

In certain cases, Northwind Health may require prior authorization even if the service is not listed above. Your doctor or health care provider should contact Northwind Health to determine if prior authorization is required prior to providing care.

Exceptions to Prior Authorization

There are certain services and treatments that are exempt from prior authorization. These include:

- Routine office visits
- Immunizations
- X-Ray services
- Emergency services
- Family planning services
- Maternity services
- Services and supplies related to diabetes
- Preventive care services
- Mental health and substance abuse services
- Routine eye exams
- Routine dental exams

It is important to note that the list of services and treatments that are exempt from prior authorization is subject to change. Your doctor or health care provider should contact Northwind Health to determine if prior authorization is required prior to providing care.

Tips for Obtaining Prior Authorization

When obtaining prior authorization for a service or treatment, it is important to provide Northwind Health with all of the necessary information. This includes:

- The patient's diagnosis
- The proposed treatment
- The anticipated duration of the treatment
- Any other relevant information that may be requested by Northwind Health