The Northwind Standard plan provides coverage for emergency room services, but it's important to understand the details of your coverage. By following these tips and taking steps to avoid unnecessary visits, you can get the most out of your plan.

#### **Foot Care**

# ## COVERED SERVICES: Foot Care

At Contoso, we want to make sure our employees are taken care of and that starts with their health. Northwind Standard provides coverage for foot care services, so you don't have to worry about the costs associated with taking care of your feet.

Northwind Standard offers coverage for all kinds of foot care services, including podiatry visits, orthotics, and foot surgery. You can visit any in-network provider for these services and Northwind Standard will cover a portion of the cost.

# ### Podiatry Visits

If you are experiencing foot or ankle-related issues, it's important to visit a podiatrist. Podiatrists are medical doctors who specialize in the diagnosis, treatment, and prevention of foot and ankle problems. Your Northwind Standard plan will cover the costs of a podiatry visit, so be sure to take advantage of this benefit if you're experiencing any foot-related issues.

### ### Orthotics

Orthotics are custom-made shoe inserts that can help relieve pain and discomfort. They can also help with walking, running, and standing. If you're experiencing any foot or ankle issues, your Northwind Standard plan will cover the cost of orthotics.

# ### Foot Surgery

In some cases, it may be necessary to have foot surgery in order to correct an issue. Northwind Standard will cover the cost of foot surgery, so you don't have to worry about the financial burden.

# ### Exceptions

Unfortunately, Northwind Standard does not cover the cost of prosthetic devices or custom orthopedic shoes. If you need these services, you will have to pay for them out of pocket.

# ### Tips

- \* Make sure you visit an in-network provider for your foot care services to ensure that Northwind Standard will cover the cost.
- \* Don't wait to get your foot issue checked out. If you're experiencing any foot or anklerelated issues, make sure you visit a podiatrist right away.