

OVAL



# Oval Medication

VERSION 1.0

## OVAL's medications

Medication	Treatment Definition	Prospect Qualification
Sildenafil (generic Viagra)	PDE5 inhibitor used to treat erectile dysfunction by increasing blood flow to the penis.	Men with diagnosed erectile dysfunction, typically over 18.
Tadalafil (generic Cialis)	Longer-acting PDE5 inhibitor used for erectile dysfunction and sometimes BPH.	Men with ED or benign prostatic hyperplasia, requiring daily or on-demand dosing.
Brand-name Cialis	Brand version of tadalafil, same clinical use but preferred by some for brand assurance.	Men preferring brand over generic or with insurance coverage.
Sertraline	SSRI used for anxiety, depression, and premature ejaculation off-label.	Individuals experiencing premature ejaculation or mood disorders.
Oxytocin Nasal	Hormone nasal spray studied for sexual bonding and arousal effects.	Patients with sexual intimacy issues; may be experimental.
Methlyene Blue	Nootropic with potential cognitive and mitochondrial support benefits.	Used off-label for performance enhancement; typically evaluated case-by-case.
Rapamycin	Immunosuppressant investigated for longevity and anti-aging.	Health-conscious individuals under longevity protocols; off-label use.
Propranolol	Beta-blocker for performance anxiety and hypertension.	Patients with situational anxiety or stage fright.
Minoxidil	Topical vasodilator used for androgenic alopecia (hair thinning).	Men and women with hereditary hair loss.
Finasteride	5-alpha reductase inhibitor used to block DHT and prevent hair loss.	Men with male-pattern baldness.
Biotin supplements	Vitamin B7 supplement that supports hair and nail health.	Patients with biotin deficiency or mild hair thinning.

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Oral contraceptives	Hormonal pills preventing ovulation and regulating menstruation.	Women seeking contraception or hormone regulation.
Levonorgestrel (Plan B)	Emergency contraceptive that prevents ovulation if taken within 72 hours.	Women seeking post-intercourse pregnancy prevention.
Valacyclovir	Antiviral medication used to treat herpes simplex outbreaks.	Individuals with recurrent herpes (oral or genital).
Sprintec	Combination oral contraceptive containing ethinyl estradiol and norgestimate.	Women needing contraception or cycle regulation.
Tretinoin	Vitamin A derivative used for acne and anti-aging skin care.	Adults with acne, sun damage, or fine wrinkles.
Custom night creams	Formulated topicals targeting acne, pigmentation, or signs of aging.	Adults with personalized dermatologic concerns.
Metformin XR 500	Extended-release antidiabetic sometimes used for PCOS or acne.	Insulin-resistant individuals or off-label PCOS cases.
Sermorelin	GHRH analog to stimulate growth hormone; used in anti-aging therapy.	Adults with GH deficiency or in age management programs.
Escitalopram (Lexapro)	SSRI used for depression and generalized anxiety disorder.	Adults with diagnosed anxiety or depression.
Sertraline (Zoloft)	SSRI used for anxiety, depression, and OCD.	Individuals with mood or anxiety disorders.
Fluoxetine (Prozac)	SSRI commonly prescribed for depression and OCD.	Patients with depressive disorders or OCD.
Citalopram (Celexa)	SSRI prescribed for depression and panic disorders.	Adults with mood or panic-related symptoms.

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Venlafaxine (Effexor XR)	SNRI used for major depression and generalized anxiety.	Adults with treatment-resistant depression or GAD.
Bupropion (Wellbutrin)	NDRI used for depression, smoking cessation, and energy/motivation support.	Patients with low energy, depression, or quitting nicotine.
Buspirone	Anti-anxiety agent with low sedation and no dependency risk.	Patients with mild-to-moderate anxiety disorders.
Ozempic (semaglutide)	GLP-1 agonist for type 2 diabetes and weight management.	Adults with obesity or type 2 diabetes.
Wegovy (semaglutide)	FDA-approved GLP-1 for chronic weight management.	Adults with BMI ≥30 or ≥27 with comorbidities.
Mounjaro (tirzepatide)	Dual GIP/GLP-1 agonist for diabetes and obesity.	Adults with diabetes or high BMI under clinical guidance.
Zepbound (tirzepatide)	Brand-name tirzepatide for weight loss.	Obese adults or those in medically managed weight programs.
Generic compounded versions	Custom-blended GLP-1s; more affordable but not FDA-approved.	Patients looking for affordable alternatives, informed of off-label status.
Oral weight loss kits	Custom oral blends for appetite suppression and metabolism boost.	Overweight adults seeking non-injectable weight loss aid.
Testosterone Cream	Topical testosterone for male hormone replacement therapy.	Men with clinically low testosterone levels.
Testosterone Cypionate	Injectable testosterone with longer duration.	Men undergoing TRT with physician monitoring.
Enclomiphene	SERM used to stimulate natural testosterone production.	Men with secondary hypogonadism seeking fertility-preserving alternatives.