

performed in a professional setting, such as a doctor's office, hospital, or massage therapy clinic.

In addition, there are certain services that are not covered under this plan. This includes services that are not medically necessary, services that are not provided by a licensed massage therapist, and services that are not performed in a professional setting.

Here are some helpful tips for getting the most out of your massage therapy coverage with Northwind Health Plus:

1. Make sure to get pre-authorization from your doctor or healthcare provider before scheduling an appointment.
2. Make sure to find a licensed massage therapist who is in-network with Northwind Health Plus.
3. Do your research and find a massage therapist who is experienced in treating your specific condition or illness.
4. Make sure to keep all receipts and documentation of your massage therapy sessions for reimbursement.
5. Take advantage of the preventive care coverage offered by Northwind Health Plus, which can help to reduce your out-of-pocket costs.

At Contoso, we want to make sure that our employees are getting the best care possible. With our partnership with Northwind Health Plus, our employees can take advantage of the massage therapy coverage that it offers. We hope that you find this coverage useful and that it helps you to improve your overall health and well-being.

Mastectomy and Breast Reconstruction

Mastectomy and Breast Reconstruction

At Northwind Health, we understand that it is important to support our members through all stages of life and medical needs. We offer coverage for mastectomy and breast reconstruction services through our Northwind Health Plus plan to ensure that our members have access to the care they need.

Covered Services

Northwind Health Plus offers coverage for both the mastectomy procedure itself, as well as the breast reconstruction procedure following the mastectomy. This includes coverage for implants, prostheses, and other reconstructive surgery. We also offer coverage for outpatient services related to the mastectomy, such as skin grafts, lymph node dissection, and other associated procedures.