

Northwind Health Plus is committed to providing coverage to its members, no matter where they are located. By following these tips and understanding the coverage limits, you can ensure that you will be able to receive the care you need, even when you are outside of Washington.

CARE MANAGEMENT

Prior-Authorization

CARE MANAGEMENT: Prior Authorization

Under Northwind Health Plus, there is a care management system that includes prior authorization. Prior authorization is a process that requires approval from Northwind Health Plus for certain services and medications before they are covered. Prior authorization is intended to ensure that members receive medically necessary, safe, and cost-effective healthcare services.

Prior authorization is required for some outpatient services, such as outpatient surgery, some imaging studies and physical therapy, as well as for some medications. Prior authorization is also required for some inpatient services and procedures. Northwind Health Plus may also require prior authorization for other services or medications.

For services and medications that require prior authorization, you must contact Northwind Health Plus before receiving the service or medication to determine if prior authorization is required. If so, you will need to obtain prior authorization through the Northwind Health Plus prior authorization process.

Exceptions

There are some exceptions to the prior authorization requirement. Certain preventive services, such as annual physicals and routine check-ups do not require prior authorization. In some cases, Northwind Health Plus may also waive the prior authorization requirement for certain services and medications.

Tips for Employees

If you think you may need a service or medication that requires prior authorization, it is important to plan ahead and contact Northwind Health Plus before receiving the service or medication. This will help ensure that your service or medication is covered by Northwind Health Plus.

If you receive a service or medication without prior authorization, you may be responsible for the entire cost of the service or medication. You can also be billed for any services or medications that are determined to be not medically necessary.

Prior authorization can take several days to complete, so it is important to plan ahead and contact Northwind Health Plus as soon as possible. Northwind Health Plus may also require