

FOREWORD

One of the key components for achieving Universal Health Care or Kalusugan Pangkalahatan is the full implementation of Republic Act No. 10354: "Responsible Parenthood and Reproductive Health Act of 2012" (RPRH Act). This law ensures universal access to reproductive health services, including family planning. The RPRH Act and its implementing rules require the government to promote and provide information and access, without bias, to all modern methods of family planning, whether natural or artificial, which have been proven medically safe, legal, non-abortifacient, and effective in accordance with scientific and evidence-based medical research standards. In this context, the DOH and its partners must ensure that family planning services are available, accessible, affordable, and of high quality by making clinical practices uniform and by adapting the best medical science currently known.

As the gold standard for family planning and contraceptive services in the Philippines, the Philippine Clinical Standards Manual on Family Planning provides updated content on clinical practice using existing family planning methods as well as information on new ones. Through this manual, the DOH affirms its commitment to ensuring quality family planning services by instituting practices that are at par with international standards.

Together with the contributors, reviewers, and editors of this manual, I hope that this updated version serves as an easy-to-use and reliable guide for all frontline healthcare professionals. Through this guide, we are ensuring the success of our health programs by safeguarding the right kind and quality of service for those who are most in need.



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The Philippine Clinical Standards Manual on Family Planning

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