

### III:Reducing Teen Pregnancy

#### *A. Evidence-Based Practices*

##### *TPP Resource Center: Evidence-Based Programs*

[http://www.hhs.gov/ash/oah/oah-initiatives/teen\\_pregnancy/db/index.html](http://www.hhs.gov/ash/oah/oah-initiatives/teen_pregnancy/db/index.html)

#### **Resources to Help**

- [Searchable database of evidence-based program models](#)
- [Choosing an evidence-based program or curriculum](#)
- [HHS Teen Pregnancy Prevention Evidence Review](#)

One approach communities use to help reduce teen pregnancies is implementing evidence-based programs in schools, clinics and other community settings. The Department of Health and Human Services (HHS) conducts a Teen Pregnancy Prevention Evidence Review which uses a systematic process for reviewing evaluation studies against a rigorous standard in order to identify programs shown effective at preventing teen pregnancies, sexually transmitted infections, or sexual risk behaviors.

The evidence review, first conducted in 2009 and updated periodically, is led by the HHS Office of the Assistant Secretary for Planning and Evaluation. The most recent update was released in August 2014. Read [more about the evidence review process, procedures, and findings](#).

Since 2010, the Office of Adolescent Health (OAH) has funded the [Teen Pregnancy Prevention Program](#) to support replication of evidence-based programs that were included on the [HHS Teen Pregnancy Prevention Evidence Review](#) at the time the grant was funded. Organizations requesting grant funding selected the programs most appropriate for use in their community.

Read more about each of the evidence-based programs, its content, and implementation requirements below or visit the [searchable database of evidence-based program models](#). You can use this database to find programs that were developed and shown effective for certain target populations, settings, ages, and more.

#### **EVIDENCE-BASED PROGRAMS MODELS**

*Listed on the following pages*

*Go to the site and click on the program title for more information*

Program Name	Evaluation Setting
<a href="#">Aban Aya Youth Project</a>	Middle school
<a href="#">Adult Identity Mentoring (Project AIM)</a>	Middle school
<a href="#">All4You!</a>	High school, Specialized setting
<a href="#">Assisting in Rehabilitating Kids (ARK)</a>	Specialized setting
<a href="#">Be Proud! Be Responsible!</a>	After school program or community-based organization
<a href="#">Be Proud! Be Responsible! Be Protective!</a>	Middle school, High school
<a href="#">Becoming a Responsible Teen (BART)</a>	After school program or community-based organization
<a href="#">Children's Aid Society (CAS) -- Carrera Programs</a>	After school program or community-based organization
<a href="#">¡Cúdate!</a>	After school program or community-based organization
<a href="#">Draw the Line/Respect the Line</a>	Middle school
<a href="#">Families Talking Together (FTT)</a>	Clinic-based
<a href="#">FOCUS</a>	Specialized setting
<a href="#">Health Improvement Projects for Teens (HIP Teens)</a>	After school program or community-based organization
<a href="#">Heritage Keepers Abstinence Education</a>	Middle school, High school
<a href="#">HORIZONS</a>	Health clinic
<a href="#">It's Your Game: Keep it Real (IYG)</a>	Middle school
<a href="#">Making a Difference!</a>	After school program or community-based organization
<a href="#">Making Proud Choices!</a>	After school program or community-based organization
<a href="#">Project IMAGE</a>	Health Clinic
<a href="#">Project TALC</a>	After school program or community-based organization
<a href="#">Promoting Health Among Teens! Abstinence-Only Intervention</a>	After school program or community-based organization
<a href="#">Promoting Health Among Teens! Comprehensive Abstinence and Safer Sex Intervention</a>	After school program or community-based organization
<a href="#">Raising Healthy Children (formerly known as the Seattle Social Development Project)</a>	Elementary school
<a href="#">Reducing the Risk</a>	High school
<a href="#">Respeto/Proteger</a>	After school program or community-based organization
<a href="#">Rikers Health Advocacy Program (RHAP)</a>	Specialized setting

Program Name	Evaluation Setting
<a href="#">Safer Choices</a>	High school
<a href="#">Safer Sex</a>	Health clinic
<a href="#">SiHLE</a>	Health clinic
<a href="#">Sexual Health and Adolescent Risk Prevention (SHARP)</a> (formerly known as HIV Risk Reduction Among Detained Adolescents)	Specialized setting
<a href="#">Sisters Saving Sisters</a>	Health clinic
<a href="#">STRIVE</a>	After school program or community-based organization
<a href="#">Teen Health Project</a>	After school program or community-based organization
<a href="#">Teen Outreach Program (TOP)</a>	High school
<a href="#">Seventeen Days</a>	Health clinic

<sup>1</sup> Martin, J. A., Hamilton, B. E., Osterman, M. J. K., Curtin, S. C., & Mathews, T. J. (2013). Births: Final data for 2012 Hyattsville, MD: National Center for Health Statistics Retrieved January 8, 2014, from [http://www.cdc.gov/nchs/data/nvsr/nvsr62/nvsr62\\_09.pdf](http://www.cdc.gov/nchs/data/nvsr/nvsr62/nvsr62_09.pdf)

<sup>2</sup> Hoffman, S. D., & Maynard, R. A. (Eds.). (2008). Kids having kids: economic costs and social consequences of teen pregnancy (2nd ed.). Washington, DC: Urban Institute Press.

<sup>3</sup> United Nations Statistics Division. (2011). Demographic Yearbook 2009-2010: Live births by age of mother. New York, NY: United Nations. Retrieved May 12, 2014, from <http://unstats.un.org/unsd/demographic/products/dyb/dyb2009-2010.htm>

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### In TPP Resource Center

- [Training Topics](#)
- [Resources](#)

### Training Topics

- [Building Collaborations](#)
- [Choosing an Evidence-Based Program and Curriculum](#)
- [Cultural Competence](#)
- [Engaging Select Populations](#)
- [Implementation](#)
- [Performance Management](#)
- [Recruitment, Retention & Engagement](#)
- [Strategic Communications & Dissemination](#)
- [Sustainability](#)

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