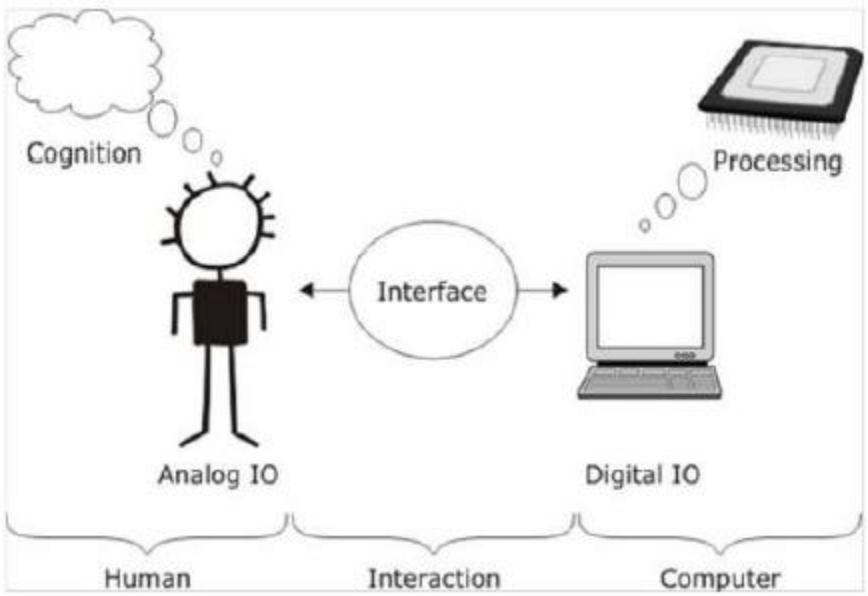
Introduction

Human-computer interaction (commonly referred to as HCI) researches the design and use of computer technology, focused on the interfaces between people (users) and computers. Researchers in the field of HCI both observe the ways in which humans interact with computers and design technologies that let humans interact with computers in novel ways.



User

By "user", we may mean an individual user, a group of users working together. An appreciation of the way people's sensory systems (sight, hearing, touch) relay information is vital. Also, different users form different conceptions or mental models about their interactions and have different ways of learning and keeping knowledge and. In addition, cultural and national differences play a part.

Computer

When we talk about the computer, we're referring to any technology ranging from desktop computers, to large scale computer systems. For example, if we were discussing the design of a

Website, then the Website itself would be referred to as "the computer". Devices such as mobile phones or VCRs can also be considered to be ―computers.

Interaction

There are obvious differences between humans and machines. In spite of these, HCI attempts to ensure that they both get on with each other and interact successfully. In order to achieve a usable system, you need to apply what you know about humans and computers, and consult with likely users throughout the design process. In real systems, the schedule and the budget are important, and it is vital to find a balance between what would be ideal for the users and what is feasible in reality.

The Goals of HCI

The goals of HCI are to produce usable and safe systems, as well as functional systems. In order o produce computer systems with good usability, developers must attempt to: understand the factors that determine how people use technology, develop tools and techniques to enable building suitable systems, achieve efficient, effective, and safe interaction put people first. Underlying the whole theme of HCI is the belief that people using a computer system should come first. Their needs, capabilities and preferences for conducting various tasks should direct developers in the way that they design systems. People should not have to change the way that they use a system in order to fit in with it. Instead, the system should be designed to match their requirements.

Usability

Usability is one of the key concepts in HCI. It is concerned with making systems easy to learn and use. A usable system is:

- easy to learn
- easy to remember how to use
- effective to use
- efficient to use
- safe to use
- enjoyable to use

Factors in HCI

There are a large number of factors which should be considered in the analysis and design of a system using HCI principles. Many of these factors interact with each other, making the analysis even more complex. The main factors are listed in the table below:

Organisation Factors

- Training, job design, politics, roles, work organisation
- Environmental Factors
- Noise, heating, lighting, ventilation
- Health and Safety Factors

The User

- Cognitive processes and capabilities
- Motivation, enjoyment, satisfaction, personality, experience
- Comfort Factors
- Seating, equipment, layout.

User Interface

Input devices, output devices, dialogue structures, use of colour, icons, commands,navigation, graphics, natural language, user support, multimedia

Task Factors: Easy, complex, novel, task allocation, monitoring, skills

Constraints : Cost, timescales, budgets, staff, equipment, buildings

System Functionality: Hardware, software, application

Productivity Factors : Increase output, increase quality, decrease costs, decrease errors, increase innovation

Disciplines contributing to HCI

The field of HCI covers a wide range of topics, and its development has relied on contributions from many disciplines. Some of the main disciplines which have contributed to HCI are:

Computer Science

- technology
- software design, development & maintenance
- User Interface Management Systems (UIMS) & User Interface Development
- Environments (UIDE)
- prototyping tools
- graphics

Cognitive Psychology

- information processing
- capabilities
- limitations
- cooperative working
- performance prediction

Social Psychology

- social & organizational structures

Ergonomics/Human Factors

- hardware design
- display readability

Linguistics

- natural language interfaces

Artificial Intelligence

- intelligent software

Engineering & Design

- graphic design

- engineering principles

INPUT–OUTPUT CHANNELS

A person‘s interaction with the outside world occurs through information being received and sent: input and output. In an interaction with a computer the user receives information that is output by the computer, and responds by providing input to the computer – the user‘s output becomes the computer‘s input and vice versa.

For example, sight may be used primarily in receiving information from the computer, but it can also be used to provide information to the computer, for example by fixating on a particular screen point when using an eyegaze system. Input in the human occurs mainly through the senses and output through the motor control of the effectors.

There are five major senses: sight, hearing, touch, taste and smell. Of these, the first three are the most important to HCI. Taste and smell do not currently play a significant role in HCI, and it is not clear whether they could be exploited at all in general computer systems, although they could have a role to play in more specialized systems (smells to give warning of malfunction, for example) or in augmented reality systems. vision, hearing and touch are central.

There are a number of effectors, including the limbs, fingers, eyes, head and vocal system. In the interaction with the computer, the fingers play the primary role, through typing or mouse control, with some use of voice, and eye, head and body position.

Imagine using a personal computer (PC) with a mouse and a keyboard. The application you are using has a graphical interface, with menus, icons and windows. In your interaction with this system you receive information primarily by sight, from what appears on the screen.

Vision

Human vision is a highly complex activity with a range of physical and perceptual limitations, We can roughly divide visual perception into two stages: the physical reception of the stimulus from the outside world, and the processing and interpretation of that stimulus. On the one hand the physical properties of the eye and the visual system mean that there are certain things that cannot be seen by the human; on the other the interpretative capabilities of visual processing allow images to be constructed from incomplete information. We need to understand both stages as both influence what can and cannot be perceived visually by a human being, which in turn directly affects the way that we design computer systems. We will begin by looking at the eye as a physical receptor, and then go on to consider the processing involved in basic vision.

The human eye

Vision begins with light. The eye is a mechanism for receiving light and transforming it into electrical energy. Light is reflected from objects in the world and their image is focused upside down on the back of the eye. The receptors in the eye transform it into electrical signals which are passed to the brain.

The eye has a number of important components. The cornea and lens at the front of the eye focus the light into a sharp image on the back of the eye, the retina. The retina is light sensitive and contains two types of photoreceptor: rods and cones.

Rods are highly sensitive to light and therefore allow us to see under a low level of illumination. They are unable to resolve fine detail and are subject to light saturation. This is the reason for the temporary blindness we get when moving from a darkened room into sunlight: the rods have been active and are saturated by the sudden light. The cones do not operate either as they are suppressed by the rods. We are therefore temporarily unable to see at all. There are approximately 120 million rods per eye which are mainly situated towards the edges of the retina. Rods therefore dominate peripheral vision.

Cones are the second type of receptor in the eye. They are less sensitive to light than the rods and can therefore tolerate more light. There are three types of cone, each sensitive to a different wavelength of light. This allows color vision. The eye has approximately 6 million cones, mainly concentrated on the fovea, a small area of the retina on which images are fixated.

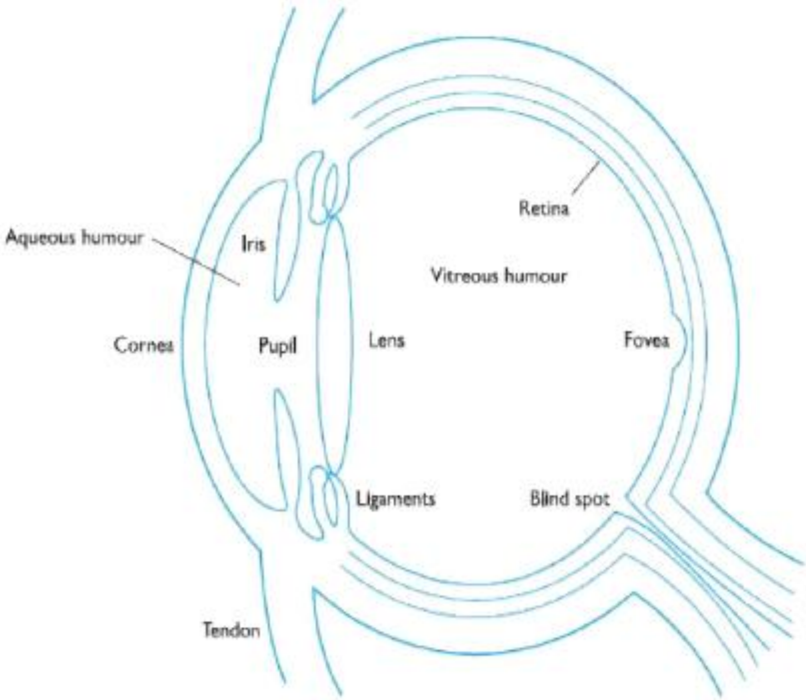


Figure: Human Eye

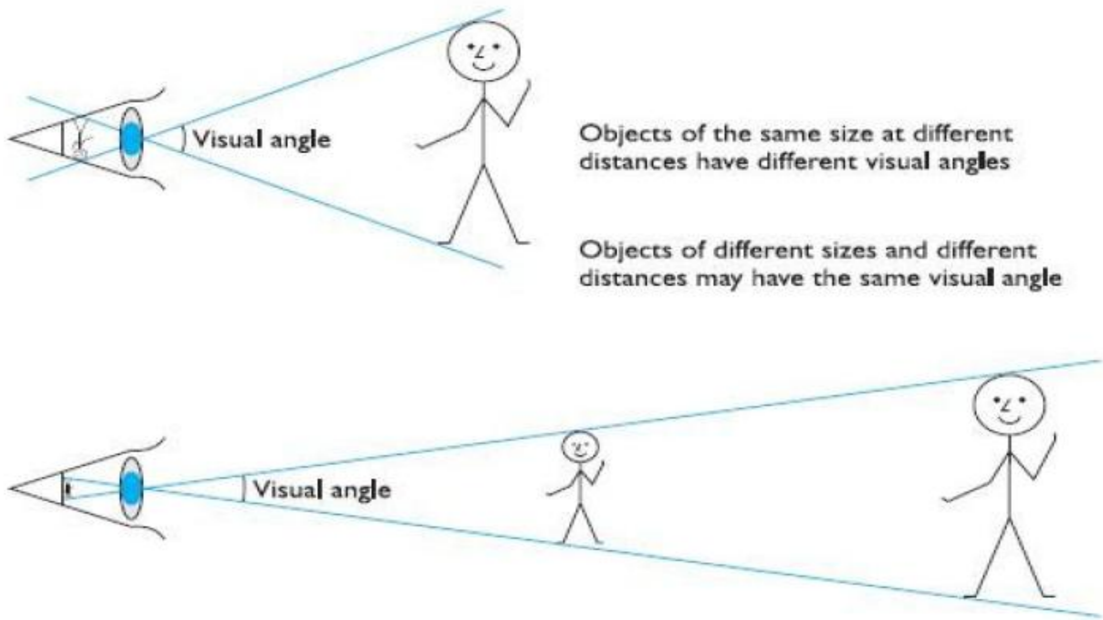
The retina is mainly covered with photoreceptors there is one blind spot where the optic nerve enters the eye. The blind spot has no rods or cones, our visual system compensates for this so that in normal circumstances we are unaware of it.

The retina also has specialized nerve cells called ganglion cells. There are two types: X-cells, which are concentrated in the fovea and are responsible for the early detection of pattern; and Y-cells which are more widely distributed in the retina and are responsible for the early detection of movement. The distribution of these cells means that, while we may not be able to detect changes in pattern in peripheral vision, we can perceive movement.

Visual perception

The information received by the visual apparatus must be filtered and passed to processing elements which allow us to recognize coherent scenes, disambiguate relative distances and differentiate colour.

How does the eye perceive size, depth and relative distances? To understand this we must consider how the image appears on the retina. Reflected light from the object forms an upside-down image on the retina. The size of that image is specified as a visual angle. Figure Illustrates how the visual angle is calculated.



If we are drawing a line from the top of the object to a central point on the front of the eye and a second line from the bottom of the object to the same point, the visual angle of the object is the angle between these two lines. Visual angle is affected by both the size of the object and its distance from the eye. Therefore if two objects are at the same distance, the larger one will have the larger visual angle. Similarly, if two objects of the same size are placed at different distances from the eye, the furthest one will have the smaller visual angle.

The visual angle indicates how much of the field of view is taken by the object. The visual angle measurement is given in either degrees or minutes of arc, where 1 degree is equivalent to 60 minutes of arc, and 1 minute of arc to 60 seconds of arc.

Perceiving brightness

An aspect of visual perception is the perception of brightness. Brightness is in fact a subjective reaction to levels of light. It is affected by luminance which is the amount of light emitted by an object. The luminance of an object is dependent on the amount of light falling on the object's surface and its reflective properties. Luminance is a physical characteristic and can be measured using a photometer. Contrast is related to luminance: it is a function of the luminance of an object and the luminance of its background.

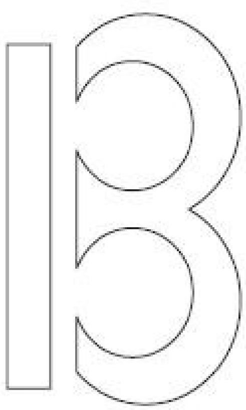
Perceiving colour

A third factor that we need to consider is perception of colour. Colour is usually regarded as being made up of three components: hue, intensity and saturation. Hue is determined by the spectral wavelength of the light. Blues have short wavelengths, greens medium and reds long. Approximately 150 different hues can be discriminated by the average person.Intensity is the brightness of the color, and saturation is the amount of whiteness in the color. By varying these two, we can perceive in the region of 7 million different colors.

The capabilities and limitations of visual processing

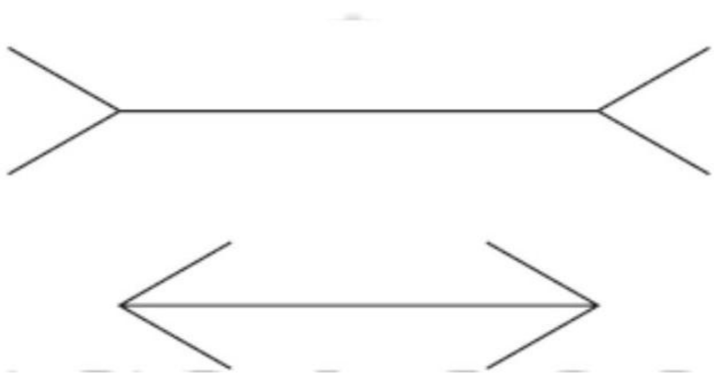
Visual processing involves the transformation and interpretation of a complete image, from the light that is thrown onto the retina. Visual processing compensates for the movement of the image on the retina which occurs as we move around and as the object which we see moves. Although the retinal image is moving, the image that we perceive is stable. Similarly, colour and brightness of objects are perceived as constant, in spite of changes in luminance.

This ability to interpret and exploit our expectations can be used to resolve ambiguity. For example, consider the image shown in Figure is an ambiguous shape.



Now consider Figure_s below. The context in which the object appears allows our expectations to clearly disambiguate the interpretation of the object, as either a B or a 13.

Consider Figure below, which line is longer? Most people when presented with this will say that the top line is longer than the bottom. In fact, the two lines are the same length. This may be due to a false application of the law of size constancy: the top line appears like a concave edge, the bottom like a convex edge.



Reading

There are several stages in the reading process. First, the visual pattern of the word on the page is perceived. It is then decoded with reference to an internal representation of language. The final stages of language processing include syntactic and semantic analysis and operate on phrases or sentences.

During reading, the eye makes jerky movements called saccades followed by fixations. Perception occurs during the fixation periods, which account for approximately 94% of the time elapsed. The eye moves backwards over the text as well as forwards, in what are known as regressions. If the text is complex there will be more regressions.

Adults read approximately 250 words a minute. It is unlikely that words are scanned serially, character by character, since experiments have shown that words can be recognized as quickly as single characters. Instead, familiar words are recognized using word shape. This means that removing the word shape clues (for example, by capitalizing words) is detrimental to reading speed and accuracy. The speed at which text can be read is a measure of its legibility. Experiments have shown that standard font sizes of 9 to 12 points are equally legible, given proportional spacing between lines .

Similarly line lengths of between 2.3 and 5.2 inches (58 and 132 mm) are equally legible. However, there is evidence that reading from a computer screen is slower than from a book . This is thought to be due to a number of factors including a longer line length, fewer words to a page, orientation and the familiarity of the medium of the page. These factors can of course be reduced by careful design of textual interfaces. a negative contrast (dark, characters on a light screen) provides higher luminance and, therefore, increased acuity, than a positive contrast. This will in turn increase legibility. Experimental evidence suggests that in practice negative contrast displays are preferred and result in more accurate performance.

Hearing

The sense of hearing is often considered secondary to sight, but we tend to underestimate the amount of information that we receive through our ears. hearing begins with vibrations in the air or sound waves. The ear receives these vibrations and transmits them, through various stages, to the auditory nerves. The ear comprises three sections, commonly known as the Outer ear, middle ear and inner ear.

The outer ear is the visible part of the ear. It has two parts: the pinna, which is the structure that is attached to the sides of the head, and the auditory canal, along which sound waves are passed to the middle ear. The outer ear serves two purposes. First, it protects the sensitive middle ear from damage. The auditory canal contains wax which prevents dust, dirt and over-inquisitive insects reaching the middle ear. It also maintains the middle ear at a constant temperature. Secondly, the pinna and auditory canal serve to amplify some sounds.

The middle ear is a small cavity connected to the outer ear by the tympanic membrane, or ear drum, and to the inner ear by the cochlea. Within the cavity are the ossicles, the smallest bones in the body. Sound waves pass along the auditory canal and vibrate the ear drum which in turn vibrates the ossicles, which transmit the vibrations to the cochlea, and so into the inner ear. This _relay‘ is required because, unlike the air-filled outer and middle ears, the inner ear is filled with a denser cochlean liquid. If passed directly from the air to the liquid, the transmission of the sound waves would be poor. By transmitting them via the ossicles the sound waves are concentrated and amplified.

Processing sound

Processing sound has a number of characteristics which we can differentiate. Pitch is the frequency of the sound. A low frequency produces a low pitch, a high frequency, a high pitch. Loudness is proportional to the amplitude of the sound; the frequency remains constant. Timbre relates to the type of the sound: sounds may have the same pitch and loudness but be made by different instruments and so vary in timbre. We can also identify a sound‘s location, since the two ears receive slightly different sounds, owing to the time difference between the sound reaching the two ears and the reduction in intensity caused by the sound waves reflecting from the head.

The human ear can hear frequencies from about 20 Hz to 15 kHz. It can distinguish frequency changes of less than 1.5 Hz at low frequencies but is less accurate at high frequencies. Different frequencies trigger activity in neurons in different parts of the auditory system, and cause different rates of firing of nerve impulses. The auditory system performs some filtering of the sounds received, allowing us to ignore background noise and concentrate on important information. The exception is multimedia, which may include music, voice commentary and sound effects. However, the ear can differentiate quite subtle sound changes and can recognize familiar sounds without concentrating attention on the sound source.

Touch

Touch provides us with vital information about our environment. It tells us when we touch something hot or cold, and can therefore act as a warning. It also provides us with feedback when we attempt to lift an object, for example. Consider the act of picking up a glass of water. If we could only see the glass and not feel when our hand made contact with it or feel its shape, the speed and accuracy of the action would be reduced. This is the experience of users of certain virtual reality games: they can see the computer-generated objects which they need to manipulate but they have no physical sensation of touching them. Watching such users can be an informative and amusing experience! Touch is therefore an important means of feedback, and this is no less so in using computer systems.

Feeling buttons depress is an important part of the task of pressing the button. Also, we should be aware that, although for the average person, haptic perception is a secondary source of information, for those whose other senses are impaired, it may be vitally important. For such users, interfaces such as braille may be the primary source of information in the interaction. The apparatus of touch differs from that of sight and hearing in that it is not localized. The skin contains three types of sensory receptor: thermo receptors respond to heat and cold, nociceptors respond to intense pressure, heat and pain, and mechanoreceptors respond to pressure.

Movement

A simple action such as hitting a button in response to a question involves a number of processing stages. The stimulus (of the question) is received through the sensory receptors and transmitted to the brain. The question is processed and a valid response generated. The brain then tells the appropriate muscles to respond. Each of these stages takes time, which can be roughly divided into reaction time and movement time.

Movement time is dependent largely on the physical characteristics of the subjects: their age and fitness, for example. Reaction time varies according to the sensory channel through which the stimulus is received. A person can react to an auditory signal in approximately 150 ms, to a visual signal in 200 ms and to pain in 700 ms.

A second measure of motor skill is accuracy. One question that we should ask is whether speed of reaction results in reduced accuracy. This is dependent on the task and the user. In some cases, requiring increased reaction time reduces accuracy. This is the premise behind many arcade and video games where less skilled users fail at levels of play that require faster responses. Speed and accuracy of movement are important considerations in the design of interactive systems, primarily in terms of the time taken to move to a particular target on a screen. The target may be a button, a menu item or an icon, for example. The time taken to hit a target is a function of the size of the target and the distance that has to be moved. This is formalized in Fitts' law . There are many variations of this formula, which have varying constants, but they are all very similar. One common form is

$$\text{Movement time} = a + b \log_2(\text{distance}/\text{size} + 1)$$

where a and b are empirically determined constants.