATURE + **30MIN** FACIAL & HEAD MASSAGE + POST RELAXATION TEA

\$85

FACIAL

30MIN FACIAL MASSAGE PREVENTS AND RELIEVES THE ACCUMULATED TENSIONS OF FACIAL EXPRESSION. IT IMPROVES LYMPHATIC CIRCULATION AND ELIMINATES TOXINS RESPONSIBLE FOR SKIN IMPERFECTIONS.

\$35

SCULPTING MASSAGE

35MIN LEG & GLUTES MASSAGE WITH **WOODEN TOOLS** ARE AN EFFECTIVE WAY TO RELIEVE MUSCLE TENSION, ACTIVATE THE LYMPHATIC SYSTEM, DESTROY FAT CELLS AND ELIMINATE FLUID RETENTION.

\$60

SPORT MASSAGE

45MIN A SPORTS MASSAGE FOCUSES ON ENHANCING CIRCULATION, INCREASING TISSUE ELASTICITY AND REDUCING MUSCLE TENSION.

\$60

PLEASE NOTE THAT PRICES MAY VARY ACCORDING TO THE SEASON
CREDIT CARD HAS A 3% ADDITIONAL CHARGE

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