## Monk Level (MONK) ARMOR CLASS BONUS AC BONUS Monk Level **CMD** BONUS (Round down) Bonus only applied when unarmored, unencumbered and not helpless STUNNING FIST STUNNING FIST Monk Non-Monk PER DAY Levels Level (Round down) STUNNING FIST TODAY FORTITUDE Monk SAVE DC Level Level 1 Stunned No action this round Lose DEXbonus to AC; -2 AC Fatigued Cannot run or charge 4 -2 Strength and Dexterity -2 to attack rolls, damage rolls, 8 Sickened saving throws, skill and ability checks May make a standard or move action, 12 Staggered but not both Lose DEXbonus to AC; -2 AC 16 Blinded -4 on **STR**and **DEX**skills, opposed Perception 50% miss chance when attacking or DC 10 Acrobatics to move more than half speed -4 initiative; 20% miss chance when attacking Deafened -4 on opposed Perception automatically fail Perception checks for sound No action this round 20 Paralyzed Lose DEXbonus to AC; -2 AC **BONUS FEATS** Level ☐ Improved Grapple 1 □ Crushing Embrace 2 □ Greater Grapple 6 □ Twin Lock 10 □ Choke Hold 14 □ Backbreaker 18 WHOLENESS OF BODY HEALING POINTS Monk Level 7

## HEALING Level POINTS Monk Level 7 = FORM LOCK Level Monk Level Caster Level 13 + WIS > 11 + QUIVERING PALM QUIVER DAYS Monk Level days = Level

Monk

Level

PERFECT	SEL.

Treated as an Outsider

Level Immune to Charm Person and other effects that

20 target non-outsiders.

FORTITUDE

SAVE DC

15

Damage reduction 10/chaotic

_		1	MONK
Monk Level	Unarmed Strike Damage	Armor Class Bonus	
1	Sm / Lg <b>d6 d4 / d8</b>	Graceful Grappler Unarmed Strike Stunning Fist	Use monk level in place of <b>BAB</b> when grappling Treat hands, feet, knees and elbows as weapons Stun (or other effects) target for one round
2		Evasion	Avoid all damage on successful reflex save
3		Fast Movement <b>+10 ft</b> Maneuver Training Still Mind	(which grants +4to Acrobatics checks for jumping) Use monk level in place of BABfor calculating CMB +2saving throws against enchantment
4	<b>d8</b> d6 / 2d6	Ki Pool (magic) Counter-grapple Graceful Grappler	Treat unarmed attacks as magic weapons Make attack of opportunity when grapple attempted No attack penalty, may attack of opportunity when grappling Keep <b>DEX</b> bonus when pinning or grappled
5		Break Free Purity of Body	Add monk level to checks for escaping a grapple Retry failed saves against entanglement - <b>1 ki point</b> Immune to all diseases
6		Fast Movement <b>+20 ft</b> Counter-grapple	(which grants +8to Acrobatics checks for jumping) Make attack of opportunity even through total concealment
7		Wholeness of Body	Heal your own wounds - 2 ki points
8	<b>d10</b> d8 / 2d8	Graceful Grappler Counter-grapple	Heal your own wounds - <b>2 ki points</b> Make attack of opportunity even when flat-footed
9		Inescapable Grasp Fast Movement <b>+30 ft</b>	Suppress foe's magical bonus to escape - 1 ki point (which grants +12to Acrobatics checks for jumping)
10		Ki Pool (lawful) Counter-grapple	Treat unarmed attacks as lawful weapons Make attack of opportunity when foe has exceptional reach
11		Diamond Body	Immune to all poisons
12	<b>2d6</b> d10 / 3d6	Fast Movement +40 ft	(which grants +16to Acrobatics checks for jumping)
13		Form Lock Inescapable Grasp	Negate a polymorph attempt by touch - <b>2 ki points</b> Dimensional anchor when using inescapable grasp
15		Quivering Palm Fast Movement <b>+50 ft</b> Graceful Grappler	Delayed death (which grants <b>+20</b> to Acrobatics checks for jumping) Deals unarmed strike damage on a successful grapple
16	2d8 2d6 / 3d8	Ki Pool (adamantine)	Treat unarmed attacks as adamantine weapons
17		Inescapable Grasp	Ghost touch when using inescapable grasp Incroporeal creatures grappled on touch
18		Fast Movement <b>+60 ft</b>	(which grants <b>+24</b> to Acrobatics checks for jumping)
19		Iron Body	Gain effect of <i>Iron Body</i> spell for 1 min - <b>3 ki points</b>
20	2d10 2d8 / 4d8	Perfect Self	Treated as outsider

## KI POOL

CAPACITY

Monk Level

÷ 2) + WIS

## ACROBATICS

KI POOL

MOVE THROUGH THREATENED SQUARE at half speed Acrobatics DC = Opponent's CMD +10 to move at full speed at half speed MOVE THROUGH ENEMY'S OWN SQUARE Acrobatics DC = 5 + Opponent's CMD +10 to move at full speed Distance 5ft 10ft 15ft 20ft 25ft 30ft 35ft 40ft 45ft 50ft 55ft LONG JUMP DC 5 45 50 55 3ft 4ft 5ft 6ft 7ft 8ft 9ft 10ft 11ft Distance 1ft **HIGH JUMP** 8 12 16 20 24 28 32 36 40 44 Acrobatics skill +4 for every 10ft of your standard move above 30ft

CATCH LEDGE DC 20 Reflex save if you fail a jump by 4 or less

FALL DC 15 Acrobatics to ignore 10ft of falling damage