

Allergy Testing and Treatment

COVERED SERVICES: Allergy Testing and Treatment

The Northwind Standard plan covers the cost of allergy testing and treatment. Allergy testing is done to determine what substances a person is allergic to, and treatment can include medications, injections, and other therapies. Allergy testing and treatment are covered under this plan.

What Is Covered

Under the Northwind Standard plan, the following allergy testing and treatment services are covered:

- Allergy skin testing
- Allergy blood testing
- Immunotherapy (allergy shots)
- Prescription medications for allergies, such as antihistamines, decongestants, and corticosteroids
- Non-prescription medications for allergies, such as antihistamines and decongestants
- Allergy medications for asthma, such as albuterol
- Allergy medications for skin conditions, such as topical corticosteroids
- Nasal sprays for allergies

Exceptions

The Northwind Standard plan does not cover the cost of allergy testing or treatment for cosmetic purposes.

Tips

- Make sure to tell your doctor about any medications you are currently taking, as some medications can interfere with allergy testing or treatment.
- If you are prescribed medications for allergies, be sure to follow your doctor's instructions carefully.
- Ask your doctor about other treatments that may be available, such as immunotherapy (allergy shots).
- If you are prescribed medications for allergies, be sure to check with your pharmacist to see if there are any generic or over-the-counter options that may be more affordable.