

By following these tips, you can make sure that you are taking advantage of all the benefits of the Northwind Standard plan. With the right plan in place, you can be sure that you are getting the best coverage for your medical, dental, vision, and prescription drug needs.

Preventive Care

COVERED SERVICES: Preventive Care

At Northwind Health, preventive care services are covered under the Northwind Standard plan. Preventive care services are a great way to stay on top of your health, and they are available at no additional cost when you are a part of Northwind Standard.

Preventive care services include the following:

- Physicals and vaccinations
- Health screenings and tests, such as blood pressure, cholesterol and diabetes tests
- Counseling, such as lifestyle and nutrition counseling
- Immunizations
- Vision and hearing screenings
- Other preventive services as recommended by the U.S. Preventive Services Task Force

Please note that Northwind Standard does not cover all preventive care services. For instance, Northwind Standard does not cover cosmetic services or any service that is not medically necessary.

To make the most of your Northwind Standard plan, here are a few tips:

- Be sure to talk to your doctor to find out which screenings, tests, and immunizations you should get each year.
- Know which preventive services are covered by your plan.
- Ask your doctor if he or she is in-network with Northwind Health.
- Schedule regular physicals and preventive care check-ups.
- Take advantage of any wellness programs offered by Northwind Health.
- Stay up-to-date on the latest preventive care guidelines.

Preventive care services can help you stay healthy and prevent illnesses from developing. With Northwind Standard, you can take advantage of these important services, which are covered at no additional cost.