In the event of an emergency, you can receive care from both in-network and out-ofnetwork providers. However, if you choose to receive care from an out-of-network provider, your out-of-pocket costs may be higher. Therefore, it is important to consider the cost of out-of-network care when deciding whether to seek emergency care.

Tips for Choosing an In-Network Provider

When choosing an in-network provider, there are a few tips to keep in mind:

- Check with Northwind Health Plus to make sure that the provider you are considering is in-network.
- Use the searchable directory on the Northwind Health Plus website to find in-network providers in your area.
- Ask your current provider if they are part of the Northwind Health Plus network.
- Consider the cost savings associated with in-network providers when making your decision.
- Consider the quality of care when choosing a provider.
- Make sure the provider is familiar with your health insurance plan and its coverage.
- Make sure the provider is available and can accommodate your schedule.

Conclusion

Choosing the right provider is an important part of getting the most value out of your health insurance plan. Northwind Health Plus offers an extensive network of in-network providers that can help you save money on health care services. By following the tips outlined above, you can make sure that you are choosing an in-network provider that is most convenient and cost-effective for you and your family.

Continuity of Care

HOW PROVIDERS AFFECT YOUR COSTS: Continuity of Care

It's important to understand continuity of care when selecting a provider. Continuity of care is the process of being treated by the same provider or medical team over a period of time. When you have continuity of care, your provider has a better understanding of your medical history, enabling them to provide more accurate diagnoses and treatments.

Continuity of care is important when selecting a provider because it ensures better quality of care. When you have continuity of care, your provider is more familiar with your medical history, which can lead to more effective treatments. Also, if you stay with the same provider for a period of time, the provider will be more likely to know about any changes in your health and can offer more personalized care.