

III:Reducing Teen Pregnancy

A. Evidence-Based Practices

TPP Resource Center: Evidence-Based Programs

http://www.hhs.gov/ash/oah/oah-initiatives/teen_pregnancy/db/index.html

Resources to Help

- [Searchable database of evidence-based program models](#)
- [Choosing an evidence-based program or curriculum](#)
- [HHS Teen Pregnancy Prevention Evidence Review](#)

One approach communities use to help reduce teen pregnancies is implementing evidence-based programs in schools, clinics and other community settings. The Department of Health and Human Services (HHS) conducts a Teen Pregnancy Prevention Evidence Review which uses a systematic process for reviewing evaluation studies against a rigorous standard in order to identify programs shown effective at preventing teen pregnancies, sexually transmitted infections, or sexual risk behaviors.

The evidence review, first conducted in 2009 and updated periodically, is led by the HHS Office of the Assistant Secretary for Planning and Evaluation. The most recent update was released in August 2014. Read [more about the evidence review process, procedures, and findings](#).

Since 2010, the Office of Adolescent Health (OAH) has funded the [Teen Pregnancy Prevention Program](#) to support replication of evidence-based programs that were included on the [HHS Teen Pregnancy Prevention Evidence Review](#) at the time the grant was funded. Organizations requesting grant funding selected the programs most appropriate for use in their community.

Read more about each of the evidence-based programs, its content, and implementation requirements below or visit the [searchable database of evidence-based program models](#). You can use this database to find programs that were developed and shown effective for certain target populations, settings, ages, and more.

EVIDENCE-BASED PROGRAMS MODELS

Listed on the following pages

Go to the site and click on the program title for more information

Program Name	Evaluation Setting
Aban Aya Youth Project	Middle school
Adult Identity Mentoring (Project AIM)	Middle school
All4You!	High school, Specialized setting
Assisting in Rehabilitating Kids (ARK)	Specialized setting
Be Proud! Be Responsible!	After school program or community-based organization
Be Proud! Be Responsible! Be Protective!	Middle school, High school
Becoming a Responsible Teen (BART)	After school program or community-based organization
Children's Aid Society (CAS) -- Carrera Programs	After school program or community-based organization
¡Cuídate!	After school program or community-based organization
Draw the Line/Respect the Line	Middle school
Families Talking Together (FTT)	Clinic-based
FOCUS	Specialized setting
Health Improvement Projects for Teens (HIP Teens)	After school program or community-based organization
Heritage Keepers Abstinence Education	Middle school, High school
HORIZONS	Health clinic
It's Your Game: Keep it Real (IYG)	Middle school
Making a Difference!	After school program or community-based organization
Making Proud Choices!	After school program or community-based organization
Project IMAGE	Health Clinic
Project TALC	After school program or community-based organization
Promoting Health Among Teens! Abstinence-Only Intervention	After school program or community-based organization
Promoting Health Among Teens! Comprehensive Abstinence and Safer Sex Intervention	After school program or community-based organization
Raising Healthy Children (formerly known as the Seattle Social Development Project)	Elementary school
Reducing the Risk	High school
Respeto/Proteger	After school program or community-based organization
Rikers Health Advocacy Program (RHAP)	Specialized setting

Program Name	Evaluation Setting
Safer Choices	High school
Safer Sex	Health clinic
SIHLE	Health clinic
Sexual Health and Adolescent Risk Prevention (SHARP) (formerly known as HIV Risk Reduction Among Detained Adolescents)	Specialized setting
Sisters Saving Sisters	Health clinic
STRIVE	After school program or community-based organization
Teen Health Project	After school program or community-based organization
Teen Outreach Program (TOP)	High school
Seventeen Days	Health clinic

¹ Martin, J. A., Hamilton, B. E., Osterman, M. J. K., Curtin, S. C., & Mathews, T. J. (2013). Births: Final data for 2012 Hyattsville, MD: National Center for Health Statistics Retrieved January 8, 2014, from http://www.cdc.gov/nchs/data/nvsr/nvsr62/nvsr62_09.pdf

² Hoffman, S. D., & Maynard, R. A. (Eds.). (2008). Kids having kids: economic costs and social consequences of teen pregnancy (2nd ed.). Washington, DC: Urban Institute Press.

³ United Nations Statistics Division. (2011). Demographic Yearbook 2009-2010: Live births by age of mother. New York, NY: United Nations. Retrieved May 12, 2014, from <http://unstats.un.org/unsd/demographic/products/dyb/dyb2009-2010.htm>

Last updated: April 29, 2015

In TPP Resource Center

- [Training Topics](#)
- [Resources](#)

Training Topics

- [Building Collaborations](#)
- [Choosing an Evidence-Based Program and Curriculum](#)
- [Cultural Competence](#)
- [Engaging Select Populations](#)
- [Implementation](#)
- [Performance Management](#)
- [Recruitment, Retention & Engagement](#)
- [Strategic Communications & Dissemination](#)
- [Sustainability](#)

[Talking with Teens](#)

[Visit our site for parents](#)