

Tips: When selecting a healthcare provider, be sure to choose one that is in-network. This will help you save money by avoiding out-of-network fees. In addition, be sure to ask your doctor or healthcare provider about any copayments, coinsurance, or deductibles that may apply to the services you receive. It is also a good idea to review your plan documents to better understand your coverage and plan benefits.

Psychological and Neuropsychological Testing

COVERED SERVICES – Psychological and Neuropsychological Testing

Northwind Health Plus recognizes the importance of mental health care and offers psychological and neuropsychological testing as a covered service. In this section, we will cover what these tests are, what they cover, and what the exceptions are.

What are Psychological and Neuropsychological Tests?

Psychological and neuropsychological tests are tests used to diagnose and treat mental health conditions and disorders. Psychological tests are used to assess personality, behavior, and emotions, while neuropsychological tests are used to diagnose and treat neurological disorders.

What do these Tests Cover?

Psychological and neuropsychological testing can cover a wide range of topics, including memory, concentration, and attention; language and communication; motor skills; problem-solving; and executive functioning. Tests may also assess mood and behavior and can help to diagnose conditions such as anxiety, depression, and bipolar disorder.

Exceptions

There are some exceptions to the coverage for psychological and neuropsychological tests. These include tests for intelligence, achievement, and aptitude. In addition, tests that are intended to evaluate an individual's ability to perform specific job functions are also not covered under Northwind Health Plus.

Tips for Employees

If you think you may need psychological or neuropsychological testing, be sure to discuss this with your primary care physician or mental health provider. These tests can be expensive and time-consuming, so it's important to make sure that any testing you have is necessary and covered under your health plan. In addition, you should research providers who offer these services and make sure they are in-network with Northwind Health Plus so that you can receive the maximum benefit. Finally, make sure to keep track of all of your medical records and any tests you have so that you can provide this information to your providers if necessary.

By understanding what psychological and neuropsychological tests are, what they cover, and any exceptions to coverage, you can make sure that you are getting the most out of your