

These are just a few tips to help you understand the Northwind Health Plus plan and to make sure that you are taking advantage of all the benefits it offers. Remember, it is important to read the plan documents carefully and to ask questions if you have any. By doing so, you can make sure that you are getting the most out of your Northwind Health Plus plan.

Evidence Of Medical Necessity

OTHER INFORMATION ABOUT THIS PLAN: Evidence of Medical Necessity

Evidence of medical necessity is an important component of health insurance coverage. It is an indication that a certain service or treatment is medically necessary for a patient's health and wellbeing. The Northwind Health Plus plan requires evidence of medical necessity when a service or treatment is being requested.

What Is Evidence of Medical Necessity?

Evidence of medical necessity is documentation that is provided by a healthcare provider or other healthcare professionals to support a request for a specific service or treatment. This documentation should provide detailed information about the patient's medical condition, the recommended service or treatment, and why it is medically necessary.

Evidence of medical necessity is typically required when requesting services or treatments that are not commonly used or are more costly than other services or treatments. This requirement helps to ensure that the patient is receiving the most appropriate care and that the services or treatments being requested are medically necessary.

What Types of Services and Treatments Require Evidence of Medical Necessity?

The Northwind Health Plus plan requires evidence of medical necessity for a variety of services and treatments, including:

- Durable medical equipment (DME)
- Home health services
- Skilled nursing services
- Physical, occupational, and speech therapy services
- Mental health services
- Substance abuse services
- Infertility treatments
- Bariatric surgery
- Sleep studies