

Adriana Alcaraz-Sánchez (she/her)

PHD CANDIDATE

Centre for the Study of the Perceptual Experience (CSPE), Department of Philosophy, University of Glasgow

✉ a.alcaraz-sanchez.1@research.gla.ac.uk | 🌐 <http://www.adriana-alcarazsanchez.xyz/>

SPECIALISATION

AOS Philosophy of Mind, Philosophy of Cognitive Science

AOC Philosophy of Psychology, Phenomenology, Indian Philosophy

EDUCATION

PhD, Philosophy (2019-Present), University of Glasgow (UK)

Dissertation: *Minimal conscious states during sleep*

Supervisors: Prof Fiona Macpherson (Glasgow), Dr Alistair Isaac (Edinburgh), Prof Thomas Scotto (Glasgow)

Visiting Doctoral Student (Spring, 2023), Centre for the Philosophy and the Sciences, University of Oslo (Norway). Host: Dr Sebastian Watzl

Visiting Doctoral Student (Summer, 2022), Donders Institute for Brain, Cognition and Behaviour, Radboud University (Netherlands). Host: Dr Martin Dresler

MPhil, Philosophy (2019), University of Glasgow (UK), *passed without corrections*

Dissertation: *Conscious states during dreamless sleep. A philosophical and psychological exploration*

Examiners: Prof David Bain (Glasgow), Dr Jennifer Windt (Melbourne)

MSc, Cognitive Science and Language (2015), University of Barcelona (Spain)

BA (Hons), Psychology (2012), University of Barcelona (Spain)

PUBLICATIONS

2022 Alcaraz-Sánchez, A. [Is Lucid Dreamless Sleep Really Lucid?](#) *Review of Philosophy and Psychology*

Alcaraz-Sánchez, A., Demšar, Ema, Campillo-Ferrer, Teresa and Torres-Platas, Gabriela. [Nothingness Is All There Is: An Exploration of Objectless Awareness During Sleep](#). *Frontiers in Psychology*

2021 Alcaraz-Sánchez, A. [Awareness in The Void: A Micro-Phenomenological Exploration of Conscious Dreamless Sleep](#). *Phenomenology and the Cognitive sciences*

Under review. A paper on mind wandering and dreamless sleep experiences

In progress. A paper on the results of a survey about dream experiences

A paper on white dreaming and associated experiences

AWARDS AND HONOURS

FELLOWSHIPS AND AWARDS

2022 **Visiting Scholarship, Centre for Philosophy and the Sciences, CPS, University of Oslo**, Travel and accommodation expenses (*circa* £4,500)

2020 **Dream Science Grants, International Association for the Study of Dreams (IASD) and Dream Science Research (DSF)**, Research funding for the online study of "Dreamless sleep experiences" (\$3,000)

2019 **Doctoral Training Partnership (DTP), Scottish Graduate School of Arts and Humanities (SGSAH)**, PhD funding for tuition fees and maintenance (£47,000)

2010 **Beca Séneca (Seneca Scholarship), Spanish Education Ministry**, Undergraduate scholarship for tuition fees and maintenance at a different Spanish institution (*circa* 5,000€)

CONFERENCE BURSARIES AND OTHER FUNDING

2022 Collaborative Research Awards (CRA), College of Arts, University of Glasgow. Conference funding for *New Perspectives on Dreaming* (£1000)

Conferences bursaries, Mind Association. Conference funding for *New Perspectives on Dreaming* (total £600)

Research Support Award (RSA), College of Arts, University of Glasgow. Travel grant (£300)

2020 Research Support Awards (RSA), College of Arts, University of Glasgow. Travel grant (Returned due to event cancelled) (£300)

Collaborative Development Funding (CDF), Scottish Graduate School of Arts and Humanities (SGSAH). Funding for co-organising a doctoral training workshop (£400)

2019 Collaborative Research Awards (CRA), College of Arts, University of Glasgow. Conference funding for *Dreams, Hallucinations, and Imagination* (£735)

Conferences bursaries, Mind Association, Scots Philosophical Association, and Analysis. Conference funding for *Dreams, Hallucinations, and Imagination* (total £2550)

2018 Research Support Awards (RSA), College of Arts, University of Glasgow. Travel grant (£300)

TEACHING EXPERIENCE

2022-Present Guest Lecturer, University of Glasgow, Philosophy Department.

Lectures: *Embodied Cognition; Mental content; Consciousness in sleep*

Lead Instructor, University of Glasgow, Summer School, Widening Participation Programme.

Classes: *Introduction to Philosophy of Mind* (Philosophy); *Mind and Consciousness* (Psychology); *Qualitative Research Methods* (Psychology)

2018-Present Lead Tutor, University of Glasgow, Philosophy Department.

Tutorials: *Philosophy of Mind* (Junior Honours and Sub-Honours); *Philosophy of Religion; Philosophy of Science, Epistemology; Propositional and Predicate logic* (Sub-Honours)

Assistant Tutor, University of Glasgow, School of Psychology and Neuroscience.

Labs: *Introduction to R; Psychological research methods; Writing skills*

TALKS (SELECTED)

INVITED TALKS

2023 "I woke up with a blank mind: White dreaming and associated phenomena "

Good Attention Group, Centre for the Philosophy and Sciences, University of Oslo

2021 "Preliminary results of the online study on dreamless sleep".

Dresler's sleep lab weekly meetings. Donders Institute for Brain, Cognition, and Behaviour

2021 "Preliminary results of the online study on dreamless sleep".

Dreams, Memory, and Emotions workshop, Laboratorio de Sueño y Memoria, Instituto Tecnológico de Buenos Aires, (online)

"Preliminary results of the online study on dreamless sleep".

Minimal Phenomenal Experience research group mini-workshop, FIAS, Frankfurt, Germany

"Micro-phenomenology to study consciousness in sleep".

Dream x Engineering Seminar series, MIT Media Laboratory and Sleep and Neurophysiology Research Laboratory, University of Rochester, (online)

2020 *"Sleep and consciousness".*

Guest talk at the course "Interdisciplinary Writing" by Dr Jason Parry, Honours College at Purdue University, (online)

"Are there varieties of conscious dreamless sleep?"

Minimal Phenomenal Experience mini-workshop (online)

PEER-REVIEWED CONFERENCE TALKS

2022 Tutorial *"Neurophenomenology and Micro-phenomenology to the Study of Subjective Experience"* (with Mathis Trautwein and Ema Demšar). Remunerated

Association for the Scientific Study of Consciousness (ASSC25). Amsterdam, Netherlands

2020 *"Preliminary results of the online study on dreamless sleep experiences".*

International Association for the Study of Dreams (IASD), Regional Conference, Vilnius, Lithuania. Cancelled due to Covid-19.

2019 *"Awake in Deep Sleep: The case of Lucid Dreamless Sleep".*

First-Person Science of Consciousness, Witten/Herdecke, University, Germany

"Micro-phenomenology to Study Consciousness in Sleep".

Sleep and Consciousness: A Dyadic Life. Università degli Studi di Milano, Milan, Italy

"Looking for the Minimal Phenomenal Experience. The case of Lucid Dreamless Sleep".

Selfless Minds: Radical disruptions of Self-Consciousness. Frankfurt Institute of Advanced Studies (FIAS), Frankfurt, Germany

2018 *"Looking for the Minimal Phenomenal Experience. The case of Lucid Dreamless Sleep".*

Annual British Postgraduate Philosophical Association Conference, University of Birmingham, UK

2016 *"Where is our Concept of self grounded? Full-Body Illusions, Dreams, and the Phenomenal Selfhood".* (Poster and short presentation).

Workshop in Experimental Philosophy, Berlin School of Mind and Brain, Humboldt-University, Germany

PROFESSIONAL AND DEPARTMENTAL SERVICE

ACTIVITIES

2023 **Co-Organiser** (With Dr Robert Cowan and Fin Reid), Conference *"New Perspectives on Dreaming"*,

2022 **Co-organiser** (With Jodie Russell, Edinburgh), Online Reading Group on the book *"Feminist Philosophy of Mind, UOP"*

2021 **Co-organiser** (With Jodie Russell, Edinburgh), Online graduate conference *"Extremes of Mind wandering"*

2020–Present

Mentor, Women in Philosophy Mentorship Programme (University of Glasgow)

Co-organiser (with Dr Derek Brown), Seminar Series *"Philosophy, Psychology and Neuroscience (PPN)"*, University of Glasgow

2020 **Co-organiser** (with Maike Dinger and Russell), Online workshop for Scottish-based postgraduates *"Academic Youtubers"*

Co-organiser (With Dr Derek Brown and Raul Ros Morales), Conference *"Philosophy of Perception and Colour"*

Coordinator, Glasgow MAP (Minorities and Philosophy)

2019 Diversity Officer, PhD Society, University of Glasgow

Co-organiser (with Raul Ros Morales, Glasgow), Postgraduate conference "*Dreams, Hallucinations, and Imagination*"

2018 Convenor, Postgraduate Seminar, Philosophy Department, University of Glasgow

Organiser, Reading Group on Philosophy of Mind, Philosophy Department, University of Glasgow

Vice-President, University of Glasgow Student Philosophy Society, Vice-president

REFEREE

Philosophical Psychology, Frontiers in Psychology, Mindfulness

OUTREACH

2023 Invited Talk, "*Mind the gender-gap: Gender Bias in Academia*", Society for Spanish Researchers in the UK (SRUK), Online

2020 Co-Organiser (With MAP Glasgow), Online workshop "*Black Lives Matter and Philosophy*"

2019 Invited Talk, "*Brain Transplants and Personal Identity*", Philosophy Café, Coatbridge Library

Invited Talk, "*The Virtual Reality of Lucid dreaming*". Student Philosophy Society, University of Glasgow

2018 Invited Talk, "*Awake in Deep Sleep: The case of Lucid Dreamless Sleep*", Student Philosophy Society, University of Glasgow

RESEARCH MANAGEMENT AND ADMINISTRATIVE EXPERIENCE

2018-2019 Research Assistant and Project Manager, Research project Minimal Phenomenal Experience (Prof Thomas Metzinger), Philosophisches Seminar, Universität Mainz, Germany (remote position)

Blogger Intern, Postgraduate Blog, Research and Innovation Services (University of Glasgow)

LANGUAGES AND SKILLS

Languages: Spanish (native), Catalan (native), English (proficient)

Coding: HTML (intermediate), CSS (intermediate), R (basic), Java (basic)

REFERENCES

Prof Fiona Macpherson
Department of Philosophy, University of Glasgow
Fiona.Macpherson@glasgow.ac.uk

Dr Alistair Isaac
School of Philosophy, Psychology and Language
Sciences, University of Edinburgh
A.M.C.Isaac@ed.ac.uk

Prof Thomas Metzinger
Philosophisches Seminar/Johannes Gutenberg-
Universität Mainz
metzinge@uni-mainz.de

Dr Robert Cowan
Department of Philosophy, University of Glasgow
Robert.Cowan@glasgow.ac.uk