

- Remember that Northwind Health Plus does not cover services that are not medically necessary or services that are provided for the convenience of the patient.
- Be aware that Northwind Health Plus does not cover services that are not ordered by the patient's attending physician or services that are provided by an unlicensed or unaccredited facility.

By being aware of these tips, you can ensure that you are receiving the coverage that you need to get the skilled nursing facility services that you require.

Spinal and Other Manipulations

COVERED SERVICES: Spinal and Other Manipulations

The Northwind Health Plus Plan covers spinal and other manipulations. Spinal manipulation is a form of manual therapy that is used to treat musculoskeletal conditions. It is often used to treat back pain, neck pain, and headaches. Other manipulations may be used to treat conditions such as shoulder pain, hip pain, and knee pain.

Spinal manipulations can be performed by a variety of healthcare providers, including physical therapists, chiropractors, and osteopaths. These manipulations involve applying manual force to joints of the spine, hips, and other areas of the body. The goal is to reduce pain and improve mobility.

The Northwind Health Plus Plan covers the cost of spinal manipulations up to a certain amount each year. In addition to covering the cost of the manipulation itself, the plan also covers the cost of x-rays and other tests that may be necessary to diagnose the condition being treated. This plan also covers the cost of any supplies or equipment needed to perform the manipulation.

However, the Northwind Health Plus Plan does not cover the cost of spinal manipulations performed for cosmetic reasons. It also does not cover the cost of long-term care or maintenance manipulations.

When considering spinal manipulation as a treatment option, it is important to discuss the potential risks and benefits with your doctor. Your doctor can help you determine if this form of therapy is right for you and can provide you with information on the potential side effects.

In addition, it is important to make sure that you are working with a qualified practitioner. Check with your insurance company to make sure that the practitioner you are considering is in-network and covered by your plan. Also, make sure that the practitioner is experienced and knowledgeable in the type of manipulation that they are performing.

Finally, keep in mind that spinal manipulations are not a substitute for medical care. If you are experiencing severe pain or other symptoms, you should seek medical attention immediately.