

Adriana Alcaraz-Sánchez (she/her)

PHD CANDIDATE

Centre for the Study of the Perceptual Experience (CSPE)
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Specialisation

AOS Philosophy of mind, Philosophy of Cognitive Science, Qualitative Research methods

AOC Philosophy of Psychology, Philosophy of Science, Phenomenology, Buddhist Philosophy

Education

University of Glasgow and affiliated to University of Edinburgh

UK

PHD IN PHILOSOPHY

2019 - present

- **Title:** Minimal conscious states during sleep
- **Supervisors:** Prof. Fiona Macpherson (University of Glasgow), Dr. Alistair Isaac (University of Edinburgh), Prof. Thomas Scotto (University of Glasgow)

University of Glasgow

UK

MPHIL IN PHILOSOPHY (PART-TIME)

2017 - 2019

- **Title:** Conscious states during deep sleep. A philosophical and psychological exploration
- **Supervisors:** Prof. Fiona Macpherson (University of Glasgow), Dr. Maria Gardani (University of Glasgow)
- **Examiners:** Prof. David Bain (Internal, Glasgow), Dr. Jennifer Windt (External, Melbourne)

University of Barcelona

Spain

MSC IN COGNITIVE SCIENCE AND LANGUAGE (PART-TIME)

2013 - 2015

University of Barcelona

Spain

BA (HONS) IN PSYCHOLOGY

2009 - 2012

Awards, Fellowships, & Grants

2020	DreamScience Grants , International Association for the Study of Dreams (IASD) and Dream Science Research (DSF), for online study 'Dreamless sleep experiences'	\$3,000
	Research Support Award (RSA) , College of Arts, University of Glasgow, Travel grant (refunded due to covid-19)	£300
	Collaborative Development Funding (CDF) , Scottish Graduate School of Arts and Humanities (SGSAH), for co-organising the doctoral training workshop 'Academic Youtubers'	£400
2019	Doctoral Training Partnership (DTP) , Scottish Graduate School of Arts and Humanities (SGSAH). PhD funding for fees and living expenses	£45,000
	Collaborative Research Awards (CRA) , College of Arts, University of Glasgow, for co-organising 'Dreams, Hallucinations and Imagination' conference	£735
	Conference bursary , Mind Association, Scots Philosophical Association, Analysis, for co-organising 'Dreams, Hallucinations and Imagination' conference	£2,500
2018	Research Support Awards (RSA) , College of Arts, University of Glasgow, Travel grant	£300
2010	Beca Séneca (Seneca Scholarship) , Spanish Education Ministry, Fees and living expenses for one academic year in a different institution	€10,000

Publications

Alcaraz-Sanchez, A. 2021. Awareness in the void: a micro-phenomenological exploration of conscious dreamless sleep. *Phenomenology and Cognitive sciences* <https://doi-org.ezproxy.lib.gla.ac.uk/10.1007/s11097-021-09743-0>

Teaching Experience

2018-Present **Graduate Teaching Assistant**, Pre-Honours tutorials, Philosophy Department, University of Glasgow

2020-Present **Graduate Teaching Assistant**, Level 1 labs, School of Psychology, University of Glasgow

Research Management and Administrative Experience

2018-2019 **Research Assistant and Project Manager, part-time**, the 'Minimal Phenomenal Experience' project (PI Prof Thomas Metzinger), Philosophisches Seminar, Universität Mainz

2018-2019 **Blogger Intern**, Post Graduate Research Blog. University of Glasgow

Presentations

INVITED TALKS

Nov- 2021. *'Preliminary results of online study on dreamless sleep'*. Dreams, Memory and Emotions workshop by Laboratorio de Sueño y Memoria, Instituto Tecnológico de Buenos Aires, Argentina (online)

Nov- 2021. *'Preliminary results of online study on dreamless sleep'*. Minimal Phenomenal Experience research group mini-workshop (organised by Prof Thomas Metzinger, FIAS, Frankfurt)

Feb- 2021. *'Micro-phenomenology to study consciousness in sleep'*. Online Dream x Engineering Seminar series by MIT Media Laboratory and Sleep and Neurophysiology Research Laboratory, University of Rochester, US

Dec- 2020. *'Sleep and consciousness'*. Guest talk at the course HONR 19903 CENSORSHIP, DECEPTION, PARANOIA, STYLE at Honours College at Purdue University, US

May 2020. *'Are there varieties of conscious dreamless sleep?'*. Minimal Phenomenal Experience research group mini-workshop (online) organised by Prof. Thomas Metzinger

PEER-REVIEWED PRESENTATIONS

Apr- 2020. *Micro-phenomenology to study consciousness in sleep*. Regional International Association of the Study of Dreams (IASD). Vilnius, Lithuania (cancelled due to Covid-19)

May 2019. *Awake in Deep Sleep: The case of Lucid Dreamless Sleep*. First-Person Science of Consciousness, Witten/Herdecke University, Germany

Mar- 2019. *Micro-phenomenology to study consciousness in sleep*. Sleep and Consciousness: A Dyadic Life. Università degli Studi di Milano, Milan, Italy

Mar- 2019. *Looking for the minimal Phenomenal experience. The case of lucid dreamless sleep*. Selfless Minds: Radical disruptions of Self-Consciousness. Frankfurt Institute of Advanced Studies (FIAS), Frankfurt, Germany

Jul- 2018. *Looking for the minimal Phenomenal experience. The case of lucid dreamless sleep*. Annual British Postgraduate Philosophical Association Conference, University of Birmingham, UK

Nov- 2016. *Where is our concept of self grounded? Full-Body Illusions: Dreams and the Phenomenal Selfhood*. (Poster and short presentation). Workshop in Experimental Philosophy, Berlin School of Mind and Brain, Humboldt-University, Germany

Activities organised

- 2020-Present **Seminar series Philosophy, Psychology and Neuroscience (PPN)**, Co-organised with Dr Derek Brown, University of Glasgow
- Jun- 2021 **Workshop Extremes of Mind wandering**, Co-organised with Jodie Russell, University of Edinburgh
- Oct- 2020 **Workshop Academic Youtubers**, Co-organised with Maike Dinger and Jodie Russell, SGSAH
- Feb- 2020 **Workshop Philosophy of Perception and Colour**, Co-organised with Dr Derek Brown and Raul Morales, University of Glasgow
- Feb- 2019 **Workshop Dreams, Hallucinations and Imagination**, Co-organised with Raul Ros Morales, University of Glasgow

Public engagement and Outreach

- Aug- 2020 **Online workshop Black Lives Matter and Philosophy**, Co-organised with Minorities and Philosophy Glasgow
- Oct- 2019 **University of Glasgow Student Philosophy Society**, Talk: The Virtual Reality of Lucid Dreaming
- Sept- 2019 **Philosophy Café, Coatbridge Library**, Talk: Brain Transplants and Personal Identity
- May 2018 **University of Glasgow Student Philosophy Society**, Talk: Awake in Deep Sleep; The case of Lucid Dreamless Sleep

PROFESSIONAL SERVICE

- 2020-Present **Mentor**, Women in Philosophy Mentorship Programme
- 2019-2020 **Diversity Officer**, PhD Society, University of Glasgow
- 2018-2019 **Host**, Stall at the Glasgow Science Festival and Explorathon by the CSPE
- 2018-2019 **Postgraduate Seminar Convener**, Philosophy Department, University of Glasgow
- 2018-2020 **University of Glasgow Student Philosophy Society**, Vice-president
- 2017-2018 **General Editor**, eSharp, Postgraduate Journal of the College of Arts

SKILLS AND LANGUAGES

Languages: Spanish (native), Catalan (native), English (proficient)

Coding: R (basic), Html (basic), CSS (basic)

REFERENCES

Professor Fiona Macpherson
Department of Philosophy, University of Glasgow (UK)
e-mail: Fiona.Macpherson@glasgow.ac.uk

Doctor Alistair Isaac
School of Philosophy, Psychology and Language Sciences, University of Edinburgh (UK)
e-mail: A.M.C.Isaac@ed.ac.uk

Professor Thomas Metzinger
Philosophisches Seminar/Johannes Gutenberg-Universität Mainz (Germany)
e-mail: metzinge@uni-mainz.de

PROFESSIONAL MEMBERSHIPS

Association for the Scientific Study of Consciousness (ASSC)