

Adriana Alcaraz-Sánchez (she/her)

POSTDOCTORAL RESEARCHER

Centre for Philosophical Psychology, Department of Philosophy, University of Antwerp (Belgium)

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SPECIALISATION

AOS Philosophy of Mind, Philosophy of Cognitive Science

AOC Philosophy of Psychology, Phenomenology, Metaphysics

EMPLOYMENT

2023 – Postdoctoral Researcher. Centre for Philosophical Psychology, University of Antwerp (Belgium).
Supervisor: Prof Bence Nanay.

EDUCATION

PhD, Philosophy (2023), University of Glasgow (UK)

Dissertation: *Objectless sleep experiences: A phenomenological examination of a rare group of conscious experiences*

Supervisors: Prof Fiona Macpherson (Glasgow), Dr Alistair Isaac (Edinburgh), Prof Thomas Scotto (Glasgow)

Examiners: Dr Derek Brown (Glasgow), Prof Evan Thompson (UBC)

Visiting Doctoral Student (Spring, 2023), Centre for the Philosophy and the Sciences, University of Oslo (Norway). Host: Dr Sebastian Watzl

Visiting Doctoral Student (Summer, 2022), Donders Institute for Brain, Cognition and Behaviour, Radboud University (Netherlands). Host: Dr Martin Dresler

MPhil, Philosophy (2019), University of Glasgow (UK)

Dissertation: *Conscious states during dreamless sleep. A philosophical and psychological exploration*

Examiners: Prof David Bain (Glasgow), Dr Jennifer Windt (Melbourne)

MSc, Cognitive Science and Language (2015), University of Barcelona (Spain)

BA (Hons), Psychology (2012), University of Barcelona (Spain)

PUBLICATIONS

2022 Alcaraz-Sánchez, A. [Is Lucid Dreamless Sleep Really Lucid?](#) *Review of Philosophy and Psychology*

Alcaraz-Sánchez, A., Demšar, Ema, Campillo-Ferrer, Teresa and Torres-Platas, Gabriela. [Nothingness Is All There Is: An Exploration of Objectless Awareness During Sleep](#). *Frontiers in Psychology*, Vol. 13

2021 Alcaraz-Sánchez, A. [Awareness in The Void: A Micro-Phenomenological Exploration of Conscious Dreamless Sleep](#). *Phenomenology and the Cognitive Sciences*, 22 (867-905)

Under review. A paper on mind wandering and dreamless sleep experiences

A paper on the results of a survey about dream experiences

In progress. A paper on white dreaming and associated experiences

AWARDS AND HONOURS

FELLOWSHIPS AND AWARDS

- 2022 Visiting Scholarship, Centre for Philosophy and the Sciences, CPS, University of Oslo**, Travel and accommodation expenses (*circa £4,500*)
- 2020 Dream Science Grants, International Association for the Study of Dreams (IASD) and Dream Science Research (DSF)**, Research funding for the online study of “Dreamless sleep experiences” (\$3,000)
- 2019 Doctoral Training Partnership (DTP), Scottish Graduate School of Arts and Humanities (SGSAH)**, PhD funding for tuition fees and maintenance (*circa £47,000*)
- 2010 Beca Séneca (Seneca Scholarship), Spanish Education Ministry**, Undergraduate scholarship for tuition fees and maintenance at a different Spanish institution (*circa 5,000€*)

CONFERENCE BURSARIES AND OTHER FUNDING

- 2022 Collaborative Research Awards (CRA), College of Arts, University of Glasgow**. Conference funding for *New Perspectives on Dreaming* (£1000)
- Conferences bursaries: Mind Association, Scots Philosophical Association, and Analysis.** Conference funding for *New Perspectives on Dreaming* (total *circa £2200*)
- 2022 Research Support Award (RSA), College of Arts, University of Glasgow**. Travel grant (£300)
- 2020 Research Support Awards (RSA), College of Arts, University of Glasgow**. Travel grant (Returned due to event cancelled) (£300)
- Collaborative Development Funding (CDF), Scottish Graduate School of Arts and Humanities (SGSAH).** Funding for co-organising a doctoral training workshop (£400)
- 2019 Collaborative Research Awards (CRA), College of Arts, University of Glasgow**. Conference funding for *Dreams, Hallucinations, and Imagination* (£735)
- Conferences bursaries: Mind Association, Scots Philosophical Association, and Analysis.** Conference funding for *Dreams, Hallucinations, and Imagination* (total £2550)
- 2018 Research Support Awards (RSA), College of Arts, University of Glasgow**. Travel grant (£300)

TEACHING EXPERIENCE

- 2022-2023 Guest Lecturer**, University of Glasgow, Philosophy Department.
Lectures: *Embodied Cognition; Mental content; Consciousness in Sleep*
- Lecturer/ Lead Instructor**, University of Glasgow, Summer School, Widening Participation Programme.
Lectures: *Introduction to Philosophy of Mind* (Philosophy); *Mind and Consciousness* (Psychology); *Qualitative Research Methods* (Psychology)
- 2018-2023 Graduate Teaching Assistant**, University of Glasgow, Philosophy Department.
Seminars: *Philosophy of Mind* (Junior Honours and Sub-Honours); *Philosophy of Religion*; *Philosophy of Science, Epistemology; Propositional and Predicate logic* (Sub-Honours)

TALKS (SELECTED)

INVITED TALKS

- 2023** *"I woke up with a blank mind: White dreaming and associated phenomena"*.
Good Attention Group, Centre for the Philosophy and Sciences, University of Oslo /
New Perspectives on Dreaming Conference, University of Glasgow
- 2021** *"Preliminary results of the online study on dreamless sleep"*.
Dresler's sleep lab weekly meetings. Donders Institute for Brain, Cognition, and Behaviour
- 2021** *"Preliminary results of the online study on dreamless sleep"*.
Dreams, Memory, and Emotions workshop, Laboratorio de Sueño y Memoria, Instituto Tecnológico de Buenos Aires, (online)
- "Preliminary results of the online study on dreamless sleep"*.
Minimal Phenomenal Experience research group mini-workshop, FIAS, Frankfurt, Germany
- "Micro-phenomenology to study consciousness in sleep"*.
Dream x Engineering Seminar series, MIT Media Laboratory and Sleep and Neurophysiology Research Laboratory, University of Rochester, (online)
- 2020** *"Sleep and consciousness"*.
Guest talk at the course "Interdisciplinary Writing" by Dr Jason Parry, Honours College at Purdue University, (online)
- "Are there varieties of conscious dreamless sleep?"*
Minimal Phenomenal Experience mini-workshop (online)

PEER-REVIEWED CONFERENCE TALKS

- 2022** Tutorial *"Neurophenomenology and Micro-phenomenology to the Study of Subjective Experience"* (with Mathis Trautwein and Ema Demšar). Remunerated
Association for the Scientific Study of Consciousness (ASSC25). Amsterdam, Netherlands
- 2020** *"Preliminary results of the online study on dreamless sleep experiences"*.
International Association for the Study of Dreams (IASD), Regional Conference, Vilnius, Lithuania.
Cancelled due to COVID-19.
- 2019** *"Awake in Deep Sleep: The case of Lucid Dreamless Sleep"*.
First-Person Science of Consciousness, Witten/Herdecke, University, Germany
- "Micro-phenomenology to Study Consciousness in Sleep"*.
Sleep and Consciousness: A Dyadic Life. Università degli Studi di Milano, Milan, Italy
- "Looking for the Minimal Phenomenal Experience. The case of Lucid Dreamless Sleep"*.
Selfless Minds: Radical disruptions of Self-Consciousness. Frankfurt Institute of Advanced Studies (FIAS), Frankfurt, Germany
- 2018** *"Looking for the Minimal Phenomenal Experience. The case of Lucid Dreamless Sleep"*.
Annual British Postgraduate Philosophical Association Conference, University of Birmingham, UK

PROFESSIONAL AND DEPARTMENTAL SERVICE

ACTIVITIES

2020–2023 Co-organiser (with Dr Derek Brown), Seminar Series "*Philosophy, Psychology and Neuroscience (PPN)*", University of Glasgow

2023 Co-Organiser (With Dr Robert Cowan and Fin Reid), Conference "*New Perspectives on Dreaming*",

2022 Co-organiser (With Jodie Russell, Edinburgh), Online Reading Group on the book "*Feminist Philosophy of Mind*, UOP"

2021 Co-organiser (With Jodie Russell, Edinburgh), Online graduate conference "*Extremes of Mind Wandering*"

2020 Co-organiser (with Maike Dinger and Russell), Online workshop for Scottish-based postgraduates "*Academic Youtubers*"

Co-organiser (With Dr Derek Brown and Raul Ros Morales), Conference "*Philosophy of Perception and Colour*"

Coordinator, Glasgow MAP (Minorities and Philosophy)

2019 Diversity Officer, PhD Society, University of Glasgow

Co-organiser (with Raul Ros Morales, Glasgow), Postgraduate conference "*Dreams, Hallucinations, and Imagination*"

2018 Convenor, Postgraduate Seminar, Philosophy Department, University of Glasgow

Organiser, Reading Group on Philosophy of Mind, Philosophy Department, University of Glasgow

Vice-President, University of Glasgow Student Philosophy Society, Vice-president

MENTORSHIP

2020- Present

Mentor, SGSAH Applicant's Mentorship Programme

Mentor, Women in Philosophy Mentorship Programme (University of Glasgow)

REFEREE

Philosophical Psychology, Frontiers in Psychology, Philosophy of the Mind Sciences, Mindfulness, Philosophia

OUTREACH

2023 Interview, "On Consciousness and Altered States of Awareness", [The Knownmads Podcast](#).

Invited Talk, *"Mind the gender-gap: Gender Bias in Academia"*, *Society for Spanish Researchers in the UK (SRUK)*, Online

2020 Co-Organiser (With MAP Glasgow), Online workshop *"Black Lives Matter and Philosophy"*

2019 Invited Talk, *"Brain Transplants and Personal Identity"*, Philosophy Café, Coatbridge Library

Invited Talk, *"The Virtual Reality of Lucid dreaming"*. Student Philosophy Society, University of Glasgow

2018 Invited Talk, *"Awake in Deep Sleep: The case of Lucid Dreamless Sleep"*, Student Philosophy Society, University of Glasgow

RESEARCH MANAGEMENT AND ADMINISTRATIVE EXPERIENCE

2018-2019 Research Assistant and Project Manager, Research project Minimal Phenomenal Experience (Prof Thomas Metzinger), Philosophisches Seminar, Universität Mainz, Germany (Remote position)

Blogger Intern, Postgraduate Blog, Research and Innovation Services (University of Glasgow)

LANGUAGES AND SKILLS

Languages: Spanish (Native), Catalan (Native), English (Proficient; C2)

Skills: Qualitative Research (NVivo, Qualtrics); Programming (R, HTML)

REFERENCES

Prof Fiona Macpherson
Department of Philosophy, University of Glasgow
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Dr Alistair Isaac
School of Philosophy, Psychology and Language Sciences, University of Edinburgh
A.M.C.Isaac@ed.ac.uk

Prof Evan Thompson
Department of Philosophy, British Columbia
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Dr Derek Brown
Department of Philosophy, University of Glasgow
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Dr Robert Cowan
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Prof Thomas Metzinger
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