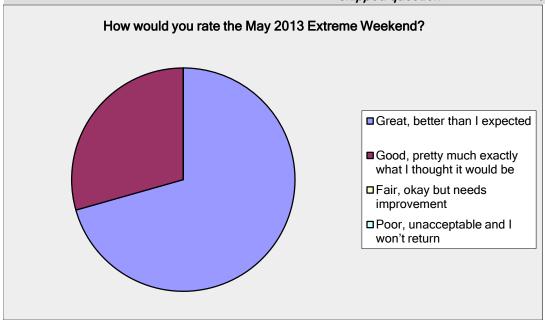
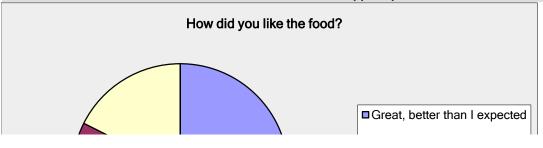
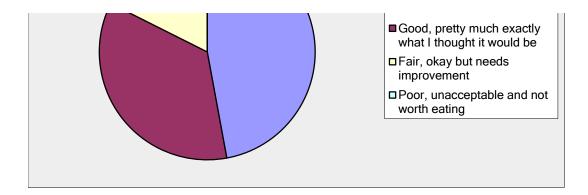
| How would you rate the May 2013 Extreme Weekend?     |                     |                   |  |
|--|---------------------|-------------------|--|
| Answer Options                                       | Response<br>Percent | Response<br>Count |  |
| Great, better than I expected                        | 70.6%               | 12                |  |
| Good, pretty much exactly what I thought it would be | 29.4%               | 5                 |  |
| Fair, okay but needs improvement                     | 0.0%                | 0                 |  |
| Poor, unacceptable and I won't return                | 0.0%                | 0                 |  |
| a  | nswered question    | 17                |  |
|  | skipped question    | 0                 |  |



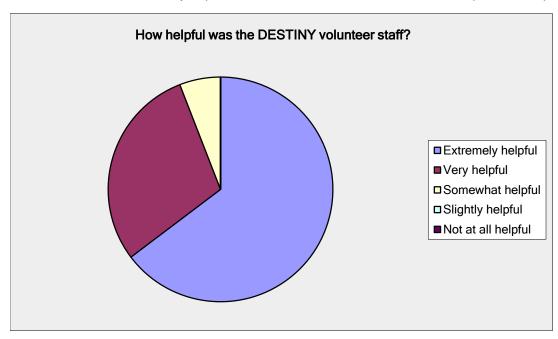
| How did you like the food?                           |                     |                   |   |
|--|---------------------|-------------------|---|
| Answer Options                                       | Response<br>Percent | Response<br>Count |   |
| Great, better than I expected                        | 47.1%               | 8                 |   |
| Good, pretty much exactly what I thought it would be | 35.3%               | 6                 |   |
| Fair, okay but needs improvement                     | 17.6%               | 3                 |   |
| Poor, unacceptable and not worth eating              | 0.0%                | 0                 |   |
| ar   | nswered question    | 17                | 7 |
|  | skipped question    | (                 | ) |





| How helpful was the DESTINY volunteer staff? |                     |                   |  |
|--|---------------------|-------------------|--|
| Answer Options                               | Response<br>Percent | Response<br>Count |  |
| Extremely helpful                            | 64.7%               | 11                |  |
| Very helpful                                 | 29.4%               | 5                 |  |
| Somewhat helpful                             | 5.9%                | 1                 |  |
| Slightly helpful                             | 0.0%                | 0                 |  |
| Not at all helpful                           | 0.0%                | 0                 |  |
| Other (please specify)                       |                     | 1                 |  |
| a  | nswered question    | 17                |  |
|  | skipped question    | 0                 |  |

Two of the counselors were very helpful. The other two were not involved with the campers and not present with the

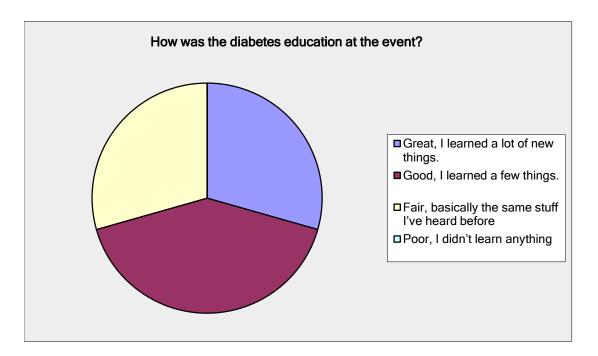


| How was the diabetes education at the event? |                     |                   |
|--|---------------------|-------------------|
| Answer Options                               | Response<br>Percent | Response<br>Count |
| Great, I learned a lot of new things.        | 29.4%               | 5                 |

| Good, I learned a few things.                    | 41.2%             | 7  |
|--|-------------------|----|
| Fair, basically the same stuff I've heard before | 29.4%             | 5  |
| Poor, I didn't learn anything                    | 0.0%              | 0  |
| Other (please specify)                           |                   | 1  |
|  | answered question | 17 |
|  | skipped question  | 0  |

| Number | Response Date | Other (please specify) | Categories |
|--------|---------------|------------------------|------------|
|--------|---------------|------------------------|------------|

but i am now experienced after 2 years and several training sessions



| What was the most helpful thing you learned at the event? |                   |  |
|---|-------------------|--|
| Answer Options  | Response<br>Count |  |
|   | 17                |  |
| answered question   | 17                |  |
| skipped question  | 0                 |  |

| Number Response Date |                       | Response Text                                   |
|----------------------|-----------------------|---|
| 1                    | Jun 26, 2013 12:55 AM | That many other children have Diabetes just I   |
| 2                    | Jun 15, 2013 11:08 PM | Ashton felt like he already knew the informatic |
| 3                    | Jun 6, 2013 3:44 PM   | How to treat lows at night                      |
| 4                    | Jun 5, 2013 1:00 AM   | Gained confidence and made friends with other   |
| 5                    | Jun 4, 2013 11:20 PM  | Couldn't think if anything                      |
| 6                    | May 29, 2013 4:50 PM  | how important exercise is and in all kinds of w |
| 7                    | May 28, 2013 2:11 PM  | dont know                                       |
| 8                    | May 28, 2013 12:23 AM | I learned that I need to check more when I run  |

| 9  | May 27, 2013 3:02 PM  | I learned that diabetes can't stop you from acl   |
|----|-----------------------|---|
| 10 | May 27, 2013 1:26 AM  | that exercise is important to your health         |
| 11 | May 26, 2013 6:44 PM  | Connected with other T1D teens                    |
| 12 | May 26, 2013 4:32 PM  | Blood sugar management with sports                |
| 13 | May 25, 2013 9:23 PM  | How to calibrate my pump.                         |
| 14 | May 25, 2013 5:39 PM  | Talking with others with diabetes. Don't know     |
| 15 | May 24, 2013 11:32 PM | That you can do anything with diabetes.           |
| 16 | May 24, 2013 10:22 PM | That you can still be an athlete even if you have |
| 17 | May 24, 2013 9:19 PM  | That you should use glucose tabs more often.      |

| What was the most fun part of the event? |                   |
|--|-------------------|
| Answer Options                           | Response<br>Count |
|  | 17                |
| answered question                        | 17                |
| skipped question                         | 0                 |

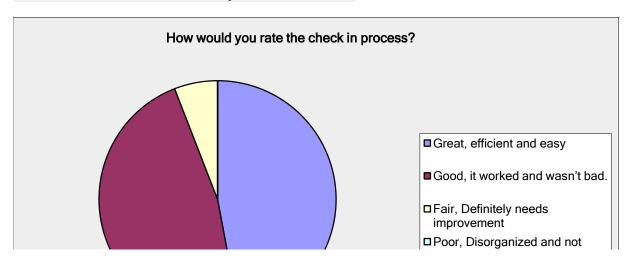
| Number | Response Date |                       | Response Text                                   |
|--------|---------------|-----------------------|---|
|        | 1             | Jun 26, 2013 12:55 AM | Free time activities.                           |
| :      | 2             | Jun 15, 2013 11:08 PM | Playing basketball and the zip line.            |
| ;      | 3             | Jun 6, 2013 3:44 PM   | Ropes course                                    |
| •      | 4             | Jun 5, 2013 1:00 AM   | Zipline   |
|        | 5             | Jun 4, 2013 11:20 PM  | The zip line                                    |
|        | 6             | May 29, 2013 4:50 PM  | trying the kayak was just great and the best    |
| •      | 7             | May 28, 2013 2:11 PM  | the friends                                     |
| ;      | 8             | May 28, 2013 12:23 AM | The ropes course, the zip line or the big swinç |
| :      | 9             | May 27, 2013 3:02 PM  | I liked the two hours of doing whatever we wa   |
| 10     | 0             | May 27, 2013 1:26 AM  | canoeing  |
| 1      | 1             | May 26, 2013 6:44 PM  | big swing                                       |
| 1:     | 2             | May 26, 2013 4:32 PM  | Swing   |
| 1:     | 3             | May 25, 2013 9:23 PM  | Canoeing, zip line and team challenge!!         |
| 1-     | 4             | May 25, 2013 5:39 PM  | Zip line, swing, basketball in the gym.         |
| 1:     | 5             | May 24, 2013 11:32 PM | The ropes course and zip line.                  |
| 1      | 6             | May 24, 2013 10:22 PM | The zipline                                     |
| 1      | 7             | May 24, 2013 9:19 PM  | The Diabetes Extreme Challenge and Zumba        |

| Dianetes  | Desuity                                   |                       |                   |  |
|-----------|---|-----------------------|-------------------|--|
| What was  | What was the least fun part of the event? |                       |                   |  |
| Answer Op | otions                                    |                       | Response<br>Count |  |
|           |   |                       | 17                |  |
|           |   | answered question     | 17                |  |
|           |   | skipped question      | 0                 |  |
|           |   |                       |                   |  |
| Number    | Response Date                             |                       | Response Text     |  |
|           | 1   | Jun 26, 2013 12:55 AM | When it ended.    |  |

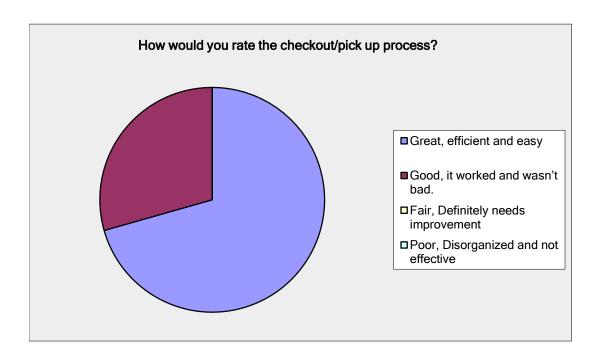
| 2  | Jun 15, 2013 11:08 PM | Not being able to go out after 10pm. :)        |
|----|-----------------------|--|
| 3  | Jun 6, 2013 3:44 PM   | Not having enough time to go kayaking          |
| 4  | Jun 5, 2013 1:00 AM   | Being away from home was hard for the first ti |
| 5  | Jun 4, 2013 11:20 PM  | The rope course                                |
| 6  | May 29, 2013 4:50 PM  | too much talk about diabetes is not always fur |
| 7  | May 28, 2013 2:11 PM  | No having my own kit                           |
| 8  | May 28, 2013 12:23 AM | Leaving.                                       |
| 9  | May 27, 2013 3:02 PM  | There is nothing I can think of.               |
| 10 | May 27, 2013 1:26 AM  | scavenger hunt                                 |
| 11 | May 26, 2013 6:44 PM  | diabetes education                             |
| 12 | May 26, 2013 4:32 PM  | Bedtime  |
| 13 | May 25, 2013 9:23 PM  | Throwing up on the way home because of all     |
| 14 | May 25, 2013 5:39 PM  | Liked it all.                                  |
| 15 | May 24, 2013 11:32 PM | Testing at 2am                                 |
| 16 | May 24, 2013 10:22 PM | lights out                                     |
| 17 | May 24, 2013 9:19 PM  | nothing  |

| How would you rate the check in process? |                     |                   |  |  |
|--|---------------------|-------------------|--|--|
| Answer Options                           | Response<br>Percent | Response<br>Count |  |  |
| Great, efficient and easy                | 47.1%               | 8                 |  |  |
| Good, it worked and wasn't bad.          | 47.1%               | 8                 |  |  |
| Fair, Definitely needs improvement       | 5.9%                | 1                 |  |  |
| Poor, Disorganized and not effective     | 0.0%                | 0                 |  |  |
| Other (please specify)                   |                     | 4                 |  |  |
| an                                       | swered question     | 17                |  |  |
|  | skipped question    | 0                 |  |  |

| Number | Response Date |                       | Other (please specify) | Categories             |              |
|--------|---------------|-----------------------|------------------------|------------------------|--------------|
|        | 1             | Jun 6, 2013 3:44 PM   | We did not know        | where to go to che     | ck in. A lit |
|        | 2             | May 29, 2013 4:50 PM  | unfortunately we       | arrived late and so    | rry for tha  |
|        | 3             | May 26, 2013 6:44 PM  | We knew which          | nurse we were waiti    | ing for but  |
|        | 4             | May 24, 2013 10:22 PM | This was our firs      | st time. It would have | e been nic   |



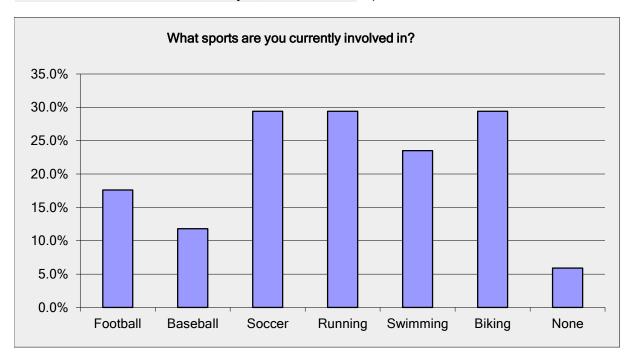
| How would you rate the checkout/pick up process? |                     |                   |  |  |
|--|---------------------|-------------------|--|--|
| Answer Options                                   | Response<br>Percent | Response<br>Count |  |  |
| Great, efficient and easy                        | 70.6%               | 12                |  |  |
| Good, it worked and wasn't bad.                  | 29.4%               | 5                 |  |  |
| Fair, Definitely needs improvement               | 0.0%                | 0                 |  |  |
| Poor, Disorganized and not effective             | 0.0%                | 0                 |  |  |
| Other (please specify)                           |                     | 0                 |  |  |
| an   | swered question     | 17                |  |  |
|  | skipped question    | 0                 |  |  |



| What sports are you currently involved in? |                     |                   |  |  |
|--|---------------------|-------------------|--|--|
| Answer Options                             | Response<br>Percent | Response<br>Count |  |  |
| Football                                   | 17.6%               | 3                 |  |  |
| Baseball                                   | 11.8%               | 2                 |  |  |
| Soccer                                     | 29.4%               | 5                 |  |  |
| Running                                    | 29.4%               | 5                 |  |  |
| Swimming                                   | 23.5%               | 4                 |  |  |

| Biking                 | 29.4%            | 5  |
|------------------------|------------------|----|
| None                   | 5.9%             | 1  |
| Other (please specify) |                  | 14 |
| a                      | nswered question | 17 |
|                        | skipped question | 0  |

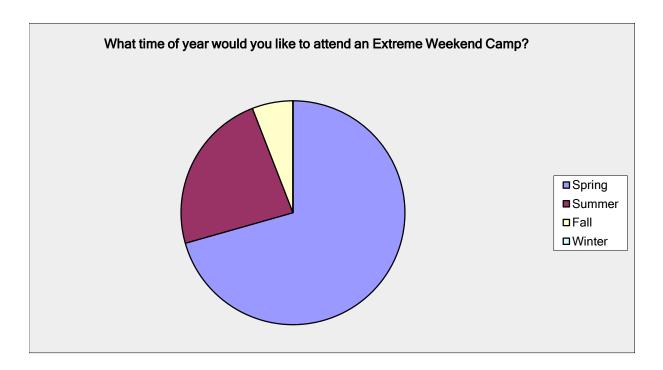
| Number | Response Date |                       | Other (please specify) | Categories                    |
|--------|---------------|-----------------------|------------------------|-------------------------------|
|        | 1             | Jun 15, 2013 11:08 PM |                        |                               |
|        | 2             | Jun 6, 2013 3:44 PM   | volleyball             |                               |
|        | 3             | Jun 5, 2013 1:00 AM   | Softball               |                               |
|        | 4             | May 29, 2013 4:50 PM  | ice hockey and r       | unning (some) would like to d |
|        | 5             | May 28, 2013 12:23 AM | Field hockey, inc      | door field hockey and Lacross |
|        | 6             | May 27, 2013 3:02 PM  | basketball, tae k      | won do, and wrestling         |
|        | 7             | May 27, 2013 1:26 AM  | basketball             |                               |
|        | 8             | May 26, 2013 6:44 PM  | field hockey, trac     | ck                            |
|        | 9             | May 26, 2013 4:32 PM  | Ice hockey             |                               |
| 1      | 0             | May 25, 2013 9:23 PM  | Tennis                 |                               |
| 1      | 1             | May 25, 2013 5:39 PM  | Karate                 |                               |
| 1      | 2             | May 24, 2013 11:32 PM | wrestling and lac      | crosse                        |
| 1      | 3             | May 24, 2013 10:22 PM | basketball             |                               |
| 1      | 4             | May 24, 2013 9:19 PM  | Equestrian             |                               |



| What time of year would you like to attend an Extreme Weekend Camp? |                     |                   |  |
|---|---------------------|-------------------|--|
| Answer Options  | Response<br>Percent | Response<br>Count |  |
| Spring  | 70.6%               | 12                |  |
| Summer  | 23.5%               | 4                 |  |

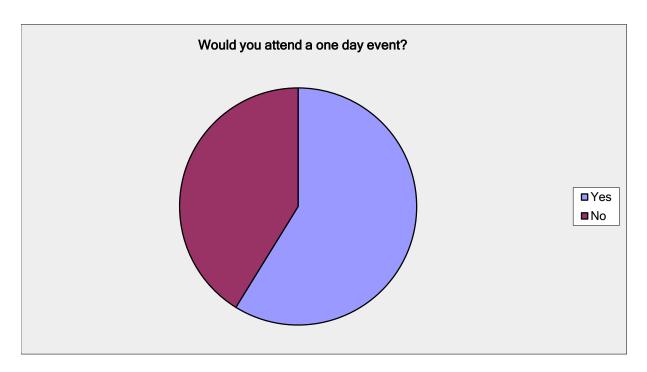
| Fall                   | 5.9%              | 1  |
|------------------------|-------------------|----|
| Winter                 | 0.0%              | 0  |
| Other (please specify) |                   | 2  |
|                        | answered question | 17 |
|                        | skipped question  | 0  |

| Number | Response Date |   | Other (please specify) | Categories |  |
|--------|---------------|---|------------------------|------------|--|
|        | 1 2           | May 29, 2013 4:50 PM<br>May 28, 2013 12:23 AM |                        | •          |  |



| Would you attend a one day event? |                     |                   |  |  |
|-----------------------------------|---------------------|-------------------|--|--|
| Answer Options                    | Response<br>Percent | Response<br>Count |  |  |
| Yes                               | 58.8%               | 10                |  |  |
| No                                | 41.2%               | 7                 |  |  |
| Other (please specify)            |                     | 4                 |  |  |
| ans                               | swered question     | 17                |  |  |
| S                                 | skipped question    | 0                 |  |  |

| Number | Response Date |                       | Other (please specify)                 | Categories                    |
|--------|---------------|-----------------------|--|-------------------------------|
|        | 1             | Jun 15, 2013 11:08 PM | We live too far a                      | way.                          |
|        | 2             | Jun 6, 2013 3:44 PM   | PM Too far to travel for just one day. |                               |
|        | 3             | May 29, 2013 4:50 PM  | only if close by                       |                               |
|        | 4             | May 24, 2013 10:22 PM | depends, the dri                       | ve is a long one for one day. |



| What would you like to change about the Extreme Weekend? |                   |  |  |  |
|--|-------------------|--|--|--|
| Answer Options   | Response<br>Count |  |  |  |
|  | 17                |  |  |  |
| answered question  | 17                |  |  |  |
| skipped question   | 0                 |  |  |  |

| Number | Response Date |                       | Response Text                                      |
|--------|---------------|-----------------------|--|
|        | 1             | Jun 26, 2013 12:55 AM | More choices on the Menu                           |
|        | 2             | Jun 15, 2013 11:08 PM | Nothing per Ashton. :)                             |
|        | 3             | Jun 6, 2013 3:44 PM   | Nothing  |
|        | 4             | Jun 5, 2013 1:00 AM   | Longer   |
|        | 5             | Jun 4, 2013 11:20 PM  | Pool would have nice                               |
|        | 6             | May 29, 2013 4:50 PM  | more kayaking and outdoors activities, perha       |
|        | 7             | May 28, 2013 2:11 PM  | better food  |
|        | 8             | May 28, 2013 12:23 AM | I would like it to be three nights. I would like m |
|        | 9             | May 27, 2013 3:02 PM  | It could be longermaybe a four day weekend         |
| 1      | 0             | May 27, 2013 1:26 AM  | swimming for an activity                           |
| 1      | 1             | May 26, 2013 6:44 PM  | less wait time at meals                            |
| 1      | 2             | May 26, 2013 4:32 PM  | Nothing All good                                   |
| 1      | 3             | May 25, 2013 9:23 PM  | Nothing!   |
| 1.     | 4             | May 25, 2013 5:39 PM  | Have this camp twice a year.                       |
| 1      | 5             | May 24, 2013 11:32 PM | nothing  |
| 1      | 6             | May 24, 2013 10:22 PM | I would like to have camp be longer, like a full   |
| 1      | 7             | May 24, 2013 9:19 PM  | Less then a week but longer then 2 day. more       |

| What would you tell a friend or someone you know with diabetes about |                   |  |  |  |
|--|-------------------|--|--|--|
| Answer Options   | Response<br>Count |  |  |  |
|  | 15                |  |  |  |
| answered question  | 15                |  |  |  |
| skipped question   | 2                 |  |  |  |

| Number | Response Date |                       | Response Text                                       |
|--------|---------------|-----------------------|---|
|        | 1             | Jun 26, 2013 12:55 AM | I ahve already told a friend how wonderful Dia      |
|        | 2             | Jun 15, 2013 11:08 PM | Yes.  |
| ;      | 3             | Jun 6, 2013 3:44 PM   | Loads of fun and a great experience.                |
| •      | 4             | Jun 5, 2013 1:00 AM   | More girls should attend because it is so fun       |
|        | 5             | Jun 4, 2013 11:20 PM  | To go   |
|        | 6             | May 29, 2013 4:50 PM  | i would recommend it . if parents and transpor      |
| •      | 7             | May 28, 2013 12:23 AM | It was really fun and I highly recomend it.         |
| ;      | 8             | May 27, 2013 3:02 PM  | Yes.  |
|        | 9             | May 26, 2013 6:44 PM  | It was fun. I would strongly recommend it.          |
| 10     | 0             | May 26, 2013 4:32 PM  | Awesome   |
| 1      | 1             | May 25, 2013 9:23 PM  | It is awesome! You have to do it! The counsel       |
| 1:     | 2             | May 25, 2013 5:39 PM  | It is really fun.                                   |
| 1:     | 3             | May 24, 2013 11:32 PM | To go to it because it is a lot of fun doing all th |
| 1.     | 4             | May 24, 2013 10:22 PM | That you learn a lot and have fun at the weeks      |
| 1:     | 5             | May 24, 2013 9:19 PM  | That its really fun and everyone is really nice.    |



| ike me, and we are not alone. on that was covered.  |
|---|
| ers w t1d   |
| rays.   |
| ı. I also learned that GU packets are really useful when it comes to exersize and low blood sugars. |
|   |

J. nted.

| ime   |
|---|
| ı   |
|   |
|   |
| the flowers I ate on the nature walk!!!   |
|   |
|   |
|   |
|   |
|   |
|   |
|   |
|   |
| tle confusing. t, drive from DC was long was unsure whose turn it was to go next as families were scattered. te to have the outside of the door labeled so we knew we were in the right place for registration. |

## lo lacrosse

ie. The weekend after the event I ran a ten mile race and won my age group

be a bit longer if possible 3 nights to swim and use the zip line into the water!

| ps boating but all in all i liked it . next time i would like -prefer to keep my own meetter and thats what my nore food chioces. I felt like if I didnt like one meal, there was nothing eles to eat! |
|--|
| week.<br>like 4 or 5 days.   |
|  |

| betes Destiny was and to give it a try.        |
|--|
| t and funds are not a problem absolutely great |
| ors are fantastic and the sports are amazing.  |
| e outdoor activities.<br>end.                  |
|  |
|  |
|  |

