

## Notice Of Information Use And Disclosure

### OTHER INFORMATION ABOUT THIS PLAN: Notice of Information Use and Disclosure

At Northwind Health, we understand that your personal health information and health plan information is important to you and must be handled responsibly. This section of the document outlines the information use and disclosure practices of Northwind Health Plus.

#### Notice of Information Use and Disclosure

Northwind Health Plus is required to protect the privacy of your protected health information (PHI) and provide you with notice of our legal duties and privacy practices. Northwind Health Plus must follow the terms of the Notice of Information Use and Disclosure currently in effect and will not use or disclose your PHI without your authorization, except as described in this Notice.

Your PHI includes information that can be used to identify you and that relates to your past, present, or future physical or mental health or condition, and related health care services. This includes information such as your name, address, telephone number, date of birth, and Social Security number. Northwind Health Plus may use and disclose your PHI for the following purposes:

**Treatment:** Northwind Health Plus may use and disclose your PHI to provide you with treatment, including coordination and management of your health care and payment for your health care services. This includes making referrals to specialists and other health care providers, and providing follow-up care.

**Payment:** Northwind Health Plus may use and disclose your PHI to obtain payment for your health care services. This includes billing, collecting payment, and determining eligibility for benefits.

**Health Care Operations:** Northwind Health Plus may use and disclose your PHI for health care operations. This includes quality assessment and improvement activities, customer service, legal and compliance activities, and business planning and development.

**Exceptions:** In certain circumstances, Northwind Health Plus may use or disclose your PHI without your authorization. These exceptions include:

- Disclosures required by law
- Public health activities
- Victim of abuse, neglect, or domestic violence
- Health oversight activities
- Organ and tissue donation
- Research