#### **Rehabilitation Therapy**

### REHABILITATION THERAPY

Northwind Standard covers a range of rehabilitation therapy services, including physical, occupational, and speech therapy. For physical therapy, coverage is for medically necessary physical therapy services related to an injury or illness, including the use of equipment and supplies. For occupational therapy, coverage is for medically necessary services related to an injury or illness, including the use of specialized equipment and supplies. For speech therapy, coverage is for medically necessary services related to an injury or illness, including the use of specialized equipment and supplies.

# Exceptions

Unfortunately, Northwind Standard does not cover any services related to cosmetic or reconstructive surgery, or any services related to the treatment of obesity or weight control. This plan also does not cover services related to the treatment of sleep disorders.

## **Tips**

When looking for a rehabilitation therapy provider, make sure that they are in-network and covered by your plan. Also, keep in mind that you may need a referral from a primary care physician for some services. Finally, remember to bring a list of all medications you are taking to your provider, as well as any information about past medical history.

If you have any questions about the services covered by Northwind Standard, you can contact the Northwind Health customer service team for more information. They can provide you with details about the types of services covered, as well as any applicable copayments, coinsurances, and deductibles.

## **Skilled Nursing Facility Services**

**Skilled Nursing Facility Services** 

Skilled nursing facility (SNF) services are a key component of Northwind Standard health plan coverage. The plan provides coverage for short-term care in a skilled nursing facility for medically necessary services. The coverage is designed to help you receive the care you need to help you recover from an illness or injury.

What Does Skilled Nursing Facility Care Include?

Skilled nursing facility care includes a wide range of services provided by a variety of healthcare professionals, including trained nurses, therapists, social workers, and other professionals to help you recover from an illness or injury. Services may include physical, occupational, and speech therapy, medication management, wound care, intravenous infusions, and other services that can help you regain independence and return home.

How Long Does Skilled Nursing Facility Care Last?