

team. In addition, certain types of treatments, such as those related to infertility, are not covered under the plan. If you have any questions about coverage for a specific type of infusion therapy, it is best to call the insurance company to find out if it is covered.

Tips for Employees:

It is important to be aware of the coverage for infusion therapy under the Northwind Health Plus plan. Here are a few tips to help you get the most out of this coverage:

- Make sure to get a written prescription from your doctor for the infusion therapy you need.
- Ask your doctor or pharmacist about drugs that are covered under the plan.
- Ask your doctor or pharmacist about the cost of the infusion medications and supplies so you can plan ahead and budget accordingly.
- Talk to your doctor or pharmacist about any potential side effects or interactions that could occur with the medications you are taking.
- Ask your doctor or pharmacist about any special instructions you need to follow while receiving the infusion.
- Make sure to keep track of your infusion treatments and the medications you take. This will help you stay on top of your healthcare needs.
- If you have any questions or concerns about your infusion therapy, talk to your doctor or pharmacist. They can help you understand your coverage and ensure you are getting the best care possible.

Massage Therapy

COVERED SERVICES: Massage Therapy

At Contoso, we want to provide our employees with the best healthcare possible, which is why we have partnered with Northwind Health to offer Northwind Health Plus. Under this plan, massage therapy is covered for our employees and their eligible dependents.

Massage therapy is a type of therapy that involves pressing, rubbing, and manipulating muscles and other soft tissues to improve overall health and well-being. It can be used to reduce pain, relax muscles, reduce stress, and improve overall health. Massage therapy is a great way to reduce stress and relax the body, and with Northwind Health Plus, you can have massage therapy covered.

However, there are some restrictions and exceptions to this coverage. Massage therapy must be prescribed and provided by a licensed massage therapist. It must also be medically necessary, meaning that it must be a service that is used to treat a condition or illness that is diagnosed by a doctor or other healthcare provider. Massage therapy must also be