

Follow the directions for each set of questions. If you don't, you will be scored wrong and there is a higher chance of you not receiving rightful points. Questions are weighted differently for the time and skill needed to complete them.

Good Luck!!!!!!

Per Texas Science Olympiad rules, you must have printed notes for this event. If you are communicating with your partner through a voice or video call, please start it before you begin the test itself.

Significant time spent outside of the browser window is grounds for a penalty or disqualification per TSO policies.

Word Bank (1 point each)

Sentinel	Health Indicator	Nosocomial	Dose-response relationship	Point outbreak
Etiology	Hypoendemic	Isolation	Convalescent Carrier	Cross-sectional Study
Case-control Study	Endemic	Cohort Study	Iatrogenic	Incubation period
Index case	Hyperendemic	Incubatory Carrier	Latency period	Prenatal transmission
Pandemic	Holoendemic	Healthy Carrier	R0	Efficacy
Syndromic	Epitope	Mechanical Vector	Vertical transmission	Biological Vector
Propagated outbreak	Intermittent Carrier	Risk factor	Proxy	Virulence

For the word bank, make sure to write exactly what is in the word bank and not different. If there is a dash, use the dash.

1. (1.00 pts)

Surveillance in which monitoring of rate of occurrence of specific conditions to assess the stability or change in health levels of a population. Used when high-quality data are needed about particular disease.

Sentinel

2. (1.00 pts)

Choice of measurement used to indirectly measure a different parameter of population being studied

Proxy

3. (1.00 pts)

As the number of pack-years increases for a given smoker, their likelihood of developing lung cancer increases. This best demonstrates:

Dose-response relationship

4. (1.00 pts)

Surveillance in which health-related data is used before diagnosis to signal sufficient prob of case or outbreak.

Syndromic

5. (1.00 pts)

Denoting a population or area in which a disease incidence is sufficiently low that the population has limited or no immunity to it

Hypoendemic

6. (1.00 pts)

A mortality rate is an example of a:

Health indicator

7. (1.00 pts) The study of the physiologic cause of a disease.

Etiology

8. (1.00 pts) Carriers who harbor the pathogen, and although are in the recovery phase, are still infectious

Convalescent Carrier

9. (1.00 pts)

Carriers who have been exposed to an harbor the pathogen, are at the beginning of the disease and are starting to show symptoms. May transmit the disease

Incubatory Carrier

10. (1.00 pts) Most accurate type of study and can tell causality

Cross-sectional study

11. (1.00 pts) An exposure spread from person to person rather than from a common event:

Propagated Outbreak

12. (1.00 pts) A practice in which observes an infected group and a healthy group and compares their exposure, behaviors and other notable characteristics:

Case-control study

13. (1.00 pts) The first occurrence of an infection recorded by health authorities:

Index case

14. (1.00 pts) Relating to illness caused by medical examination or treatment

Iatrogenic

15. (1.00 pts) Given that the common cold is highly prevalent in all areas of the world, it is considered a(n) _____ disease:

Endemic

16. (1.00 pts) The separation of sick individuals from healthy individuals in order to slow the spread of disease is known as:

Isolation

17. (1.00 pts) A(n) ____, also known as an antigenic determinant, is part of an antigen that is recognized by the immune system.

Epitope

18. (1.00 pts) Transmission of disease from mother to fetus

Vertical Transmission

Leishmaniasis is a disease caused by any of about twenty species of *Leishmania*, a eukaryotic single-celled organism in the *Trypanosomatidae* family. It passes through two life stages. In sandflies, it has a flagellum and swims freely in the gut. When the sandfly bites a vertebrate, it injects some *Leishmania* along with the anticoagulant. The flagellate stage is susceptible to host immune response, but if the organism is subjected to phagocytosis by the host's monocytes, neutrophils or macrophages, it loses its flagellum and reproduces rapidly, causing the cell to rupture. This form is more resistant to host immune response and appears to be able to survive in vertebrate blood for a short time until it is taken up again by another white blood cell. The disease caused by this organism can take one of three forms. The most common form is cutaneous leishmaniasis, characterized by ulcerations on the skin. In mucocutaneous leishmaniasis, skin lesions are accompanied with lesions in the mucosal tissue of the mouth, nose etc. which are often serious enough to significantly change the shape of the face. While the

latter in particular may leave the patient permanently disfigured, these two forms are usually self-limiting as the host's immune system eventually clears the infection. The most serious form is visceral leishmaniasis (VL), also known as kala-azar. This form is always secondary, occurring months or even years after the original infection in hosts who failed to clear it. In VL the organism becomes established in the spleen and liver, causing fever and anemia. It is estimated that VL would be fatal in about 95% of untreated patients, and it causes about 50,000 human deaths per year. Only a few species of *Leishmania* are capable of causing VL in humans, the vast majority of cases being caused by *L. donovani* in East Africa and southern Asia and *L. infantum* in the Mediterranean region and South America. Infected vertebrates which are bitten by a sandfly may transmit the organism, which then develops a flagellum and migrates towards the mouthparts, continuing the cycle. Sandflies are small dipterans somewhat similar to mosquitoes. Like mosquitoes, their principle food is plant juices but the females require a blood meal from a vertebrate in order to produce viable eggs, which must be laid in a relatively humid environment. Hyraxes and rodents are susceptible to *Leishmania* infection, but *L. infantum* is most often found in canids (dogs, jackals etc.) while *L. donovani* appears to affect mostly humans. While infected people appear to be immune to re-infection by the same species, no vaccine has been developed.

In 2013, researchers in Belgium and Algeria collected data from the Algerian National Institute of Public Health's (INSP) database on the incidence of visceral leishmaniasis in that country between 1998 and 2008.

19. (2.00 pts) *Leishmania* would be classified as a

- ☐ A) Virus
- ☐ B) Bacteria
- ☒ C) Protist
- ☐ D) Archaeon
- ☐ E) Annelid

20. (2.00 pts) *Leishmania* in vertebrates is best described as a(n)

- ☐ A) obligate extracellular parasite
- ☐ B) facultative extracellular parasite
- ☒ C) obligate intracellular parasite
- ☐ D) facultative intracellular parasite

21. (2.00 pts) Which term(s) describe leishmaniasis in Algeria?

- ☐ A) arbovirus
- ☐ B) zoonosis
- ☐ C) infectious
- ☐ D) autoimmune
- ☒ E) b&d

22. (1.00 pts) What US organization do you think is the closest equivalent of the INSP? Please just do initials

CDC

For questions 23-30, choose the term(s) at right that best describes the role of each as they relate to human leishmaniasis in Algeria. There may be more than one correct answer for each question. Put a comma and a space between letters and put the letters in alphabetical order (ex: A, B, C). For example, if a word is an agent, definitive host, and host, you would answer A, C, D.

- a. Agent
- b. Attack rate
- c. Definitive host
- d. Host
- e. Incidence
- f. Infectivity
- g. Intermediate host
- h. Pathogenicity
- i. Prevalence
- j. Reservoir
- k. Vector

23. (2.50 pts) Sandfly

D, G, K

24. (2.50 pts) Leishmania infantum

A

25. (2.50 pts) Dogs, jackals and rodents

C, D, J

26. (2.50 pts) Humans

C, D

27. (2.50 pts) Proportion of people bitten by an infected sandfly who become infected

F

28. (2.50 pts) Proportion of infected people who develop leishmaniasis

H

29. (2.50 pts) Proportion of all Algerians who contract leishmaniasis this year

B, E

30. (2.50 pts) Proportion of all Algerians with Leishmaniasis

I

31. (2.00 pts) Which of the following does not describe descriptive epidemiology?

- ☐ A) Does not perform intervention studies
- ☐ B) Focuses on person, place, time
- ☐ C) Generates hypotheses
- ☒ D) Tests hypotheses
- ☐ E) All of the above describe descriptive epidemiology

32. (2.00 pts) Which of the following statistics is associated with analytic epidemiology?

- ☐ A) Standard Error
- ☐ B) McNemar test for paired data
- ☐ C) Confidence intervals of means
- ☐ D) Chi-square
- ☒ E) Two or more of the above are associated with analytic epidemiology

33. (2.00 pts) There are a variety of variables that can be used in a data summary. Duration of illness is an example of which type of variable?

- ☐ A) Interval-scale variable
- ☐ B) Ordinal-scale variable
- ☐ C) Nominal-scale variable
- ☒ D) Ratio-scale variable

34. (2.00 pts) Which of these is NOT an advantage of a Cohort study?

- ☒ A) Good for rare diseases
- ☐ B) Most accurate observational study
- ☐ C) Easy risk calculation
- ☐ D) Good measure of exposure
- ☐ E) Good for rare exposures

35. (2.00 pts) Promoting handwashing best describes prevention of which mode of transmission?

- ☒ A) Fecal-oral transmission
- ☐ B) Vehicleborne transmission

- ☐ C) Direct transmission
- ☐ D) Vectorborne transmission
- ☐ E) None of the above

Use the graph below to answer the questions 36-38

36. (2.00 pts) What is an approximate incubation period for this disease?

- ☐ A) 1-3 days
- ☐ B) 4-5 days
- ☒ C) 6-7 days
- ☐ D) 8-9 days
- ☐ E) There is no incubation period for this disease (or cant be determined)

37. (2.00 pts) What type of epi curve is shown above

- ☐ A) Point Source
- ☐ B) Continuous Common Source
- ☒ C) Propagated
- ☐ D) Seasonal Source
- ☐ E) None of the above

38. (2.00 pts) Which of these is the least likely mode of transmission for this disease?

- ☐ A) Direct transmission
- ☐ B) Indirect transmission
- ☐ C) Airborne transmission
- ☒ D) Vectorborne transmission
- ☐ E) All of the above are equally likely

"On October 1, 2018, the Rockland County (New York) Department of Health (RCDOH) alerted the New York State Department of Health (NYSDOH) of an unvaccinated teenaged traveler with diagnosed measles. During the next 17 days, RCDOH learned of an additional six unvaccinated travelers with measles. On October 24, 2018, the Ocean County (New Jersey) Health Department alerted the New Jersey Department of Health (NJDOH) of a case of measles in an international traveler, with rash onset October 17. The unvaccinated travelers reported recent travel in Israel, where an outbreak of approximately 3,150 cases of measles is ongoing (1). Investigations during October 1, 2018–April 30, 2019, identified 242 laboratory-confirmed and epidemiologically linked measles cases in New York, excluding New York City, and during October 17, 2018–November 30, 2018, identified 33 in New Jersey (Figure). The cases of measles were primarily in members of orthodox Jewish communities."

For each of the following statements, choose true or false

39. (1.50 pts) The following would be a correct sentence: the 2018 measles outbreak was a(n) _____.

Endemic

☐ True ☒ False

40. (1.50 pts) The following would be a correct sentence: the 2018 measles outbreak was a(n) _____.
Epidemic

☒ True ☐ False

41. (1.50 pts) The following would be a correct sentence: the 2018 measles outbreak was a(n) _____.
Pandemic

☐ True ☒ False

42. (1.50 pts) The following would be a correct sentence: the 2018 measles outbreak was a(n) _____.
Hyperendemic

☐ True ☒ False

43. (3.00 pts) What is the difference between incubation period and latency period? Write up to two sentences (Make it short)

Expected Answer: The incubation period is time in between exposure to a pathogen and visible symptoms. The latency period is time in between exposure to a pathogen and infection. Also acceptable: Incubation period refers to an acute or temporary condition, while latency period refers to a chronic condition.

44. (3.00 pts) What are the stages of the Natural History of a disease in order?

Expected Answer: Susceptibility, subclinical disease, clinical disease, recovery/disability/death

45. (2.00 pts) Who is considered the father of the field of epidemiology?

- ☐ A) Edward Jenner
- ☒ B) John Snow
- ☐ C) John Gaunt
- ☐ D) William Farr
- ☐ E) Richard Doll

46. (2.00 pts) Variolation was a practice used to treat which virus?

- ☐ A) Human Immunodeficiency Virus
- ☐ B) Norovirus
- ☒ C) Smallpox virus
- ☐ D) Yellow Fever virus

- ☐ E) West Nile virus

47. (2.00 pts) The Bradford Hill criteria, also known as Hill's criteria for causation, contains all of the following EXCEPT:

- ☐ A) Reproducibility
☐ B) Plausibility
☐ C) Effect Size
☐ D) a and c
☒ E) None of the Above

48. (2.00 pts) The term used to describe the resistance of a population to spread an infectious organism due to the immunity of a high proportion of the population.

- ☐ A) Virulence
☐ B) Population Resilience
☒ C) Herd Immunity
☐ D) Passive Immunity

49. (2.00 pts) Who used long term cohort studies to est. relationship btwn. tobacco & lung cancer in 1950s

- ☐ A) Jonas Salk
☐ B) Paul Louis-Simond
☐ C) Thomas R. Frieden
☒ D) Richard Doll & Andrew Hill

50. (2.00 pts) Who founded antiseptic surgery

- ☒ A) Joseph Lister
☐ B) Paul Erlich
☐ C) Emil von Bohring
☐ D) Ignaz Semmelweis

51. (4.00 pts) Korsakoff syndrome are forms of dry beriberi, a neurological disease caused by severe thiamine deficiency.

Which population (ignoring members with genetic diseases of thiamine transport) is most at risk for thiamine deficiency?

- ☐ A) Women
☐ B) Children
☒ C) Alcoholics
☐ D) Asthmatics

52. (1.75 pts) Which of the following can cause human disease?

- ☐ A) Biological Factors
☐ B) Physical Factors
☐ C) Chemical Factors
☒ D) All of the above

53. (2.00 pts) Which of the following is NOT a mode of indirect transmission?

- ☒ A) Large droplet spread
- ☐ B) Droplet nuclei spread
- ☐ C) Consuming contaminated food
- ☐ D) Bites from fleas carrying *Yersinia pestis*.

54. (1.75 pts) The severity of the disease after it occurs describes its

- ☐ A) Infectivity
- ☐ B) Pathogenicity
- ☒ C) Virulence

55. (1.75 pts) Which of the following does NOT describe active surveillance programs?

- ☐ A) Difficult to develop
- ☐ B) Often involves sending project staff into the field to identify cases
- ☒ C) Under-reporting or completeness of data is likely
- ☐ D) Can be expensive to implement

56. (1.75 pts) Prevalence quantifies the burden of a disease.

- ☒ True
- ☐ False

57. (1.75 pts) What are measures of the frequency of occurrence of death in a defined population during a specified time interval?

- ☒ A) Mortality rates
- ☐ B) Morbidity rates
- ☐ C) Cumulative incidence

58. (2.00 pts) A contaminated and undercooked hamburger that transmits a gastrointestinal infection to the person eating it can be considered what kind of vector?

- ☐ A) Mechanical
- ☐ B) Zoonotic
- ☐ C) Biological
- ☐ D) Physical
- ☒ E) None of the above

59. (2.00 pts)

A cow walking through a lettuce field transfers contaminated water to the lettuce that ends up on the same hamburger mentioned above. The lettuce was not washed and also induced a gastrointestinal infection. Which of the following could be considered a mechanical vector:

- ☐ A) Lettuce
- ☒ B) Cow
- ☐ C) Contaminated water
- ☐ D) Person eating the hamburger
- ☐ E) None of the above

60. (2.00 pts) Which are ways that communicable diseases can be addressed?

- ☐ A) Immunizations
- ☐ B) Quarantine
- ☐ C) Contact treatment
- ☐ D) Isolation
- ☒ E) All of the above

You develop a test for a certain disease and these are the results you obtain following clinical trials:

61. (2.00 pts) What term could be said to be the true negativity rate?

- ☐ A) Sensitivity
- ☒ B) Specificity
- ☐ C) positive predictive rate
- ☐ D) negative predictive rate
- ☐ E) one of the above
- ☐ F) Both A and C

62. (2.00 pts) What is the false positive in your tests?

- ☐ A) 135
- ☐ B) 45
- ☒ C) 7
- ☐ D) 70
- ☐ E) 41

63. (3.25 pts) What is the specificity of your tests? Round to 2 decimals

- ☒ A) .8654
- ☐ B) .75
- ☐ C) .6087
- ☐ D) .9091
- ☐ E) .6585

64. (2.00 pts) If the disease were to be dangerous, what would you maximize?

- ☐ A) Specificity
- ☒ B) Sensitivity
- ☐ C) False Positives
- ☐ D) Negative Predictive Rate
- ☐ E) A & D

Below lies a table portraying data collected about children diagnosed with hand-foot-and-mouth virus.

65. (3.25 pts) Calculate the attack rate for those who attend daycare (Put it in decimal)

0.2

66. (3.25 pts) Calculate the attack rate for those who did not attend the daycare

0.03

67. (3.00 pts) Calculate the relative risk (Round to 2 decimal points)

6.67

Exposure to lead can result in negative effects in children, including decreased ability to learn, neurologic damage, organ failure, and death. Lead is often found in old homes (in lead-based paint or dust) or homes near industrial sources in areas characterized by low mean income. The CDC and other healthcare organizations recommend routine blood lead level (BLL) testing among children as part of well-child examinations to facilitate prompt identification of elevated BLL, eliminate source exposure, and provide medical and other services. To describe BLL testing trends among young children during the coronavirus disease 2019 (COVID-19) pandemic, CDC analyzed data reported from 34 state and local health departments about BLL testing among children aged <6 years conducted during January–May 2019 and January–May 2020. Answer the questions below about lead exposure and recent trends in blood lead level testing.

68. (2.50 pts) What is the safe blood lead level (BLL) in children according to the CDC?

- ☐ A) 5.0 µg/dL
- ☐ B) 4.0 µg/dL
- ☐ C) 3.5 µg/dL
- ☐ D) 2.0 µg/dL
- ☒ E) There is no safe BLL for children

69. (2.50 pts) Which of the following can be considered a primary prevention method for community illnesses caused by lead toxicity? Select all that apply.

(Mark **ALL** correct answers)

- ☒ A) Replacing lead-based paint in homes built before lead-based paint regulations were implemented
- ☒ B) Testing and removing lead-contaminated soil
- ☒ C) Replacing lead-based water pipes in homes with non-toxic metal pipes
- ☐ D) Routinely screening BLLs during child examinations

70. (2.50 pts) In 1995, high blood lead levels became a nationally reportable condition. Which of the following is true regarding a reportable disease? Select all that apply.

(Mark **ALL** correct answers)

- ☒ A) The disease is of great importance to public health officials
- ☐ B) Any patient who is diagnosed with the disease is asked to report the details of their potential exposures and close contacts to the CDC
- ☒ C) The relevant local and state agencies must be informed every time a patient is diagnosed with the condition, and they may optionally pass this information onto federal agencies like the CDC if it is also a nationally notifiable disease
- ☐ D) All states in the US use the same reportable disease list, which is updated regularly by the CDC

71. (3.25 pts)

Based on the table above, which reports data from 34 participating jurisdictions, what is the magnitude of the percent decrease in children tested for blood lead levels in the US in April of 2020 relative to April of 2019? Round to one decimal point.

66.4

72. (3.50 pts)

As seen in the table above, the number of children aged 6 years or younger who had BLL tests during January-May 2020 was lower than the number who had BLL tests during the same period in 2019. Suppose that in an average year, the positivity rate for elevated BLL is 2% in children who are tested for it. Use the data in the table to estimate how many children with elevated BLLs were missed in these jurisdictions from January-May 2020 due to the decrease in testing. Round to the nearest whole number.

9603

73. (2.50 pts)

This study reported that during lead testing in 2020, a high number of families whose children previously had elevated BLLs were no longer living in their listed residence. In some cases, this may have been due to families defaulting on rent. These children could not be located and went untested in early 2020. During future national disruptions like our current pandemic, what public health recommendations do you think would help reduce loss-to-follow-up cases like this? Select all that apply.

(Mark **ALL** correct answers)

- ☐ A) Creating online infrastructure to increase telemedicine visits instead of relying on in-person home visits for BLL testing
- ☒ B) Reminding families to update their residence information with their healthcare providers during periods of high housing instability
- ☒ C) Imposing early guidelines to decrease or eliminate evictions during the crisis
- ☒ D) Working with news agencies to remind the public the importance of routine BLL testing

74. (2.25 pts) Which of the following is not a reason that young children might be at increased risk of lead poisoning in homes relative to older children or adults?

- ☐ A) Young children have a tendency to put their fingers or objects in their mouths, and could in the process ingest lead paint chips or dust
- ☐ B) Young children may more readily absorb lead because their bodies are rapidly developing
- ☐ C) Young children may have difficulty verbally expressing their symptoms and being accurately diagnosed
- ☒ D) None of the above

75. (2.25 pts)

Suppose it is found that the reported data is an underestimate of the true extent of BLL testing in children from January-May 2020. Which of the following is not a plausible factor that could have caused this?

- ☒ A) Double-counting due to overlap of multiple surveillance systems
- ☐ B) COVID-related delays in laboratory testing
- ☐ C) Lockdown-related decreases in laboratory staffing
- ☐ D) Data entry backlogs

76. (2.50 pts) Which of the following are other public health regimes that have been disrupted by COVID19? Select all that apply.

(Mark **ALL** correct answers)

- ☒ A) Community opioid addiction interventions
- ☒ B) Childhood vaccination drives
- ☒ C) STD/STI testing
- ☒ D) Cancer screening

77. (3.50 pts)

Calculate the incidence rate from November 1st, 2015, to January 1st, 2017 as the denominator. Express the rate per 100 population and round up (Hint: use midpoint population)
(Just write whole number)

14

78. (3.50 pts) Calculate the point prevalence on June 1, 2016. Express your answer as a percentage rounded to one decimal place.

20.7

79. (3.50 pts) Calculate the period prevalence from November 1st, 2015, to January 1st, 2017. Express your answer as a percentage rounded to one decimal place.

26.7

We hope you enjoyed this exam! If you have any feedback about any of the exams at this tournament, please let us know through this form: <https://tinyurl.com/utreg21feedback>
(<https://tinyurl.com/utreg21feedback>)