

Finally, it is important to remember that habilitation services can be expensive. If an individual is not able to afford the cost of habilitation services, they may want to consider seeking assistance from a state-funded program or other organizations that provide financial assistance.

Overall, the Northwind Health Plus plan provides comprehensive coverage for habilitation services. It is important to understand the coverage limits and exceptions for habilitation services before seeking treatment. Additionally, it is important to consider the individual's needs and goals when choosing a type of therapy. Finally, if an individual is unable to afford the cost of habilitation services, they may want to explore other options for financial assistance.

### Newborn Care

#### COVERED SERVICES: Newborn Care

At Northwind Health, we understand that bringing a new life into the world is both exciting and overwhelming. That's why our Northwind Health Plus plan offers coverage for newborn care. This coverage includes care provided by a physician or other health care professional in the hospital, or at an alternate birthing facility, for a newborn baby up to 30 days old.

This coverage includes:

- Newborn screening tests
- Physical assessment and evaluation
- Treatment for any medical condition
- Feeding care
- Follow-up treatments and visits

#### Exceptions

This coverage does not include services or treatments for any pre-existing conditions. It also does not include any elective services such as cosmetic procedures.

#### Tips for Employees

- If you are pregnant, it is important to make sure that you understand the coverage available under the Northwind Health Plus plan. Talk to your doctor and make sure that you have a plan for delivery and postpartum care that is covered by your insurance.
- Make sure that you understand the newborn screening tests that are covered and any follow-up treatments or visits that may be required.
- If you are planning to use a birthing facility other than a hospital, make sure that you check to see if it is covered under the plan.