- Marketing
- Inmates
- Judicial and administrative proceedings
- Law enforcement

Your Rights Regarding Your PHI

You have the following rights regarding your PHI:

- Right to inspect and copy. You have the right to inspect and copy your PHI.
- Right to amend. You have the right to amend your PHI.
- Right to request restrictions. You have the right to request restrictions or limitations on Northwind Health Plus' use or disclosure of your PHI.
- Right to receive an accounting. You have the right to receive an accounting of Northwind Health Plus' disclosures of your PHI.
- Right to receive confidential communications. You have the right to receive communications of your PHI from Northwind Health Plus by alternative means or at alternative locations.
- Right to file a complaint. You have the right to file a complaint with Northwind Health Plus or the Secretary of the Department of Health and Human Services if you feel that Northwind Health Plus has violated your privacy rights.

Tips for Employees

- Make sure to keep your records up-to-date and accurate.
- Be aware of the exceptions to the Notice of Information Use and Disclosure.
- Understand your rights regarding your PHI.
- Be aware of the possible uses and disclosures of your PHI.
- Be sure to read the Notice of Information Use and Disclosure before signing any authorizations for the use or disclosure of your PHI.
- Ask questions if you do not understand anything in the Notice of Information Use and Disclosure.
- Know that you have the right to file a complaint if you feel your privacy rights have been violated.

Conclusion