

Variational methods :-

$$\langle E \rangle = \langle \psi | h | \psi \rangle \geq E_0$$

We take parameters $\alpha, \beta, \gamma, \dots$
and minimise the $E(\alpha, \beta, \gamma, \dots)$
to get an upper bound on E_0 .

* Consider an-Harmonic oscillator with
 $V(x) = \lambda x^4$.

The ground state will have no nodes, disappear at ∞
and be even.

$$\psi(x, \alpha) = e^{-\alpha x^2/2}, \text{ be our trial wavefunction.}$$

$$E(\alpha) = \int e^{-\alpha x^2/2} \left(-\frac{\hbar^2}{2m} \frac{d^2}{dx^2} + \lambda x^4 \right) e^{-\alpha x^2/2} dx$$

$$= \frac{\hbar^2 \alpha}{4m} + \frac{3\lambda}{4\alpha^2}$$

$$\text{Minima at } \alpha_0 = \left(\frac{6m\lambda}{\hbar^2} \right)^{1/3}$$

$$E(\alpha_0) = \frac{3}{8} \left(\frac{6\lambda}{m\hbar^2} \right)^{1/3}$$

$$\Rightarrow E_0 \leq E(\alpha_0)$$

* Consider Helium atom.

$$H = \frac{p_1^2}{2m} - \frac{ze^2}{1r_1} + \frac{p_2^2}{2m} - \frac{ze^2}{1r_2} + \frac{(z-z)e^2}{1r_{11}} + \frac{(z-z)e^2}{1r_{22}}$$

$$+ \frac{e^2}{1r_{21}}$$

$$\Rightarrow \langle E \rangle = E_0 (4z - z^2 - \frac{5}{2}z) \Rightarrow z = 2 - \frac{5}{16}$$

$$\Rightarrow E_0 \leq -77.4 \text{ eV}$$

What if you want an approximation for higher states,
just choose trial state $|\psi\rangle$ such that

$$\langle B_0 | \psi \rangle = 0$$

giving you E_1 . . . and so on.
for $V = \lambda x^4$, if one node $|\psi\rangle$ is chosen,
then we get $\langle E \rangle \geq E_1$.

* 16.1.R.

$$\psi(x) = (x-a)(x+a)$$

$$E(\psi) \geq \frac{\int dx \cdot \psi^* \left(-\frac{\hbar^2}{2m} \frac{d^2}{dx^2} \right) \psi}{\int dx \psi^* \psi}$$

$$E(\alpha) = \frac{5\hbar^2}{4ma^2}$$

$$E_0 = \frac{\hbar^2 \pi^2}{8ma^2}$$

*

16.1.3.

$$\text{for } V = -\alpha V_0 \delta(x).$$

$$\text{take } \psi = e^{-\alpha x^2}$$

$$\text{and } |\psi|^2 = \sqrt{\frac{\pi}{2\alpha}}$$

$$E(\psi) = \sqrt{\frac{2\alpha}{\pi}} \left(\int dx \psi^* \left(-\frac{\hbar^2}{2m} \frac{d^2}{dx^2} - \alpha V_0 \delta(x) \right) \psi \right)$$

$$= -\frac{\hbar^2}{2m} \sqrt{\frac{2\alpha}{\pi}} \cdot \int dx \psi^* \psi'' - \alpha V_0 |\psi(0)|^2,$$

$$= -\frac{\hbar^2}{2m} \left(-\sqrt{\frac{\pi}{2\alpha}} \right) \left(\sqrt{\frac{2\alpha}{\pi}} \right) - \alpha V_0 \sqrt{\frac{2\alpha}{\pi}}$$

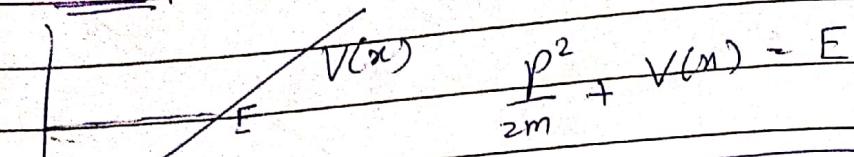
$$= \frac{\hbar^2}{2m} \left(\alpha - \frac{2maV_0}{\hbar^2} \sqrt{\frac{2\alpha}{\pi}} \right)$$

$$\text{minima at } \alpha_0 = \frac{(\alpha V_0)^2}{2\pi} \left(\frac{2m}{\hbar^2} \right)^2$$

$$\Rightarrow E(\alpha_0) = \frac{\hbar^2}{2m} \left[\left(\frac{2m}{\hbar^2} \right)^2 \frac{(\alpha V_0)^2}{2\pi} - \frac{2maV_0}{\hbar^2} \left(\sqrt{\frac{2}{\pi}} \right) \frac{a\sqrt{2\alpha}}{\sqrt{2\pi}} \frac{2m}{\hbar^2} \right]$$

$$= -\frac{ma^2 V_0^2}{\pi \hbar^2} \quad \text{close to} \quad -\frac{ma^2 V_0^2}{2\hbar^2}$$

(WKB) Semi-classical approximation



$$p = \sqrt{2m(E - V(x))}$$

$$\lambda = \frac{2\pi\hbar}{p(x)}$$

ISE :-

$$-\frac{\hbar^2}{2m} \nabla^2 \psi = (E - V(x)) \psi(x)$$

$$-\frac{\hbar^2}{2m} \nabla^2 \psi(x) = p^2(x) \psi(x)$$

$$\Rightarrow \hat{p}^2 \psi(x) = p^2(x) \psi(x)$$

$$\begin{aligned} p^2 &= 2m(E - V(x)) = \frac{\hbar^2 k^2(x)}{2m} & E > V. \\ \Rightarrow p^2 &= \frac{\hbar^2 k^2(x)}{2m} & E < V. \end{aligned}$$

$$\psi(x, t) = \sqrt{p(x, t)} e^{\frac{iS(x, t)}{\hbar}}$$

Now $\rho = |\psi|^2$ is the probability density.

$$\nabla \psi = \frac{1}{2} \frac{\nabla p}{\sqrt{p}} e^{\frac{iS}{\hbar}} + \frac{i}{\hbar} \nabla S \psi.$$

$$J = \frac{\hbar}{m} \operatorname{im}(\psi^* \nabla \psi) = \rho \frac{\nabla S}{m}$$

$$\therefore \rho(x) \approx \nabla S$$

Example 1 - Free particle. $\psi(x, t) = e^{i\frac{p_0 x - Et}{\hbar}}$

$$p = 1, \quad S = p \cdot x - Et$$

$$\nabla S = p$$

$$\frac{\partial S}{\partial t} = -E$$

Approximation schemes -

$$\Psi(x) = e^{\frac{i}{\hbar} S(x)} \quad S(x) \in \mathbb{C}, \quad (\text{this provides the norm})$$

$$-\frac{\hbar^2}{2m} \frac{d^2}{dx^2} \Psi = p^2(x) e^{\frac{i}{\hbar} S}$$

$$-\frac{\hbar^2}{\hbar} \left(\frac{i}{\hbar} S'' + \left(\frac{i}{\hbar} S' \right)^2 \right) = p^2(x)$$

$$(S'(x))^2 = i\hbar S'' = p^2(x) \quad \text{non-linear ODE.}$$

Claim: $i\hbar S'' \ll 1 \quad \text{if} \quad V(n) \ll 1$

* let $V(n) = V_0$, $p(x) = p_0 = \sqrt{2m(E - V_0)}$.

$$\Rightarrow \Psi(x) = e^{\left(\frac{i p_0 x}{\hbar}\right)}$$

for this $S(x) = p_0 x$.

$$S'(x) = p_0, \quad S'' = 0$$

let $S(x) = S_0(x) + \frac{i}{\hbar} S_1(x) + \frac{i^2}{\hbar^2} S_2(x) + \dots$

$$\Rightarrow \left(S_0' + \frac{i}{\hbar} S_1' + o(\hbar^2) \right)^2 - i\hbar (S_0'' + o/\hbar) = p^2(x),$$

$$(S_0'^2 - p^2(x)) + \frac{i}{\hbar} (2S_0'S_1' - iS_0'') + o(\hbar^2) = 0$$

$$\Rightarrow (S_0')^2 = p^2(x); \quad S_1' = \frac{i}{\hbar} \frac{S_0''}{S_0'}$$

$$\Rightarrow S_0' = \pm p(x), \quad S_0 = \pm \int_{x_0}^x p(x') dx'$$

$$S_1' = \frac{i}{\hbar} \pm \frac{p'(x)}{\pm p(x)} = \frac{i}{2} \frac{p'}{p} = \frac{i}{2} (\ln p)'$$

$$S_1 = \frac{i}{\hbar} \ln(p(x)) + c' \quad (\text{for slowly varying potential})$$

$$\Psi(x) \approx e^{i\frac{p}{\hbar}(x_0 + \hbar f_1)} e^{i\frac{\hbar}{2} \ln(p(n))}$$

$$= e^{i\frac{p}{\hbar}x_0} e^{i\frac{\hbar}{2} \ln(p(n))}$$

$$\Psi(x) = \frac{A}{\sqrt{p(n)}} e^{\pm(i\frac{p}{\hbar} \int_{x_0}^x p(x') dx')}$$

for $E > V$, $p(x) = k(x) +$

$$\Psi(x) = \frac{A}{\sqrt{k(x)}} e^{i \int_{x_0}^x k(x') dx'} + \frac{B}{\sqrt{k(x)}} e^{-i \int_{x_0}^x k(x') dx'}$$

for $E < V$, $p(x) = i\hbar k(x)$.

$$\Psi(x) = \frac{C}{\sqrt{k(x)}} \exp\left(\int_{x_0}^x k(x') dx'\right) + \frac{D}{\sqrt{k(x)}} \exp\left(-\int_{x_0}^x k(x') dx'\right)$$

Probability density:— $\rho = \Psi^* \Psi = \frac{|A|^2}{p(n)}$

Probability current:—

$$J = \frac{\rho}{m} \frac{d\psi}{dx} = \frac{|A|^2}{p(n)} \frac{p(n)}{m} = \frac{|A|^2}{m}$$

$$\lambda(n) \left| \frac{dV}{da} \right| \ll p^2$$

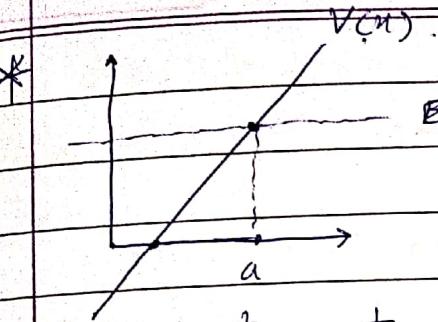
$2m$

The approximation is

$$|\lambda \frac{d\lambda}{da}| \ll \lambda$$

semi-classical for $\hbar \rightarrow 0$

linear potential



$$V(m) - E = g(m-a) \quad g > 0.$$

for $x < a$, ... allowed region,

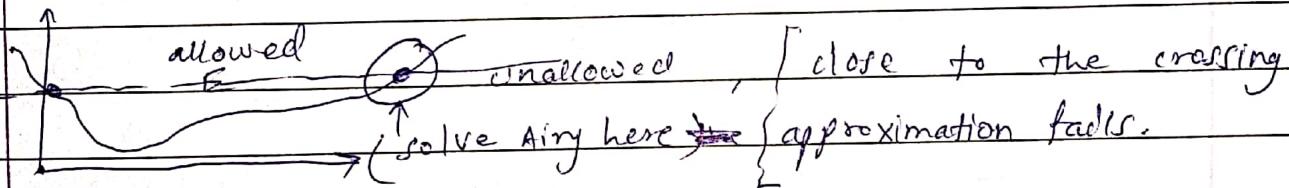
$$E - V(n) = g(a-x)$$

$$p(x) = \sqrt{2mg(a-x)}$$

$$\lambda = \frac{\hbar}{P} = \frac{\hbar}{\sqrt{2mg}} \frac{1}{\sqrt{a-x}}$$

$$\left| \frac{d\lambda}{dx} \right| = \frac{\hbar}{\sqrt{2mg}} \frac{1}{2} \frac{1}{(a-x)^{3/2}} \quad \text{so as } a \rightarrow \infty, \\ \text{the approximation crashes.}$$

For finding bound states, we need to approximate at the allowed-unallowed crossing.



* But near the crossing, the potential can be approximated to be linear, so we can just use the Airy function solution to connect the allowed & unallowed regions

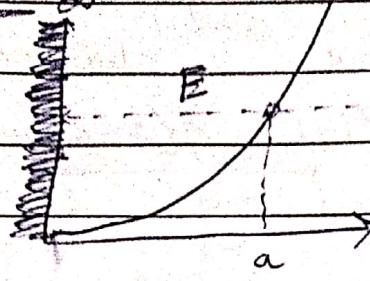
$$x \ll a, \Rightarrow \frac{2A}{\sqrt{p(x)}} \cos \left(\int k(n) dx' - \frac{\pi}{4} \right)$$

$$-\frac{B}{\sqrt{p(n)}} \sin \left(\int_x^a k(n) dx' - \frac{\pi}{4} \right)$$

$$x \gg a \Rightarrow \frac{A}{\sqrt{k'(n)}} \exp \left(- \int_a^x k'(x) dx' \right)$$

$$+ \frac{B}{\sqrt{k'(n)}} \exp \left(\int_x^a k'(x) dx' \right)$$

Example



$V(n)$

if the potential never turns

$$x \gg a$$

$$\psi = \frac{A}{\sqrt{k(n)}} \exp\left(-\int_a^x k(n') dx'\right)$$

$$x \ll a \quad \psi(n) = \frac{1}{\sqrt{k(n)}} \cos\left(\int_x^a k(n') dx - \frac{\pi}{4}\right)$$

$$\Rightarrow \psi(n) = \frac{1}{\sqrt{k(n)}} \cos\left(-\int_0^x k(n') dx' + \int_0^a k(n') dx' - \frac{\pi}{4}\right)$$

$$= \frac{1}{\sqrt{k(n)}} \left[\cos\left(\int_0^x k(x) dx\right) \cos(\Delta) + \sin\left(\int_0^x k(x) dx\right) \sin(\Delta) \right]$$

$$\psi(0) = 0 \quad \text{only if } \cos(\Delta) = 0$$

$$\Rightarrow \psi(n) = \frac{1}{\sqrt{k(n)}} \sin\left(\int_0^x k(n) dx\right) \sin(\Delta)$$

$$\Rightarrow \int_0^x k(x') dx' = \frac{\pi}{4} + \frac{(2n+1)\pi}{2}$$

$$= \left(n + \frac{3}{4}\right) \pi$$

$$k(x) = \frac{1}{\hbar} \sqrt{2m(E - V(n))}$$

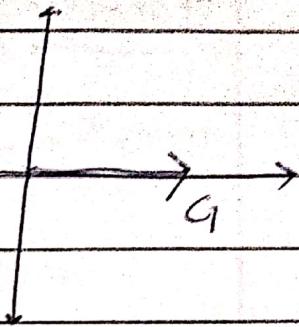
$$\Rightarrow \int_0^x \sqrt{\frac{2m}{\hbar^2}} (E - V(n)) dx' = \left(n + \frac{3}{4}\right) \pi$$

$$E > V(a)$$

Airy functions

$$\frac{d^2\psi}{du^2} = u\psi$$

$$\psi(u) = C \int \frac{dk}{2\pi} e^{\frac{i k^3}{3}} e^{iku}$$

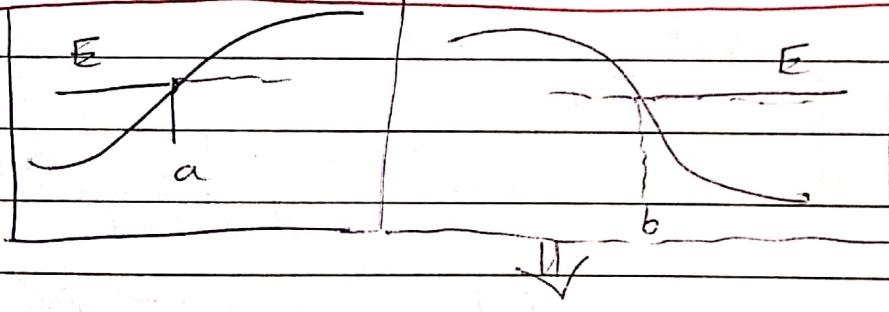


ψ decays if $\text{im}(k^3) > 0$.

We can derive the results for wavefunction from there

$$\psi(n) \text{ allowed} = \frac{2A}{\sqrt{R(x)}} \cos \left(\int_x^a k(n) dx' - \frac{\pi}{4} \right) + \frac{-B}{\sqrt{k(n)}} \sin \left(\int_x^a k(n) dx' - \frac{\pi}{4} \right)$$

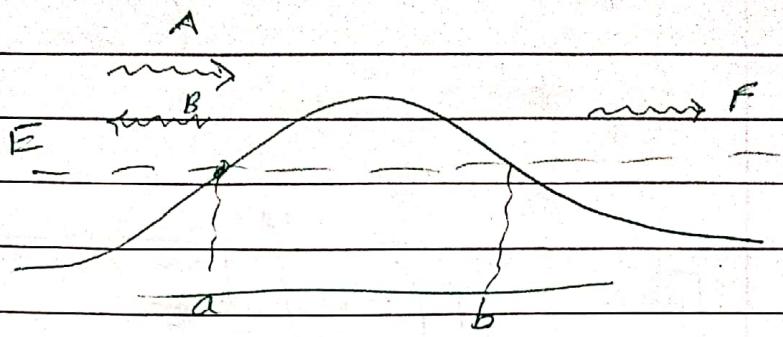
$$\psi(n) \text{ unallowed} = \frac{A}{\sqrt{k'(n)}} \exp \left(- \int_a^x k'(n) dx' \right) + \frac{B}{\sqrt{k'(n)}} \exp \left(\int_a^x k'(n) dx' \right)$$



$$\frac{1}{\sqrt{k(n)}} \exp \left(- \int_x^b k(n) dx' \right) \Rightarrow \frac{2}{k(n)} \cos \left(\int_b^x k(x') dx' - \frac{\pi}{4} \right)$$

$$\frac{1}{\sqrt{k'(n)}} \sin \left(\int_b^x k'(n) dx' - \frac{\pi}{4} \right) \Rightarrow \frac{-1}{\sqrt{k'(n)}} \exp \left(\int_x^b k'(x') dx' \right)$$

Barrier tunneling



if the barrier is slowly varying.

and T needs to be small.

$$\Psi_{\text{Trans}}(x) = \frac{F}{\sqrt{k(n)}} \exp\left(i\left[\int_a^x k(x') dx' - \frac{\pi i}{4}\right]\right)$$

$$= \frac{F}{\sqrt{k(n)}} \cos\left(\int_b^x k(x) dx - \frac{\pi}{4}\right) + \frac{iF}{\sqrt{k(n)}} \sin\left(\int_b^x k(n) dx - \frac{\pi}{4}\right)$$

$x > > b$

↑ ↑

This would cause This is attributed to
the Ψ_{barr} to decay $\Psi_{\text{barr}} \propto \exp(it/kx)$
left of $x = b$.

$$\Rightarrow \Psi(n)_{\text{barr}} \propto \frac{1}{\sqrt{k(n)}} \exp\left(\int_a^b k(n) dx - \int_a^x k(n) dx\right)$$

$$\Rightarrow \theta = \int_a^b k(n) dx \Rightarrow \Psi(n)_{\text{barr}} = -2iF e^{i\theta} \frac{\cos\left(\int_a^x k(n) dx - \frac{\pi}{4}\right)}{\sqrt{k(n)}}$$

equate to incoming $\Psi(n) = -2iF e^{i\theta} \frac{\cos\left(\int_a^x k(n) dx - \frac{\pi}{4}\right)}{\sqrt{k(n)}}$

$$\Psi_{\text{inc}} = -iF e^0 \exp\left(i\int_x^b k(x') dx + i\frac{\pi}{4}\right)$$

$$T = \frac{|F|^2}{|iF e^0|^2} e^{-2\theta}$$

$$= \frac{1}{|iF e^0|^2}$$

$$T_{\text{WKB}} = \exp\left(-2 \int_a^b k'(x) dx\right)$$

Example :

$$V(x) = \begin{cases} V_0 & |x| < a \\ 0 & |x| \geq a \end{cases}$$



$$T_{WKB} \rightarrow \exp \left(-2 \int_{-a}^a \frac{2m}{\hbar^2} (V_0 - E) dx \right)$$

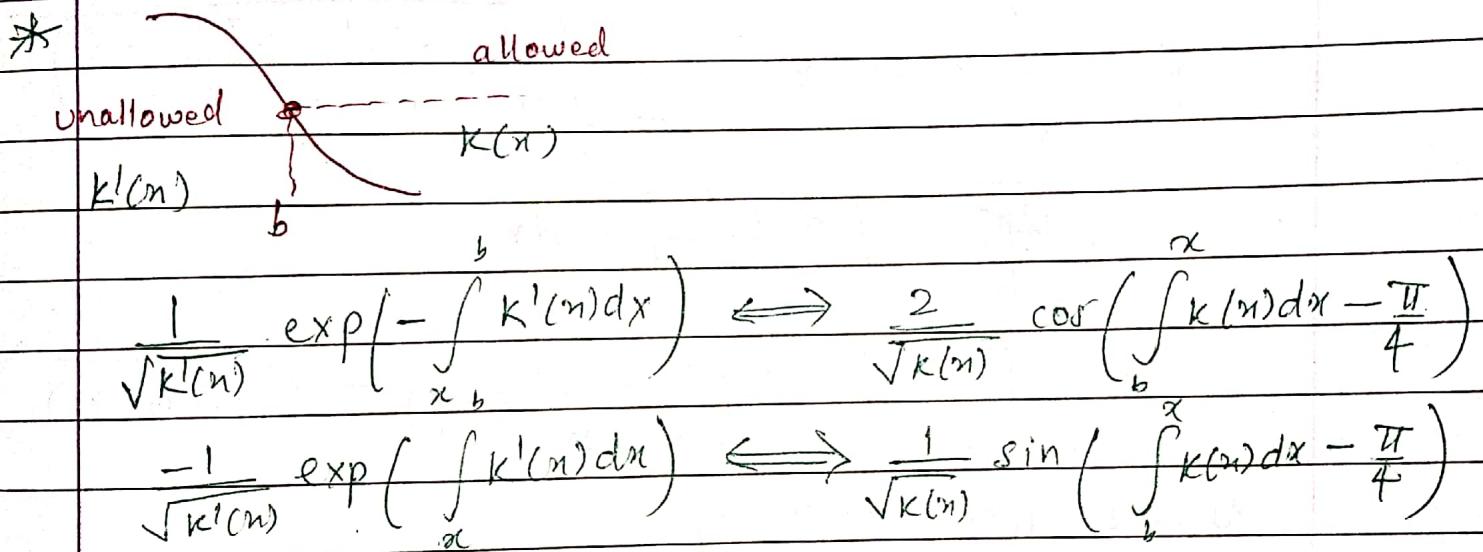
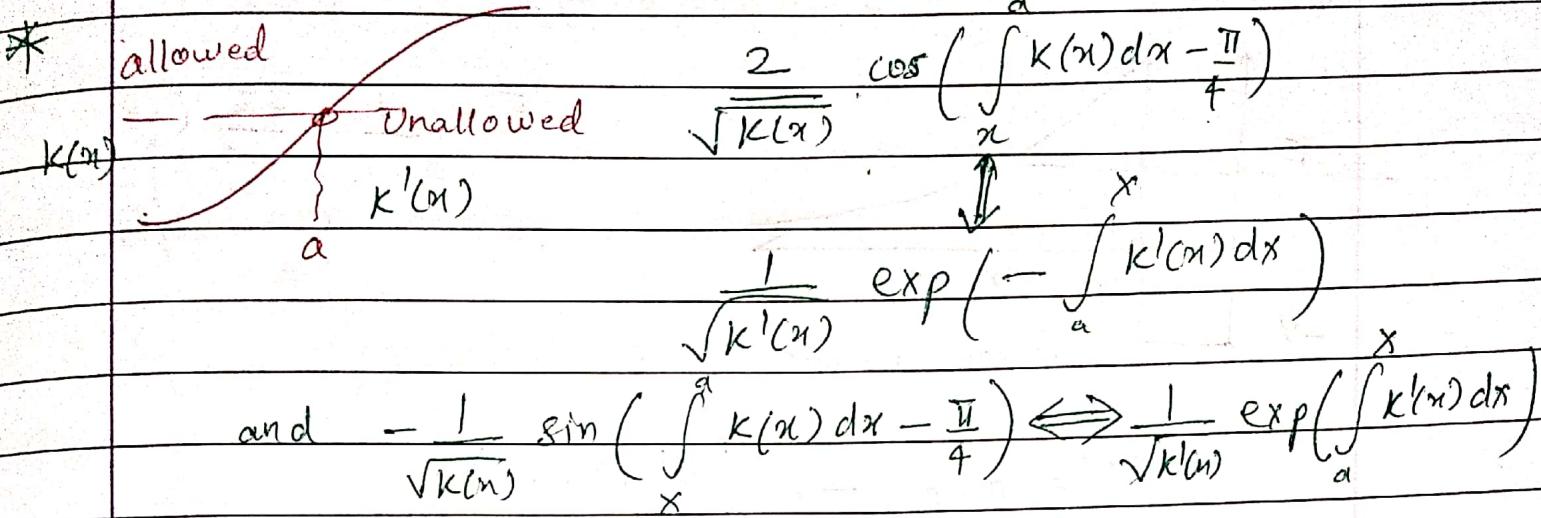
$$= \exp \left(- \frac{4a}{\hbar} \sqrt{2m(V_0 - E)} \right)$$

The exact formula calculated before,

$$T_{\text{exact}} = \frac{1}{1 + \frac{V_0^2}{4E(V_0 - E)} \sinh^2 \left(\frac{2a}{\hbar} \sqrt{2m(V_0 - E)} \right)}$$

So for small energies 'E', $T_{WKB} \rightarrow T_{\text{exact}}$

The Final Airy connections one has to remember:-



Tunneling

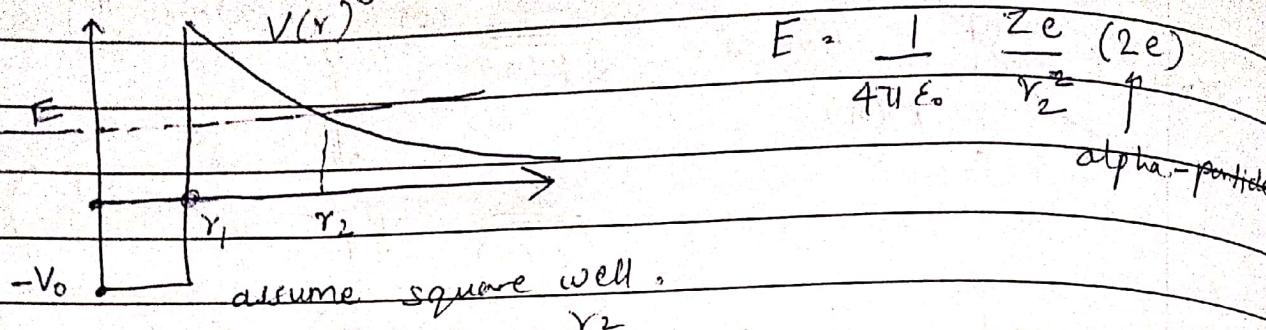


$$T_{WKB} = \exp \left(- 2 \int_a^b K'(x) dx \right)$$

$$T = \left(2m \int_a^b \frac{dx}{p(x)} \right) \exp \left(- 2 \int_a^b K(x) dx \right)$$

WKB example 1

Gamov's theory of alpha decay.



$$E = \frac{1}{4\pi\epsilon_0} \frac{Z^2 e^2}{r_2^2} (2e)$$

alpha-particle

$$T = \exp \left(-2 \int_{r_1}^{r_2} K(x) dx \right).$$

$$\begin{aligned} \gamma &= \int_{r_1}^{r_2} K(x) dx = \frac{1}{\hbar} \int_{r_1}^{r_2} \sqrt{2m \left(\frac{1}{4\pi\epsilon_0} \frac{Z^2 e^2}{r^2} - E \right)} dr \\ &= \sqrt{\frac{2m}{\hbar^2}} \int_{r_1}^{r_2} \sqrt{E \frac{Z^2 e^2}{r^2} - E} dr \\ &= \sqrt{\frac{2mE}{\hbar^2}} \left[r_2 \left(\frac{\pi}{2} - \frac{1}{\sin(\frac{\pi r_1}{r_2})} \right) - \sqrt{r_1(r_2 - r_1)} \right] \end{aligned}$$

Assume like $r_2 \gg r_1$.

$$\gamma \approx \frac{2}{\sqrt{E}} \underbrace{\left(\sqrt{\frac{2m}{\hbar^2}} \frac{\pi}{2} \frac{e^2}{4\pi\epsilon_0} \right)}_{K_1} - \sqrt{r_1} \underbrace{\left(\sqrt{\frac{e^2}{4\pi\epsilon_0}} \cdot \frac{4\sqrt{m}}{\hbar} \right)}_{K_2}$$

$$\gamma = K_1 \frac{Z}{\sqrt{E}} - K_2 \sqrt{Z} r_1$$

$$T = e^{-2\gamma}$$

Classical time for collision = $\frac{2r_1}{v}$.

$$\omega = \frac{v}{2r_1}$$

$$\therefore T = \frac{2r_1}{v} \cdot c^{1/2}$$

Usually

~~$$T = \sqrt{\frac{2m}{P(n)}} \int_{r_1}^{r_2} \frac{dx}{\sqrt{E - \frac{1}{4\pi\epsilon_0} \frac{Z^2 e^2}{r^2}}}$$~~