

By taking the time to understand the benefits and risks of spinal and other manipulations, you can make sure that you are making an informed decision about your health care. With the Northwind Health Plus Plan, you can take advantage of the coverage provided for these services and get the treatment you need.

Substance Use Disorder

Substance Use Disorder Coverage

At Contoso, we are proud to offer our employees Northwind Health Plus, an insurance plan that provides comprehensive coverage for medical, vision, and dental services. This plan also offers coverage for substance use disorder (SUD) as part of our commitment to promoting employee well-being.

What is Substance Use Disorder?

Substance use disorder (SUD) is a condition in which an individual has difficulty controlling their use of alcohol or other drugs, even when it causes negative consequences in their life. It is a chronic, relapsing condition that can have a significant impact on an individual's physical, mental, and social well-being.

What is Covered under the Northwind Health Plus Plan?

The Northwind Health Plus plan covers a wide range of services related to the treatment of SUD. These services include inpatient and outpatient treatment, counseling, and medications to help with recovery. It also covers mental health services and support for family members of those with SUD.

Exceptions

Not all services related to SUD are covered by the Northwind Health Plus plan. For example, the plan does not cover experimental treatments or services that are not medically necessary. It also does not cover services provided by non-network providers.

Tips for Employees

If you or someone you care about is struggling with SUD, there are a few things you can do to get the most out of your Northwind Health Plus plan:

- Talk to your doctor or a mental health professional about your symptoms and the treatments that may be available.
- Make sure you understand the coverage provided by your plan and that you receive all the services that are covered.
- Be aware of the out-of-pocket costs associated with the services you receive.
- Take advantage of any support services offered by the plan, such as counseling, group therapy, or family support.