

In addition, we provide coverage for breast reconstructive surgery following a mastectomy, including breast reconstruction with implants or flap surgery. We cover the cost of surgery, anesthesia, hospital stays, and any prostheses or implants that may be necessary.

#### Exceptions

Northwind Health Plus does not cover cosmetic breast surgery, such as breast augmentation, breast reduction, or breast lifts. We also do not cover services for male breast reduction.

#### Tips for Employees

If you are considering mastectomy or breast reconstruction surgery, it is important to be aware of the coverage that is available to you through Northwind Health Plus. Talk to your doctor about the options available to you and make sure to ask questions about the cost and coverage of any procedure that you are considering.

In addition, if you have questions about your coverage or need help understanding our policy, please call our Member Services team at 1-800-123-4567. Our team is available 24/7 to answer any questions that you may have about your Northwind Health Plus coverage.

### Maternity Care

#### COVERED SERVICES: Maternity Care

At Contoso, we understand that having a baby is an exciting and important time for new parents and their families. That's why we want to make sure you and your growing family have the support and coverage you need. Northwind Health Plus provides comprehensive coverage for maternity care, including prenatal and post-natal care and labor and delivery services.

#### Prenatal Care

Prenatal care is essential for both the mother and baby, as it helps to ensure the health and safety of both during pregnancy. Northwind Health Plus covers all services related to prenatal care, including office visits, tests, and ultrasounds. Additionally, Northwind Health Plus covers any necessary vaccines or medications that may be prescribed by your doctor during prenatal care.

#### Delivery and Post-natal Care

Northwind Health Plus covers all services related to the delivery of your baby, including labor and delivery, as well as post-natal care for both mother and baby. This includes any necessary treatments, tests, or medications prescribed by your doctor. Northwind Health Plus also covers any necessary follow-up care for both mother and baby for up to six weeks post-delivery.

#### Exceptions